



June 2008

Dow Link

Newsletter of DOGANA

Newsletter: Volume 2008, Number 2

Dow Graduate Association of North America



June 27-28, 2008

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www.dowalumni.com



Dow Link

Summer 2008

Editorial

Newsletter: Volume 2008, Number 2

a publication of DOGANA

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Articles to be submitted by Email to rizwan@karatela.com. Word document, pdf or plain email format will be acceptable. The Editor reserves the right to edit all the submitted material.

Focusing on being an Alumnus

Keeping with our theme of showcasing the role of an alumni organization, we have decided to shed some light on the importance of transition from a student to an alumnus.

The major role and goal of a student in an undergraduate or a postgraduate institution is to focus on his or her studies, and acquire tools to achieve success upon completion of studies. During this process, the students also gain maturity and insight into the greater role of intelligentsia in society and get exposed to a myriad of ideals and ideologies that they may utilize to formulate a future mode of action.

Once the students successfully negotiate the life of studies and, graduate, they assume the honorable role of alumni. The basic role of an alumnus is to serve as role model of the alma mater, and to provide career counseling and post graduate training. The alumnus can also provide the backbone for improvement of educational standards and can also provide an opportunity to network for professional activities and social gatherings.

The alumni can enrich the alma mater by acting as mentors, advisors and molders of ideas. They can payback without writing a check if they fulfill the myriad roles of an alumnus body. The continued involvement of an alumnus can turn out to be mutually beneficial. A large number of western graduates and post graduate institutions pay attention to their alumnus bodies for the above cited reasons-networking for graduating students, financial support for the betterment of the alma mater and sense of pride and accomplishment at the success of the alumnus. These alumni are expected to go to the campuses to speak about life experiences, and are encouraged to host students/graduates at their adopted workplaces. These colleges and universities have alumni offices on campuses that serve as a resource center for the students and graduates.

We would like to plant a seed of these aspirations in the general membership of DOGANA and to wider diaspora of Dowites across the globe. We close by proposing-

1. Closer working relationship between DOGANA, DOGANE, WADA and DUHS
2. Established speakerships to be whetted by the respective alumnus organization (eg North American via DOGANA, European via DOGANE etc)
3. Establish official elective rotations at US/UK institutions where students form DUHS can serve observerships and electives. An exhaustive and objective selection criteria needs to be establish to select students for these, and potentially can be supported by DOGANA, DOGANE etc.
4. The Dean office of DUHS should have an alumnus coordinator so that these efforts could be easily and efficiently coordinated.

Shehzad Saeed, MD
Tanveer Imam, MD

Summer 2008

President's Message

Nasar A. Qureshi, MD, PhD



Fellow DOGANA members:

As I pondered the contents of my message for the DOW Link Annual meeting issue, I was obliged to sit back and judge myself by the standards I have, at times openly, and at others silently, judged others; "what has he/she done for DOGANA, what difference has his/her presence made?"

It is a tough question to ask of oneself, and I am not a generous self evaluator. The first response was "nothing different than anyone else. What have I done which is so unique? Have I moved this organization forward?" This led me to ponder how approximately 20,000 cumulative minutes of executive council conference call time has been spent? What about a similar time collectively spent by various committees (members) on conference calls regarding various projects? Of course at this point I wanted to be more generous to myself! So I went back and reviewed all my reports to the membership and the possibly a conveniently self serving realization starting dawning, that if not everything, this year's executive council and the committees achieved most of what targets myself and the council had set forth.

On the other hand, from your, the member's perspective, have we? The answer is a tough one and unfortunately there is no weighing scale or a success-o-meter that one can utilize to judiciously respond. The answer is purely qualitative and will be swayed by ones standards and definition of success, political inclination and background, friendships, and last but not most relevantly, a genuine sense of unbiased judgment. We certainly hope that membership also sees DOGANA as an organization stronger today than before.

This note reaches your hand at the end of EC's six-month term. The most difficult and important time for any council that has one year to plan and accomplish. A significant portion of time was spent planning and organizing, but the efforts of so many who gave of their time smilingly have resulted in significant results. The foundation of any organization's success is laid on solid organizational structure and placement of processes along with accountability. From the new website to membership database, effective means of communication including constant email updates to regular president reports, fiscal procedures including proper budgeting and quarterly account updates to the membership have all been put in place and the level of transparency may be considered by some a new standard for DOGANA. The constitution and Byelaws which nearly everyone agrees needs to be changed to reflect the current strength and structure of the organization, and have been in the process for the last three years, is finally in your hands for approval at the annual general body meeting. It is in your hand now to judge and guide, to help us be more successful and remedy any of our failures.

So where do we go from here and what do I envisage? With some of the more important organizational back bone in place, It is time for all of us to come together for DOGANA, to plan and organize a solid policy and structure as a stepping stone to meaningful, rewarding and sustained association with DOW Medical College and Civil Hospital. The gap that currently exists cannot be bridged by any President or Executive Council. In as much as I have, and will unquestionably take responsibility for any shortcomings of your expectations, I can unabashedly say that if we as an organization are unable to achieve this goal in the following months, I will gladly ascend to the gallows and blame each member of this organization for not doing their part!

In the end all I can say is that I am honored to have been allowed this opportunity to serve DOGANA and humbled to have had the opportunity to work alongside some of the finest and unquestionably dedicated individuals, both in the council and various committees. To all of those who have risen to the plate and proven that THE SPIRIT OF DOW IS ALIVE IN DOGANA..... THANK YOU!



Secretary -Treasurer Report

Shazia Malik, MD

As we welcome the summer especially for some of us who have long winters I welcome you all to the summer meeting. It is exciting to see an increase in the number of Dowites attending the Retreat and Summer Meeting each year.

It gives me great pleasure to inform the DOGANA membership that the Executive Committee has been holding regular monthly meetings, well attended by all the EC members and much has been accomplished. The minutes of the meetings are regularly being posted for members to review. In order to streamline the workings of the organization, we have undertaken the task of outlining the policies and procedures for issues that are not covered under the constitution. The progress on the various standing committees of DOGANA is presented in this publication.

The financial status of the organization is in good state. As the Executive Director of DOGANA, Dr. Farrukh Hashmi oversees the day to day running of the organization and with the directives of DOGANA EC manages the bank accounts. As the treasurer and secretary of DOGANA I have been working closely with the executive director. This year we were able to acquire professional help from the certified accountant and we are pleased to present here the summary of the status of our accounts as of June 2008.

I urge the new members to get more involved in DOGANA to make it a bigger and better organization. We are all bright and successful people imagine what heights DOGANA can reach if we can all work collectively.

We have a lot more we need to accomplish however we need more involvement collectively so we can do more for Dow, Dowites and DOGANA. Lets not think of how little or how much someone or we can or has done lets just do whatever we can because every bit counts and we are all in this together to make it a bigger and better organization. Thank You.

Shazia Malik M.D.

*Dow Graduate 1988
Secretary/ Treasurer DOGANA*

DOGANA Financial Report - June 2008

ASSETS

Current Assets

Checking/Savings

Bank of America 11,641.83

Total Checking/Savings 11,641.83

Other Current Assets

Columbia Bank CD 200,000.00

Total Other Current Assets 200,000.00

Total Current Assets 211,641.83

TOTAL ASSETS 211,641.83

LIABILITIES & EQUITY

Equity

Opening Bal Equity 196,834.83

Retained Earnings 47,104.87

Net Income -32,297.87

Total Equity 211,641.83

TOTAL LIABILITIES & EQUITY 211,641.83

President-Elect Message

Muslim Jami, MD



Last few years we have moved our organization on a faster pace, with growth in organization we enjoy success. However, this brings a bigger challenge for us to re-organize ourselves and change with time to a higher denomination. This year first and foremost we need to get approval of amendments to our constitution and Byelaws from the General Body in this meeting.

With the amendments to the C&BL we would separate much needed posts of Secretary and Treasurer, restructure EC makeup, have clear defined role of officers. From this year onwards our accounting will be done professionally to avoid errors and improve revenue collection. I have enormous respect for the EC members, officers and committee members, who spend their precious time for running this organizations and its affairs, One example is excellent work of Nasir Shahab and others who updated our much needed website. We need to keep it going and make It valuable for our members to use it on a regular basis.

