

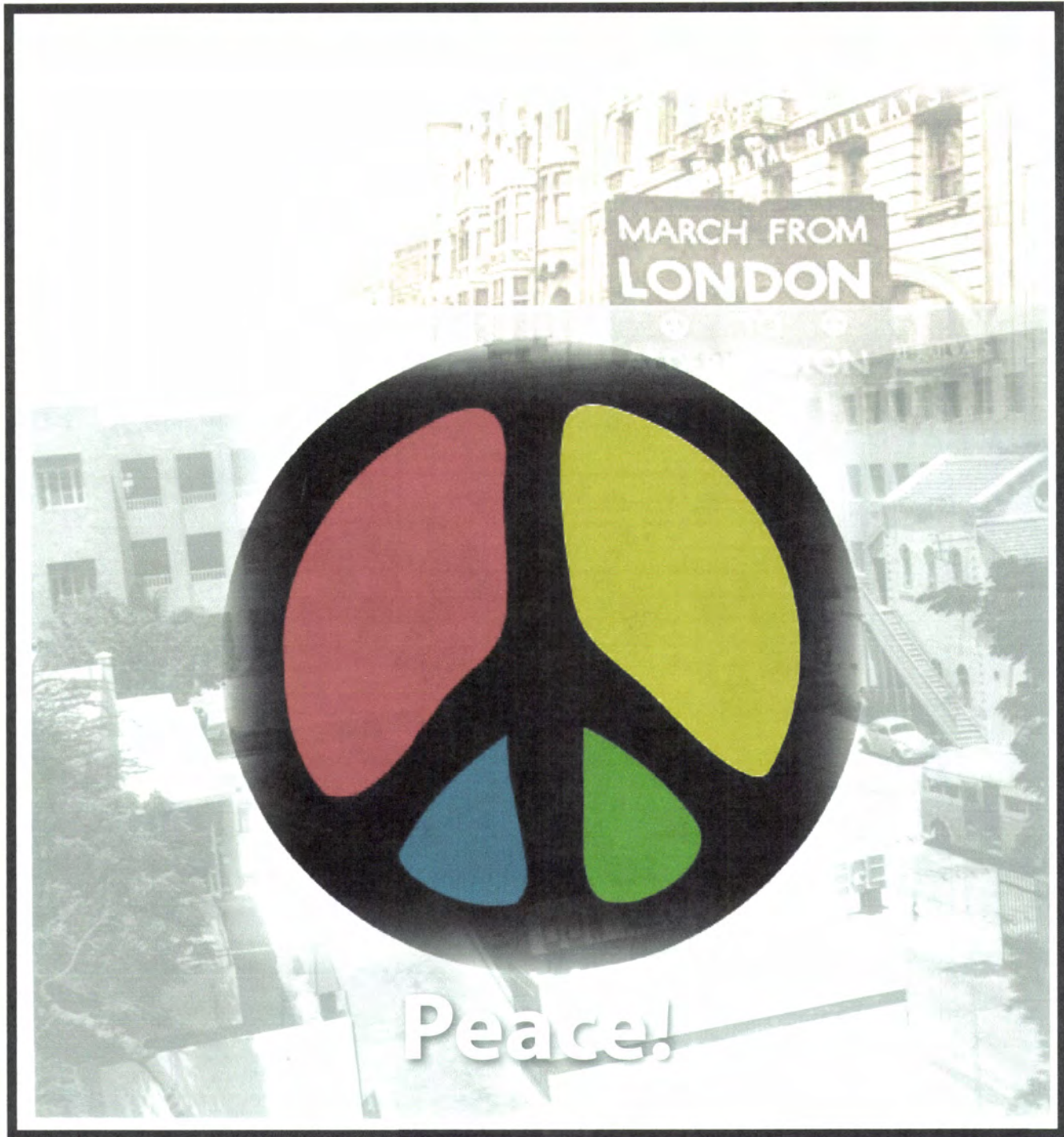


Dowlite

International

Volume 2008, Number 2 May 2008

a publication of DOGANA for Dow alumni



The 50th Anniversary Of The Peace Symbol



Dowlite

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eNewsletter; Volume 2008, Number 2

a publication of DOGANA

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Fellow DOGANA members:

As we approach the mid-year mark and the Annual summer meeting, a sense of accountability is in the air. With the pending elections, the cyclical activity on the e-list and the wired and ethereal lines of communication is at its peak. When the membership bestows someone with the honor of electing them to an office of the organization, their role changes from that of voluntary service to an obligation to fulfill the accepted responsibility and a state of accountability. I present this report to you with the hope that I have fulfilled most if not all of my responsibilities judiciously and to the best of my abilities, and with a commitment to continue to give it my best. I hope you will judge my efforts generously and criticize positively!

DOGANA Annual Spring Retreat:

I will like to express my deepest gratitude to the host committee of the annual retreat for their dedication and commitment in making this year's retreat a reality at short notice. Bravo Qadir, Aslam, Tariq, Iqbal, Hamid, salman and Rehman! The retreat brought out the best of DOW and DOGANA traditions from camaraderie to determined accountability, heated political discussions and late night into early morning joviality. Thank you every one who was there and to those who could not attend and send me their best wishes before and congratulations after the retreat.

Communication Committee:

I could not have found a more dedicated and talented person than Nasir Shahab to chair this committee and Rizwan Karatela to guide us in the process. When I discussed my vision of the web site with them it seemed they were reading my mind, as we were literally finishing each other sentences. I knew my vision of a portal for all DOWites spread across the seven seas, with a strong back bone to create and maintain an up to date data base of members and a focal point to give DOWites and members of DOGANA a sense of belonging to the organization was just a stone throw away. The resounding applause with which the new website has been received is a well deserved tribute to the efforts of Nasir and his team. Thank you Nasir!

Summer Meeting:

The summer meeting committee started functioning in February this year. Talha Siddiqui along with Anwar Masood, Mansoor Mohiuddin and the rest of the committee have already laid out an exciting program. All the logistics are being taken care of proactively and we have had a physical meeting of the committee at the hotel site to ensure that we cross all the T's and

Continued on page 23



Past President DOGANE

Umar Daraz Khan, MBBS, FRCP

Dear Dowites

I would like to thank the DOGANA publication committee for giving me the honour to write a message, a message from an ex Dowite and a past President of Dogane, (an equivalent of Dogana in UK) I also would like to congratulate Rizwan Karatela and his team for their effort to provide Dowites another platform to reminisce about the Dow days. The Dow days are the memories in our minds, the memories which are powerful than we thought, and the memories grown stronger in time, the memories have never faded or rusted with the passage of time.

We spent only five to six years in college but its far reaching affects still reverberate in our minds. Those five or six years were the most powerful and meaningful years in my life. We were able to run students affairs and it provided a platform to every student to show their talents. *Dowlite International* was one such medium to present, promote and enhance, the literary activities. We exercised the most civilised and peaceful form of expression. The *Dowlite* was not the only medium through which the students showed their talents. I believe, that the student union provided the opportunity to acquire the organizational skills and to work as a team. This later provided us the understanding to react and reflects to each others problems. This resulted in a such a strong bond among us that has grown stronger than ever. I may also stress at the same time that the growth of inter-personnel and organizational capabilities, gained by those who were involved in the running and management of such activities, was beyond any measurable scale. It brought discipline to their lives and led them to a successful contributor to the society.

