



# The Dow Link

DOW Graduate Association of North America  
www.DowAlumni.com

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Dear Fellow Dowites:

**HAPPY NEW YEAR TO ALL.** Firstly, I would like to welcome and congratulate the members of the Executive Council 2010. Then I would like to congratulate the Executive Council 2009 and Muslim Jami, Past President, for a successfully completed year. I look forward to working with all my Executive Council members, Chairs and members of the different Committees. We have great plans and are looking forward to a productive year ahead and I am looking forward to your support and cooperation.

The St. Louis Host Committee is working diligently towards arranging an excellent retreat for all the Dowites in **St. Louis, Missouri, April 23rd through April 25th.** Please actively participate and make it successful, bringing their hard work to fruition.

We have plans for the further advancement of the publication, communication, membership, CME and policies and procedures committees. We will be working hard on these committees and plan on updating you at the retreat and summer meeting on these issues. In the future issues of the publication you will see an Urdu section and a residents and fellows section as well.

We are also planning on working closely with DUHS and developing our visiting faculty program further. There are multiple opportunities where each of you can get involved and play a pivotal role in strengthening our ties with our Alma Mater. Another goal we have is more involvement of the Residents, Fellows and Young Physicians in DOGANA. With that idea we are planning different programs. First one being a program related to their needs during spring retreat.

**We are starting a fundraising campaign \$500 by 500 Dowites. This is going to go towards a residency position for a Dow Graduate. We will discuss the details in the spring meeting. Please donate towards this fund and come to the Spring Retreat to find out more about this.**

Lastly, I would request everyone to work in unison for DOGANA. A nation united prospers. Similarly, if we are united and work with sincerity, putting aside any conflicts and personal agendas, we will be better able to serve our organization and our Alma Mater.

We are all very successful individuals and have achieved much independently. Imagine what we can achieve if we are united. I am looking forward to a great year ahead with all of you.

Long Live the Dow Spirit.

Shazia Malik, M.D., DFAPA  
President, DOGANA 2010







# ELECTED OFFICE BEARERS 2010



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### child/adolescent psychiatrists and adult psychiatrists including J- visa applicants



**CenterPointe Hospital**, located in St. Charles, Mo., is a private psychiatric hospital that serves the greater St. Louis metropolitan area as well as central and southeast Missouri, and southern Illinois.

All consultation and assessment services are confidential and are provided at no charge. For more information or to schedule an assessment, call **636-441-7300** or **800-345-5407**.



CenterPointe Hospital, a private, 104-bed behavioral health care provider in St. Louis, is **seeking qualified candidates for full- and part-time salaried and contract positions for child/adolescent psychiatrists and adult psychiatrists** for the following levels of care:

- acute care inpatient units
- partial hospitalization
- intensive outpatient (adult).

Responsibilities include admitting, attending and on-call services. On-call is required twice weekly and every third or fourth weekend.

Additional positions currently available include:

- child/adolescent medication management (in our on-site outpatient clinic)
- private practice with our affiliated behavioral health physician group
- research opportunities for various clinical trials.

**CenterPointe Hospital** provides a comprehensive continuum of behavioral health care for adults, adolescents and children including:

- inpatient psychiatric care
- adult residential chemical dependency care
- family services
- aftercare
- adult psychiatric, chemical dependency and dual diagnosis partial hospitalization
- adult psychiatric, chemical dependency and dual diagnosis intensive outpatient care
- child/adolescent outpatient care.



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Association of Pakistani Physicians Of North America



**The Dow Link**

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**ARTICLE SUBMISSION**

DOGANA publishes quarterly newsletters. We encourage all Dowites to please submit their articles for the publication through out the year. We are also seeking class news, meeting information or any news that you would like to share with other Dowites. Articles to be submitted by email to [linkingdow@gmail.com](mailto:linkingdow@gmail.com), in Word document, pdf or plain email format will be acceptable. The Editor reserves the right to edit all the submitted material.

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## PRELIMINARY PROGRAMME FOR DOGANA RETREAT APRIL 23–25, 2010

**FRIDAY, 23 APRIL:**

10.00 AM	Registration Booth opens
12 NOON–4.00 PM	Hospitality suite is open and food provided to the registrants for the meeting
1.00–2.00 PM	Prayers
2.30–3.00 PM	20 min CME with 10 min Q&A
3.00–3.30 PM	20 min CME with 10 min Q&A
3.30–4.00 PM	20 min CME with 10 min Q&A
4.00–5.30 PM	Free time
5.30–6.00 PM	Buses depart for offsite event
6.00–7.00 PM	Social Hour at offsite venue
7.00–7.30 PM	Presentation
7.30–8.30 PM	Meeting
8.30–9.45 PM	Dinner & Show
9.45–10.00 PM	Buses leave for Hotel
10.00 PM–2.00 AM	Mushaira with Renowned poets from Pakistan and USA

**SATURDAY, 24 APRIL:**

**CONCURRENTLY FOR RESIDENTS & FELLOWS**

7.30–8.30 AM	Sponsored Breakfast
12 NOON–3.00 PM	Session for Residents & Fellows
8.30–9.30 AM	45 min CME with 15 min Q&A
9.30–10.30 AM	45 min CME with 15 min Q&A
10.30–12 .00 NOON	Dow session and DOGANA related topics
12.30–1.00 PM	Buses Depart for offsite event
1.00–5.00 PM	Offsite event with Sponsored Lunch
5.00–5.30 PM	Return to Hotel
5.30–7.00 PM	Free time
6.00–7.00 PM	Social Hour
7.00–9.30 PM	Meeting & Dinner
9.30–1.00 AM	Entertainment by Shafqat Amanat Ali

**SUNDAY, 25TH APRIL:**

8.30–10.00 AM	Sponsored Breakfast
9.00–10.00 AM	1 hr CME
10.00–12.00 PM	Dow Related Topics





- Let's make APPNA a strong respectable institution with long term goals and policies
- Let's keep APPNA an organization which strengthens the image and role of Pakistani physicians worldwide
- Let's keep APPNA free of personal and national politics or hidden personal agendas
- Let's bring APPNA global recognition by our example of peace, unity, tolerance and humanitarian efforts.
- Let's protect our future through APPNA by supporting our next generation of physicians and collaborating with other professional groups



## Asif M. Rehman, M.D., F.A.C.C.

**President:** Association of Pakistani-Descent Cardiologists of North America

**President:** APPNA NY Chapter 2009

**President:** Nishtar Medical College Alumni of North America 2008

**Chair:** CABL Committee of APPNA 2009

**Chair:** Membership Committee 2007 and 2008

**Co-Chair:** Young Physicians Committee 2009

## TALHA SIDDIQUI, MD

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