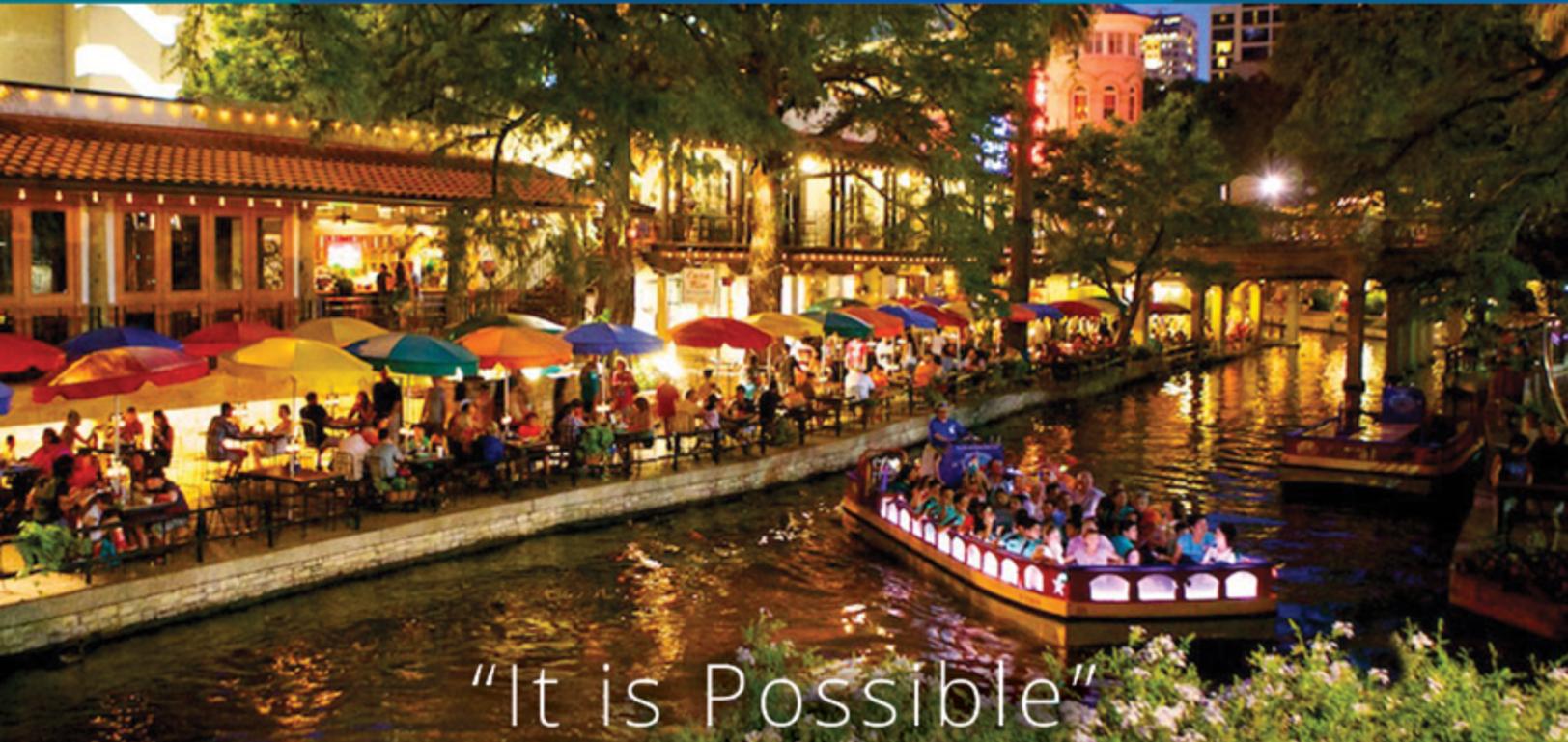




Association of Physicians of Pakistani Descent of North America

# APPNA Fall Meeting

October 20-23, 2016, San Antonio, Texas



"It is Possible"



SAN ANTONIO



## History of APPNA South Central Texas Chapter

### The Proud Host of APPNA Fall 2016 Meeting

#### “It Is Possible”

We welcome central APPNA President Dr. Nasar Qureshi, EC, BOT and other respected office holders to Fall Meeting in San Antonio. This APPNA chapter is only three years old, it spans over a large area of South Texas, including San Antonio, Austin, Rio Grande Valley (McAllen, Harlingen, South-Padre Island), Corpus Christi, Port Aransas and Mustang Island.