Many thought, the whole student union activities was a waste of time and people involved in it were no good for Medicine. As a unit secretary of a student party, Dowite of the time thought that Umar Daraz's seat has been wasted because they seldom saw me taking part in the day to day tutorials and clinical activities. Yes! I spent lot of time in student activities and I never regretted it. I will always cherish the experience gained through such activities. Ex-Dowites sometime may whisper about me that "Is he really a Plastic Surgeon in England or has he made it up for face saving?". It will be a surprise to many that I have had more than 55 international presentations and originals article to my credit including surgical techniques and that it is just the beginning.

Unfortunately, the ban on students unions by Zia ul Haque in 1983, was a big assault on the society. Since 1983, this ban on students union has been detrimental for the society in general and student body in particular. The lack of student activities eradicated the fertile soil for nurturing of the young independent minds. The healthy and constructive atmosphere was replaced by organized terror politics. While one sees some merits in promoting talents for cricket and sports to the world cup and Olympic gold medals but unfortunately we have buried our immeasurable wealth and treasure of our future architects into the ground by banning student politics. No wonder our politicians and parliamentarians are the products of a system created by the dictators to serve the few but the people of Pakistan.

Umar Daraz Khan, M.D. *Past President DOGANE*



What is an Alumni Organization?

Welcome to the DOGANA Spring Retreat newsletter

We want to bring to the attention of the members at large and the elected office bearers of our organization the need for an organized effort for the betterment and future of our alumni organization.

Let's first ask ourselves few questions: What is an Alumni organization? What purpose does it serve?

As defined an alumni association is an association of graduates or of former students. These associations often organize social events, publish newsletters or magazines, and raise funds for the organization. Additionally, such groups often support new alumni, and provide a forum to form new friendships and business relationships with people of similar background. The Alumni also support efforts and activities of their Alma Mater financially as well as physically by actively participating in them. They organize fundraising activities for supporting their avowed mission. Part of this effort includes support of scholarships for the students of the alma mater

In keeping with these aims of an Alumni organization, and with the blessing of the DOGANA EC, we established the DOGANA Scholarship Fund (DSF) in latter part of 2007 with a 2 fold goal 1) support of children and spouses of deceased Dowites who are in need for financial help, and 2) Dow graduates who are in the process of applying for residencies or preparing for USMLE examinations and need financial support. It is proposed that. The fund will annually support 20 scholarships-10 in each group- and will be distributed at the annual summer meeting. The eligibility criteria will be determined by the DSF committee (DSFC-currently under the chairmanship of Sohail Khan, and comprises of Salma Agha and Shehzad Saeed), and will have a core group of supporters under the banner of Friends of DOGANA Scholarship Fund. We are happy and proud to announce that the Class of 1988 has pledged \$18,500 as of March 2008. We encourage every Dowite to contribute \$50/each, and we encourage all Dowites across the world to actively support it by contributing as well as participating and giving feedback. We want to thank Sohail and his team for spearheading this effort and finalizing the details.

Congratulations to the host team of 2008 Dow Retreat. The annual Dow retreat has now become a tradition. The tradition of Dow, where all Dowites come together.

Tanveer M. Imam, M.D
Shehzad Saeed, MD.

Class Action

CLASS 1958

This year Dow class of 1958 is celebrating its Golden Jubilee of graduation. We congratulate all our senior grads from the class. At our DOGANA summer meeting will have a tradition to recognize the seniors from this class. In next coming days we will be posting more information in this Please contact Nasar Qureshi if you are in contact with any of the grads from the class 1958.

CLASS 1983

The Class of 1983 is commemorating its silver jubilee graduation ceremony on December 27, 2008 at the Darbar Hall in Sheraton Karachi. Keeping up with the past tradition they are expressing their gratitude to the Alma mater by building a new Laboratory at the Civil Hospital Karachi. A sum of \$ 500,000 has been earmarked for this project from class donations. The project is being supervised under the leadership of Saeed Quraishy, Shahid Naqvi and Nasar Qureshi. The old ENT II, Operation Theatre site is presently being renovated with a new electrical wiring installed and air conditioning plant to be operational in the next few months.

CLASS 1984

The class of 1984 is now organizing efforts to develop its Silver Jubilee gift to Dow on their 25th Anniversary coming up soon. Among the active peopel are the familiar names from USA, Drs. Iftikhar Hanif, Iqbal Jangda, Mohammed Aslam and Qadir Shaikh. From UK are the people like Sohail Butt and Mohammad Ali Jawad. From Pakistan are Shamvil Ashraf, Hasnaat Sharif and Shehla Baqi.

CLASS 1988

The re-union of class of 1988 will be held in Washington DC at the occasion of APPNA and DOGANA summer meeting. For the dates and updates please visit DOGANA website or call Dr. Sohail Khan.

Class Action ...

Requesting the information on class action, reunions, activities for people to share. The announcements, information, events, recognitions and all sort of things that might be worthy of sharing with the other classmates can be included here.

email: rizwan@karatela.com

Let's Commemorate Peace

by Tanveer Imam, MD



Exactly 50 years ago, the widely recognized peace sign was born in The United Kingdom. World War II had ended more than a decade ago, but the horrific nuclear annihilation of Japanese cities, Hiroshima and Nagasaki, and the subsequent surrender of Imperial Japan resulted in an unabashed nuclear arms race between the super powers of the world.

To protest nuclear proliferation and to demand nuclear disarmament, a 50-mile march was organized on April 4th 1958, by Campaign of Nuclear Disarmament (CND) from London's Trafalgar Square to Atomic Weapons Establishment (AWE) in Aldermaston, West Berkshire.



Peace march from London to Aldermaston on April 7, 1958

Gerald Holtom, a professional designer and a graduate of London School of Arts came up with the radical idea of giving the protest a visual image. He superimposed the letters of semaphore (flag-signaling) alphabets, N for nuclear and D for disarmament to create the "ban the bomb" sign. The CND, under the able leadership of Bertrand Russell, quickly adopted it as their insignia.



The sign caught on public's imagination almost immediately and has since traveled across continents. Bayard Rustin, a pacifist and a close associate of Martin Luther King, attended the march to Aldermaston in 1958 and introduced the "peace" sign to his comrades in the U.S. It was extensively used in civil rights "freedom" marches. The sign has become sine quo non of protest. From flags and banners to psychedelic, colorful Volkswagen of the 60s, it has flashed in newspapers, newsreels and movies.

The Vietnam War gave a powerful upsurge to the universality of the peace sign. As the war escalated so did the anti-war movement and protests. From Asia to The Americas, men and women, teachers and students, lawyers and doctors, poets and journalists vehemently protested the brutal and unpopular war, wearing the peace sign on shirts, goggles and lockets. Disgruntled and disheveled American GIs were seen with the sign daubed on their helmets. This obviously led the apologists of the war to condemn it as a communist sign. It is said that the popularity of the peace sign is reflected by the reaction it evokes among its supporters and detractors. While the activists of civil right, feminist and gay right movements, environmentalists and anti-Vietnam war protestors wholly embraced the peace sign, it became the target of

venomous attack by right wing religious groups and establishment. The South African government, under the apartheid regime, became so nervous that it even attempted to ban the sign, which was used by anti-apartheid protestors.

Religious right groups and opponents of the counter culture of the 1960s and 70s called it a satanic symbol and likened it to "The Neronic cross" or sign of "Anti-Christ". Some ridiculed it as "footprint of American chicken". Defamation, misconception and disinformation strewed, as always, to deflect attention of the people from the burgeoning issues of the time.

