



**11th Annual  
Dow Alumni Retreat**



**May 22-24th, 2014  
Hyatt Penn's Landing  
Philadelphia**



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Azra R. Syed



Seema A. Khan



Shakila P. Khan



Nasreen J. Khan



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Aziza Shad



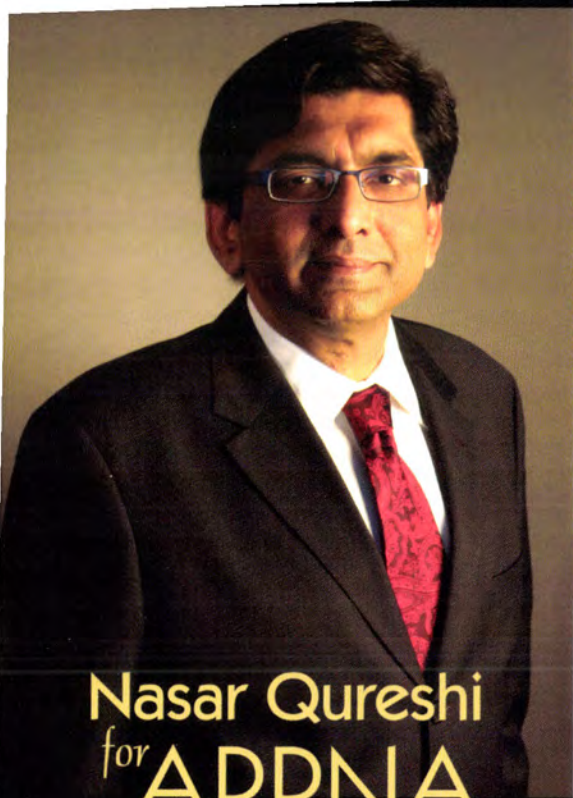
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for  
**APPNA**  
**President**  
**ELECT 2015**

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**APPNA**  
and make it the  
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# TEAMWORK



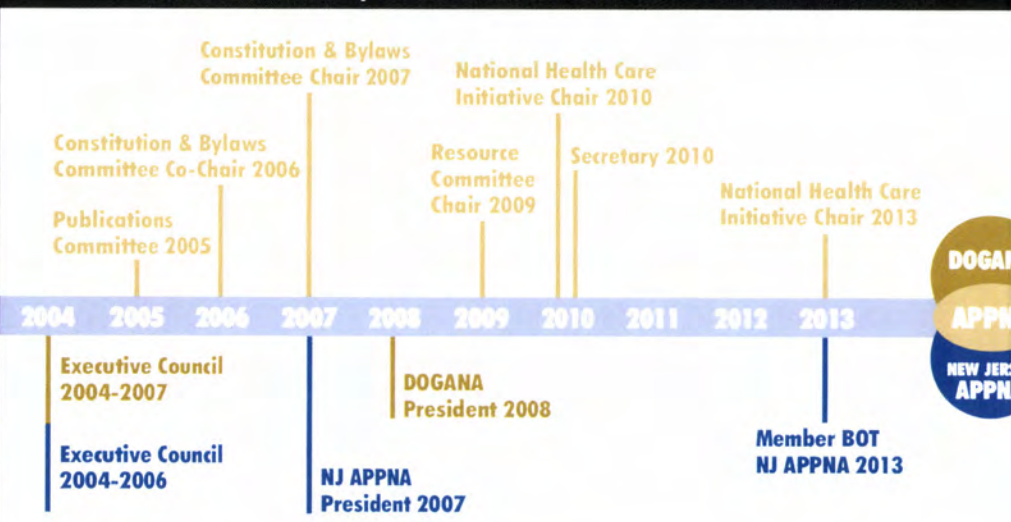
**Proven Leadership With A Commitment To Excellence**

Now more than ever before, we, the members are responsible for determining the future direction of APPNA, following the true democratic traditions that we as an organization have embodied over years. Together we have the responsibility to strengthen the vision and processes laid down by hard work of many, and ensure APPNA's growth, and its relevance here, and our beloved homeland.

## Goals & Vision

- Complete transparency and improved governance in all aspects of organization
- Institute long-term sustainable projects to ensure financial stability of organization
- Sustained programs to involve and provide leadership role to N. American medical students and graduates
- Effective membership incentives
- Strengthening resources and advocacy for young Pakistani Physicians
- Community wide outreach; ranging from organizing free clinics to programs dedicated to youth, including leadership development and career guidance
- Effective advocacy of professional and social issues

### A Proven History of Dedication and Commitment to APPNA



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## ARTICLE SUBMISSION

DOGANA publishes quarterly newsletters. We encourage all Dowites to please submit their articles for the publication throughout the year. We are also seeking class news, meeting information or any news that you would like to share with other Dowites. Articles to be submitted by email to [linking-dow@gmail.com](mailto:linking-dow@gmail.com), in Word document, or plain email format will be acceptable. The Editor reserves the right to edit all the submitted material.

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## EDITORIAL

Tariq J. Alam, M.D.

This year the official theme of DOGANA is "Women of Dow." Although Dow Medical College has always been a co-educational institution, the women of Dow have excelled and many have attained international fame and accolades for their professional, humanitarian and social contributions. From front line medical staff to healthcare managers and administrators, the women graduates of Dow Medical College have made their own niche and name in history.

There was a time when there was a gender quota system at Dow. Men were the majority of students and very few numbers of women would get admission. This was based on the notion that many women would 'leave' medicine as a career and get settled as wives and mothers. The theory was that men were the bread earners and they go on to pursue higher education and practice medicine.

Currently based on the notion of gender equality, general merit prevails at Dow Medical College. This has actually seen a paradigm shift in the demographics of students admitted to Dow every year. More and more women are getting admission leaving male students in minority. Much to the contrary of critics, women graduates have pursued higher education, excelled in programs such as M.Phil and PhDs and also acquired subspecialty training not just from Pakistan but from western countries. Even today, many women hold the fort when it comes to dominance in basic medical science specialties.

In recent years, more women graduates of Dow Medical College have attained postgraduate training positions in the US and UK. From residencies in neurosurgery to gastroenterology and oncology, women graduates of Dow have proved their mettle time and again even when it has become difficult to attain residency positions.

DOGANA realizes that gender equality and women empowerment are the keys to the development of any society. Those societies that have suppressed and shunned their women have wasted generations. Those societies that have empowered women and concentrated on their education and health have ultimately prospered and progressed. Educating women is like educating a generation. Nothing has changed the destiny of nations other than an educated and an informed workforce that has contributed to the upliftment of society and removing it from the jaws of apathy.

Every year is a year of celebration of the achievements of the women of Dow. They have gone on to become leaders and inspired to build more leaders thus playing their role in human resource development.

Long live DOW!

Long live DOGANA!