I have been given the responsibility to lead this organization for next year. I am poised to do so and hope that newly elected Counselors and officers will have enthusiasm and similar mindset to work cohesively to make it a more vibrant organization. As DOGANA members we have created this formidable alliance, we should use our collective energies for the melioration of our organization. I also feel that we need to promote harmony and purpose of unity in DOGANA and make it relevant to the needs of our members and help promote this alumnus for leading role in APPNA.

We need to streamline our processes so the progress is fast paced and organization remains united. By building consensus among the executive committee with the confidence of members we will continue work on developing policies and procedure rather than wasting valuable time in partisan politics. I believe that we show strength of character by devoting our time and effort to make our organization strong. Real strength is in unity not in divisiveness.

I wish you all have a productive summer meeting.
Long live spirit of DOW

DOGANA President at KAMCAANA Retreat

*L-R: Dr. Sajid Choudhry, Dr. Mubasshir Rana
and Dr. Nasar Qureshi.*

It was a pleasure to attend KEMCAANA retreat to represent DOGANA. Dr. Mubasshir Rana President KEMCAANA was kind enough to attend the DOGANA retreat and represented KEMCANA at DOGANA meeting





Message from Vice Chancellor DUHS

www.duhs.edu.pk

Professor Masood Hameed Khan, MBBS

I am delighted to write this short message on the occasion of the publication of Dow Link Summer- 2008, by DOGANA. Your alma mater, the Dow Medical College, Karachi, is a constituent institution of the Dow University of Health Sciences, Karachi, since December 29, 2003. However it retains its separate identity, and its preeminence, as the leading teaching institution of the country. I take this opportunity of briefing you on the developments which have been made at the Dow University of Health Sciences.

The sites of the three original constituent institutions, namely Dow Medical College, Sindh Medical College and the Ojha Institute of Chest Diseases have been declared as our three campuses. At these campuses, within a short span of four years we have established Twenty Three new departments or institutes, majority of which are either providing the services to the citizens of Karachi, have started their specific undergraduate / post-graduate or doctoral programs, or are engaged in both these activities.

To augment its capabilities, the University has established the following facilities, namely Department of Medical Education, Quality Enhancement Cell, Professional Development Center along with its own state of the art Clinical Skill Laboratory, and a computerized Examination Department which ensures prompt and unbiased examinations with results being regularly declared within one month. Dow University of Health Sciences has also been authorized by the Pakistan Medical & Dental Council to initiate the Semester System in the MBBS curriculum, the only publicly funded medical university to do so.

We have established the Dr. Ishrat Ul Ebad Khan Institute of Oral Health Sciences, at the Sindh Medical College campus and are imparting both graduate and post –graduate education in Dentistry.

The Dow International Medical College has been established at our Ojha Campus and currently enrolls hundred students each year for medical education. It has been custom built for imparting medical education for sons and daughters of Pakistani expatriates.

Institute of Nursing, Institute of Medical Technology, Institute of Diabetes & Endocrinology, Institute of Gastroenterology and Liver Diseases, Dow College of Pharmacy, Dow Diagnostic and Research Laboratories and Institute of Physical Medicine & Rehabilitation with its School of Orthosis & Prosthesis, Physiotherapy and the Artificial Limb Center are providing education as well as providing care to our disabled population. Dow University of Health Sciences is proud to have its own Institute of Health Management, offering an MBA program in Health Care, Hospital Administration and Pharmaceutical Industry. In various stages of development are the Jinnah Genome Center, Institute of Infectious Diseases, and Department of Emergency Obstetric Care.

At the Dow Medical College, Civil Hospital and Sindh Government Lyari General Hospital, the teaching staff in all clinical units has been increased. Our students are now supervised and counseled by individual mentors, and teaching is being monitored by means of Self Assessment and Teacher's Portfolio. All these activities are regularly evaluated by the Higher Education Commission Islamabad. Dow University of Health Sciences and all its institutions and degrees are recognized by the Pakistan Medical & Dental Council, and listed with the World Health Organization. I invite you to visit the official web site of the University for more news. I wish all colleagues the very best.

Message from Principal Dow Medical College

Dr. Salahuddin Afsar



OFFICE OF THE PRINCIPAL DOW MEDICAL COLLEGE CIVIL HOSPITAL & SINDH GOVERNMENT LYARI GENERAL HOSPITAL

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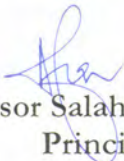
MESSAGE BY THE PRINCIPAL **Dow Medical College, Karachi**

It gives me great pleasure and honour to write this message for Dow Alumni annual summer meeting. Being a Dow Graduate I have been honoured to head this institution as Pro Vice Chancellor, Dow University of Health Sciences and Principal, Dow Medical College. This institution has achieved phenomenal growth and development in the area of teaching / learning at Postgraduate and undergraduate level with national and international PhD Programmes. Numbers of other institutions have been established during the last four years.

Our main focus has always been academic improvement and almost complete change of examination system has been made. Recently University has changed annual system of examination to semester system in order to raise the standard of education and bring at par with the other university. I was thinking much earlier to establish skills lab for undergraduate in the speciality of Medical & Allied which has been developed in new block and will start functioning very soon. Students of DUHS are involved in research, for this purpose a research clinical skills curriculum has been designed for the students of each year. It is mandatory for student to write proposal and present papers. Dow University is now regularly publishing the Journal of Dow University of Health Sciences. Professional Development Centre has organized more than 500 lectures and 150 highly specialized Hands-on workshops. In this regard active participation of Alumni in arranging highly specialized skills for faculty members and postgraduate students will be appreciated.

The new academic block has been beautifully raised in front of old academic block. It comprises facilities for 4 lectures halls with all requirements to facilitate students teaching / training including small group teaching. The Digital Library has been established with more than 100 work stations having access to 20,000 medical journals and text books. A new medical college Dow International Medical College with the capacity for 100 students has been established for the Children of Overseas Pakistanis at the Ojha Campus of Dow University with the help of HEC. This Medical College has qualified faculty members. College is also approved by PM & DC.

It is earnestly hoped that the Dow Alumni will continue to support generously to the Alma Mater for bringing greater glory and academic excellence to Dow Medical College.


Professor Salahuddin Afsar
Principal

Report on

Dow Retreat 2008



Congratulations! The meeting was a thumping success.

Dear Colleagues,

This was the fifth annual spring retreat following the much celebrated Dallas retreat. The retreat started with a slow trickle of Dowites all through Friday with bad weather. The hospitality suite began buzzing with Dowites around 3:00 PM and the hotel suddenly started to transform with the spirit of DOW in the hallways and conference rooms.

The aim of the meeting to galvanize the Dowites and bring into focus their energies to service for DOW through building a stronger DOGANA. Although the meeting was arranged on a very short notice, the hard work and labor of the Host committee proved fruitful and Dowites from all over US attended the various functions, CME and General membership meeting.

The meeting had various components starting from poetic and musical entertainment, CME and important discussions and presentations during the General membership meeting. A brief account of the proceedings is presented her. The full version was already published in the May issue of Dowlite International which can be downloaded from the website:

Friday April 11, 2008:

The hospitality suite was chock-full with people enjoying mango lassi and sumptuous appetizers. This was followed by an informal dinner, speech and ensuring an uninterrupted bonding and reminiscing between friends.

Mushaira:

The evening entertainment began soon afterward with a Mushaira under the Nizamat of Past President of DOGANA Dr. Abdul Rehman Abd, which included readings by himself, the famous Dr. Darakhshan Tanveer and a Khalid Irfan, a well known humorist who is known for his work in the North America.

Dr. Nadeem Ahsan then took over the proceedings of the evening with a scholarly introduction to Faiz, delicately intertwined with chosen poetry of Faiz, masterly sung by Bela. The stage was appropriately set with the floor covered by white chandnis and ample GAO takias for people to relax, paan and dried fruit circulated nonstop with an unlimited supply of tea. The evening set the tone for the rest of the retreat "a function done in DOW style" - with nothing less than a touch of excellence and attention to every minor detail. After this initial entertainment Dowites flocked the lobby and old college jokes and bantering continued till the next morning in some cases.

