



The DOW Link

Dow Graduate Association of North America
www.DowAlumni.com

Volume 1 • Number 2 • November 2013

PRESIDENT

Sajid M. Zafar, MD
St. Louis, MO
sajidzafar@yahoo.com

SECRETARY

Samira Zoberi, MD
Minneapolis, MN
szoberi@comcast.net

TREASURER

Adil J Akhtar, MD
Detroit, MI
adilalmas@yahoo.com

PRESIDENT ELECT

M. Azim Qureshi, MD
Hershey, PA
qureshi1963@gmail.com

PAST PRESIDENT

Talha Siddiqui, MD
Reston, VA
talsid1963@gmail.com

EXECUTIVE DIRECTOR

S. Mansoor Abidi, MD
Toledo, OH
mansoor64@gmail.com

COUNCILORS

Asif Mohiuddin, MD
Orlando, FL
asif@tummydoctor.com

Amir Jamal, MD
Los Angeles, CA
miskinza@aol.com

Habib Khan, MD
Gilbert, AZ
khangueh64@gmail.com

Syed Faisal Jafri, MD
Kansas City, MO
sjafri@yahoo.com

Danish Saeed, MD
Palmerton, PA
danishsaeed65@hotmail.com

Deeba Sayed, MD
Madison, WI
deebansyed@gmail.com

Hussain Haideri, MD
Kansas City, MO
haideri@att.net

M. Razi Sayeed, MD
Brampton, ON (Canada)
razisayeed@yahoo.ca

PRESIDENT'S MESSAGE

Dear Fellow Dowites,

Dee Hock once said, "An organization, no matter how well designed, is only as good as the people who live and work in it." I believe we are all very blessed to be part of the great organization that is DOGANA. I would like to take this opportunity to thank my fellow DOWITES for giving me the honor of serving as President of this fine organization.

2013 has been an exciting as well as challenging year for me. I am both thankful and appreciative to have such a competent central council, who never fail to treat this organization with the utmost sincerity. In the first few months of my Presidency, we started to plan for our spring retreat. I was fortunate enough to have Dr. Shagufta Naqvi serve as the host committee chairperson, the end result being one of the best, most profitable, and most attended Spring retreats in the history of DOGANA. Our summer meeting was also a success, under the leadership of Dr. Asif Mohiuddin, who arranged a very well organized meeting in Orlando.

DOGANA continues to show its sincere commitment to DUHS. Communication remains open between DOGANA and DUHS. Dr. Ali Imran Musani, who leads the visiting faculty committee of DOGANA, recently was able to put on the first ever hands-on GI workshop at Civil Hospital Karachi. The program was well attended and attracted great interest for future seminars of this nature. By the end of the year, we are planning to have a very comprehensive multidisciplinary program in Pakistan.

As always, DOGANA remains committed toward the cause of aiding medical students and young graduates. We have continued our support of the APPNA House in Detroit and continue to help the medical students and graduates during every aspect of their search for residency, such as opportunities for observer ship/externship, getting interviews, etc. DOGANA has kept its tradition of granting scholarship to the medical students of DUHS with the highest GPAs. One of our major achievements this year was starting the DOGANA Loan Program for those deserving medical students and graduates who are in need of financial assistance. This loan committee was created under leadership of Dr. Faisal Jafri.

Another great achievement this year was getting our 501-3c status approved. Not only will this change our functionality, but increase our charitable work. I would like to take this opportunity to thank our board of trustees as well as our general membership for their continued support of the organization. In closing, I will leave you with a quote from Vince Lombardi: "The achievements of an organization are the results of the combined effort of each individual."

Long Live DOW
Long Live DOGANA

Sajid Zafar, MD
President DOGANA 2013



DOW GRADUATE ASSOCIATION OF NORTH AMERICA WINTER MEETING

On December 30th 2013.
at
DOW MEDICAL COLLEGE

President: Dr. Sajid Zafar
Please see inside for detail.



PUBLICATION COMMITTEE

EDITOR

Tariq J. Alam, MD

CO-EDITOR

M. Amjad Ali, MD

PUBLICATION COMMITTEE

Naseem Shekhani, MD, Chairman

ARTICLE SUBMISSION

DOGANA publishes quarterly newsletters. We encourage all Dowites to please submit their articles for the publication throughout the year. We are also seeking class news, meeting information or any news that you would like to share with other Dowites. Articles to be submitted by email to linking-dow@gmail.com, in Word document, or plain email format will be acceptable. The Editor reserves the right to edit all the submitted material.

FOR ADVERTISEMENTS

For advertisement rates, submission and schedule please email linking-dow@gmail.com

DISCLAIMER

DowLink is a Quarterly Newsletter, a publication of Dow Graduate Association of North America. The newsletter is dedicated to providing useful information to the members and the readers in general. The views expressed are those of the authors and do not necessarily represent the official position of either the editor or the association.