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The editor is a 2005 graduate of Dow Medical College and practices neurology in St. Louis, MO



## Letter from the President

M. Azim Qureshi, M.D.



My Dear Fellow Dowites,

Welcome to 11th DOGANA retreat in Philadelphia, the city of brotherly love. The DOGANA Retreat gives us the opportunity to leadership to brainstorm the policies and plans for near future and coming years with membership. Over the years the retreat has become The Dow Meeting.

The theme of this year DOGANA Retreat is “Women of DOW”. We are celebrating and recognizing the achievements of our female colleagues.

This year we are committed to unite DOGANA by promoting the culture of mutual respect and tolerance. Our organization is growing and we are building the institutions and infra-structure of the organization.

Serving young Dowites is the front and center of DOGANA policy. Instead of starting new programs every year we have decided to strengthen the ideas of previous years and welcome new ideas. The continuation of leadership is the key to this idea. Last year DOGANA started Loan Program for young Dowites who need financial assistance. The committee comprises of DOGANA Executive Council and Dowites from general membership with a confirmed track record of proven leadership. We are helping young fellow Dowites with “Host a Dowite” program. Under this program we will request our membership to open their door for a night or two for young fellow Dowite when they come for residency interviews. We have continued our support for DOGANA House in Detroit and expanding our collaboration with other Alumni and APPNA to provide accommodation to the Dowites at subsidize rates.

I would like to thank Chair of Retreat Committee Dr. Wamiq Sultan and team to arrange such a wonderful program for fellow Dowites. It looked a monumental task but with Dr. Wamiq Sultan’s leadership and organizational skills and untiring efforts of his team we are here to enjoy a great program.

I would also like to thank the Central Council and Executive Director of DOGANA for their support and guidance for arrangements of Retreat 2014.

We are proud of our democratic values in DOGANA. I strongly believe in collective wisdom. With your continued support, and positive criticism we will steer DOGANA in the right direction. I like to recognize the efforts and leadership of Past Presidents and members of Central Councils through this message as well.

M. Azim Qureshi  
President, DOGANA 2014



## **Secretary Message**

**Danish Saeed, M.D.**

It's an honor for me to write this welcome message for the Dowite's and DOGANA members.

I am impressed and have learned a lot from the current and past leadership of DOGANA who have left their differences behind to work for the improvement of Dow University, its students and Dow Gradates. DOGANA House, Loan Program for Dow graduates, Host a Dowite and helping them with Electives are some of the projects under their leadership.

I think that all of us should do the same, instead of projecting and promoting individual personalities and playing politics, we should stay united under our elected leadership to make DUHS center of excellence and help Dowite's to achieve their dream goals. We should make our predecessors projects stronger, rather than striving to start new projects and leaving behind the ones, which have shown to be promising.

I think we can achieve higher goals with unity, quality leadership and little efforts from all of you. I want to thank the central council members for their guidance and Host Committee under the leadership of Wamiq Sultan for making this retreat a success.

I hope you will have a memorable time in Philadelphia at this 11th DOGANA Retreat with lots of fun activities.

Thank you for coming .I am glad to be a part of the organizing committee. Delighted to see you all .

Danish Saeed,  
*Secretary DOGANA 2014*



## **Letter from President-Elect Asif Mohiuddin, M.D.**

Dear Dowites,

I welcome you and your families to our DOGANA 11th retreat in Philadelphia.

Our DOGANA team under the leadership of Dr. Azim Qureshi, President of DOGANA, has done a lot of hard work to put this program together for you to enjoy. They have planned for excellent CME lectures, arrangements have been made for a lot of fun events and very renowned artist will be there to entertain you and your families. I would like to highly commend them and congratulate them for an outstanding job.

As always, we are committed to the DOGANA alumni and hope to take DOGANA into a new direction under new leadership. We will be launching many new programs soon with particular focus on helping Young Physicians coming into residences in United States as well as for the betterment of our Alums.

We hope you and your families enjoy your visit to Philadelphia.

Asif Mohiuddin  
*President-Elect, DOGANA 2014*



## **Letter from Past-President Sajid M. Zafar, M.D.**

Dear Fellow Dowites,

It is with honor and pleasure I would like to welcome you all to our traditional and signature 12th annual DOGANA spring retreat in Philadelphia. I would like to take this opportunity to congratulate and acknowledge the hard work by my old class fellow and a dear friend Dr. Wamiq Sultan and his host committee for that. I believe this is going to be a historical meeting because of well-organized CME and entertainment programs, certainly the “gup shup” and meeting with old friends is priceless.

DOGANA is on a great path and current leadership is very focused and sincere towards the cause of young graduates and medical students. We are planning to continue DOGANA loan program started last year by my central council and we are already seeing the result of that. We will continue to support DOGANA house in collaboration with APPNA in Detroit. We had tremendous success with J-1 visa program for all Pakistani graduates and I would like to give credit to APPNA Advocacy committee for that. Our young physician committee will continue to work for young graduates and medical students for the purpose of getting them interviews for residency, externship and observer ship etc. I look forward to attend and meet fellow Dowites in Philadelphia.

Long live DOGANA and Dow.

Sajid M. Zafar  
*Past President, DOGANA 2014*



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Executive Director

**S. Mansoor Abidi, MD.** - Toledo, OH  
masoor64@gmail.com



**Executive Director of DOGANA**  
**Syed Mansoor Abidi, M.D.**

Dear Dowites,

It is a pleasure and honor to welcome you to 2014 Spring Retreat. I hope you will enjoy the event and appreciate the efforts to bring this diverse program together.

Our Saturday program is dedicated to academic and professional achievements of our female physicians. There is an enormous financial and intellectual loss occurring today in Pakistan, as 60% of female medical graduates abandon medical practice entirely. This is even more worrisome as access to health care is in a deplorable condition in Pakistan.

We hope to create a day highlighting the successes of DOW's female graduates. It is a day of role models for current graduates and a day to celebrate our colleagues. Despite the balance many of these women maintain between family, social, and professional life, their work goes above and beyond, inspiring each and every one of us.

We are also entering in this meeting with heavy hearts. We have lost two important Dowite women, Dr. Nasreen Khan and Dr. Samira Zuberi. Dr. Khan was 1983 graduate, and after a long, successful career in Pakistan, she began working in Afghanistan in maternal and fetal health, and partnering with UNICEF as a nutritional specialist. She was killed by a suicide bomber in Kabul on January 17, 2014. Dr. Samira Zuberi was a graduate of 1985, and a beloved and dedicated leader of DOGANA. She served as a council member, Treasurer, and General Secretary. Her life and her work for the organization, as well as the life of Dr. Nasreen Khan will be celebrated on Friday.

We welcome you again, and hope you find the opportunity to create memories with your friends and colleagues throughout this weekend.