Many of us retired to our rooms for a nap.

Saturday April 12, 2008:

CME Lectures:

Lectures were well organized and continued till noon. Presentations included cutting edge research from a young prodigy of a family at DOWite now at Harvard Medical School, to presenters from Sindh Medical College and some of our own DOWites.

General Body Meeting:

The General Body meeting started with brief reports from the President, *Dr. Nasar Qureshi*, and the Executive Director, *Dr. Farrukh Hashmi*. The Secretary, *Dr. Shazia Malik* presented the budget and financial health of the organization. This was followed by report from various committee chairs.

ENDOW report:

In a session moderated by Dr. Salman Zafar, Dr. Sultan Ahmed recapped for members the history and legal aspects of the functioning of Endow. This was followed by an update from Dr. Zia Moiz Ahmad on the current affairs of ENDOW. The members along with the Executive Council inquired about the present state of affairs of this organization. It was stressed by the membership to have a more transparent and accountable proceedings for the Endow fund. Some of the organizational and management issues which were overlooked in the last couple of years were pointed out by the members. Dr. Ahmad assured the audience that he will work diligently to ensure that the short comings noted were appropriately taken care of in a timely fashion.

Saturday Reception / Entertainment:

Our guests from APPNA, Dr. Sajid Chudary, Dr. Manzoor Tariq, Dr. Tariq Mehmood and Dr. Saima Zafar were present along with Dr. Zeelaf Munir. Dowites flocked around these candidates and inquired about their vision and program.

The formal proceeding kicked off with a CME presentation from Dr. Javed Suleman. The main

function commenced with a welcome speech from Dr. Qadir Sheikh, chair of the host committee. This was followed by brief remarks from President-Elect Dr. Muslim Jami. Dr. Nasar Qureshi then gave his remarks including introduction of all the past DOGANA presidents and guests from other alumni and chapters who were in attendance. He welcomed the key note speaker Dr. Ayesha Siddiqia.

The keynote speaker, Dr. Ayesha Siddiqia mesmerized the audience with the clarity of her thought and sincerity and conviction in her aims. Her take home points were the role of ISI and military in Pakistan's history and the weakening of our institutions and how to solidify democracy and institutions in our country. This was followed by remarks from Dr. Farrukh Hashmi, Executive Director DOGANA and Dr. Mahmood Alam, President APPNA. Dr. Qureshi then recognized an effort and hard work put in by the retreat committee in organizing such a successful evening and presented Dr. Qadir a personal award to express his gratitude. Dr. Qadir recognized the committee members Drs. Maohammad Aslam, Iqbal Jangda, Tariq Ibrahim, Mohammad Hameed, Salman Zafar and Abdul Rehman and presented them a token of his personal appreciation. The formal session ended with a presentation of appreciation by Dr. Qureshi, to Dr. Javed Suleman for his immense contribution in organizing a successful CME program, Dr. Mahmood Alam (President APPNA), and the presidents of KEMCANA (Dr. Mubasshir Rana), New Jersey Chapter of APPNA (Dr. Mohammad Siqqique and Upstate New York Chapter of APPNA (Dr. Zahid Asghar).

(Continued on Page 28)



L-R: Dr. Tariq Ibrahim '87, Dr. Iqbal Jangda '84, Dr. Talha Siddiqui '89 and Dr. M. Qadir Shaikh '84.

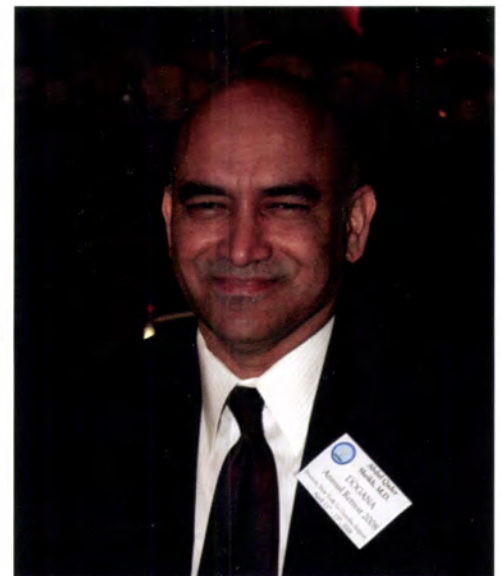
Dow Retreat 2008



The DOGANA EC 2008; L-R, Adnan Nadir, Salma Agha, Shazia Malik, Nasar Qureshi, Muslim Jami, Mansoor Mahdi, Nuzhat Ahmed, Zafar Iqbal and sitting Farrukh Hashmi.



L-R; Dr. Iqbal Jangda, Dr. Salman Zafar, and Dr. Manzoor Tariq



Retreat Host: Dr. Abdul Qadir Shaikh



L-R: Dr. Zahid Asgher '85, Dr. Farrukh Hashmi '85, Dr. Muslim Jami '85 and Dr. Zeelaf Munir '89



L-R: Dr. Salim Chowdhry, Dr. Mansoor Mehdi & Dr. Sultan Ahmed



L-R: Dr. Sultan Ahmed and Dr. Nasar Qureshi



L-R: Dr. Qadir Shaikh '84, Dr. Salman Zafar '79, and Dr. Shehzad Saeed '91



L-R: Dr. Sohail Khan and Dr. Wajha Karatela, class 1988



On right L-R: Dr. Adnan Nadr, Dr. Salma Agha and Dr. Shazia Malik

Dow Retreat 2008



L-R: Dr. Sajid Choudhry, Dr. Nasir Gondal, Dr. Mansoor Mohiuddin, and Dr. Talha Siddiqui



The keynote address by Dr. Ayesha Siddiqi



L-R: Dr. Anwar Masood '87, Dr. Tanveer Imam '87 and Dr. Naseem Shekhani ' 82



L-R: Dr. Syed Samad and Dr. Zia Moiz Ahmad



L-R: Dr. Mansoor Mehdi, Dr. Nuzhat Iqbal, Dr. Nayyar Iqbal and Dr. Shehzad Saeed



L-R: Tariq Ibrahim, Talha Siddiqui, Shamim Ahmed, and Farrukh Hashmi



The dinner at the retreat



Dow Students Greeting the Secretary of ECFMG with a display of Cultural Show case

Dr. Shahid Yousuf

Dr. M. Shahid Yousuf has been our very dedicated senior colleague. He is behind many of the most memorable photographs in Dow Publications over the years. He is a practicing Psychiatrist, a graduate of Dow Class 1975. His selfless work is greatly appreciated.

"We are also thankful to Dr. Talha Siddique, Dr. Anwar Masood, Dr. Farrukh Hashmi, Dr. Nasar Quraishi and Dr. Salim Chowdhrey for the photographs.



by Dr. Rizwan Karatela

Sir Hugh Dow 1886–1978

The Biography of Sir Hugh Dow



The Dow Medical College is named after Sir Hugh Dow of the British Empire. Not much information is available about Sir Dow, specially the early days of his life. We know that he was knighted by Queen for his services in the British Army and he held many high positions.

The Governor of Sindh (1941 to 1946)

Sir Hugh Dow rose up the ranks in the British Empire and played a major role in Indian subcontinent and in the middle east region politics. He became the Governor of Sindh in 1941. On December 10, 1945 he laid the foundation stone of Dow Medical College. Little is known about the actual ceremony, we assume there may have been photographs taken and records must have been kept. So far researching has not revealed further details. Interestingly, however we found a reference of him in the information about early Sindhi history where he must have enjoyed some local friends. Here is one such information from his friend named Mr. Lokumal.

Background Info: (source from the Internet)

Mr. Lokumal had good taste and admired beautiful things in life. His collection consisted of Quran Shariff, Holy Bible, and Shrimat Bhagwat Geeta etc. He had spent over sixty thousand Rupees towards his collection and in 1946 the collection was worth over rupees three lacs.