The Campaign for Nuclear Disarmament never registered the sign as trademark. The symbol, which denotes freedom and liberty, has been "free for all" and has remained in public domain. It has hence appeared on countless commercial products such as mugs, T-shirts, stickers, posters and goggles. In 1999, the U.S. postal services chose the sign to appear on a postage stamp to salute and celebrate the 1960s.

The symbol which was a brainchild of an artist and activist and which defined a glorious period of human history and the generation of baby boomers, may have resinded in our memory. But the need is ever more that it should be brought out in the limelight. With sprouting "Nuclear states"

Peace Symbol
The peace symbol's design combines two flag signals, one for N and one for D, to represent Nuclear Disarmament. Adopted by anti-war protesters in the '60s, the symbol eventually became a universal sign of peace and love



and threatening proliferation of nuclear arms, we all should feel the responsibility of educating ourselves of the history of civilian protests and the global emblem of protest and peace.

With life on planet Earth, threatened by war and global warming, we should rekindle the

flame ignited by our past generation. Let us celebrate the 50th anniversary of the peace sign with a pledge to protest against injustice, inequality and proliferation of WMD. Let's demand nuclear disarmament and let's all say in one voice, PEACE for all!



The Hippie culture and peace movement

by Tanveer Imam, MD



The “Hippie” movement arose from the disenchantment and disfranchisement of the American youth of the 1960s. A retrospective view of the post war America is integral to understand the counter culture movement. In the 20th century, the world witnessed two world wars, the capitalist economic system had gone through a horrible depression leaving millions bankrupt, unemployed and marginalized. While liberation movements were erupting throughout the colonies of Asia, Africa, and the Latin America, the “haves and have-mores” were busy trying to maintain status quo.

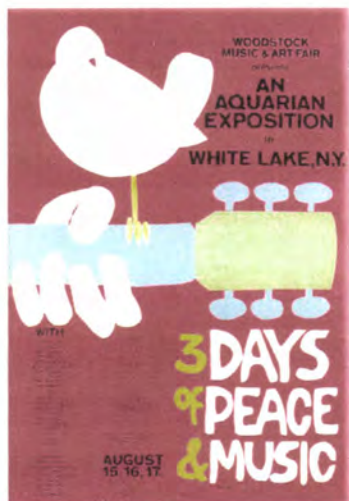
Angry at the injustices in the world and wanting to come out of the encumbrance of the imposed social values of middle class and ruling elites of America, the hippies protested against conformity, gender inequality, segregation, consumerism and imperialism. They rejected political and social authorities of post war America and demanded an alternative or counter culture. The primary motif was to remove injustice, racism, consumerism and commercialization. Freedom to express thought, promote spontaneous creativity and fight for world peace.

The word “hippies” is derived from “hipsters”, initially used for the “Beat Generation” who had moved into San Francisco’s Haight-Ashbury district. The Beat Generation was a group of “rebel” poets and writers of 1940s and 50s who believed in spontaneous creativity, uninhibited expression of thought and ideas and rejected

to reconcile to the prevailing attitude to literature and poetry. While the coolly, intellectual Beat Generation artistic movement of the 50s was more or less low key, bringing poetry to the people by opening poetry reading in bagel shops, bookstores and coffee shops. The hippie movement of the 60s, on the other hand, was much more spirited and pervasive, extending from North America to Europe. It was colorful and psychedelic and embraced a much larger population. It’s rebellious and carefree attitude attracted the younger generation who were desperate to set themselves free from the norms and attitudes of American society. They looked for an alternative answer to the contradictions of society.

The Vietnam War galvanized the hippies into an anti-war, political movement. Catchy slogans as “Make Peace Not War” was seen painted on their psychedelic vans and shirts. Apart from their pacifist, non-violent approach, they participated in large anti-war rallies, held “teach-ins” on college campuses, organized political action to oppose the war and refusal against draft. To rally people and to “turn-on” others they used street art, theatres and music. Singers like Bob Dylan used folk music in the sixties with themes protesting war and the hypocrisies of society. As the Vietnam War became more brutal, the disillusionment in the American youth became deeper and the hippie and anti-war movement gathered more steam.

The hippie's message, music and aesthetic reached its epic when in summer of 1967, a large concert was arranged in the Golden Gate Park of San Francisco. The "Summer of Love" gathered young adults from across America to celebrate harmony, unity and peace. In less than two years, more than half a million people attended the largest rock concert ever in Bethel, New York called "**The Woodstock Art & Music Festival**".



This is regarded as undoubtedly the greatest moment in Pop music history. Thirty-two famous musicians, such as Santana, Jimmy Hendrix, Joan Baez, Jerry Garcia and the great Ravi Shankar, performed for the 3-day long festival. This was attended by large groups of

anti-war protesters, civil right activists, minority leaders, and women right activists and by young people who just wanted plain fun. The message was a unanimous "NO" to the Vietnam War and to military recruiting of young Americans for an unpopular war. At the end of this rain soaked festival people left with the message of desegregation, love for earth and the humans living in it.

The hippie movement represents the most authentic spontaneous American reaction against consumerism, segregation, imperialism, repression of ethnic minorities, exploitation of natural resources and war. In spite of the unhygienic and

slipshod image of the hippies, some of the benefits that modern day youth enjoy today are due to the protest and struggle of the 60s. Today we have realization of minority and gender rights, environmental protection, demystification and decriminalization of drugs such as marijuana. We are aware of the detrimental effect of consumerism and materialism. We should feel indebted to our predecessors to instill belief in us that we can change the world. Most of all we feel deeply thankful to our heroes of the past, to make us value peace! •



Articles Invited

We hope to see contributions from our Dow colleagues around the world who are interested in sharing their work in writing or any other endeavors they may have been involved in. Please submit your work for the

Dowlite International

Email: rizwan@karatela.com

Report on

Dow Retreat 2008

by Talha Siddiqui, MD



Congratulations! The meeting was a thumping success.

Dear Colleagues,

This was the fifth annual spring retreat following the much celebrated Dallas retreat. The retreat started with a slow trickle of Dowites all through Friday with bad weather, delayed flights and slick road conditions. The hospitality suite began buzzing with Dowites around 3:00 PM and the hotel suddenly started to transform with the spirit of DOW in the hallways and conference rooms.

The aim of the meeting as of the previous ones was to galvanize the Dowites and bring into focus their energies to service for DOW through building a stronger DOGANA. This meeting was organized to provide this opportunity to the Dowites residing in US. Although the meeting was arranged on a very short notice, the hard work and labor of the Host committee proved fruitful and Dowites from all over US attended the various functions, CME and General membership meeting.

The meeting had various components starting from poetic and musical entertainment, CME and important discussions and presentations during the General membership meeting. A brief account of the proceedings is as follows:

Friday April 11, 2008:

The commencement of the evening function was tardy to accommodate for all the late arrivals. However we were still able to start the function within the expected norm of a desi function by 8:00 PM. The hospitality suite was chock-full with people enjoying mango lassi and sumptuous appetizers. This was followed by an informal dinner, speech and ensuring an uninterrupted bonding and reminiscing between friends.