CORRESPONDENCE

Naseem A. Shekhani, MD
2325 Dougherty Ferry Rd, #203
St. Louis, MO 63122
Tel: (314) 822-2491
Website: www.dowlumni.com

Issue November 2013

Democratic traditions are healthy and participatory. It allows individuals to voice their preference based on issues at hand. It leads to competition and opening of new ideas. When put to work, ideas that are the collective wisdom and the will of an organization can do wonders for future growth, vision and expansion. DOGANA is a Pakistani alumni association that upholds the value of democracy. In spite the fact that we all went to the same medical college and trained under same teachers, our collective individuality brings diversity to the organization. The exchange of knowledge and brainstorming keeps the organization going and makes it adapt to the ever changing world.

However, when elections are over and the will of the electorate has spoken, then comes a time when reconciliation and brotherhood should prevail. After all we share the same common goal; betterment of Dow. Our approach may be different but as long as the ultimate goal is the same, that should be a strong unifying factor.

As another year comes to a close, it is time for reflection. To reflect what was done, what could have been done and what could have been done better. With an organization as diverse as DOGANA, with members spread over 51 states, DOGANA remains a challenging organization to run. Nonetheless, we have still maintained close connection amongst our members and with the parent institute in Karachi. DOGANA meetings are well attended and by far we still remain that largest alumni within the ranks of APPNA. This by itself is no small task to oversee and manage.

While the issue of young physicians has taken a strong direction and DOGANA advocacy has achieved wonders for our graduates in terms of visa and interviews recently, a critical step that still remains to be resolved is communications and digital presence of DOGANA. It is imperative that the new central council take steps to simplify the DOGANA website and make it user friendly. It is critical that the digital presence of DOGANA fosters healthy communication and exchange of knowledge between members and it is critical that established norms, rules and regulations are adhered too.

In the digital age while magazines and brochures may still have a role, it is the online presence that is going to make a difference. Online communication should also focus on the needs of the alumni. Dow graduates still have to struggle to get documents verified and transcripts certified. There should be a mechanism in collaboration with the administration at Dow to make the whole process easy and simple. The administration at DMC should partner with DOGANA and fulfill its commitment to the alumni members. This should be pursued with a long term goal in mind. An alumni that can easily get its genuine needs met can be the biggest contributor to Dow endowment. Institutions flourish with the goodwill and reputation of its accomplished alumni as well as alumni gifts for the parent institution. Alumni activities and initiatives by the Dow administration should be planned and executed with this goal in mind.

Lastly, as the year comes to an end and a new and an enthusiastic team is ready to take over the reins of DOGANA, let us reaffirm our pledge to work in unison for the betterment and upliftment of Dow. Let us reaffirm to help our younger graduates who are struggling to build their careers. Let us reaffirm to give back a little to our institution and our mother homeland. Our contributions that we make today, will be remembered as our legacy tomorrow. Let our coming generations read one day that their forefathers came together in a moment of hope and contribution and chose to make a lasting difference.

I wish you and your families, a very happy, healthy and a prosperous new year.

Long live DOW! Long live DOGANA!

Tariq Jawaid Alam, MD
DMC 2005
Editor-in-Chief



DOGANA was established to serve the fellow Dowites and to support academic, philanthropic and social activities of the alma mater. Over several years, the number of Dowites has increased tremendously in North America. There is a sense of collective responsibility among Dowites and that they want to reciprocate by generously assisting the young fellow Dowites. The aim is to prevent hardship for the young physicians, which the senior confronted when they arrived in United States. Until 2000 Dow Medical College charged nominal tuition fee from the students, which was negligible. Time has now changed. DUHS charges a considerable amount of annual fee from the students, and fee is increasing gradually while currently, as the country economic situation is getting steadily worse. The middle class is receding from social structure. Majority of students of Dow Medical College belong to the middle class and furnishing huge amount of annual fees are distress for the middle class families, particularly when they have more than one brilliant student studying at Dow or any other professional college.

DOGANA leadership in 2011 resolutely decided to support young and the brightest students of Dow Medical College. The first year of this entire process was full of tortuous and mind boggling experience. However, we learnt from our experiences. With the fresh leadership in 2012, DOGANA with the slogan of "Caring for the YOUNG PHYSICIAN" braced the scholarship program until it was successfully completed in that year. The leadership of DOGANA in 2012 made the Young physician issue consilio meditates of its annual charter. The scholarship program was radically mended after incessant brainstorming and discussion regarding logistics and financial support structure.

DOGANA involved DUHS administration and negotiated MOU, and finally a Memorandum Of Understanding (MOU) was signed between DUHS and DOGANA.

Following are the salient points of MOU:

DOGANA shall award 10 scholarships each year to the forth coming final year batch of Dow University of Health Sciences students on merit basis.

The merit shall be calculated as per GPA (cumulative GPA) until the 7th semester exam results of that batch.

List of names and addresses of the nominated candidates as provided by Controller of Examination shall be forwarded to Principal, Dow medical College to DOGANA within six weeks of announcement of 7th semester results.

Amount of each scholarship shall be equivalent to one-year tuition fee of open merit student.

Scholarship will only be awarded in final year.