Chapter has official non-profit status 501-3c, and has hosted its annual retreats and DOGANA spring meeting, in this short span of time. It is the venue for APPNA Fall Meeting 2016, seemingly one of the best meetings held by a chapter. Dr. Lubna Naeem, current President of the chapter and Dr. Aamir Ehsan, Chair of the host committee along with a vibrant, passionate and most diverse host committee (representing from 9 various medical school alumni) have been steering the program with their exemplary leadership, entrepreneur networking and vast philanthropic alliances.

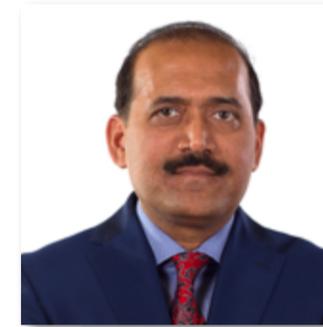
SCT-APPNA chapter is home to one of the best Socio-political campaigns in APPNA 's 40 years of existence. Childhood Obesity Awareness and Breast Cancer Awareness campaigns have put APPNA on the national social activism map. Hundreds of events have been held by this energetic organization and goal of adopting 100 schools, country-wide is progressing to its target rapidly. Numerous Accolades, have been awarded to this campaign organizer, including Congressional Award of Excellence, US Surgeon General's Award and APPNA awards. This chapter has developed unprecedented political and legal alliances with ACOs, Medical Societies and hospital Systems to benefit its member physicians. Dr. Lubna Naeem is the first APPNA member physician to be elected as a Delegate to Bexar County Medical Society (BCMS) Legislative Council.

APPNA SC TX chapter works with some outstanding social and charitable organizations. Hepatitis C Awareness Initiative, is working to increase awareness in general and make treatment accessible to our community in the United States and in Pakistan. Internship program, is vibrant and active; chapter supports over a dozen medical students and young physicians every year towards residency and placements in graduate and postgraduate programs.

Our chapter past Presidents Drs. Shahnaila Latif, Mehmood Khan, President Dr. Lubna Naeem and President elect Dr. M. Hanif Pathan, have been a source of inspiration. These extremely talented physicians have led from the front and has put our chapter on the North American map as a glowing spot. Our Founding members Drs. Shahid Rashid, Muhammad Naeem and Shahnaila Latif deserve admiration for starting this great venture with APPNA.

Host committee chair, Aamir Ehsan has proven that “It is Possible” against all odds. He has shown his exceptional organizational skills and pragmatic approach, to put this fine event together, successfully. Host Committee members have unrelenting and tireless volunteers, along with their families. We are hoping for a successful meeting and fond memories for ever.

## Chair Host Committee Message



Dear APPNA Amigos!

Host committee and I want to be the first to extend warm “Texan” welcome to you at fall meeting at Riverwalk in San Antonio – A military city rich in culture, diversity and hospitality.

We are a young but dynamic chapter and sincerely appreciate the confidence of Dr. Nasar Qureshi and APPNA Executive Council in giving us an opportunity to host the fall meeting. San Antonians know how to set-up a great party, re-

kindle friendships and have family fun. San Antonio is the nation's seventh and Texas's second largest city. The venue for the fall meeting was chosen in light of family attractions that San Antonio is most famous for such as “The Alamo” – 18th century Spanish mission preserved as a museum right in front of hotel; Riverwalk – Miles long landmark pedestrian promenade lined with cafes & shops; Six Flags Fiesta Texas Theme Park; SeaWorld; HemisFair Park; Natural Bridge Caverns and !!

October 21, 2016 (6PM Sharp) - Friday Dinner will be at the Briscoe Western Art Museum (very close walk to Hyatt Regency Hotel). The theme is Pakistani and Mexican folk and culture. We will take horse carriages to go to “Beautiful Briscoe”. October 22, 2016 (6:30PM Sharp) - Saturday Dinner will be at the Hyatt Regency Ballroom. Dress code is formal. We have planned both nights filled with family fun, folk dances, songs, comedy and much more!!

The theme for this year is “It is Possible”. You may be the one person in the world; but you may mean world to one person. This is what we would like to know and will engage you and our guests to hear and learn how you have made things possible in your career, profession and daily life that have positively impacted many lives around you.

I would like to extend congratulation and appreciate dedication of our most diverse host committee and Central APPNA staff Jennifer, Nicholas, Karolina, Tipu and Laiq who worked so hard for making this “Possible”

Special thanks to Dr. Shahnaila Latif (Founding President) and Dr. Mehmood Khan (Past President) of our chapter for their support and efforts.