Mushaira:

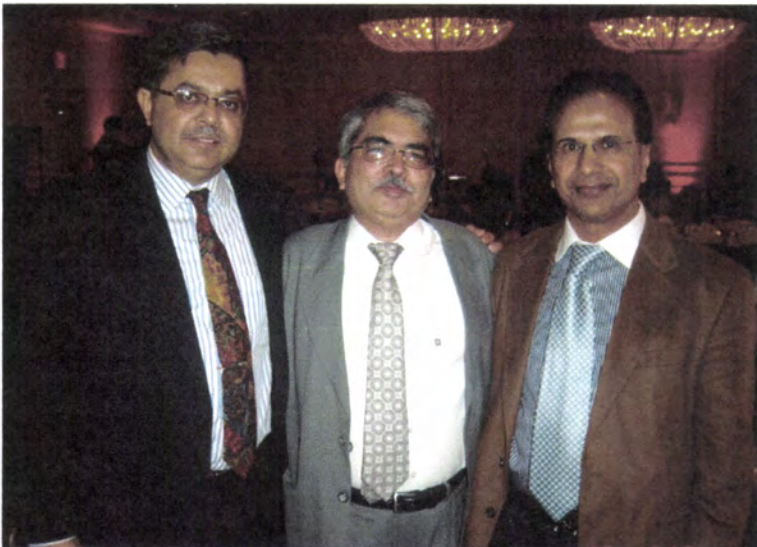
The evening entertainment began soon afterward with a Mushaira under the Nizamat of Past President of DOGANA Dr. Abdul Rehman Abd. which included readings by himself, the famous Dr. Darakhshan Tanveer and a Khalid Irfan, a well known humorist who is known for his work in the north America.

Dr. Nadeem Ahsan then took over the proceedings of the evening with a scholarly introduction to Faiz, delicately intertwined with chosen poetry of Faiz, masterly sung by Bela. The mehfil poured with the stamp of the host committees efforts in making this retreat a unique experience. The stage was appropriately set with the floor covered by white chandnis and ample GAO takias for people to relax, paan and dried fruit circulated nonstop with an unlimited supply of tea. The evening set the

Dow Retreat 2008



The DOGANA EC 2008; L-R, Adnan Nadir, Salma Agha, Shazia Malik, Nasar Qureshi, Muslim Jami, Mansoor Mahdi, Nuzhat Ahmed, Zafar Iqbal and sitting Farrukh Hashmi.



L-R; Dr. Iqbal Jangda, Dr. Salman Zafar, and Dr. Manzoor Tariq



The Host: Dr. Abdul Qadir Shaikh

tone for the rest of the retreat “a function done in DOW style” - with nothing less than a touch of excellence and attention to every minor detail.

After this initial entertainment Dowites flocked the lobby and old college jokes and bantering continued till the next morning in some cases.

Many of us retired to our rooms for a nap.

Saturday April 12, 2008:

CME Lectures:

Lectures were well organized and continued till noon. Presentations included cutting edge research from a young prodigy of a family at DOWite now at Harvard Medical School, to presenters from Sindh Medical College and some of our own DOWites. Informative sessions were provided regarding electronic Medical Records and Estate planning, the latter over a sumptuous Chinese Lunch. Dr. Iqbal Jangda moderated the sessions.

General Body Meeting:

After CME, the General body meeting was scheduled. The meeting room was bursting with Dowites. The General Body meeting was on track with brief reports from Dr. Nasar Qureshi, President, and Dr. Farrukh Hashmi, the Executive Director and Dr. Shazia Malik, Secretary DOGANA, presented the budget and financial health of the organization. This was followed by report from various committee chairs.

Publication Committee report:

Dr. Shamim Ahmed presented a detailed report on behalf of the publication Committee activities, including the advent of the online issues of DOW Link, revival of Dowlite International and plans for a main issue of DOW link at the end of the year.



L-R: Dr. Tarq Ibrahim '87, Dr. Iqbal Jangda '84, Dr. Talha Siddiqui '89 and Dr. M. Qadir Shaikh '84.

Dow Retreat 2008



L-R: Dr. Zahid Asgher '85, Dr. Farrukh Hashmi '85, Dr. Muslim Jami '85 and Dr. Zeelaf Munir '89



L-R: Dr. Salim Chowdhrey, Dr. Mansoor Mehdi & Dr. Sultan Ahmed



L-R: Dr. Sultan Ahmed and Dr. Nasar Qureshi



L-R: Dr. Qadir Shaikh '84, Dr. Salman Zafar '79, and Dr. Shehzad Saeed '91



L-R: Dr. Sohail Khan and Dr. Wajiba Karatela, class 1988



On right L-R: Dr. Adnan Nadr, Dr. Salma Agha and Dr. Shazia Malik

Host Committee DOGANA Summer meeting report:

Dr. Talha Siddiqui briefly discussed the proceedings of the upcoming summer meeting in Washington DC. And plans for the DOGANA events,; he requested every one to register early due to the expected shortage of both rooms and event tickets for the meeting.

Dow Scholarship Fund Introduction:

Dr. Sohail Khan introduced and presented details of the newly formed Dow Scholarship Fund (DSF). The fund has been established to assist families of DOWites and DOW graduates needing assistance in pursuing post graduation. HE described the mechanisms that are being pit in place for collection/disbursement and transparency for this fund. He proudly announced that he has already received pledges for approximately US\$ 18000/- from his class mates for the first year of the fund. This fund is a testimony for DOWites wanting to give back to the alumnus if provided organized mechanisms to do so.

Constitution and Bylaws Committee report:

This was followed by a report of the Constitution and Byelaws Committee by Dr. Wajid Baig. He updated the efforts of the constitution and byelaws (CABL) committee in drafting a working version of the proposed changes in the constitution which were circulated to the members present. The document will be sent to members by email and available on the web site during the comments period prior to finalizing and distributing a document for vote at the annual general body meeting in Washington.

ENDOW report:

In a session moderated by Dr. Salman Zafar, Dr. Sultan Ahmed recapped for members the history and legal aspects of the functioning of Endow. This was followed by an update from Dr. Zia Moiz Ahmad on the current affairs of ENDOW. The members along with the Executive Council inquired about the present state of affairs of this organization. It was stressed by the membership to have amore transparent and accountable proceedings for the Endow fund. Some of the organizational and management issues which were overlooked in the last couple of years were pointed out by the members. Dr. Ahmad assured the audience that he will work diligently to ensure that the short comings noted were appropriately taken care of in a timely fashion.

This session ended the General Body meeting and every one left for their respective rooms after the meeting to prepare for the evening program.

Dow Retreat 2008



L-R: Dr. Sajid Choudhry, Dr. Nasir Gondal, Dr. Mansoor Mohiuddin, and Dr. Talha Siddiqui



The keynote address by Dr. Ayesha Siddiqi



L-R: Dr. Anwar Masood '87, Dr. Tanveer Imam '87 and Dr. Naseem Shekhani '82



L-R: Dr. Syed Samad and Dr. Zia Moiz Ahmad



President APPNA, Dr. Mahmood Alam



L-R: Dr. Mansoor Mehdi, Dr. Nuzhat Iqbal, Dr. Nayyar Iqbal and Dr. Shehzad Saeed

The dinner at the retreat



Saturday Reception and Entertainment:

The program was scheduled for 7 pm and it started on time, non-desi style! The candidates for the APPNA 2008 election had already arrived and were seen busy campaigning in the reception area. Dr. Sajid Chudary and Dr. Zeelaf Munir were present along with Dr. Manzoor Tariq, Dr. Tariq Mehmood and Dr. Saima Zafar. Dowites flocked around these candidates and inquired about their vision and program.

The formal proceeding kicked off with a CME presentation from Dr. Javed Suleman.