Syed Mansoor Abidi,  
*Executive Director of DOGANA*





## **DOGANA Spring Retreat 2014 Chair**

**Wamiq S. Sultan, M.D.**

My fellow Dowites,

Welcome to the 2014 DOGANA Retreat! I am humbled and privileged to write this message on behalf of the host committee.

We welcome DOGANA to Philadelphia. A meeting of this magnitude is taking place in Philadelphia for the first time and we are proud to host it.

This event would not be a reality without the unrelenting efforts of members of the host committee along with continued support from the executive council of DOGANA.

We have planned an excellent meeting with high caliber CME for a diverse group of attendees of various sub-specialties of medicine they practice.

Entertainment program consists of Mushaira, Drama and Fashion show along with a fantastic musical program to entertain audiences of all ages and interests. Planning involved much effort from many individuals in different continents over several months to bring this about.

We spent countless hours in planning for housing, food, CME, entertainment etc. and spared no effort to bring an excellent program to you. We sincerely hope to deliver nothing short of excellence in all aspects of this program. I would like to welcome you, and hope you have a great time.

Thank you for being part of the event!

Wamiq S. Sultan,  
*Retreat Chair, DOGANA 2014*



## **Message from Treasurer**

**S. Faisal Jafri, M.D.**

My dear friends and fellow Dowites,

It gives me great pleasure to welcome you to the 11th DOGANA retreat in Philadelphia. DOGANA has come a long ways from a group of friends getting together each year to become the largest alumni organization under the APPNA umbrella. This has been all due to the visionary leadership of the senior Dowites who led DOGANA with sincerity and selfless dedication.

We have now become a vibrant influential group within APPNA as well as in our alma matar. This year we gained our own 501c3 status which gives us more flexibility in collecting charitable donations to help fund ongoing projects as well as future projects.

One such enthusiastic project that DOGANA central council approved this year is the DOW loan program. The idea if this project is to give loans to deserving Dow graduates who have scored exceptionally high in their USMLE exams but unable to come to the USA due to financial restraints. We plan to give up to \$3000 loan to each if these young Dowites. This year DOGANA helped three such doctors get residency spots. We hope to fund more of such deserving fellow alumni but this requires your generous help. Please at this Retreat help us collect your charitable donations to fund this program. Our goal is to raise \$50,000 so this project becomes self-sustaining.

I am proud to be part of the central council where we are building a stronger DOGANA in a congenial and democratic manner.

Lastly, I would like to thank the host committee for holding such a successful meeting.

S. Faisal Jafri,  
*Treasurer, DOGANA 2014*

# HOST A DOWITE

Hello Dear Friends,

We can never forget all the help our seniors in DOW used to extend to us while we were studying at DMC. Well it is now time to repay it so that the cycle continues and we feel rewarded.

The good news is that now, DOW students can come to USA for their elective rotations. We need help from our friends who are in academic institutions to setup electives and observer ships for young doctors and students. However, there are few hurdles but these hurdles could easily be overcome by cooperation from us.

Basically, the project needs few representatives in the major cities. The responsibility of the representative would be to take care of the student during their stay in USA. The needs are boarding, food and transportation. It might sound very challenging to help the students with these basic needs but honestly speaking they are doable and the solution could be found. Also the responsibility could even be divided amongst the representatives.

In summary, all these students need is a helping hand from senior DOWITES like us. Kindly come forward and be part of this kind deed so that we leave a legacy for our children to follow!

For any questions please contact,

**Dr. Shagufta Naqvi:** 281-961-2982  
e-mail: dr.shagufta.naqvi@gmail.com

**Dr. Mamoona Shaikh:** 806-438-3896  
e-mail: mshaikhdoc@hotmail.com



**CENTRAL COUNCIL OF DOGANA 2014 WELCOMES DOWITES AT  
THE 11TH SPRING RETREAT IN PHILADELPHIA**



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**Danish Saeed (Secretary)**  
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# HOST COMMITTEE OF DOGANA 2014 WELCOMES DOWITES AT THE 11TH SPRING RETREAT IN PHILADELPHIA