DOGANA shall forward the list of all candidates along with the cumulative check in the name of Dow university of Health Sciences to the Director of Finance DUHS. The Donor/DOGANA will also inform the scholarship recipient

individually, Director of Finance will make an individual check. The check will be disbursed to the recipients personally by the official of DOGANA at the Winter Meeting. DOGANA must inform DUHS Finance department one month in advance of winter meeting. The first scholarship was awarded to the student of DUHS at the winter meeting of 2012. The meeting was well attended in Arag Auditorium at DMC. DOGANA received positive feedback from DMC students, teachers and faculty about the program. Now, DOGANA scholarship program is a permanent feature of DOGANA activities.

DOGANA is profoundly obligated to Vice Chancellor Prof. Masood H. Khan and Principal of DMC Prof. Juanid Ashraf for their relentless support for the scholarship program.



SUPPORT

LOW

ENDOWMENT

www.dowendow.com

SUPPORT

DOW SCHOLARSHIP PROGRAM

for

Dow Medical College Students.



By: Talha Siddiqui



Dear Fellow Dowites,

Election and Nomination Committee 2013 was entrusted with the responsibility of conducting the DOGANA elections 2013. For this purpose the Committee initially met on August 25th, 2013 to



initiate the nomination process and FOLLOW guidelines as per the CABLE.

The Committee unanimously approved the following dates in accordance with the CABLE. Nomination Request: Process to begin from September 2nd and end on September 8th, 2013.

Verification of Nomination and Fee:

Last date September 22nd, 2013.

Slate Presentation to the CC:

1st week of October, 2012

Mailing of Ballots:

10th October 2013

Last date for Duplicate Ballot:

22nd October, 2013

Voting ends; 15th November, 2013

The Committee met again via teleconference on September 10, 2013 and decided that verification and fees should be collected from the candidates. Once the due process is completed, the committee will inform the CC. The Committee received only one nomination for each of the council positions. These names, their primary and secondary nominators and their membership duration and status are verified by the Chair Membership and Ex. Director.

In its final meeting today, Committee is pleased to present the slate to the CC. All positions are UNOPPOSED

President Elect:	Asif Mohiuddin, MD	D 1989-1
General Secretary:	Danish Saeed, MD	D 1989-2
Treasurer:	Faisal Jafri, MD	D 1990



Asif Mohiuddin, MD
President-elect



Danish Saeed, MD
Sec-elect



Faisal Jafri, MD
Treasurer-elect

Councilors:

East:	Kanwal Awan, MD	D 2001
Central:	Shagufta Naqvi, MD	D 1992
Mountain:	Mashood Qadri, MD	D 1992
Pacific:	Aamir Jamal, MD	D 1989-1
Canada:	Razi Sayeed, MD	D 1990

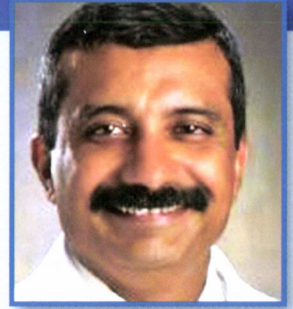
Councilor @ Large:

Deeba Syed	D 1989-1
Husain Haideri, MD	D 1990
Irfan Aslam, MD	D 1992

Since there were only one nomination for each post, elections will not be held this year.

Thanking You,

Talha Siddiqui, MD
Chair E and N 2013
Azfar Malik, MD, Chair BOT 2013
Raheel Rashid Khan, MD Member 2013
Advisor: Tanveer M Imam, MD
Syed Mansoor Abidi, MD Ex. Director DOGANA



It has been an honor to serve as the treasurer of DOGANA this year. I had the privilege of working with a team of dedicated people who has extremely worked hard to make this a successful year.

Financially this has been a great year due to well-organized and well-attended meetings. The spring meeting, held in Houston, was specially a financial success, as record amount of funds was raised due to efforts of the host committee.

As the year comes to a close, DOGANA is in great financial health. Our savings account has stable amount to ensure long-term financial stability. This year we have raised enough funds to not only run the day to day operations, but we are able to continue to sponsor scholarships for the deserving students at the Dow University of Health Sciences, fund DOGANA house for the Dow graduate looking for temporary housing, create a loan program for the Dow graduates in need to apply for residency positions.

Insha'Allah at the end of the year after we have fulfilled all of our obligations we will be able to leave substantial funds for the next year.

Adil Jamal Akhtar, MD

Treasurer DOGANA 2013.

DOGANA *Winter Meeting* 2013

Dec. 30th, 2013 at

Dow University of Health Sciences.

Chair : Naseem Shekhani, MD

Co- Chair: Hamid Manzoor, MBBS



Dow University of Health Sciences

Program of Meeting

- 10 AM DOGANA delegates meeting with the DUHS VC and Principal.
- 11 AM Presentation regarding Residency training in USA. Pearls for application and interviewing process Dr. Asim Shah, MD. Chief of Psychiatry at Baylor College of Medicine.
- 11:45 AM Q&A
- 12 PM Scholarship distribution to DUHS Graduates
- 1:0 PM Lunch at DUHS.
- 2-4 PM Hands on Seminar at CHK Topics to be determined
- 7:30 PM Dinner at local Hotel and Entertainment Program.