The main function commenced with a welcome speech from Dr. Qadir Sheikh, chair of the host committee. This was followed by brief remarks from President-Elect Dr. Muslim Jami. President DOGANA Dr. Nasar Qureshi then gave his remarks including introduction of all the past DOGANA presidents and guests from other alumni and chapters who were in attendance. He briefly explained the purpose of the retreat and welcomed the key note speaker Dr. Ayesha Siddiq. The keynote speaker, Dr. Ayesha Siddiq mesmerized the audience with the clarity of her thought and sincerity and conviction in her aims. Her take home points were the role of ISI and military in Pakistan's history and the weakening of our institutions and how to solidify democracy and institutions in our country.

This was followed by remarks from Dr. Farrukh Hashmi, Executive Director DOGANA and Dr. Mahmood Alam, President APPNA. Dr. Qureshi then recognized an effort and hard work put in by the retreat committee in organizing such a successful evening and presented Dr. Qadir a personal award to express his gratitude. Dr. Qadir recognized the committee members Drs. Maohammad Aslam, Iqbal Jamgda, Tariq Ibrahim, Mohammad Hameed, Salman Zafar and Abdul Rehman and presented them a token of his personal appreciation.

The formal session ended with a presentation of

appreciation by Dr. Qureshi, to Dr. Javed Suleman for his immense contribution in organizing a successful CME program, Dr. Mahmood Alam (President APPNA), and the presidents of KEMCANA (Dr. Mubasshir Rana), New Jersey Chapter of APPNA (Dr. Mohammad Siqqique and Upstate New York Chapter of APPNA (Dr. Zahid Asghar). The APPNA election candidates were then asked to make the Dowites aware of their program and vision. Dr. Shazia Malik conducted this session and introduced all the candidates.

After the brief speeches by the candidates, food was served, which was indeed sumptuous. The function then continued with the introduction of the singers. While the musical program held the interest of many into the late hours but as expected true DOWites were found sitting in the corridors in groups and enjoying the chit-chat with old friends.

Sunday April 12, 2008:

On Sunday Morning, a scrumptious breakfast awaited the tired Dowites. Halwa Puri, Channa and Achaar were served to the early birds.

The entire food arrangements for the retreat were done by Dr. Mohammad Aslam and as we all know good food is half the success of any good program and he deserves all the credit for keeping us smiling. Once breakfast was over, friends said good bye to each other and the program ended. In the end as our President said,

“As President of the DOGANA, I must confess that the meeting far exceeded our expectations. I again express gratitude to all the organizers and the participants who made this meeting a thumping success”.

The Dow History Project

Dow History - Part II

By Dr. Syed Ehtisham



Dow Medical Colleges years 1957-1962

Dr. Ehtisham is a graduate of class of 1962. He had been very active in Dow days and we are fortunate that he finds time to write about his Dow days. With his article we can get a glimpse of what was it like in 1950s and 60s. This article is a reflection of his personal account of the days he joyfully spent in Dow...

The Introduction

This is a second of the series of articles we will be presenting in the Dowlite International issues. This history project will help us gather information about Dow and record its history. Our alma mater Dow is sufficiently old, to be exact 62 years old, and finding the historical information can become quite challenging. We have undertaken the task to fill in the gaps in the historical accounts of Dow. Searching internet, reviewing the archives at the British Library, personal reflections (such as the current article) and other resources has revealed more information. With the series of articles in this eNewsletter we will embark on this journey and hope to capture the glorious past of our alma mater.

The Dow Faculty, Teachers and the Student Life in Dow Medical College in 1950s

I had known the activist cadre of the college since 1955 and had been introduced to Sher Afzal Malik and other leading NSF workers. Sher Afzal then President of DMC student's union (DMCSU) with a dozen other boys and girls had gone hunger strike to force acceptance of demands for lower fees, books among other issues. We were witness to the ceremony when PM Suhrawardy announced acceptance of all demands and offered a glass of orange juice to Sher Afzal.

In 1957 Dr. Mahmood Ali Shah professor of ophthalmology was the principal. Prof. Wahid of Anatomy was away for a year's sabbatical to the USA and Dr. Lateef Assistant professor was in charge of the department. He was an excellent teacher. Dr. Afaq was acting professor in the department of Physiology and Biochemistry and Dr. Wali was section head of Biochemistry.

Later on we came across Dr. Mazharul Haque, professor of Pharmacology, Dr. Ilyas Professor

The Dow History Project



of Hygiene and public health, Dr. Hasan of Jurisprudence, Dr. Tafazzul Husain professor of Pathology, Professors Hasan and Piracha in medicine, Professors Siddiqi, Chaudhury and

Zubaida Aziz, MD in obstetrics and Gynecology, Professors Siddiqi and Col Said Ahmad in Surgery and Prof Shafi in ENT. Among assistant professors Dr Fazal Ilahi was the most known.



Jinnah Hospital was at the time affiliated to DMC and we had Dr Nizam ul Hasan, Dr Amanullah and surgeon Hameed taught us. Dr Asif Hameedi was the first DOW graduate to be appointed Assistant

professor and Dr Khwaja Moin followed him soon afterwards. Dr Naseer Sheikh was appointed Assistant professor in LMC but transferred to DMC in 1962-3.

There were many lab assistants in various departments, but Shahabuddin popularly known as Shaboo had an almost iconic status even then. He guided us through the early days and was helpful in many other ways.

The Student Union Elections

Dow Medical had been in the vanguard of Progressive movement of Pakistan. It stood out among the colleges even in the politically vibrant

city of Karachi and provided key leaders, who became legends in their time. The college had retained a well-organized radical leftist student organization National Students Federation (NSF) which dominated student politics of the city. Student wing of fundamentalist Jamaat Islami (party of Islam) played very much a second fiddle as it did in all college and university campuses in Karachi.

Sher Afzal grew from strength to strength. He became the undisputed leader of left wing students of West Pakistan and had a degree of acceptability among East Pakistani students rare even for leaders of national stature. He chose a close friend and political understudy Mahboob Ali, as the party nominee to contest the office of the union. Mahboob's opponent, nominated by a right wing group, was a political nobody. Come to think of it he spoke and even looked like Shwartzneggar of California.

We all thought that Mahboob would certainly be elected but we had reckoned with our inner party conflicts. He lost by one vote. Abdullah Siddiqi, Mahboob's running mate as General Secretary, however, won the office. Abdullah had been a top ranked student and had a brilliant and incisive political mind. He became a doctor in 1958. The political bug had bitten him and he wanted to pursue a career in Politics.

Martial law of 1958 intervened and changed the ground rules. Student's unions and college elections were proscribed. After a hiatus of two years, our military administrator -especially apprehensive of medical students, the regime had imposed military Doctors on medical colleges- a doctor Naqi, Lt Colonel in rank, enlightened as army men go, allowed elections in 1959, after a hiatus.

NSF had lost the election in 1957, the year I joined the medical college. We won this one hands down. Ali Ahmad, an amiable gentleman, ideologically well

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Dow Elections DMCSU

grounded, though a bit of a practical joker won the Presidents' office. Ali Ahmed's running mate was a Punjabi/Pathan fellow traveler whose sole merit was his ethnicity. We liked to balance the ticket by having one Urdu speaker teamed with a son of the soil candidate. Ali Ahmed's term was comparatively uneventful. About the only agitation we indulged in was the comparatively tame affair of getting the examination date postponed. We were still uncertain about the implications of martial law and apprehensive of its prowess.

I had risen steadily in ranks of NSF. The students union organized a fete in aid of the lending library. The official college library was fairly well stocked but would not let students borrow textbooks. I was assigned the task of publishing the souvenir of the event. It would give me an opportunity to present myself as an effective worker, organizer and a leader. Hasan Rizvi was selected to contest for Presidency and I was nominated to be his running mate as General secretary. The election was hotly contested. Rizvi won, I lost to a friend who was a good debater and a likeable person too. Our nominees for other union offices lost too.