**Wamiq S. Sultan, M.D.**  
*DOGANA Spring Retreat Chair — 2014*



**Saima Anis**



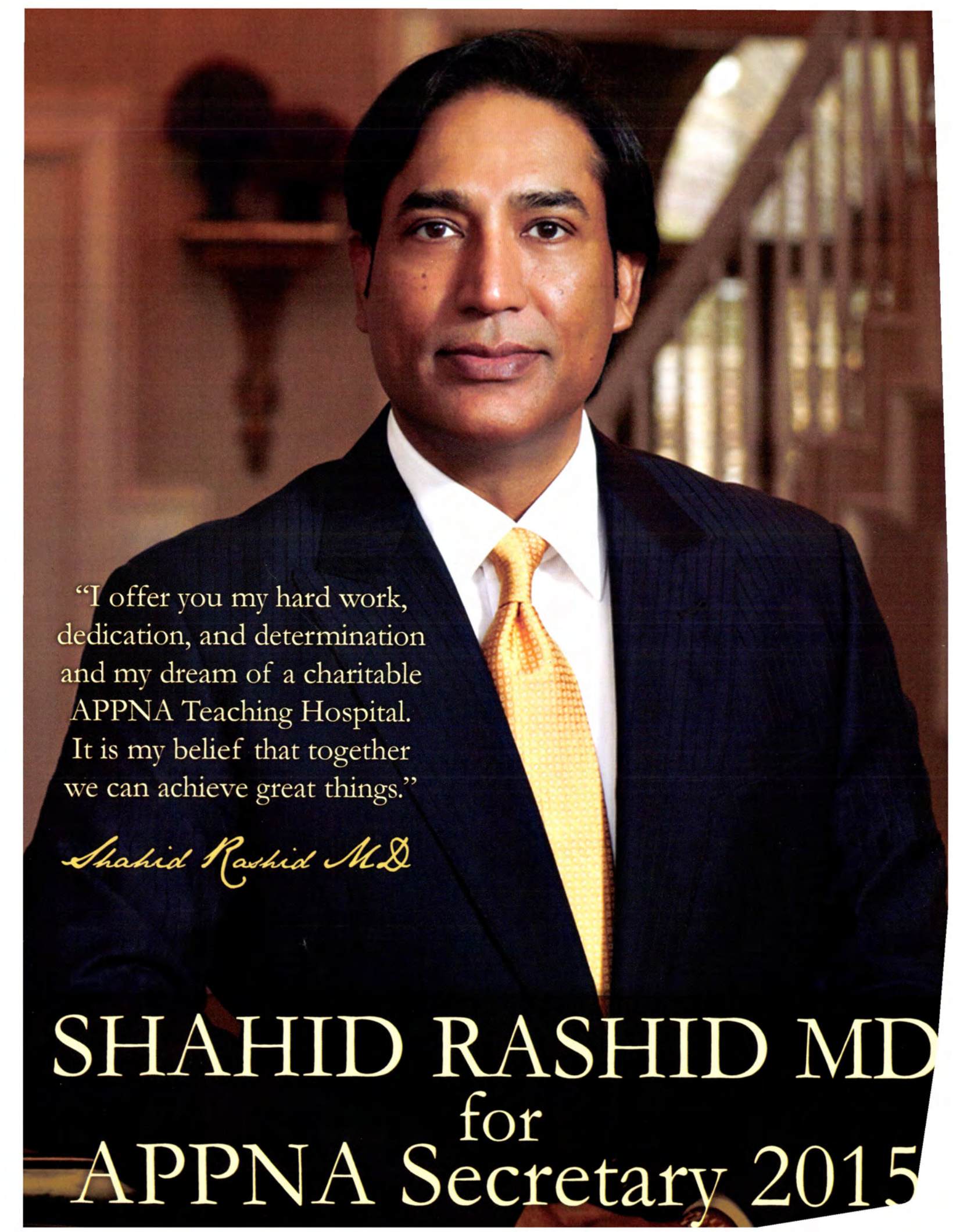
**Rahat Tafseer**



**Masood Afzal**



**M. Irfan Aslam**

A professional portrait of a man with dark hair, wearing a dark pinstriped suit jacket, a white dress shirt, and a yellow patterned tie. He is looking directly at the camera with a neutral expression. The background is a blurred interior with wooden paneling and a staircase.

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SHAHID RASHID MD  
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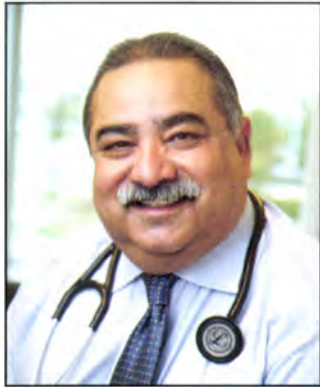
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To

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## EnDow Report

**Ahsan Rashid, M.D.**

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Azim Qureshi, MD, *President DOGANA*  
Syed Samad, MD  
Zia Moiz Ahmed, MD

Since the word endow was coined, the Board of Directors have strived to keep the endowment transparent and accessible by all Dowites, in order to do this we have established a fully functional website, [dowendow.com](http://dowendow.com) which has all the reports and Taxes posted on it.

We have streamlined a system in which the donations made to endowment or class projects are recorded and receipts issued weekly which are IRS compliant, individuals can request the yearly ledger of their donations, Class coordinators get monthly reports on the funds they have access to. The Monies are transferred in a secure and prompt manner. In a nutshell we have a setup which rivals any large endowment in US.



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### Mission

To make Civil Hospital, Karachi a better place.

### Overview

This a student run, non-political organization, striving to provide one of the basic needs of an hospital, that is hygiene at Civil Hospital Karachi. We the students of Dow Medical College are working to attain our goals which include, Cleanliness, Infection Control and its Awareness among patients, attendees, paramedics, doctors and non-medical staff.

We will be requiring help from our college, philanthropists, private sector and public as well to generate funds for this campaign. SOCH is registered with Government of Pakistan as NGO.

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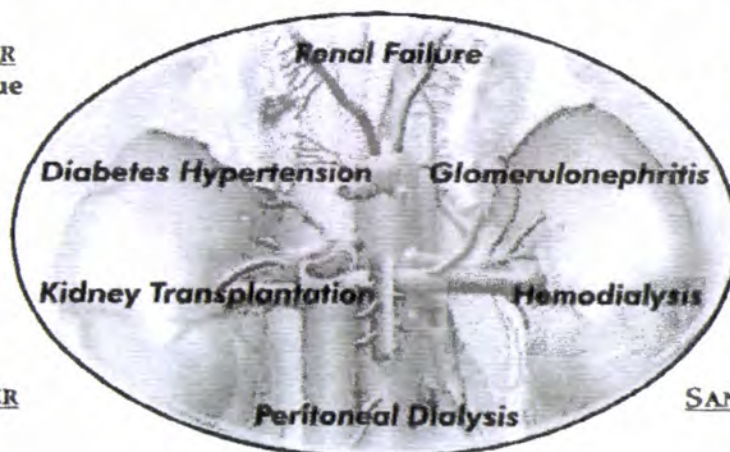
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**DR. AAMER QURESHI**  
**MD, FACC, FSCAI**

Dr. Qureshi was born in Rawalpindi, Pakistan and attended Dow Medical College, graduating in 1989. From there he came to the United States, and completed a combined Internal Medicine and Pediatrics internship and residency at St. Vincent's Hospital and Medical center in New York City, followed by an adult Cardiovascular fellowship at St. Vincent's Hospital, finishing in 1998. He then entered the private practice of Cardiology, initially in Orangeburg, SC. He moved to Charlotte in 2002 to practice with The Heart Care Center of Charlotte, and joined Mecklenburg Heart Specialists in 2006. He is board certified in Interventional Cardiology, Cardiovascular Medicine, and Internal Medicine. He has expertise in Cardiac catheterization, Peripheral vascular intervention, Coronary intervention, Pacemaker implantation, and Non-invasive cardiac evaluation and follow-up. He is a Fellow of the American College of Cardiology, and a Fellow of the Society of Cardiac Angiography and Intervention. Dr. Qureshi is married and has 2 children. He has privileges at Presbyterian Hospital, CMC-Mercy, CMC-Pineville and Carolina Specialty Hospital. Dr. Qureshi is a member of the North Carolina Medical Society, Mecklenburg County Medical Society, American College of Cardiology and The Society of Cardiac Angiography and Intervention.

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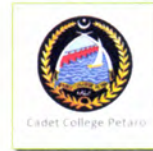
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# CONGRATULATIONS TEAM DOGANA

*It has been another great year!*

*We dedicate this page to our friends who are no longer with us,  
their memories will always be cherished.*

---

*From Class of 1992:*

*Dr. Asif Moin, Dr. Mashood Qadri, Dr. Rahat Tasweer,  
Dr. Shazia Hamid, Dr. Shagufta Naqvi, Dr. Zafreen Siddiqui,  
Dr. Mamoona Shaikh-Ahmad*



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# THE WOMEN OF DOW

*Cut not the wings of your dreams,  
for they are the heartbeat and the freedom of your soul.*

## **Concept**

**Syed Mansoor Abidi, MD.**

## **Written and Data Collection**

**Talha Siddiqui, MD.**

## **President 2014**

**M Azim Qureshi, MD.**

Emmaline Pankhurst once said that freeing a woman is freeing a half of the human race because they represent a half of the population.

Educating a woman enriches her life as well as the quality of her life and her entire family. These women, through education, enhanced the quality of their life as well as the lives of their families and excelled in the field of medicine, surgery and research. They not only uplifted themselves but took a step towards being recognized not just as mothers, wives and daughters in a patriarchal society but as doctors, scientists, researchers and entrepreneurs. These are the WOMEN OF DOW!