Class of 1989-2



Congressman Al Green

One of DOGANA's very proud traditions is to have a spring retreat. This is the occasion where Dowites socialize with each other as well as do brain storming for the betterment of our Alma Mater. This year's spring retreat was held at Marriott hotel in Sugarland, Texas. This was one of the most organized spring retreats ever. I give the credit to Dr. Shagufta Naqvi and her team for organizing this event. It was one of the most attended meetings in the history of DOGANA. The meeting was a 3-day event starting on March 21st and ending on March 24th.

This was a comprehensive retreat with a robust CME program, chaired by Dr. Farida Abid in collaboration with Dr. Shehzad Saeed. The other highlight of the meeting was young physician forum under leadership of Dr. Tariq Alam and Dr. Zaffar Iqbal, which focused on the needs and issues pertaining to medical students and young graduates. We also had a very well attended APPNA Presidential debate moderated by veteran Dowites. In entertainment we had a great Mushaira, an excellent fashion show as well as first ever DOGANA idol where the Dowites showed their musical talent. We also had few class reunions, the largest was class of 89-2 batch reunion where about 30 class fellows had a luncheon and planned for their Silver Jubilee class project.

On main Banquet night we had award distribution to the host committee and the organizers, as well as a presentation by our chief guest Dr. Shershah Syed regarding the under privilege women of Pakistan. President of APPNA Dr. Javed Suleman was also present. We also had a speech by Congressman Mr. Al Green, who appreciated the work done by Pakistani Physicians in the United States. The evening concluded with a great musical evening where a famous Pakistani singer Fakhir showed his talent and rocked the crowd.

In the end I would say that this was one of the most profitable meeting we ever had and would like to congratulate the host committee and the Dowites who supported this meeting. I was overwhelmed by the generousities of the Dowites for this meeting. I would like to take this opportunity to extend an invitation for our next spring retreat in Philadelphia on Memorial Day weekend of 2014.



Dr. Shershah Syed presenting award to Dr. Aslam Loya



Spring 2013 Retreat Host Committee



Dr. Sajid Zafar
President DOGANA



Dr. Shaguffa Naqvi
Chair Host Committee



Entertainment by
Faakhir Mahmood



Class of 1989-2 with Host Committee members



Guest with Chair Host Committee



Traditional Boys Club of DOGANA, almost there in every Retreat and always have fun no matter what?

This committee's fun start at Mid Night.

An Alternate entertainment team, after Mid Night at DOGANA Spring retreat 2013.



Dr. Shersyah Syed presenting award to Dr. Sara Mahmood



Traditional Bhangra at the end at Dow Retreat.



Sajid Zafar and Shahbaz Malik engulf in Bhangra



Dr. Shahid Hasnain conducting DOGANA Idol.



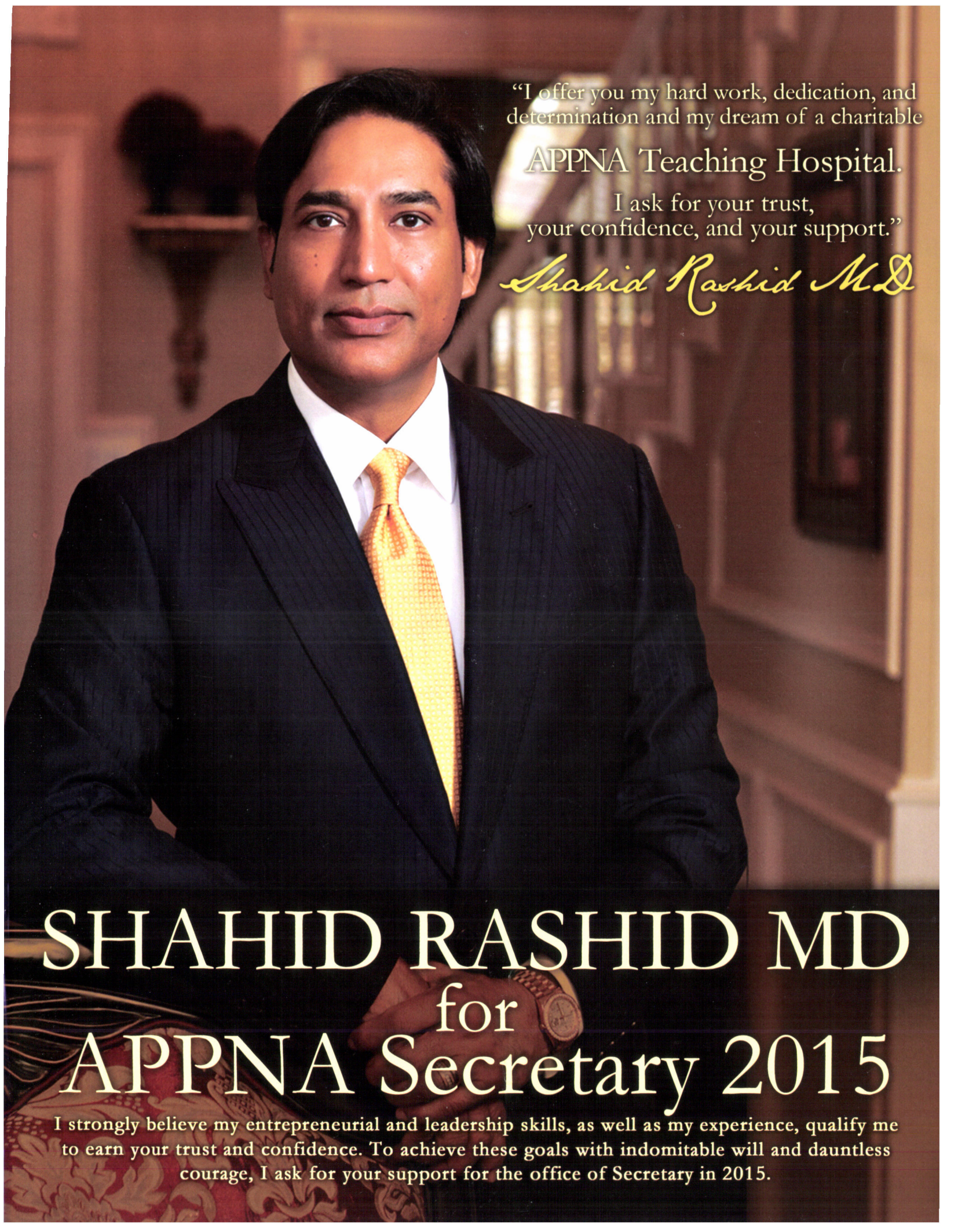
DOGANA presenting award to Congressman Al Green of Texas.