The Students and Politics

We were depressed and found ourselves at a loose end. Sher Afzal was looking for an opportunity to retrieve lost ground. Patrice Lumumba; a firebrand left leaning nationalist PM of Belgian Congo had been assassinated by imperialist agents. Sher Afzal decided to pin his hopes on a successful show of strength in a student led protest march.

NSF gave a call for a day of protest marches and meetings. The call was heeded in Dhaka, Lahore, Peshawar and many other cities in the country. We

went out on the streets in Karachi. In the event the public hardly took any notice of us. **About the time, there had been terrible communal riots broke out in Jabalpur, India.** There were persistent demands that we organize a protest march on the issue. Sher Afzal was under tremendous pressure. The next day the premier English language daily Dawn editorialized that our progressives felt more for the cannibals of Africa than for their brethren in faith in India. Left with no choice Sher Afzal announced a protest march.

On the appointed day and time students in their thousands gathered near Pakistan Chowk which had several college campuses within walking distance. Speeches were made pledging support to Indian Muslims. Police had taken up positions in the broad avenue flanking the meeting. The district magistrate announced that the government sympathized with Indian Muslims and asked us to disperse peacefully.

Sher Afzal agreed and gave a call to disperse. But he and the rest of us had reckoned without an agent provocateur. He snatched the microphone and screamed that **our mothers and sisters were being raped in India and we were being asked to disperse peacefully. Shame on our leaders and us. Flags and banners hoisted on long bamboo polls were grabbed and scores rushed at the police. They responded with tear gas and Lathi (Baton) charge.**

The Students Arrested

Scores of students were arrested on the spot, Sher Afzal, Fatehyab, Mairaj, Amir Hyder Kazmi and

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Hasan Rizvi, prominent among them. Many with head and other serious injuries were brought to a large Hospital in the vicinity later in the day.

I returned to my hostel room about mid- night and had just gotten into bed when there was a loud knock at the door. Annoyed at the late callers, I opened the door and found a criminal investigation department (CID) Sub Inspector Shah with another two policemen wearing plain clothes. I had been sure that I was not high enough in student leadership to be apprehended; otherwise I would have found a safe house.

I was taken to a van, where I found my Friend Anwar Saleem, former General Secretary of Dow Medical College Students union during Ali Ahmed's tenure. Anwar was nattily dressed in a dark blue suit with a maroon tie. I quizzed him on the fancy dress. He scolded me that I should be better attired for a meeting with the DM. I told him not to be a fool, we were being arrested.

We arrived at a police station about 2AM. Anwar Saleem expecting to be greeted by a magistrate got out first. A policeman sighting a handsome well-dressed man mistook him for a high official and saluted him. Anwar grinning, nudged me. A moment later, a police inspector asked the same policeman to lock us up. I couldn't tell you who was shocked more, the policeman or Anwar.

We spent two days in a police lock up. Our sojourn in the lock up was not without its lighter side. We had settled down to fitful sleep when we were woken up by a commotion some distance away from our cell door. Hasan Rizvi asked a policeman about it, and was told that a man in a suit had been brought in. Mahboob was the only other amongst us besides Anwar who habitually wore suits. Surmising correctly that it must be Mahboob, Anwar the only

other suited person was already with us, Rizvi asked his cellmates to adopt a "Murgha" pose. Entering the cell Mahboob was stunned. Rizvi told him that they had been ordered to adopt the pose; otherwise we would be severely beaten. Everybody burst out laughing. The policeman panicked at the sight of, what he thought was collective obeisance by touching the feet of the new comer, rushed to his inspector that the new one must be the big boss as everyone was prostrating before him.

We were eventually transferred to Karachi central jail, and arrived around noon. There were about one hundred a hundred and sixty of us. The jail superintendent told us that per jail regulations a prisoner arriving about midday doesn't get lunch or the evening meal, so we would get breakfast the next day. An elderly man, who had joined us, told the superintendent not to be a damned fool. We were not ordinary criminals. The white haired "angel" ordered a guard to go out and get lunch for us.

From the next day food drinks and cigarettes started arriving for us. It seemed the whole city was bent on bringing succor and comfort to us. Eid fell during our incarceration. Rules were relaxed for the day. The day started with prayers. The jail Imam (prayer leader) had been commanded to lead the official congregation in the City as Maulana Ehtisham Thanvi, the official Moulvi, had a dispute with the government and had boycotted the main congregation. We were left with the deputy Jail Imam. He was a "lifer" convicted for murder and sentenced to a twenty-one year jail sentence. The man couldn't pronounce Urdu words properly much less Arabic. We could not help giggling during the prayers. During the "Dua" we lost all sense of sanctity of the occasion and implored "God" to mete out severe punishment to our fellow prisoners.

After the prayers we proceeded to other barracks and were entertained with sweets and drinks, some spiked

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with Bhang (Marijuana). Raw and refined opium were also offered. The prisoners put up a stage show in our honor, with songs, dance and drama. It was pretty high standard; the performers had been actors and entertainers in their pre prison life.

The Students on Trial

Ten students were put on trial and given prison sentences from three months to a year. Others I included were eventually hauled up before an army brigadier who reprimanded us severely but let us go, though he confined us to Karachi. On my first day back in college I was expecting an expression of goodwill and solitude, but the hero's welcome took me by a pleasant surprise.

Student's movement went into low gear. All the bosses were in jail. Sher Afzal finally decided to cut loose his ties to Karachi and returned to Peshawar. He had managed to pass all but the final examinations and had actually taken a few tests while still in jail. He had often been exhorted by teachers just to put in an appearance and they will take care of the rest. He was finally persuaded to come back and sit take the examination.

With his Punjabi/Pathan credentials, his work among Karachi students, his abounding enthusiasm, good mind, inexhaustible energy and patent ideological integrity, he should have gone far. He would have been catapulted into national politics, but martial law allowed only sycophants to rise. It was a great national loss.



Remembering our Teachers at Dow

L-R: Prof Razia Latif Ansari,
Prof Ali M. Anasari and Prof
Khwaja Moin Ahmed



Jamil Azam Farooqui, MD

Dr. Jamil Farooqui is well known to all of us. He is from Dow Class 1984.

In Dow days he was a Literary and Debating Secretary of the Dow Student Union. He practices Internal Medicine in London, KY.

My Dow Days

It seems those days are still alive in my heart and soul.

I can feel the warmth of my friends, the love of our teachers, the joys of victory, and the despair of defeat. I can hear the echoing of election slogans, the speeches of projection meetings, the debate competitions, the bait bazi, and the Mushairas. I still remember the election days and nights, working on banners and "Issues", election house campaigns, debates, dialogues, workers meetings, greetings at the time of bus arrival and departure, struggling to see more green than red, and finally counting of every single vote on microphone with comments of *Madam Razia Ansari and Prof Shakir Jafri* (May Allah rest their souls in peace in Jannah, Ameen). Out side the Moin auditorium, shouting of "Long Live" with every NSF vote and "Takbeer" with each Jamiat's vote.