Last November I received a phone call from our Executive Director Syed Mansoor Abidi. He was in a somber mood. On further enquiry I gathered that he wants some form of recognition given to the female physicians of Pakistan. We thought it will be an inspiring theme for our spring retreat in 2014. We contacted the President Elect Azim Qureshi who was motivated by the idea and the idea was approved by the Central Council of DOGANA 2014. I was given the charge to execute the project and contact Dr. Azra Raza now our own Azra Apa. She was delighted to hear the concept and helped us during the process.

I would like to thank, Dr. Azra Raza, Dr, Naseem Shekhani and Dr. Mansoor Abidi for their contribution.



**Azra R. Syed, MD.**

“Humanism dictates the foundation of my philosophy. However, the practice and ultimate goals have undergone subtle changes over time. In my formative years, I felt more interest in dedicating myself to grander themes. For example, believing that the thinking and work of a few can change the lives of millions (penicillin is a prime example), I became consumed with a desire to find the cause and cure of cancer. Whether I would ultimately achieve it or not, at least I was ready to dedicate my life to the pursuit of this goal” Azra Raza, MD

Professor of Medicine and Director of the MDS Center at Columbia University in New York.

Dr. Raza completed her medical education from Dow Medical College, Karachi Pakistan.  
Internal Medicine at the University of Maryland and Georgetown University  
Fellowship in Medical Oncology at Roswell Park Cancer Institute in Buffalo, New York.

She has held endowed Chairs at Rush University (Charles Arthur Weaver Professor in Oncology and Director) and University of Massachusetts (Gladys Smith Martin Professor of Oncology) and Directorship of Divisions of Hematology at both places.

She has published the results of her laboratory research and clinical trials in prestigious, peer reviewed journals such as The New England Journal of Medicine, Nature, Blood, Cancer, Cancer Research, British Journal of Hematology, and Leukemia, Leukemia Research (280 articles, 15 book chapters, 560 abstracts, and editor of a book devoted to MDS).

She is also the co-authored a book about the famous Urdu poet GHALIB: Epistemologies of Elegance!  
Dr. Raza serves on numerous national and international panels as a reviewer, consultant and adviser and is the recipient of a number of awards including

The Hope Award in Cancer Research 2012 (shared with the Nobel Laureate Elizabeth Blackburn).  
The First Lifetime Achievement Award from APPNA, Award in Academic Excellence twice (2007 and 2010) from DOGANA, Woman of the Year Award from Safer e Pakistan, CA

Dr. Raza has been named as one of the 100 Women Who Matter by Newsweek Pakistan in March 2012.



## **Saeeda Haider, MD.**

Professor of Anesthesiology, Civil Hospital KARACHI  
Graduated from Dow Medical College in 1976  
Post Graduate Trainee Civil Hospital Karachi 1986  
MCPC and FCPS in 1994  
Professor of Anesthesiology Civil Hospital Karachi in 2005  
Chairperson Department of Anesthesiology 2006

Prof. Saeeda Haider, a graduate of Dow Medical College, has all that it takes to be a leader. An Anaesthesiologist by profession, she received MCPS and then FCPS degree in Anaesthesiology from College of Physicians and Surgeons Pakistan in 1994. Presently (year 2010), she is the Professor and Chairperson of the Department of Anaesthesiology, Surgical Intensive Care and Pain Management, Dow Medical College and Civil Hospital Karachi.

Pakistan Society of Anaesthesiologists feels proud to have such individuals in the field of Anaesthesiology. Prof. Saeeda Haider remained the Treasurer, Gen. Secretary and the President of PSA Centre as well as Karachi Chapter.

It was because of her untiring and zealous efforts that 3rd SACA congress attained such glorious heights. It was the usual comment from all 3rd SACA delegates: "It was the best Congress of South Asian Confederation of Anaesthesiologists".

Prof. Saeeda Haider likewise in any conference /congress has always been the key figure in formulating the scientific pro-gramme. Her contributions are not limited to the scientific programme, most of the organizational aspects of any event of PSA, e.g. 25th Silver Jubilee conference, 8th SAARCAA Congress, CMEs, PG Courses and Annual Conferences, owe it to her for being immaculate.

Her activities are not limited to PSA, other medical associations and organizations have also benefitted from her professional abilities. She has held various portfolios. She has been the Gen.Secretary and the President of Pakistan Society of Intensive Care, Treasurer of DOTS (Dowites Operation Theatre Society), Treasurer of Pakistan Medical Association Karachi, Founding Treasurer of Amnesty International Karachi Chapter, Member Editorial Board of JPMA, Member Executive Committee of Pakistan Medical Association, Vice President of Pakistan Medical Association Karachi and the Vice President of SAARC Association of Anaesthesiologists.

She is a key figure in a number of private-public partnership projects started on voluntary basis. She pioneered the thought of giving back to the "ALMA MATAR" and made with the help of class fellows and runs the emergency operation theater of Civil Hospital Karachi, the largest tertiary care hospital.

Prof. Saeeda Haider has travelled to USA, UK, Denmark, Switzerland, Canada, Australia, France, Holland, South Africa, Malaysia, Turkey, U.A.E, Iran, Bangladesh, Srilanka, India and Nepal either as a guest speaker or to attend the WFSA meetings. She is indeed a brilliant speaker. Not only for juniors, her lectures are always beneficial for her colleagues and seniors as well.

She is articulate, brilliant, enterprising, and very far-sighted. Moreover, she is humble, approachable, professional, and knows her job very well. At the end of the day, if we have more people like her in our field of Anaesthesiology, perhaps anesthesia in Pakistan won't need any marketing beyond simply introducing them to the world!



## **Seema A. Khan, MD.**

Professor of Surgery in Northwestern University's Feinberg School of Medicine, is the Bluhm Family Professor of Cancer Research.

MD: Dow Medical College, Pakistan (1978)

Fellowship: Roswell Park Institute (1989)

Fellowship: Roswell Park Institute (1986)

Residency: Saint Joseph's Hospital (1984)

Residency: Saint Agnes Hospital (1982)

Board Certification: Surgery

Dr. Khan joined the Northwestern faculty in 2000 to develop a program in basic science research for breast cancer. She is co-leader of the Lynn Sage Comprehensive Breast Center and director of the Bluhm Family Program for Breast Cancer Early Detection and Prevention.

On the cutting-edge of breast cancer research in assessing the association between nipple fluid hormones, gene methylation levels and risk of breast malignancy, Dr. Khan also conducts clinical trials of cancer chemoprevention agents. She is North-western's principal investigator for the breast cancer trials of the National Surgical Adjuvant Breast and Bowel Project and the American College of Surgeons Oncology Group. She chairs a National Cancer Institute Division of Cancer Prevention protocol investigating the effects of a soy supplement on the breast epithelium of women at high risk of breast cancer. She is co-investigator on a study of the role of alpha-B crystallin expression in breast cancer biology and was principal investigator on a recent study of ductal lavage biomarkers in high-risk women.