Class of 1988



Dr. Asif Rehman, President 2014 and Dr. Mubasher Rana, President 2015 with Dowites.

A professional portrait of Shahid Rashid MD, a man with dark hair, wearing a dark pinstriped suit jacket, a white dress shirt, and a yellow patterned tie. He is standing in a room with bookshelves in the background. The lighting is warm and focused on him.

“I offer you my hard work, dedication, and determination and my dream of a charitable

APPNA Teaching Hospital.

I ask for your trust,
your confidence, and your support.”

Shahid Rashid MD

SHAHID RASHID MD
for
APPNA Secretary 2015

I strongly believe my entrepreneurial and leadership skills, as well as my experience, qualify me to earn your trust and confidence. To achieve these goals with indomitable will and dauntless courage, I ask for your support for the office of Secretary in 2015.



Summer Meeting Report.

July 2013, Orlando Florida.

We had our summer meeting during APPNA's summer convention at Rosen Shingle Creek hotel in Orlando, Florida. I would like to thank and appreciate Dr. Asif Mohiyuddin for organizing that event for us.

As you all know that DOGANA is the largest Alumni organization of APPNA. We had about 600 people attending our main Banquet held on July 5th. The chief guest was Dr. Ghaffar Billo a famous Dowite and pediatrician from Karachi. He gave a presentation as well as gave awards to Dowites. This year the life time achievement award was presented to Dr. Naseem Shekhani (D 82) for his relentless and selfless work for the organization as well as his charity work under umbrella of National health forum. The Presidential award for academic excellence was presented to Dr. Ali Imran Musani (D 89-2) for his academic achievement in

the field of interventional Pulmonology.

Over all the ambience of this meeting was casual, Dowites had a great time among old friends. The class of 1988 held their silver jubilee reunion and more then one hundred graduates of 1988 got together. There were also few other smaller reunions of other classes were held at the hotel. DOGANA had a meeting with board of trustees (BOT) of DOGANA, where organizational matter was discussed. We also had a meeting with Endow and a memorandum of understanding (MOU) was signed for future working relationship between DOGANA and Endow.

I would like to conclude by thanking Dowites for attending our summer meeting and making it a success. I look forward to see them again at the 2014 summer meeting in Washington DC.

Sajid Zafar, MD.

President DOGANA



DOGANA President and Secretary welcoming Chief Guest Prof. Ghaffar Biloo



Dr. Ali Imran Musani receiving Presidential Award of Academic Excellence 2013



Professor Ghaffar Biloo



Ladies from Class of 1989-2



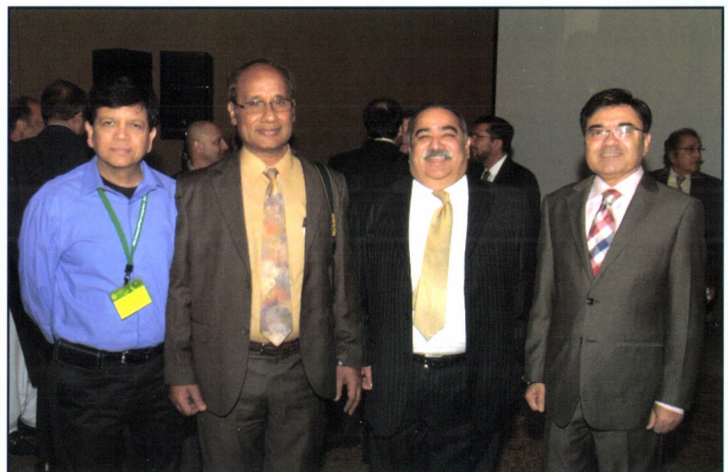
DOGANA Central Council 2013



Class of 77



Class of 84



Dr. Ahsan Rashid, President Endow with class fellows



Class of 86



Class of 85



Class of 88



Class of 83



DOGANA past, present and future.