Mr. Lokumal had personal relationship with the Chief Minster of Sind, Sir Gulam Hussein Hidayatullah and other VIP's. Sir Hugh Dow succeeded Governor Sir Lancet Graham. He had learnt of the wide collection of curios, antiques and ancient artifact that Mr. Lokumal had collected, and on Nov. 26th 1944 he called on Mr. Lokumal at his residence to see the same.

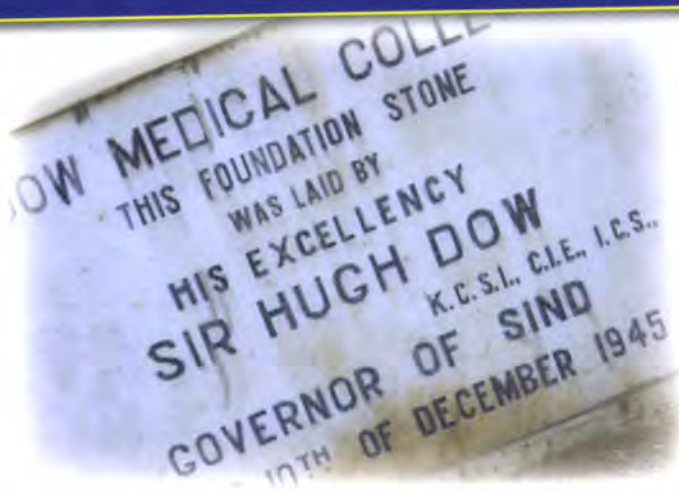
Accompanying the Governor were Commissioner Mr. Lombard, Hyderabad's Collector Sardar Bahadur Mohammed Bux, Mukhi Gobindram Pritamdas Saghrani and other dignitaries. After viewing Mr. Lokumal's collection, they had a group photograph taken.

Mr. Lokumal and the Governor Sir Dow became very intimate. The Governor, for the sake of remembrance, sent Mr. Lokumal a photograph of himself and Lady Dow in a silver frame.

Sir Hugh Dow, in June 1946 visited Patna and saw the priceless collection of books in the Library. On June 21st 1946, Sir Hugh Dow, from Ranchi, wrote to Mr. Lokumal about it, asking him to visit Patna and see the collection for himself. Mr. Lokumal had similar rapport with other officials as well, and they corresponded with each other.

Sir Dow is referenced at another times in Sindh Politics as Governor of Sindh in 1942 by an Article by Shamsul Islam in *Indian Currents* 1 June 2003. He writes,

The series of articles on the Dow History Projects will be continued in the next issue.
Please send email with information that you think might have historical value.



"One such example is of Allah Baksh who at the grassroots level among Muslims of India organised an effective and massive opposition to the nefarious designs of Muslim League in pre-Partition days. Allah Baksh was the Premier (those days chief minister was known by this designation) of Sind during the eventful days of 'Quit India' Movement of 1942 as head of the 'Ittehad Party' (Unity Party) which did not allow Muslim League to have any foothold in the Muslim majority province of Sind. Allah Baksh and his Party were not part of the Indian National Congress but when British Prime Minister Winston Churchill made a derogatory reference to the Indian freedom struggle and the 'Quit India' Movement in a speech in the British Parliament, Allah Baksh renounced in protest all titles conferred by the British Government.

While announcing this renouncement he stated: "It is the cumulative result of the feeling that the British Government does not want to part with power. Mr. Churchill's speech shattered all hopes." The British administration could not digest this dissent of Allah Baksh and he was removed from office by the Governor, Sir Hugh Dow, on October 10, 1942. This great sacrifice of a Muslim leader for the freedom of the country remains unknown even today"

The Governor of Bihar (1946 to 1947)

With the changing milieu of the British Empire after the World War II. The services of British officers and of the higher rank personals were needed in various parts of the Empire. Sir Dow was needed in the province of Bihar and H.E. Sir Hugh Dow was made Governor of Bihar from 13/5/46 to 14/8/1947. Little is known of his time in Bihar.

The Consul-General, Jerusalem



Sir Hugh Dow, after a career in the Indian Civil Service, had arrived in Palestine in the spring of 1948. Most of us don't know that Sir Hugh Dow played an important role in Middle-East politics. This information is obtained from the references of two books, available from the internet.

The Arab-Jewish Conflict

The British feared the establishing of an independent Palestinian Arab state because it would fall into the hands of anti-British extremists led by the Multi (whose influence the British continued greatly to overestimate, in this case, as an ally of the Egyptians). The weakness of an Arab state, so ran a parallel argument, would also make it prey to Jewish territorial expansion.

Sir Hugh Dow, the Consul-General at Jerusalem, spoke out in stentorian vein on that subject, in Part perhaps because of his own suspicious and indeed dislike of both the Egyptians and the Jews: As Consul-General, Jerusalem Dow also explained why neither side would ever accept the Bernadotte proposals in any form. His comments conveyed certain psychological as well as political insights:

"The Jews are frankly expansionist and refuse to put forward any terms, for fear they should ask for less than changing circumstances and the inefficacy or the United Nations may enable them to grab. The Arabs see little hope of practical help, either from us or from the United Nations, and in consequence the 'in for a penny, in for a pound' school of thought tends to prevail. . . . I do not think it is true to say that the Arabs realize that the Jews cannot be driven into the sea. They feel it cannot be done today, but perhaps it can be done tomorrow, and almost certainly the next day. They are wrong, of course, but that is what most of them think".

(Continued on Page 31)



It is indeed an honor for all of us to recognize our distinguished professor. His career, professional achievements and his dedication to the advancement of medical education in Pakistan is unparalleled. His excellent

academic career, despite the enormous difficulties he had faced, is indeed inspirational for all of us.

Education:

- J.Q. Adams School, Washington, U.S.A, 1954-1957
- Little Folk's School, Karachi, 1958-960
- Karachi Grammar School, Karachi, 1960-1965
- D.J. Science College, Karachi, 1965 to 1967
- Liaquat Medical College, Jamshoro, 1967 to 1969
- Dow Medical College, Karachi, 1969 to 1973

Academic Records:

- Stood first or second in the class throughout school.
- School Certificate and GCE 'O' level (Cambridge) 1965 in Division One with distinctions in all six qualifying subjects.
- Higher School Certificate, B.I.S.E., Karachi, 1967 First Class First Position with distinctions in Physics, Chemistry and Biology.
- Best Graduate Dow Medical College 1973. Distinctions in Anatomy, Preventive Medicine, Pharmacology, Medicine and Special Pathology.
- Passed the M.R.C.P. (UK) Examinations in ONLY 9 MONTHS after starting work in the UK!! The youngest Pakistani to date to have achieved this distinction.

Academic Positions Held:

Commencing his career as R.M.O. at General Medicine, Civil Hospital, Karachi. 01-10-73 to 30-09-74 later blooming into the distinguished career over the years in UK and in Pakistan has been a long journey for Dr. Shafi Quraishy

- *Assistant Professor of Medicine*, Liaquat Medical College, Jamshoro and Consultant Physician, Liaquat

Medical College Hospital. 10-06-78 to 04-08-79. Started Gastrointestinal Endoscopies for the first time in a public sector hospital of the Government of Sindh.