Dr. Khan is an associate member of the Early Detection Research Network and has served on the National Consortium of Breast Centers board of directors and the endocrinology review panel of the Department of Defense. She has also served on peer-review panels of the National Cancer Institute, the Avon Foundation, and the Susan G. Komen Foundation. She is a founding member of the board of directors of the International Society of Cancer Risk Assessment and Management and is a member of the breast cancer screening panel of the National Comprehensive Cancer Center Network. She belongs to many professional societies, including the American College of Surgeons and the Society for the Study of Breast Disease.

Dr. Khan has published more than 70 peer-reviewed articles as well as six book chapters and 90 abstracts. She is on the pro-program committee of the American Society of Clinical Oncology and will serve as track leader for breast cancer for its 2009 annual meeting. She is a member of the editorial board of the Journal of Clinical Oncology and serves as a reviewer for many professional journals.



## Farhat Moazam, MD.

Dr. Moazam received her medical degree at Dow Medical College in Karachi in 1967. She interned at Flushing Hospital and Medical Center in New York and was named the Best Intern of the Year for 1969-1970. She completed her residency in general surgery there, and later signed on as a house physician at Manhasset Medical Center on Long Island.

In 1975 she accepted a position as a pediatric surgery fellow at the University of Florida in Gainesville, and became a clinical professor in the Department of Surgery in 1985.

The same year, Dr. Moazam received a phone call from doctors in Karachi. An international group of academics was organizing the first private university in Pakistan, Aga Khan University, and they needed a founding chairperson for the Department of Surgery. Was Moazam interested?

For the next 15 years, Dr. Moazam developed the Department of Surgery at AKU. She served as chief of pediatric surgery and launched the first systematic pediatric surgery residency program in Pakistan. During her last five years there, she served as the founding associate dean for post-graduate education (dean of graduate studies) for health sciences.

Her return to Pakistan and clinical work at AKU ignited an interest in cross-cultural bioethics and the ways in which in-digenous cultural beliefs and values influence a sense of morality and understanding of the world.

She took a year's sabbatical, from 1998 to 1999, and during that time earned a master's degree in biomedical ethics from U.Va. Her master's thesis focused on the ethics of conducting medical research in developing countries: "Trials and Tribulations in the Third World: Hard Science, Vulnerable Lives." The subject struck a chord with her.

During the fall of 2000, she stepped away from her clinical practice and harried academic schedule to pursue a doctoral program in U.Va.'s Department of Religious Studies. This allowed her to study a combination of philosophy, anthropology and religion. Her dissertation was based on three months of ethnographic research at the Sindh Institute of Urology and Transplantation in Karachi, the country's busiest public transplantation hospital.

In a country where cadavers are not used as sources of organs for transplantation, Dr. Moazam studied the ethical issues raised by kidney transplants from members of a patient's extended family. Her dissertation — "The Sands of the Ocean: Live, Related Renal Transplantation in Pakistan: Who Shall Give, Who Shall Receive a Kidney?" — explores the discussions about the kidney transplants she witnessed among physicians, their patients and their patients' extended families, including parents, children, siblings, and sometimes uncles, aunts and grandparents.



Dr. Moazam has published her research throughout her career. Her most recent articles suggest the new direction her inter-ests have taken her. The titles include: “Reconciling Patients’ Rights and God’s Wisdom: Medical Decision Making in Pakistan,” in an online journal The Responsive Community; “At the Interface of Cultures,” in the Journal of Clinical Ethics; and “Feminist Discourse on Sex Screening and Selective Abortion of Female Fetuses,” in the Journal of the In-ternational Association of Bioethics.

As head of the first institute of biomedical ethics in Pakistan, Dr. Moazam plans to foster local discussions of ethical issues that arise in biomedical research and clinical practice, launch educational and research programs in bioethics, and con-tribute the cultural perspective of a female Muslim to the global discussion of biomedical ethics.

She also expects to collaborate on international research projects, create a master’s program in biomedical ethics for her center, and establish international faculty and student exchanges, beginning with colleagues at U.Va.’s Center for Biomedical Ethics. Paul Lombardo, an expert in eugenics and a member of the U.Va. Center’s core faculty, recently returned from Karachi. He traveled there to address the Oct. 8 inauguration of the Centre of Biomedical Ethics & Culture as the keynote speaker. Next April, Jonathan Moreno, director of the U.Va. Center, and Abdul-Aziz Sachedina, professor of religious studies at U.Va. And an expert on Islam, will participate in a week-long seminar organized by the Karachi center.

Some may wonder: Why the increased interest in Pakistan? Why now?

There’s a greater awareness and sensitivity among many Muslims in the post 9/11 world about their religion and what it actually says, Dr. Moazam said. “People want to go back to the sources. They want to find out what Islam says on different topics. There’s interest among educated medical professionals as well as the public.”

It’s also a question of the times and of the state of medical technology.

“There is no country now where people are not talking about bioethics,” Dr. Moazam said.



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**Shakila P. Khan, MD.**

#### **Academic Rank**

1. Associate Professor of Pediatrics

#### **Education**

1. Fellow - Pediatric Bone Marrow Transplantation University of Minnesota Medical School
2. Fellow - Pediatric Hematology/Oncology Mayo Graduate School of Medicine, Mayo Clinic College of Medicine
3. Resident - Pediatrics Dartmouth Medical School
4. Senior House Officer - Pediatrics Macclesfield Group of Hospitals
5. Post-Grad - Pediatrics Civil Hospital, Karachi, Pakistan
6. House Officer - Pediatrics Civil Hospital, Karachi, Pakistan
7. DOW MEDICAL COLLEGE, KARACHI PAKISTAN

“I was born and raised in Karachi Pakistan. I attended P.E. C.H. S School and college before I joined Dow medical college for my medical education. I went into medicine by choice. My parents were from a middle class family and encouraged education for me and my siblings. We are proud to say that we all succeeded in fulfilling their dreams. My passion in medicine has been patient care and education. I have always been in academic medicine which is a good path for women if they want to enjoy a career and a family life. I am married and have two beautiful daughters. My husband is not a physician which worked for me as he was always there for the children when I was on call during hospital service. I love what I do and my daughters see that and this is a lesson for them to choose something they would love to do in the future. I told them that I would not leave them an inheritance but paying for all their education is the inheritance they will get from me and hopefully they will realize their dreams like their mother. “

Shakila P. Khan, M.D., has taken an active role in her division in research, particularly in collaborative clinical research efforts with the Children’s Oncology Group and Pediatric Blood and Marrow Transplant Consortium (PBMTTC). Dr. Khan has served as the Mayo Clinic principal investigator for a large number of Children’s Oncology Group and PBMTTC protocols, and she’s also the Mayo Clinic principal investigator for PBMTTC.

