



# ***APPNA CHILDHOOD OBESITY AWARENESS CAMPAIGN***

## **SWDRC INITIATIVE**

APPNA as a healthcare professional organization, has a huge responsibility in reducing the childhood obesity and diabetes with help of parents, schools, and other community organizations. Your involvement is of paramount importance in securing healthy future of our children. Please come and join hands with SWDRC to promote this cause.

### ***OBJECTIVES:***

- 1: Promote childhood obesity awareness
- 2: Provide educational resources to promote healthy lifestyle
- 3: Advocate policy change
- 4: Build community: Schools/parents/faith-based community/ health care professionals/ parents/ YMCA/city officials partnership
- 5: Adopt a school program  
Provide education material on healthy meal, lifestyle choices, T-Shirts, pedometers, brochures, read a book, walkathon