- *Assistant Professor of Medicine*, Dow Medical College & Civil Hospital, Karachi. 05-08-79 to 20-01-82. He continued with Gastrointestinal Endoscopies. He has one of the largest series of upper G.I. Endoscopies in Pakistan. Introduced E.R.C.P., dilatation, injection sclerotherapy, polypectomy and other therapeutic procedures on as required basis. Started an Intensive Care Unit in Medical Unit 4, Civil Hospital. This has led to the establishment of modern ICU's throughout Pakistan.
- *Associate Professor of Medicine*, Dow Medical College & Civil Hospital, Karachi, 21-01-82 to 26-08-86. Joined Sindh Government Lyari General Hospital
- *Professor of Medicine*, Dow Medical College & Civil Hospital, Karachi. 27-08-86. Youngest Professor of Medicine ever in the College/ Pakistan. Presented initial research from Pakistan on H.pylori infection Internationally. GI endoscopy. Introduced E.R.C.P. Examination on a regular basis in a public sector.
- *Principal*, Dow Medical College, Karachi, Civil Hospital, Karachi and Sindh Government Lyari General Hospital Karachi. 27-08-95 to 28-02-97 Youngest Principal ever of Dow Medical College.
- *Secretary, Health Department* Government of Sindh, Karachi. 03-97 to 10-98. Assassination attempt on life during service.
- *Honorary Senior Research Fellow*, Wolfson Unit, St. Mark's Hospital, Harrow, Middlesex 03-01-01 to 30.5.04. Gastroenterologist and Honorary Consultant in Teaching & Training, St Mark's Hospital, Harrow, 01.06.04 to date. Actively involved in teaching overseas and visiting UK doctors. Presently building a digitised video library. Future work will entail helping in setting guidelines for structured training in colonoscopy as well as a programme for assessing colonoscopists throughout the UK., also involved in seeing patient's in the out patient clinic (with help of course) and conducting medical ward rounds.

Dow Class of 1983

Silver Jubilee Project

Giving Back to Dow



New Lab for CHK

The class of 1983 is undertaking a class project under the Operation Giving back to the Alma Mater. Work on a new laboratory has been started under the able leadership of Dr. Mohammad Saeed Quraishy, Dr. Mohammad Nasar Qureshi and Dr. Shahid Naqvi. The New Lab is being built at the OLD ENT II theatre building, Civil Hospital Karachi. The cost of the project is \$500,000. The funds are being raised from donations from the classmates. More funds are needed. We thank those who have already donated and request others who have not sent their donations to please do so soon.

Please Donate Generously for the Silver Jubilee Project

Please send checks addressed to APPNA, under the heading memo please write Dow Class of 1983 Project and please mail your check to Shahid Naqvi, 1641 Willow Run Boulevard, Le Mars, IA 51031. The tax exempt certificate for the donations will be mailed to the donors.

Expected Project Inauguration is on
24/25 December, 2008

Class Reunion:

Sunday; December 28 2008
Sheraton Karachi

Project Coordinators:

Dr. M. Saeed Quraishy
Dr. Shahid Naqvi
Dr. Nasar Qureshi

Contact by Email: Nasqdogana@aol.com and snaqvi@frontiernet.net

Dogana Scholarship Fund



Sohail Khan MD

We (DSFC) proposed formation of Dogana Scholarship Fund under DOGANA and Award 20 scholarships every year - \$1000 each through the fund. Establish 501-3c status through APPNA so that contributions are tax deductible. Divide the scholarships into two categories.

Category (A)

10 - Scholarships for Children and spouses of deceased and incapacitated Dowites and for incapacitated Dowites or Dowites in dire financial need.

Category (B)

10 - Scholarships / Qersa e Hasna loans for dowites who may use the Awards for either USMLE or interview process for residency in USA

We proposed to have Friends of Dogana Scholarship Fund displayed on the website with Dogana Scholarship Fund, who may contribute \$50 per year, With 500 DOWITES members we can raise \$25000 / year as an ongoing contribution per year for the fund.

DSF Structure as Approved by DOGANA EC in April 2008

- 1) Name: Dogana Scholarship Fund (DSF)
- 2) Formation of 3 member committee, named Dogana Scholarship Fund Committee (DSFC) will be nominated by EC, and will have a three year term -which will oversee affairs of the fund
- 3) DSFC will always have one member from existing EC as appointed by EC, along with the President of DOGANA as member
- 4) DSFC will elect a chair, which may be rotated amongst the members and will last one year

5) Aim of the committee will be to help (financially) deserving candidates as set forth in the eligibility criteria, help deserving children, spouses and Alumni of DUHS and establishment of scholarships and loans

6) DSFC will make recommendations to EC/ ED (Executive Director of DOGANA) who will direct disbursement of funds directly in the bank account of the recipients under the auspices of the DOGANA/APPNA 501 3(c) structure

7) A committee will be appointed in Pakistan for selecting deserving candidates, and for disbursement of funds to the candidates

8) DSFC will report to Dogana Executive Committee and update the EC from time to time and whenever requested by EC and will seek guidance from EC

9) DSFC will formulate eligibility criteria for the scholarships and loans (Qersa e hesna) and will make recommendations for scholarships and loans (Qersa e Hesna) to the EC of DOGANA

10) DSFC will formulate its goals under guidance of EC

11) Friends of DOGANA will be established as a supporting platform for the DSF

12) The announcements of the scholarships will be made at the annual summer meeting.

DSF Eligibility criteria:

Category (A)

- a) 10 scholarships slots in Pakistan for children/spouses of deceased or incapacitated Dowites or in dire financial need.
- b) Each Scholarship \$1000 each.
- c) Each applicant will be sponsored by a Dowite and seconded by a Dowite.



Salma Agha MD



Mansoor Mehdj MD

- d) Sponsorship condition waived if DSFC and EC approve the applicant in case of special circumstances.
- e) Incapacitation defined as physical or mental inability to provide for the family as the primary breadwinner
- f) Dire financial status defined as below Pakistan's poverty line as defined by appropriate criteria
- If above poverty line but unable to meet the educational expenses due to extraneous circumstances.
 - Disabled bread winner of the family (latter must be a Dowite)
- g) The needy person/family must make a need's statement detailing the specific situation, which will be duly sponsored and seconded by Dowites. The Dowites, by doing so vouch for the veracity of the applicants' need.
- h) The applications will be closely coordinated by the staff at DOGANA Karachi office.
- i) The funds will be disbursed by the DOGANA Executive Director/ EC after approval of the application by the DSF and DOGANA EC.
- j) The applicant is required to maintain an average of B grade (or equivalent).
- k) The applicant is eligible to reapply next year for total of 4 years, as long as;
- Financial status remains unchanged.
 - Maintains B grade.

Category (B)

10 Scholarship slots / Qarz-e-Hasna Funds for Residency Interviews / travel or Residency slots

- a) Follow same application process and deadlines as above.
- b) Pledge to sponsor another candidate after the applicant finishes training as a pay back for the qarz-e-hasna.

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Fareeha J. Khan, MD, FACC

Dr. Khan completed her cardiovascular clinical fellowship at Washington Hospital Center after several years of research in cardiovascular disease done at the National Institutes of Health in Bethesda, Maryland. She completed her medical residency through Columbia University after graduating summa cum laude from Dow Medical College.

Dr. Khan is a board certified cardiologist who specializes in invasive and non-invasive cardiology. She is on staff at both Inova Fairfax Hospital and Fair Oaks Hospital. Dr. Khan is also an active member of the American Medical Association, The American College of Physicians, The American Medical Society, The American College of Cardiology, The Medical Society of Virginia, The American Society of Echocardiography, and The American Society of Nuclear Cardiology.

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Class Get-together December 2007 Karachi

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Dow Class of 1989

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Syed Owais
Khajista Talat
Mustafa Kamal Hashmi
Arshad Aqeel

Compliments from

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Mansoor Mohiuddin
Naveed Anjum Fazlani
Danish Saeed
Sajid and Sumera
Umair Anwar
Imran Musani
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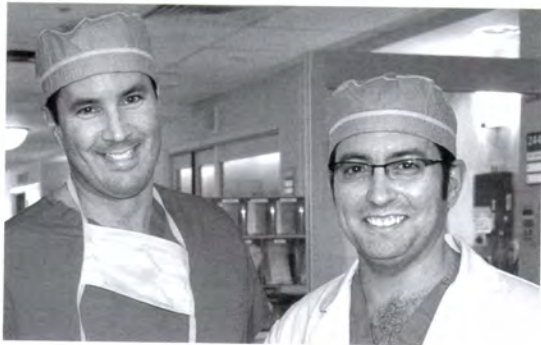
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A Book by Dow Graduate

"Hematological Issues in Gynecology & Obstetrics"

Sohail Khan, MD



Dr. Sohail Khan is a graduate of class of 1988. He is practicing Internal Medicine in IL. He specializes in Lipid Management. He has been a past DOGANA treasurer and secretary and has been very active in DOGANA.