In addition, Dr. Khan has served on the Data Safety Monitoring Board for the PBMTTC. She is a member of the consortium’s Supportive Care Strategy Group and Cellular Therapeutics Strategy Group.

Dr. Khan is also actively involved with Mayo Clinic’s three-campus transplant collaboration and has spearheaded a protocol for bone marrow transplantation in patients with severe aplastic anemia, which is actively recruiting patients.

• She also has been a principal investigator for the clinical trials network for stem cell transplant and participated in the clinical trial “A Phase III Randomized, Multicenter Trial Comparing G-CSF Mobilized Peripheral Blood Stem Cell with Marrow Transplantation from HLA Compatible Unrelated Donors,” which was funded by the National Institutes of Health.

#### **Area of Focus:**

- Stem cell transplant for nonmalignant disorders • Graft versus host disease, Optimization of cellular therapy



## **Aziza Shad, MD.**

Amey Distinguished Professor of Neuro-Oncology and Childhood Cancer  
Director,  
Division of Pediatric Hematology/Oncology, Blood and Marrow  
Transplantation  
Director, Leukemia Lymphoma Program  
Director, Cancer Survivorship Program  
Lombardi Cancer Center  
Georgetown University Hospital

Dr. Shad graduated with honors from Dow Medical Collage, Karachi, Pakistan in 1977. After completing residency in Pediatrics, she obtained a Post Graduate Diploma in Child Health (DCH) from the University of Karachi, Pakistan in 1980. After additional training in Pediatrics and Oncology in London, UK, she completed another Pediatric Residency at the Children's Hospital, Pennsylvania State University, Hershey, PA, (1986-89), followed by a Fellowship in Pediatric Hematology/Oncology at the National Cancer Institute, NIH, Bethesda, MD, (1989-92). She continued her work on Pediatric Lymphomas for an additional three years as a Visiting Scientist in the Lymphoma Biology Section at the NCI.

Dr. Shad joined the Division of Pediatric Hematology Oncology, Georgetown University, as an Assistant Professor in Pediatrics in November 1995. Dr. Shad is Board certified in Pediatrics and Pediatric Hematology Oncology. She is currently Professor of Pediatrics and the Chief of the Division of Pediatric Hematology Oncology, Blood and Marrow Transplantation, Lombardi Cancer Center, Georgetown University Hospital. She is also Director of the Leukemia Lymphoma Program and Director of the Cancer Survivorship Program. In February 2005, she was named Co-Director of Neuro-Oncology and Childhood Cancer Research, Lombardi Cancer Center. In addition, she is actively involved in the development of Pediatric Oncology Programs in Developing Countries, particularly Asia, the Middle East, Africa and Latin America.

Dr. Shad is the Director of the US branch of INCTR (International Network of Cancer Treatment and Research), Chair of the Pediatric Oncology Education Committee, and Member of the Governing Council of the INCTR. She is also a Scientific Senior Advisor for the International Committee for Establishment and Development of Oncology Centers (ICEDOC) and Chair of the Palliative Care Steering Committee for MECC (Middle East Cancer Consortium). She has spoken at numerous scientific meetings, both nationally and internationally, and is widely published in the field of Pediatric Lymphomas, Pediatric Oncology in Developing Countries and Late Effects in Cancer Survivors, a major area of her research.

She has been honored with the Georgetown University School of Medicine, Department of Pediatrics, and Teacher of the Year Award in 1997, 1999 and 2001. Dr. Shad was awarded the 2001 Humanism in Medicine Award, from the Healthcare Foundation of New Jersey and nominated for the AAMC Humanism in Medicine Award for 2001. In 2002, she was the first recipient of the John Eisenberg Memorial Career Development Award from the Society for Medical Women Faculty, Georgetown University Medical Center. She has been listed as one of the "Top Doctors of Washington" since 2002 by Washingtonian Magazine. In April 2006, Dr. Shad was named the Amey Distinguished Professor of Neuro Oncology and Childhood Cancer. In May 2006, she was honored with the "Distinguished Alumna of Penn State Children's Hospital" award. In September 2007, she was awarded the 2007 Distinguished Alumni Fellow Award, Penn State University. In October 2007, GRAVITAS named her the recipient of the "2007 Humanitarian of the Year Award."



## Anisa Hasan, MD.

Dr. Anisa Hasan (Class of 1976) whose achievements have been main in the clinical areas and community services. Grad-uated from Dow Medical College, Karachi Pakistan.

According to her:

“I grew up in a struggling and impoverished environment, being the youngest of nine siblings. I was unfortunate to lose my father to cancer at a young age of 10, but I remember him saying that he wanted to see me as a doctor. It had become my passion since then to go into the medical field and become a Cancer Specialist. I was fortunate to get a position and scholarship and completed schooling from St. Joseph’s Convent. I then went on to St. Joseph’s College and obtained a second position in Inter-Science, with distinctions in Physics, Chemistry, and Biology. Scholarships helped me get through Medical College where I obtained Fourth position.”

After Graduating from Dow Medical College in 1976, she served as an Intern and Resident at Lutheran General Hospital, Park Ridge, IL and completed Fellowship in Hematology/ Oncology from Roswell Park Cancer Institute, Buffalo, NY.

She has served as Director Freeman Cancer Institute and has served as Chairperson of several Boards and Commit-tees. Her Research experience includes Gynecological Oncology Group (GOG)

- H.L. Moffitt Cancer Center and Research Institute (CCOP)
- MD Anderson Cancer Center CCOP
- National Surgical Adjuvant Breast and Bowel Project (NSABP) Treatment Trials
- National Surgical Adjuvant Breast and Bowel Project-STAR (P-2) Prevention Trial
- Southwest Oncology Group (
- She has served the 4 State community (Missouri, Oklahoma, Kansas and Arkansas for the last 17-18 years.

She has been awarded “The Four State Hero Award”, and the “Top Doctor Award” by the Tristate business journal. She has been named Top Doctor in the 417 magazine for the last several years.