I can not forget my best friend and President of Students Union of 1981-82, *Kazi T. Uzair* (May Allah rest his soul in peace in Jannah, Ameen). He was truly a very dynamic person. He was friends with everyone, a true Awami Leader. I remember, how he used to meet with everyone with such a pleasant smile, no wonder he was liked and loved by every one. In that election, Jamiat had a land slide victory, the whole Jamiat panel won, even the post of social secretary was won by Jamiat! The victory of Jamiat resonated not only in Dow, but also in all of Karachi universities and Professional Colleges. I had the pleasure of getting elected as the Literary and Debating Secretary of the same Union. The student union activities and programs done under the union of Jamiat or NSF were one of the most important aspects I cherish the most about my Dow days. It provided the environment where we debated and fought the ideas. The elections of Dow student union were known for its substance, debates, and the election process, from projection meetings, banners to vote counting.

The landmarks of Dow I remember are the small room of Rahmat Baba, Shabu of Anatomy, Ashraf of canteen and Saith Saheb of snack corner. I remember our LDS room, union offices, common rooms and the transport room. Some of these landmarks are demolished and some of these friends and teachers are no longer with us. But they are living in our memories.

Time is a great teacher, and with time I have learned that **"It is our present which will be our past in future"**; so the most important thing is to live our present wisely and lively.

Jamil Farooqui, Dow 1984.

President's Message

Continued from Page 2

dot all the i's well in advance. We hope to see you all in Washington, celebrating DOW and DOGANA!

Social Forum:

One of the flag ship programs of DOGANA at the annual APPNA summer meeting remains the Social Forum. We have made sure that we start early on this project this year. The project is in Tanveer Imams' capable hands. The committee has already met and as to the last report from the Chair the planning is well under way. Zafar Iqbal has been the bright beacon behind the social forum since its' early days and continues to work hard with the committee. We look forward to another stimulating and thought provoking social forum this year.

Constitution and Bye Laws Committee:

The CABL committee has worked diligently under the able leadership of Wajid Baig. A preliminary draft of CABL was presented for general discussion at the retreat and electronically distributed to the membership for review in a comment period. After incorporation of comments from the retreat and membership the document was discussed in the EC over two lengthy meeting and the final document will be circulated to the membership and posted on the web site and voted upon at the General Body Meeting in Washington. This has been a work in progress for the last three years and I hope we will finalize and approve this document with the changes you all have been demanding, including a fair and open election process for officers.

Publication Committee:

The publication committee has been working diligently and everyone has seen and appreciated the results. The first print issue of DOW Link was mailed at the end of February. We have also acquired the capability of sending the DOW link electronically to all our members. DowLite international has been revived with the intention of building a communication portal for all DOWites internationally. This ties in with the capabilities developed in the new web site. We have also started compiling a "History of DOW". You have seen initial articles in the first electronic issue of DOWite International and your contributions including photographs etc. will be greatly appreciated. Rizwan along with a very capable publication committee is leading the charge and I cannot say enough to appreciate Rizwan's effort.

DOW Scholarship Fund:

DOW scholarship fund undoubtedly is the most important new project of this year and I will like to acknowledge the dedication of Sohail Khan in visualizing the project and getting it in motion. I am sure with his commitment to DOW and his sincere dedication this project will be a roaring success in the years to come and set an example of what DOGANA can do for its alumnus.

Membership Task Force:

Membership is the focus for me this year. A membership task force was made to ensure appropriate focus on membership growth and retention. The task force has met once. The prime focus right now is developing a reliable data base which is being worked upon and is tied to the web site and the capabilities this new site has have in updating and registering members. Other avenues for providing members a value added benefit are being investigated actively. I will especially like to thank Naseem Shekhani who has been an invaluable resource to me.

Alumni Office at DOW Medical College:

Farrukh has worked very hard in reactivating the Alumni office in Karachi. Dr. Mahmood Ahmed is the find of this year. He has shown more enthusiasm for the office then any one else I know. He is always available on his cell phone and we have already started processing document verification requests. I am grateful to Professor Asfar (Principal DMC), who kindly agreed to provide us the office which has not been used by us for about 2 years and was being used in the interim by other departments. All the details of the alumni office and the process of document verification will be available on the web site.

Young Physicians Task Force:

Despite the importance of this we were delayed in putting this committee together. I had requested Farrukh Hashmi to take the charge of putting this committee together, Despite the passionate discussions of the need of this committee and how important it is for DOGANA and the criticism in previous years for not having a done a good job on this front, to my utter surprise Farrukh had a difficult time finding people to chair this committee!

Continued on page 24

Poetry from the old pages of Dow Website

by
Najeeb Shirwany, MD
1987

He was a research fellow
at Henry Ford Health
Center, Detroit MI, USA
in 1990s.

Najeeb is known to many
of us from our college
days by his very witty
remarks and intellectually
stimulating discussions.
He continues to share
his work
email: NShirwany@aol.com

ALARM

*A knob is turned
in my clockwork home.
A bell is rung
at its clockwork door.*

*My father dies;
my mother cries.
A spring has sprung
in my clockwork home.*

*No windows gape;
no pictures hang.
And rugs that chaff
against your soul.*

*Like onion whorls
and bathtub drains.
The cogwheels churn
in my clockwork home.
No winding hand*

*no sweeping face.
No balance wheel
or plodding pace.*

*The seconds rise.
The minutes fall.
For time's a-click
in my clockwork home.*

*Not solar wind
nor lunar tide.
Can be at sync
with my clockwork home.*

*A nightmare beat
an ogre's cry
are the broken sounds
of my clockwork home.*

November 1996

Continued from page 23 President's Message

Finally, I requested Farrukh to chair this committee. Knowing his dedication to furthering the cause of our recent graduates I have no doubt that Farrukh can do a wonderful job. With sufficient persuasion Farrukh has put together a team of committed DOWites . I am sure Knowing Farrukh commitment that at the summer meeting he will not be making empty promises but delivering results. I know Farrukh will also be grooming members in his committee to take over this most important task next year.

It has often been pointed out that DOGANA has not done enough for DOW, its students and Civil Hospital. I agree with that sentiment. It is my firm belief that for this organization to reach its full potential and play a positive role back home the functional and organizational aspects of DOGANA have to strengthen and mature. We need to ensure that members are connected to the organization and involved in the running of the organization. We need to make DOGANA truly a home away from home for all of us. It is with this in mind I set forth this year to strengthen the structure and organizational aspects of DOGANA, including fiscal responsibility and complete transparency in all aspects.

I hope the most important pillar of DOGANA, YOU the member, will judge my report kindly. If you think we have succeeded in delivering your expectations then I am proud of all those who have worked so hard and have made all of the above possible. If you think otherwise, then I apologize, as any failure is mine and mine only.

Nasar Qureshi, MD, President DOGANA 2008

DOGANA

NOMINATING COMMITTEE



I am given the responsibility to be the chair person of the Election Commission for 2008, appointed by the current Executive Committee of DOGANA. I understand that the draft of the new DOGANA Constitution and bylaws in the process but so far has not been approved by the General Body at the time of this election cycle. I am required to conduct and oversee the election process for the year 2008 based on the current DOGANA constitution and bylaws in effect. Based on the article IV of the CABL;

Constitution: Article IV: ELECTIONS OF OFFICE BEARERS

- (a) The Executive Committee shall act as the Nominating Committee for the office of the President-Elect and the Secretary-Treasurer for the following year and will present at a slate to the general membership at the time of the Annual Meeting
- (b) Other nominations for the Office of President and Secretary-Treasurer shall be accepted from general members provided
 - (1) Nomination is received, duly proposed and seconded, from eligible members at least one week prior to the Annual Meeting.
 - (2) The proposed officer accepts the nomination.
 - (3) The Nominee and the members proposing and seconding shall be present at the Annual Meeting.

Following are the candidates nominated by the nominating committee in a meeting held on Saturday, May 17, 2008.