It was a beautiful sunny afternoon in Karachi, on May 22, 2008, while sipping on *Falsa Ka Sharbat*, I, Dr. Humera Jamal and Dr. Ayesha went to Marriott's Karachi. The occasion was the launching ceremony of our classmate's new book titled, "*Hematological Issues in Gynecology & Obstetrics*".

We were glad to be at this very professional meeting, attended by more than 250 Dowites and other eminent members of Karachi medical community. It was specially exciting for us to learn that the book and the original work done by our classmate, Dr. Tahir Shamsi, Consultant Hematologist & Transplant Physician. The other author of the book was Dr. Nazli Hossain Associate Professor DUHS, Department of OBGYN.

At the meeting, Dr. Tahir Shamsi pointed out that 60 million pregnant women worldwide are anemic. The prevalence of iron deficiency and anemia in pregnancy varies among countries. Worldwide, the prevalence lies between 25 and 50 percent, reflecting race, socioeconomic factors, nutritional habits, medical care and the frequency of malaria and other parasitic illnesses. The prevalence of anemia during pregnancy in developing countries ranges between 35 and 75 percent. It is lower in developed countries, with estimates of 18 to 20 percent.



In countries like Pakistan, where Thalassemia is prevalent, carriers of these disorders who develop concomitant iron deficiency pose a difficult diagnostic and therapeutic challenge for obstetricians and hematologists to diagnose them early and correctly, and then take appropriate steps for prenatal diagnosis if needed. Conventional iron replacement in hemoglobinopathies results in sub-optimum response

About 5 to 8 percent of the Pakistani population carries the Thalassemia gene. This means up to 10 million people in the country have Thalassemia minor. When both parents have Thalassemia minor, there is a 25 percent chance that they are going to have a Thalassemia major child in each pregnancy. Prevention of Thalassemia requires that marriage of two carriers should be discouraged, those who are already married, must undergo chorionic villous biopsy at 12 weeks of pregnancy to detect if the fetus has Thalassemia major and offer termination of pregnancy.

Dr. Nazli Hossain spoke on bleeding disorders in women. These include menorrhagia and Von Willebrand's disease. Menorrhagia affects 18 million women globally; 20 percent of whom have underlying blood disorders, it is estimated that one percent of the Pakistani female population is suffering from Von Willebrand's disease and many present with post-partum hemorrhage.

Society of Obstetricians and Gynecologists of Pakistan President, Dr. Shershah Syed, said that the most dangerous drug available in the market is "blood." He spoke about his experience at a government hospital in district Nawabshah, and said that 80 percent of patients suffered from anemia. He pointed out that he had recently treated 17 patients in Mirwah, eight of whom were suffering from hepatitis on account of the blood products they received.

This book will certainly be an asset and it will be a great resource in educating and prompting further awareness in this very important area of healthcare in Pakistan. As I understand there are only a few reference books available in this area. If you are interested further to review this book you can contact the authors or publisher as follows:

Dr. Tahir Shamsi Tel: +92-21-4812902 Fax: +92-21-4812900, E-mail: tahir.shamsi@btihs.edu.pk
Publisher: CELP

M. Sohail Khan DMC88
Naperville Illinois

Are we Heading in the Right Direction

Tanveer Imam, MD



Dr. Tanveer Imam is a graduate of class of 1987. He is practicing Gastroenterology in PA. He is the chairman of Dow Social Forum Committee.

FOREIGN born physicians and scientist have played a pivotal role in placing the United States of America as the world leader in medicine, engineering, physics and other fields of science. More than half of all American Nobel laureates after 1990 are foreign born scientists. Cohort of refugee physicists inspired by Albert Einstein, pioneered work in nuclear science. Countless other scientists, with their enterprising research, have exalted the American economy. From discovery of Streptomycin, plastics and "Google" they have enriched our society and helped create new jobs.

While America has welcomed foreign students in their universities by subsidizing their education in physics, engineering, computers, medical sciences and other disciplines, thanks to our myopic immigration policies, thousands of bright, intelligent and innovative scientists are forced to leave the country and are not integrated in our work force. All this may be fair but in the face of chronic shortage of American born scientists, this policy seems dysfunctional.

Currently, foreign students hold 58% of postdoctoral positions in our universities and at the National Institute of Health the "citizens" occupy only 42% of clinical, research and postdoc fellowships. Due to the strict visa and immigration policy and due to heightened international competition and for the fact that there is dearth of American born scientists, there is a growing concern within academe and scientific circles, which foresee a threat to American domination. Microsoft's Bill Gates warned that American companies "face a severe shortfall of scientists and engineers with expertise to develop the next generation of breakthroughs."

This year alone, over 165,000 applications were filed for H-1B visas and half of them did not qualify. American corporations who are clamoring to pick up foreign students, especially those who are educated at U.S. universities are meeting obstacles in the visa process. In April, U.S. Citizenship and Immigration Services were so swamped that they stopped processing applications in just five days. A computer lottery than generated a list of recipients.

In the field of medicine, the situation is not much better. In Massachusetts the average time for a new patient to see a primary care physician is 52 days. A little under half of practices are not taking new patients. Physician recruitment in primary care and sub-specialties is getting tougher every year. International Medical Graduates have been an integral part of the American rural health care delivery. They have served in remote physician deprived areas, settling down in those communities and helping local economy.

The Washington Post in a recent editorial writes, "The truth is, America is feeblere place without a continuing and adequate flow of foreign-born brainpower. America's loss of foreign born experts translate directly into gains for China, India and other rapidly developing competitors".

The Congress needs to address the current immigration policy, as it is the American people who eventually will bear the loss. Not only do we need to liberalize immigration but also revise our curriculum and lower tuition so that we produce more American scientists who can keep America ahead of the game in years to come.



Notes From Across the Wall

By Syed Nadeem Ahsan, Dow Class 1989

...from the archives... this article was published in a campus publication in 1988. Written soon after the wall was erected to physically separate Dow Medical College from Civil Hospital Karachi, it describes life at Dow in the 80's - the banning of student unions, the frequent closures, Zia's Islamization of Pakistan, exam delays, etc. The names have been changed but the account is largely factual. The author is a 1989 graduate of Dow

Like most of his fellow sufferers, Dilber Dehalvi, our hero, was born in the early 60's, that fateful period when the "Pill" hit the scene (1960), Hemingway killed himself (1961), JFK was assassinated and Zeiss-Ikon introduced the first 35mm SLR with auto exposure (1963), the National Assembly approved the Presidential Election Bill that called for holding of elections on the basis of Basic Democracies -- to allow Ayub Khan to continue his illegal rule (1964) and the 17-day Indo-Pak war broke out in which East Pakistan was left undefended (1965). He knows of the days gone by, Dhyani Chand and Mohammad Ali, of Scarlett O'Hara and straight sex and wonders why his seventh reincarnation had to occur when it did. Dilber lives on, condemned but not reconciled, to witness the birth of a new brand of Islam where the man with a goatee and turban decrees that a man without a beard or a woman without a chadher is a lecherous heathen worthy of



Farah Naz Keshwani and Sadiya Ahsan (1987) in the parking lot. Circa 1985

hell in both worlds. Living in the days of such monstrosities as Michael Jackson, the blasphemous Madonna, AIDS, the Hudood Ordinance, the African famine, Zia ul Haq and the morbid fear of the mushroom cloud, Dilber dreams of better days.

Dilber remembers his initiation at Pow Wow Medical College. A fresh lot of intermediates troop in, ready for the interviews. They greet old friends from

school who've also made it. Dilber's surprised to see some of the clowns who now stand on the threshold of becoming potential healers. Hell why not, it's supposedly a free country with equal opportunity for all they say, even if some of the all happen to be advanced meatheads. The interviews are unusual in the sense that all that the interviewers are interested in inquiring from the interviewees are the pronouns by which they and their respective padres are known by.