She has served as the Director of Freeman Cancer Institute. She is Board Certified in Internal a Medicine, Hematology, Medical Oncology, and Hospice and Palliative Care. Besides serving in these specialties, served as Hospice Medical Director for the last 15 years. Also served as the chairperson for tumor Board, institutional IRB, and principal investigator for the Clinical Trials program



## **Naheed Sultan, MD.**

Graduated from Dow Medical College in 1979. Completed MCPS: 1983  
FCPS: 1984 Conferred By CPSP  
Started as Senior Registrar at CHK in 1985  
Assistant Professor in 1987  
Associate Professor from 1992 to 1997  
Professor of Surgery in 1997 to date

As a General Surgeon with special interest in hepatobiliary, breast and ano-rectal cases she deals with both benign breast diseases and malignancies. She performs laparoscopic cholecystectomies and biliary bypass procedures, upper and lower G.I endoscopies and works as a teaching Professor. She teaches and trains both undergraduate and postgraduate students. She is an examiner of undergraduate as well as postgraduate examinations like Fellowships and Masters. She was Chairperson of Surgery for three & half years and now serves as Dean of Surgery of DUHS. Besides this she was the facilitator for Medical Education Workshops conducted by College of Physicians and Surgeons of Pakistan. She also conducted educational workshops for DMC faculty and was a member of CORE Curriculum. She has conducted several workshops, meetings and has several publications to her credit.



## **Nasreen J. Khan, MD.**

Dow graduate of 1983

She died this year in a bomb blast in Kabul, AFGHANISTAN.

She was brilliant doctor met her in 1994 when she was working at family planning clinic at Britton road Karachi. She was very hard working doctor and was always concern about women health and maternal death. She used to send me complicated and difficult patients when it was in Sobhraj Maternity hospital .she used to be very concern about her patients and their outcome. She wanted to do PhD in public health and went to Australia leaving her husband and children at Karachi husband gave her all possible support. She came back and started working with UNFPA.

She used to visit KOOHI GOTH WOMEN HOSPITAL on regular basis and were always available for help. Presently she was working with UNICEF and was posted in Kabul. She was a great public health doctor and had a goal for the improvement of women status in society. She was against all kind of violation of women rights. WE ALL WILL MISS HER!



## **Asma J. Sadiq, MD.**

Director, Division of Developmental and Behavioral Pediatrics.  
Beth Israel Medical Center; New York, New  
Assistant Professor, Albert Einstein School of Medicine  
Graduated from Dow Medical College in 1984

She completed residency in pediatrics from Harlem hospital, NY in 1989 and worked as Attending physician until 1994 and after completing fellowship in Developmental and Behavioral Fellowship, currently serves as the Director, Division of Developmental and Behavioral Pediatrics, Beth Israel Medical Center, NY and Assistant Professor, Albert Einstein School of Medicine. Apart from teaching activities she has developed kid's yoga program as well. Her educational and teaching activities included: President's Program for Qualified Physician (PPQP) invitation to teach for 12 days at various Medical Universities in Kara-chi including Dow University of Health Sciences/ Dow Medical College/ Institute of Behavioral Sciences/ Jinnah Post Graduate Medical Center and the National Institute of Child Development. December 2013- Jan 2014. A series of lectures and work-shops on Autism Spectrum Disorders were delivered as per the program requirements and invitation. A Symposi-um on Jan 2nd titled: "Meeting the Challenges of Autism in Pakistan" was held at Dow Medical College and was well re-ceived and attended by the Health Secretary of Sind Province of Pakistan. Association of Physicians of North America (APPNA) Winter CME conference was held On December 29th 2013. A Sym-posium was organized and held on Autism and Current trends in research was included as a topic and presented to the local Physicians in attending in Karachi.

Conference Director for a CME accredited conference scheduled for April 5th 2013 to be held at Beth Israel Medical Center, titled "Navigating the Maze: Current trends in Autism Research 2013." Conference Planning Committee member for the 2 day PANGEA conference 2008 held in New York. Presenter and facilitator on a panel titled 'Sick Schools'. [www.pangeaconference.com](http://www.pangeaconference.com) Conference Director for a CME accredited conference held on November 2nd 2007 on Integrative Approaches to Children's Health, Nutrition and Mind-Body Practices called "Food for Thought"-2007.

Conference Chair for a CME accredited conference held on May 31st 2006 on Integrative Medicine and Developmental-Behavioral Pediatrics Beth Israel Medical Center. Course Faculty for 'Food as Medicine' held by the Center for Mind-Body Medicine. [www.cmbm.org](http://www.cmbm.org). Pediatric Resident Retreat with didactic and experiential workshop on Aromatherapy. Beth Israel Medical Center. May 2006

PROJECT DOCS: (Delivery of Chronic Care). A special Grant awarded by the United Hospital Fund to have parents, as teachers for residents to better understand the needs of children and families with chronic illness. This grant and program was further extended to the Residency programs of Long Island College Hospital and Roosevelt Hospital as part of Contin-uum Health Partners Inc.

PACE Project (Parent and Child Enrichment Project). A 5 year collaborative project between Columbia University and the Dept. of Health to study the benefits of providing at risk (substance abusing) mothers, an onsite rehabilitation program combined with medical and pediatrics services including parent skills training and supportive counseling. A 5-year study was completed and a parenting curriculum guide was co-authored from this project. Family Care High Clinic: Providing comprehensive care to children with Immunodeficiency. (HIV/AIDS). Harlem Hospital Medical Center. She has worked on a number of ADHD projects as well.

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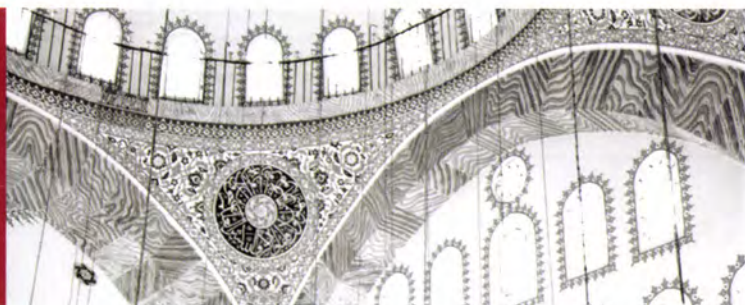
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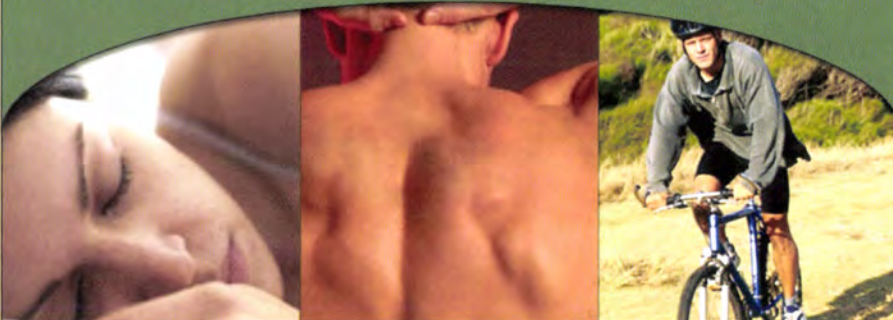
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- 
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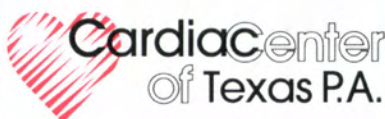
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