Many thanks to assistant Sylvia who helped me so much in arranging and organizing this meeting. My boys Saad (freshman at Rice) and Hasan (sophomore at Texas Military Institute) of not seeing their father recently and my BAE – Dr. Huma Siddiqui who tolerated frequent absences from home with smile, tasty food & Chai.

Your host committee is eager to serve you and please don't hesitate to call anyone of us and we will do our best to make your stay comfortable and memorable. Please enjoy your stay with family and friends.

Aamir Ehsan, MD  
Chair, Fall Meeting 2016  
San Antonio, Texas  
210-317-3779

## Publication Chair's Message



Welcome to the beautiful San Antonio, the Alamo-City in the heart of Hill-country, Texas

San Antonio Fall Meeting is an honor for all of us in South Central Texas chapter. We have had an enthusiastic response and participation from businesses locally and nation-wide for advertisements. I have kept the format of magazine simple

and pleasing to eye.

We are a very close knit energetic group of physicians working alongside to enrich APPNA's legacy. Physicians of our time have enormous challenges to excel and survive; I believe, APPNA provides a forum to so many of us, it is a valuable launching pad for networking, practice enhancement, philanthropy for social causes and political activism. Access to post graduate medical education is going to get difficult due to conditions imposed by American accreditation bodies in next decade. We hope APPNA will lead the way to stem this prohibiting tide and keep excellence in higher medical education accessible to young Pakistani physicians.

Host Committee has worked very hard to make this event successful. I want to thank the families for their support and active participation. We are looking forward to a fun filled and entertaining fall meeting. My warmest regards and congratulations to newly elected Central Executive Council to be announced at the meeting.

I want to thank our patrons for supporting this meeting, it's a worthy cause and goes a long way for the support of coming generations of physicians. I must acknowledge and admire the Central APPNA office staff for their superb support of this meeting. It is such a well-oiled machine, which deserves my sincere congratulations for a job well done.

Muhammad Naeem, MD, PhD  
Member Host Committee  
Journal Editor

## Chapter President's Message



On behalf of the host chapter I welcome each of you to APPNA Fall meeting 2016, here in the vibrant and historic city of San Antonio.

We are here with a dream for a great future and having a fun weekend.

To be a practicing Pakistani American physician today is to feel a range of complex emotions. The need for your voice has never been greater. From the increasing demands to defend and speak out about our loyalties to this great nation to the uncertain environment occurring in medicine, the impact of which will be experienced by our current and

next generation of physicians could result in possible burnout and difficulty keeping up.

“So how do we keep up with it”

It is the perseverance and innate desire of most of us to work hard with courage that makes us continue to make a difference. John F. Kennedy once said “ efforts and courage are just not enough without purpose and direction”

The direction of collaboration, innovation and coming together has now intertwined with charitable giving, community service and volunteering character of the chapter influencing productive and positive change.

The chapter's collaboration with TMA ( Texas Medical Association) and BCM ( Bexar County Medical Society) helping independent providers partner with Accountable Care Organizations and meet requirements of the current care and encouraging members to be part of the legislative process as delegates is an attempt to tackle few of many critical issues confronting health care and medicine.

Chapter's numerous Community Health education awareness initiatives, adopting numerous schools to educate children on childhood obesity, health fairs, walkathons, breast cancer workshops has raised our recognition as peaceful, moderate and well integrated community in the United States.

Most of the Chapter members tireless work putting up events raising funds for children shelter and education for least privileged children of Pakistan is commendable.

APPNA South Central Texas Chapter physicians are proud to be part of the community who want to positively impact lives of underprivileged. That's the power of our mission and that's the power of APPNA.

It has been my honor to walk that path alongside you as your President and it will be my honor to continue walking alongside you in the weeks, months and years ahead.

Before I close, I'd like to thank each of your for attending. You, as organization leaders, have the vision, the knowledge and the experience to help us pave our way into the future. You are truly our greatest asset today and tomorrow. We could not accomplish what we do without your support. Throughout this conference, I ask you to stay engaged, stay proactive and help us shape APPNA.

My special thanks to Dr. Nasar Qureshi for his confidence and I commend the host committee for their hard work along with their families for their support in making this meeting a success.

My personal respect and thanks goes out to all of you.