For President Election, Dr. Shazia Malik, class 1988 from St. Louis has been nominated

For Treasurer, Dr. Adnan Nadir, class 1988, from Dallas has been nominated.

According to my information and as election commission chair I have found both of the nominees are in good standing about their membership of DOGANA and both will be present at the annual meeting.

Please Note: Other nominations shall be accepted from the general membership (see the CABL Article IV, (b) above. General membership is advised to send the nominations for the President Elect and Treasurer if they desire to do so. One can email or fax the nomination to me. The nominations must arrive one week prior to the annual meeting. **So the last date for submitting nomination will be June 20, 2008.**

More details will be placed on the website.

Constitution: ELECTION OF COUNCILLORS:

- Article IV, Section
- (b): Eight members of Executive Committee, 2 each according to US Regional Time Zones Eastern, Central Mountain and Pacific
 - (c): All councilors shall be nominated at the Annual Meeting. In the event of vacancies remaining unfulfilled, the President may appoint Councilors from the membership at large within three months of Annual Meeting.

The election of councilors of the DOGANA are held at the annual meeting every year. The details of the elections process for the councilors will be available soon by email and on the website.

Farid U. Qazi, MD
Chairman, DOGANA Election Commission 2008



New Website Launched

Nasir Shahab, MD, Chairman Communication Committee



After many months of planning and testing we are pleased to announce the launching of Dow alumni website. It has been re-designed and revamped to include common tools available for networking and better interaction. This will ensure better experience.

As you will notice that the website has both secured and unsecured sections. In order to enter the secured area, log in ID and password is required. Those who are members of DOGANA and those non members whose emails are with the DOGANA will receive an email from the admin of the website with their user ID and password. All other Dowites can go to the registration section and fill in the application form and choose their own ID and password. Please note that once the ID has been issued it cannot be changed; however the password can be changed online anytime.

We are in the process of uploading material in some sections and we hope that this process will be completed very soon. If you have suggestions to improve any area of the website, please do send us an email. Remember, this is your own website. You own it. Please browse and participate actively. We want all Dow graduates, irrespective of their country of residence, to fill in the data bases section in order to carry forward the dream of WADA. By your cooperation we can make DowAlumni.com a web of all Dowites.

We are thankful to Rizwan Karatela who throughout this project has provided with his immensely valuable and practical expert opinion. Without him we would still be struggling. Also we are very grateful to Munira Ajmal, the web developer from Mufice.com who made it possible for DowAlumni to have a very professional web home.

Now that the website is active, please visit it every day and let us know your thoughts. All comments whether positive and negative will be appreciated. Pass the news to your own class lists and other Dowites.

DOGANA

Dow Graduate Association of North America



June 27-28, 2008

PROGRAM

Friday, June 27, 2008, 2:30 pm: Dow Social Forum
Friday, June 27, 2008, 6:30 pm: Dow Alumni Banquet
Saturday, June 28, 2008, 12 -2 pm: General Body Meeting

CONTACT:

Chair Host Committee: Talha Siddiqui, MD
President: Nasar Qureshi, MD
Secretary: Shazia Malik, MD
Executive Director: Farrukh Hashmi, MD

DOGANA Host Committee

Chairman: Talha Siddiqui, MD
Co-Chairman: Anwar Masood, MD
Mansoor Mohiyuddin, MD, Rashid Nayyar, MD
Sohail Qarni, MD, Nassar Khan, MD
Fareeha Khan, MD, Rizwan Ali, MD

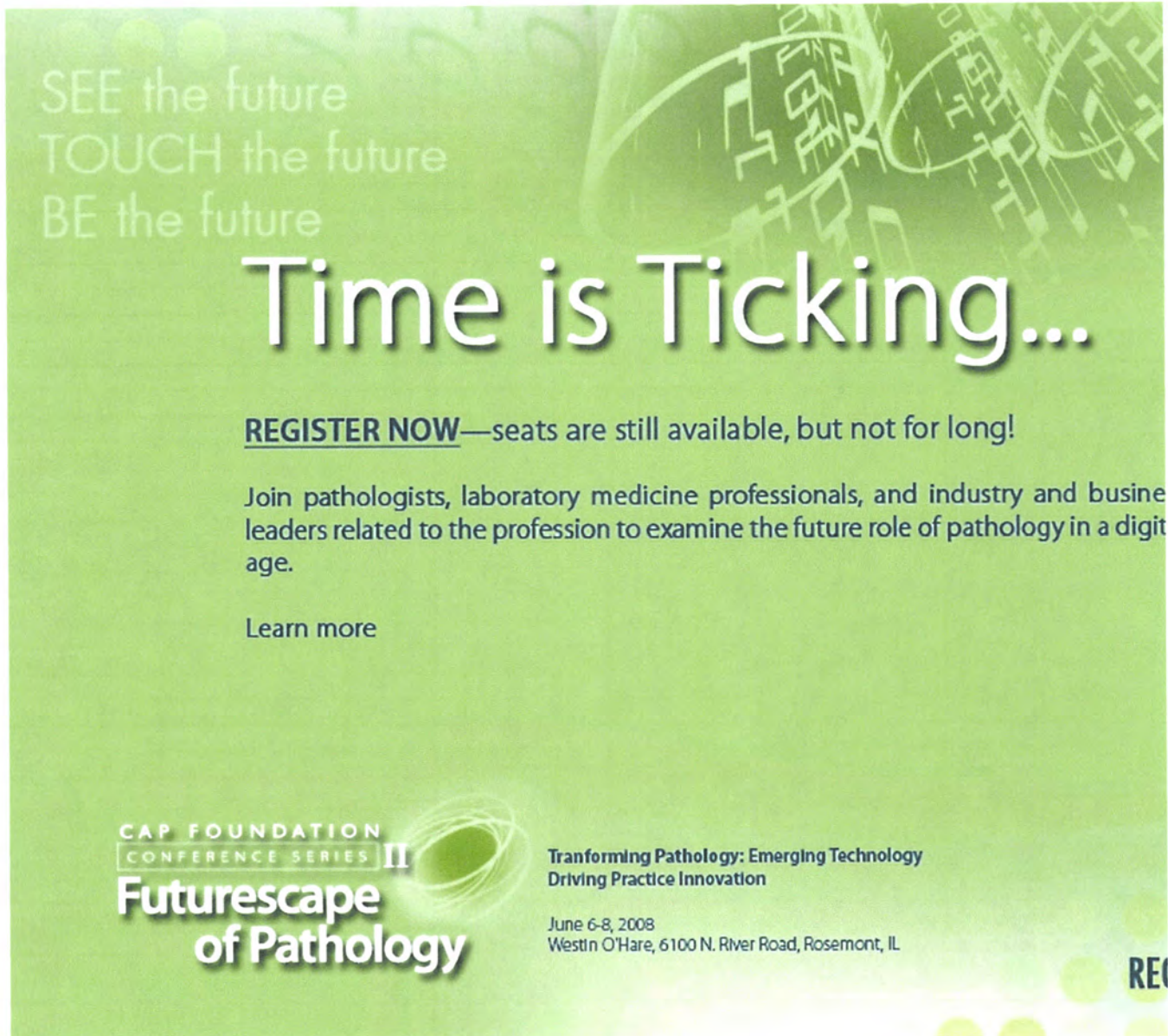
**Invite you to attend the meeting and
register as soon as possible**

Register now: www.appna.org & www.dowalumni.com

Subj: **Futurescape 2008 - Register Now!**
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