Dr. and Mrs. Yawar Nancy and Imdad Yusufaly



Newly Elected APPNA Treasurer, Dr. Shahid Rashid with Class fellows



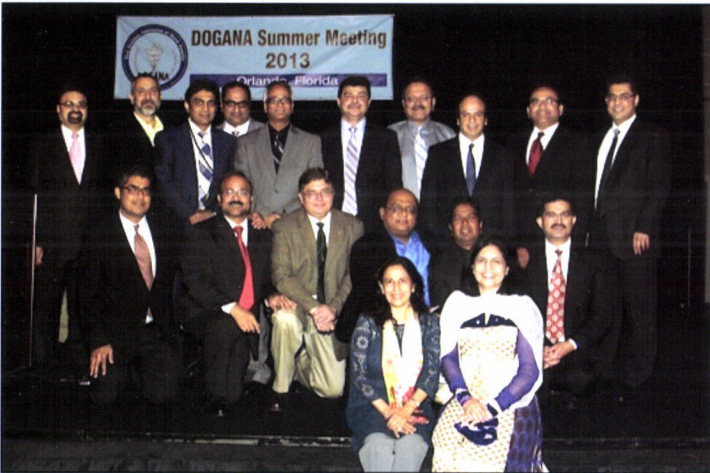
Sajid Zafar, Ali Musani and Suhail Anwer



Class of 89-2



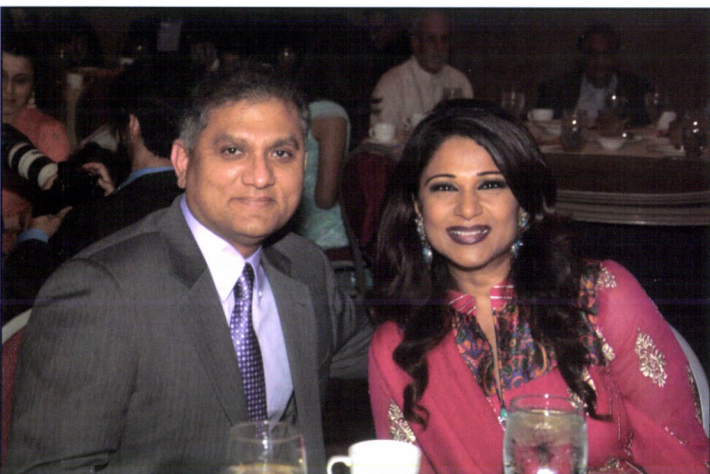
Class of 88



Class of 89-1



Class of 91



Dr. and Mrs. Shahid Malik



Class of 90



The inevitable part of life is death. Worldwide the unfortunate and most difficult task for a physician is the bearing of bad news to terminally ill patients as well as their families. Often times patients diagnosed with an illness that will result in death without the possibility of cure are left unaware of the inevitable outcome they face until the end is rapidly looming. This lack of knowledge and awareness leaves families with many unanswered questions, increased emptiness and sadness, a deeper feeling of loss, and a greater amount of anger towards others. An ever-increasing knowledge and trend towards end of life care is occurring.

There is a growing understanding of the differentiation between palliative care and hospice care. Palliative care provides comfort, support, and caring to those facing a serious illness with an inevitable outcome of death while allowing for continuation of life sustaining treatment. Palliative care does not carry a time limit to the services provided to patients such as Hospice does. The enrollment should take place early in the disease process to provide better outcomes for patients. There is an ever-increasing utilization of palliative care services as over 60% of hospitals in the U.S. provide palliative care services with a specialized multidisciplinary team.

The overall goal of palliative care allows patients physical relief from symptoms of their disease state, psychosocial support, and spiritual support. Palliative care dates back to 1905 and was inclusive under hospice care until the 1980s. By the 1980s this differentiation between the two types of care came to be known and finally acknowledged. Some questions come to mind regarding the use of palliative care, including when is the best time to implement palliative care, how should this subject be approached, and what services and care can be provided to the patient that isn't being provided already.

Palliative care when initiated early can provide life for 2.7 months longer than those who do not enroll early, or at all. A decrease in the amount of depressive symptoms and an improved quality of life is observed in those patients under care of palliative services. When contemplating initiation of palliative care the physician should approach this subject in the most of gentle of manner with a full extent of information regarding the prognosis of the patient's disease and the goal of palliative care. Families should be included and the patient's wishes be heard within the discussion. A focus of the patient specific and full array of services should be the focus.