First day in college. Dilber remembers the almost palpable excitement. The boys, in boisterous bands, attempt to make an early impression on everyone and some succeed in making utter chumps of themselves. Dilber watches, aloof but amused as the girls strut by, preening their feathers while the boys set about the task of compiling their lists of girls worth the bother. The criteria for selection though at times lewd, are interesting. Dilber recalls the instant admiration that is generated if a boy manages to strike it off with an attractive girl. And he remembers his first lecture. The whole pre-clinical teaching section welcomes this newly arrived batch of innocents and wastes little time in transforming the euphoria into boredom and eventual alarm as (what should have been) the class of 87, faces some of the teachers who would be imparting their time hallowed or rather age-worn bits of knowledge, of the basic medical sciences.

The first two years in college, though not entirely eventful, are none the less quite memorable. Dilber recalls the characters of the class as they slowly surface/evolve, like the "Wild Cape Buffalo", the Lizards major and minor, the Cows maximus and minimus, Thumbelina, the Scaffolding, the Horny Paleface, the A**hole, the Fags, the Iceberg, Smiley and Gulabo Maasi to name a few, some benign others positively abrasive but most quite entertaining.

Memories of grotesquely mutilated cadavers reeking of formalin and the man called Macabre-uddin, who along with his cronies sold all salvageable viscera to remorseless students, still send shudders down his spine as Dilber remembers the endless hours of meticulously trying to master human anatomy, spent, as he was to discover later, mostly in vain.

Class Get-Togethers arranged to alleviate the monotony of day to day existence are big social

events. Dilber remembers the "Crystalline Roundup" when everyone showed up in their most formal threads only to be subjected to the endless croak of class crooners. Class Picnics, going to the lovely beaches on the Arabian Sea coast, armed with live bands are innovative albeit anemic attempts by young people to enjoy themselves. The idea of a great time is for splendidly over-attired girls and boys to sit under the blazing sun in segregated bands and munch on greasy chow from paper boxes, while listening to some sordidly insipid sound emanating from the make-shift platform on which amateurish musicians blast out their own humorously contorted versions of popular tunes.

The First Prof Exams at PWMC are an experience Dilber will not forget in any degree of hurry. Midnight

revelations about what questions would be the next afternoon are a great help, not to mention the novel and at times

downright brilliant methods of

cheating that are widely subscribed. But the blatantly militaristic attitude of some of the examinees takes all the fun out of good honest to god cheating, by their unabashed intimidation of the invigilating staff, whose primary concern is to keep vigil over the safety of their own necks.

The results are announced, everyone's passed. Now comes the crucial moment in the life of every student of PWMC. The question of the hour is, who to make a clinical group with. Hilarious scenes are witnessed as boys go around, sheepishly inviting girls of their choice to join their respective clinical batches, who in turn, in the hope of landing more desirable boys keep everyone hanging in mid air till the last moment. The juggling and jostling goes on till the names are finally submitted, the end result leaving, in most cases, everything to be desired.

The students of PWMC are irrevocably divided into three factions, the leftist REDS, the ultra-rightist GREENS and the spineless

centrist YELLOWS who in spite of being in majority have been systematically battered into becoming a body of gutless and blind shrimp that can all be led to slither in any direction, and at times all six, by people who bear more than a passing resemblance to Orwell's Big Brother. It is in First year that Dilber hears about the much revered "Academic Council" for the first time, a gathering of eminent academicians who alone could do nothing and together could decide that nothing could be done about the sorry state of affairs prevalent at the so-called elite institution. All sorts of committees and sub-committees came into existence in PWMC, bringing to mind Blake's definition of one, quote, "the unready appointed by the unwilling to do the unnecessary". The Government, to suppress student participation in politics, bans student unions, a measure taken allegedly to bring order to the strife-torn educational institutions of Pakistan. The effects of this hopelessly retrogressive step become apparent immediately as students protest and the administration fails to run the show with any semblance of efficiency.

Its been six years already since Dilber joined PWMC and just having made it to final year he anticipates a good year before he can claim his degree. The reasons for the five year course being so painfully protracted need not be delved into, for fear of being tiresomely repetitive. Suffice it to say that the college was until recently, as ever, closed, this time, to allow the unhindered erection of the already infamous wall separating the college from the hospital. The idea behind this latest act of stupidity being that should another bomb explode in Karachi (and it



Dowites digging up turtle eggs at Sand Spit, circa 1986. L-R: Tariq (TC) Chundrigar, Inam Pal and Nadeem Ahsan.



A class-crooner in action, Circa 1983



In G Major: Cyrus (Guitarman) Mobbed with Junaid, Nadir and Zubair, Circa 1984



Placenta-fed fat cats on a patient bed at Gynae Unit III, CHK, Circa 1985.

(Continued on Page 28)

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Notes From Across the Wall

will if the president is to be trusted), the rulers may be able to have their publicity photos taken with the victims lying in the hospital without having to contend with the students who have made such hypocritical gestures very difficult to perform in the past.

Dilber Dehalvi, our hero and eternal optimist, believes that the rot can yet be halted. If only the men in power could get their heads unstuck from the sand and attempt to take the rampaging bull by the gonads, things might be different. The reduction in the number of seats in medical colleges and the beefing up of administrative power are attempts in the right direction, the results of which remain to be seen.



Everyone's Punjabi for the day. Circa 1985. Members of class of 1987 pose in front of the Anatomy Hall.



Much time for extracurricular activities at Dow in the 80s. Boat Club circa 1987. Victorious Dow crew after the regatta: Pheroze Tamboli (coxswain - right), Nadeem Ahsan (center).

So, Dilber sits by, twiddles his thumb and then some more, and remembers . . .

“ . . . so from hour to hour, we ripe and ripe,
And then from hour to hour, we rot and rot,
And thereby hangs a tale”.

Shakespeare, As You Like It.

continued from page 9

Dow Retreat 2008 Report

Sunday April 12, 2008:

On Sunday Morning, a scrumptious breakfast awaited the tired Dowites. Halwa Puri, Channa and Achaar were served to the early birds. The entire food arrangements for the retreat were done by Dr. Mohammad Aslam and as we all know good food is half the success of any good program and he deserves all the credit for keeping us smiling. Once breakfast was over, friends said good bye to each other and the program ended. In the end as our President said,

“As President of the DOGANA, I must confess that the meeting far exceeded our expectations. I again express gratitude to all the organizers and the participants who made this meeting a thumping success”.

With Compliments

From

Dr. Rashid Nayyar

CONSTITUTION AND BYLAWS COMMITTEE

M. Wajid Baig, MD, FACC



The present DOGANA Constitution and Bylaws have worked well for our association for the many years that they have been in existence. As our organization grew, the leadership felt that we needed to update this document. Updating a document as important as a Constitution is not an easy task.

This process has taken over two years, many late night teleconferences and hundreds of e-mails, multiple revisions and open discussions at several forums including the Annual meeting as well as retreats. This is a good sign. The revision process generated a lot of discussion and participation from dozens of thought leaders in the association. The draft document has been posted on the website and will be discussed at the General Body Meeting in Washington DC.

What the CABL committee is presenting is an "amendment" to the present document. When approved this shall replace the present Constitution and Bylaws. As our organization continues to grow and mature, there are provisions in the document which can help us in amending articles as necessary. It may be a cliché, but a Constitution is truly a "living document" which works allows any organization to grow and adjust as necessary. It took a lot of hard work from many people to get this document to the membership. I am sure I will forget several names if I attempt to thank them all. Please join me in thanking all the committee members as well as other members who participated in this process.

DOW SOCIAL FORUM COMMITTEE

Tanveer Imam, MD



The "Social Forum" of DOGANA has become an iconic program of our annual summer meeting. Keeping up with the tradition of our past programs, "Social Forum 2008" is expected to be a stimulating and educational discussion for its participants. This year we will proudly host this program in conjunction with Allama Iqbal Medical College Alumni Association (AIMCAANA).

The topic of discussion is "U.S.-Pakistan ties: Friends or foes?" The luminaries expected to grace the program as discussants are Munir A. Malik, former President of Pakistan Supreme Court Bar Association, Hussain Haqqani, Pakistani Ambassador to the U.S.A., Talat Hussain, Executive Director of news and current affairs AAJ Television, and Lisa Curtis, Senior Research Fellow at the Heritage Foundation. Dr. Kamran Asdar Ali (Dowite 1987) who is an Associate Professor of Anthropology and Middle Eastern Studies at University of Texas, Austin, will moderate the program.