One of the greatest barriers to end of life care is lack of knowledge

of the physician regarding palliative care. Most often the association of the dying and palliative care is in the direction of Oncology. However, many other illnesses can allow the patients to enter under palliative care services for support during their illness including heart disease, stroke, diabetes, renal disease, Parkinson's disease, and Alzheimer's disease.

Often people fear death, the unknown, and leaving behind their family or loved ones. Palliative care can help service patients and their families to ease these fears and concerns. When asked 70% of Americans prefer to die in their own home. Over 60% of Medicare costs are attributed to people with 4 or more chronic conditions, those who would be candidates for palliative care. A significant amount of dollars is attributed to hospitalizations of those who have life ending chronic conditions. The overall savings to the healthcare system allows for more support of palliative care services prior to the end of life, an estimated 6 billion dollars annually.

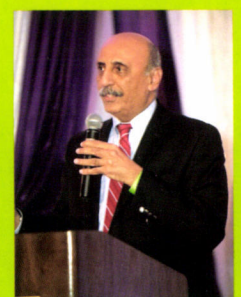
Palliative care in Pakistan is underutilized due to many contributing factors. Approximately seventy percent of the population lives in rural areas. This presents as a significant barrier to seeking palliative care services. A majority of patients who encounter terminal illnesses in Pakistan endure the last days of their life pain due to the lack of palliative care services. Some of the barriers to palliative care include lack of medications readily available for use in the management of pain, lack of governmental support, very few available facilities, a rapidly increasing amount of patients in need, and the lack of training of healthcare providers.

The change in trend to the increasing use and support of palliative care services can only take place with education and openness to the concept of Palliative Care. This seems to be a good meeting point for both patients and physicians. This allows the ability to maintain life sustaining treatment with the support, care, and guidance of the palliative care team. When discussing end of life care with patients it is crucial to specify the goals of palliative care and provide the differentiation between the two types of end of life care while being patient specific.

ABOUT THE AUTHOR: Dr. M Amjad Ali is a Dow graduate of 1985 and Amjad Ali is a practicing Board certified Hematologist and Oncologist in Missouri and Illinois.



**2013 LIFE-TIME
ACHIEVEMENT AWARD**
Presented to
Dr. Naseem Azeez Shekhani
by Prof. Ghaffar Biloo
at DOGANA Summer Meeting,
Orlando Florida.





The word feminism was first coined in France in late 1800 as “féminisme”. It combined the French word for women, femme with ism that refers to social movement. Although resistance against exploitation of women and patriarchal authority has been present in previous societies, the movement took a new shape with establishment of capitalism.

With the destruction of feudalism and establishment of industries and mass production, new relationships were formed. Industrialization initially enhanced social and economic opportunities for men and made women their dependents. The lowest tier of workers did consist of children and unmarried daughters. Married women and mothers were still kept away from the industrial workforce and were expected to care of the household. Capitalism also brought with it new political theories and forms of governments which extended privileges exclusively to men. The new social order, however, was forced to concede democratic and civil rights to workers and masses.

Hence the initial feminist movement took birth when capitalism, industrialization, democratic rights and social critique converged. It is not surprising then, that it took roots initially in Europe in mid nineteenth century and gradually spread to North and Latin America. Women struggled to achieve equal educational, economic and political rights. A struggle that is ongoing to date to achieve its goals. While it is a credit to the feminist movement that we see scores of countries led by woman head-of-state and members of parliament, but is that an indicator of achieving emancipation of women?

The initial wave of feminist movement in late nineteenth century demanded suffrage and property rights for women. Though progressive in its demands and attracting scathing criticism and sometimes, violent crackdown from authorities, the “feminist” movement was also rejected by socialists as not encompassing the demands of working class females. It was felt that the feminist movement catered to the demand of middle class, white females and had little to do with the struggle for women emancipation in general. On the other hand, interestingly, middle class women were hesitant to get the label of feminist, as the term applied to their universal right of being citizens and not their particular rights of being mothers!!

Eventually in 1920, U.S. women won the right to vote that gradually got established in England in 1928. In the period between 1920s and 1960, the label “feminist” became a near derogatory word and rejected all around. A new word such as “humanists” was coined suggesting emancipation of entire humanity rather than females alone. The social upheaval and anti-colonial liberation movements of the 60s injected a new life in the feminist movement. By the time the “second wave” of feminist movement started, millions of women were working as paid laborers in factories and were also expected to care for the house and raise children.