I am thankful to Drs. Nasar Qureshi and Babar Cheema and members of executive council of DOGANA and AIMCAANA, for their patronage and guidance. The members of social committee, which includes Syed Amir Raza, Co-chair of social forum committee, Hussain Haidri, Jamil Farooqui and Junaid Syed for their untiring efforts in arranging the program. I am also thankful to Dr. Zafar Iqbal without whom the arrangements would not have been possible.

PUBLICATION COMMITTEE

Rizwan A. Karatela, MD, FACC



2008 has been a dynamic year for the print and online interaction among Dowites. With the pioneering role in web presence of Dow alumni, the progress continues and now our imprint is in electronic medium. The diligent work of the publication committee is evident in the new electronic medium, again the first by Dow, the PDF magazine, *Dowlite International*, a revival of the old Dow tradition. In the print medium, Dow Link, summer issue is your hands.

For an organization, the effective communication medium is the key to success. We are happy that more Dowites are embracing the technology, using the internet and emails. This has allowed us to effectively use electronic medium. We feel that the success of publication, print or electronic, will depend on the availability of materials contributed by fellow Dowites. We believe that there is no dearth of talented Dowites who can write well. We ask all who write and who can contribute in any other way to help. Our next Dowlite International and Dow link Issues await your participation. Please email your articles, photos, news items and material to us.

Each member of the publication committees has worked hard to acquire and compile the material for it to be published. I am greatly thankful, to Shamim Ahmed, Tanveer Imam, Shehzad Saeed and Nasir Shahab. It has been a very rewarding team work and hopefully we will be able to produce more in the coming months. Please keep visiting DowAlumni • Com

COMMUNICATION COMMITTEE

Nasir Shahab, MD



After many months of planning and testing we are pleased to announce the launching of the Dow Alumni website. It has been re-designed and revamped to include common tools available for networking and better interaction. This will ensure better experience.

As you will notice, the website has both secured and unsecured sections. In order to enter the secured area, log in ID and password is required. Those who are members of DOGANA and those non members whose emails are with the DOGANA will receive an email from the admin of the website with their user ID and password. All other Dowites can go to the registration section and fill in the application form and choose their own ID and password. Please note that once the ID has been issued it cannot be changed; however the password can be changed online anytime. The updating of the website is a continuing process. If you have suggestions to improve any area of the website, please do send us an email. Remember, this is your own website. You own it. Please browse and participate actively. We want all Dow graduates, irrespective of their country of residence, to fill in the data bases section in order to carry forward the dream of WADA. By your cooperation we can make DowAlumni.com a web of all Dowites. We are thankful to Rizwan Karatela who throughout this project has provided with his immensely valuable and practical expert opinion. Without him we would still be struggling. Also we are very grateful to Munira Ajmal, the web developer from Mufice.com who made it possible for DowAlumni to have a very professional web home.

Now that the website is active, please visit it every day and let us know your thoughts. All comments whether positive and negative will be appreciated. Pass the news to your own class lists and other Dowites. The website is DowAlumni • Com

MESSAGE FROM HOST COMMITTEE CHAIR SUMMER MEETING 2008

by Talha Siddiqui, MD



Dear Dowites:

Welcome to the DOGANA Summer meeting 2008 at Marriott Wardman Park in Washington, DC. As Chair of the Host Committee I feel immense delight for hosting this stimulating event for the Dowites.

As an Alumnus which is continuously increasing in numbers it is heartening to discern the participation of junior physicians in administrative and advisory roles.

I would like to thank my team consisting of Dowites from almost every class of DOW.

They have supported me and helped me in times of distress and overwork. I would particularly like to thank Dr. Anwar Masood, Dr. Mansoor Mohiuddin, Dr. Rashid Nayyar, Dr. Nasar Farid Khan, Dr. Fareeha Khan, Rizwan Ali and Dr. Sohail Qarni for their inestimable contribution towards this meeting. I am indebted also to Dr. Rizwan Karatela for his advice and encouragement.

Our Quaid, Muhammed Ali Jinnah tried to inspire Unity, Faith and Discipline in us. We all have our faiths and we follow them willfully or blindly. We all are disciplined and that is why we are successful physicians. The only element lacking is Unity, Unity and Unity. Remember the "fist" of Liaquat Ali Khan? This is what we require to surpass other individuals and communities in the field of politics, social welfare and education. Dowites have enormous aptitude to become leaders in whatever turf they select. If we can be Program Directors, Chief Residents and Medical Directors, why not lead our organization with the same dynamism and fervor.

In the end, I would really like to thank Dr. Farrukh Hashmi, Dr. Nasar Quereshi, Dr. Muslim Jami and the Executive Council which entrusted me with this valuable opportunity to serve Dow and Dowites.

Long live Dow and Dowites!

Talha Siddiqui

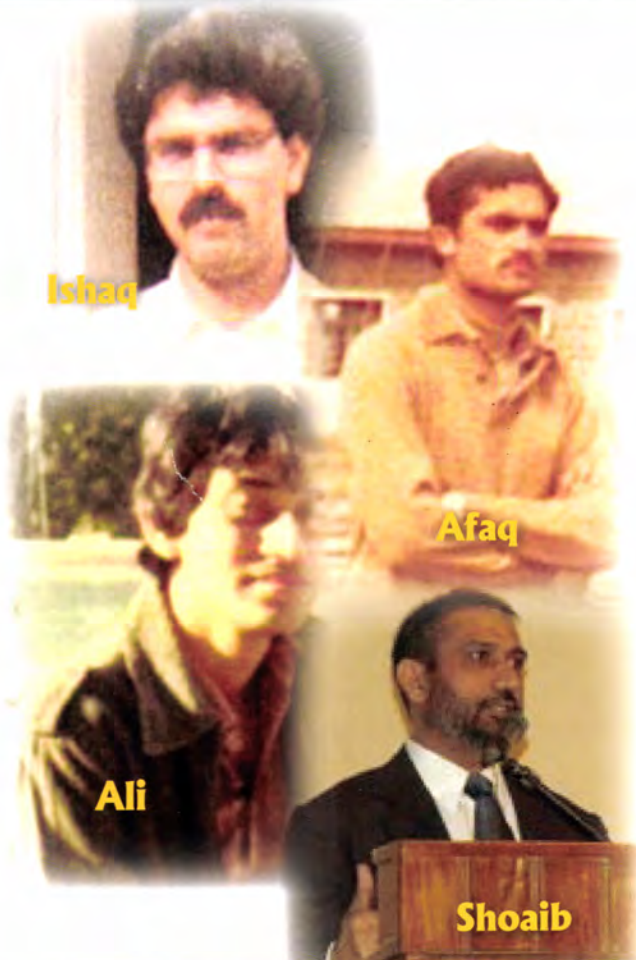
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The pessimistic analysis carried weight in part because of Dow's own past experience in dealing with comparable problems. He was an old Indian hand. After a career in the Indian Civil Service, he had arrived in Palestine in the spring of 1948 only to see repeated, in his view, the worst of the tragedy of the partition of India. After Bernadotte's assassination he made one particularly revealing remark about the Arab reaction. That was at a time when the newspapers throughout the world had emphasized the abomination of Jewish terrorism. According to Dow's reading of Arab opinion, the Arabs had much better grounds than [the] Jews for desiring elimination of [the] Mediator'—Bernadotte after all had accepted the existence of the Jewish state. The comment served as a reminder that the British were still attempting to reconcile two equally extreme forces."

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Compliments from Dow Class of 1985



In the memory
of our class
fellows

Dr Shoaib Tauheed

Dr. Ishaq Bawa

Dr. Afaq M. Butt

Dr. Ali Ahmed

Adopted from Shakespeare

Their lives were gentle; and the elements
So mixed in them, that Nature might stand up,
And say to all the world,

THESE WERE THE MEN!

Association of Pakistani Physicians Of North America



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