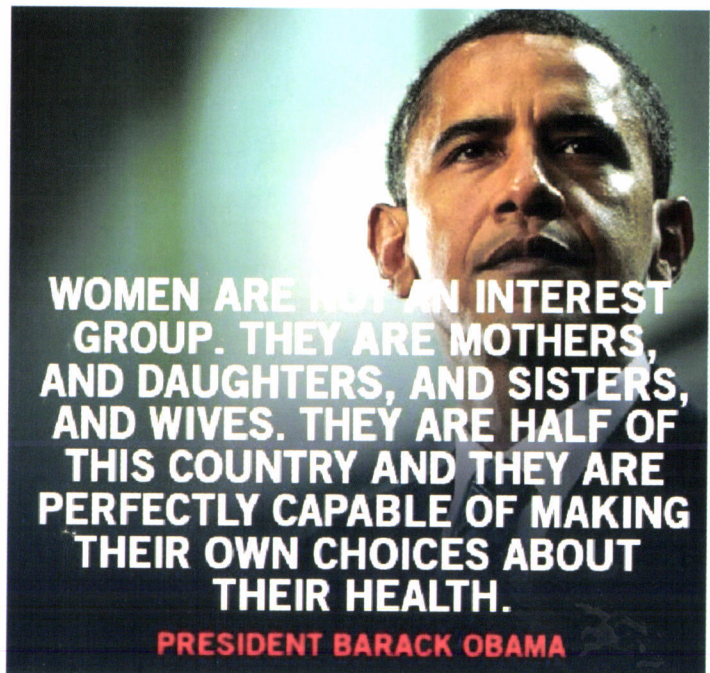
The feminist movement of the 60s emphasized both on equality of men and women in politics and economics and on their difference in the arena of reproduction and sexuality. It pointed out the “double duty” females had to perform being the wage earner as well as the caretaker of homes and children. During the same period the word “gender” came in use instead of “sex” denoting that the difference

between males and females are more due to social practices than to biology. The movement demanded equal pay, reproductive choice, maternal leave and political representation.

The international feminist movement cannot have universal focus. Its focus varies depending upon the inherent socio-political development of the society in which the movement exists. The struggle for women’s right cannot exist in a vacuum. It has to go in hand in hand with other social movements of society for complete emancipation of all members of the society. To sum up the current stage of feminist movement, I must quote the definition out of Estelle Freedman’s book “No Turning Back”:

“Feminism is a belief that women and men are inherently of equal worth. Because most societies privilege men as a group, social movements are necessary to achieve equality between women and men, with the understanding that gender always intersects with other social hierarchies.”

We can derive quite meaningful conclusions from the above definition from the standpoint of the feminist movement in Pakistan. The social role and experiences of women might be different than men but they should be equally worth and the political, sexual and economic experience of men may not be the standard of aspiration for women. The privileges given to males both in economic and interpersonal spheres should be eradicated by education. And lastly and very importantly transposition of the feminist movement of the west in Pakistan will lead to isolation of the movement. Feminists have to incorporate the social, cultural, economic struggle of the masses into feminist movement and likewise socio-political movements and programs have to highlight the plight of the females as the majority of the poor and downtrodden are women.



CHILD,
ADOLESCENT
& ADULT
BEHAVIORAL
HEALTH SERVICES



CenterPointe Hospital, located in St. Charles, Mo., is a private psychiatric hospital that serves the greater St. Louis metropolitan area as well as central and southeast Missouri, and southern Illinois.

*All consultation and assessment services are confidential and are provided at no charge. For more information or to schedule an assessment, call **636-441-7300** or **800-345-5407**.*



CenterPointe HOSPITAL

SEEKS QUALIFIED CANDIDATES FOR PSYCHIATRY POSITIONS

child/adolescent psychiatrists and adult psychiatrists including J- visa applicants

CenterPointe Hospital, a private, 104-bed behavioral health care provider in St. Louis, is **seeking qualified candidates for full- and part-time salaried and contract positions for child/adolescent psychiatrists and adult psychiatrists** for the following levels of care:

- acute care inpatient units
- partial hospitalization
- intensive outpatient (adult).

Responsibilities include admitting, attending and on-call services. On-call is required twice weekly and every third or fourth weekend.

Additional positions currently available include:

- child/adolescent medication management (in our on-site outpatient clinic)
- private practice with our affiliated behavioral health physician group
- research opportunities for various clinical trials.

CenterPointe Hospital provides a comprehensive continuum of behavioral health care for adults, adolescents and children including:

- inpatient psychiatric care
- adult residential chemical dependency care
- family services
- aftercare
- adult psychiatric, chemical dependency and dual diagnosis partial hospitalization
- adult psychiatric, chemical dependency and dual diagnosis intensive outpatient care
- child/adolescent outpatient care.

Please contact CenterPointe Hospital CEO Azfar Malik, MD, at 314-629-9356.



5931 HIGHWAY 94, SOUTH
ST. CHARLES, MISSOURI 63304
636-441-7300 ■ 800-345-5407
www.centerpointehospital.com

SUPPORT

Dow Endowment Fund

CONTRIBUTE
GENEROUSLY

www.dowendow.com

Association of Physicians of Pakistani Descent of North America



The Dow Link

Dow Graduate Association of North America
6414 S. Cass Avenue
Westmont, IL 60559
www.dowalumni.com

Non-Profit Org.
Presorted
U.S. Postage
PAID
axprinting.com
75081