Lubna Naeem, MD  
President, APPNA South Central Texas Chapter

## President's Message



Dear APPNA family:

It is my privilege to welcome you to the APPNA Fall Council meeting in San Antonio. I have no doubt that the wonderful location, at the San Antonio river walk, the exciting program, and the dedication and vision of Dr. Aamir Ehsan and his team, will ensure one of the most memorable APPNA Council meetings. I am personally thankful to the leadership and members of the San Antonio Chapter, especially Dr. Lubna Naeem, for accepting this challenging task and ensuring that every aspect of this meeting is well planned and enjoyable for the members. Of course, the main purpose of the meeting remains the council meeting, and ensuring the goals and mission of the organization is furthered. I look forward to a productive council meeting and thank all the council members who have taken time to attend the meeting.

The Fall Council meeting is probably the most important business meeting of the year, as it is the bridge, from the current year to the following year. It is time to evaluate the successes and shortcomings of the year and planning for next year, building on our strengths, and strategizing on improving on our shortcomings. The Council has the most important role as the legislative body of the organization in steering the direction for the future of the organization. I look forward to a productive and a positive Council Meeting, in the same spirit as all other meetings this year.

Last but not the least, it has been an honor and a privilege to continue to work with so many dedicated members, without whose support and dedication, none of the great work which we do cumulatively as an organization would be possible.

THANK YOU!  
M. Nasar Qureshi, MD, PhD  
President, APPNA

## President-Elect's Message



Dear APPNA family, Asalamo Alaikum and greetings!

APPNA President-elect doesn't have many duties outlined in our bylaws. One of the salient duties that I had to perform was to validate the component societies so that they can retain their membership in APPNA. It is a seemingly simple task for me but seems to have posed quite a challenge for the component societies who have to verify their credentials including the number of members. Unfortunately in 2015, NAMA lost its status of a component society in APPNA and this year APKI chapter and Baqai Alumni association lost their status. It pains

me a great deal as I feel that not only is it the duty of the component society to fulfil the requirements of maintaining their status within APPNA but a lot of weight lies on APPNA's shoulder as a parent organization. APPNA should have a better approach of engaging our membership and foster a sense of ownership which should ideally translate into robust and enthusiastic interest in members.

Stagnant membership numbers for past few years and a sense of mistrust and detachment within the membership speaks volumes about how we need to bring positive changes in our organization. As we move to seniority, our younger generations need to step in, get involved and take up a leadership role. APPNA should be providing them with an appealing platform that they utilize and bring new ideas and new ambition for a better organization. A solid membership drive is only possible if we set an example of unity, cohesiveness and yet be diverse in the work that we do collectively; so that everyone can find something of their interest in APPNA. What interests me may not be appealing for a NAMA graduate or a young physician from Pakistan and that is where the crux of the issue lies.

If we are to raise our voices against the atrocities and hardships being faced by our fellow Pakistani Americans here in USA then we need to act swiftly and smartly. We need to be active in raising our voice with the legislative body of this country in order to secure our interests. Similarly, APPNA can broaden its visibility to our non-Pakistani colleagues by expanding on constructive charitable work in terms of free clinics and other health related projects. I feel that our NAMA graduates, most of who are born in USA can be an active and valuable participant of this process.

I invite all of you to contact me, if you would like to join a committee or project in APPNA. I can be reached via email at [sajid\\_chaudhary@yahoo.com](mailto:sajid_chaudhary@yahoo.com).

I would like to share the tentative meetings schedule for 2017 so you can plan ahead of time:

Spring meeting Philadelphia, PA: March 24-26.

Annual summer convention Orlando, FL: July 4-8.

Fall meeting Cincinnati OH: dates to be announced.

Winter meeting Lahore, Pakistan: December 21-23.

International meetings:

Spring: Balkan states (Croatia-Bosnia): April 7 to 16, 2017

Summer: Alaska Cruise: July 27 to August 4.

Fall: Iran and southern Turkey: September-October.

I thank you for your support and any suggestions from you will be greatly appreciated. I am looking forward to working with you throughout this year and the year ahead.

Sincerely,  
Sajid Chaudhary, MD

## Secretary's Message



Dear members,

As the Secretary of the organization, I would like to welcome you to our APPNA Fall meeting 2016 in this beautiful city of San Antonio, Texas. My heartfelt congratulations go to Chair of the host committee Dr. Amir Ehsan and his team for putting all the hard work to bring this fabulous event to membership.

It won't be fair if I don't mention the vigor and enthusiasm of Dr. Lubna Naeem, President of South Central Texas Chapter who has been very instrumental in reaching out to members to attend this meeting.

We will be holding our 5th Council meeting that will start on Saturday at 09:00am till 4:00pm and will reconvene again on Sunday at 10:00am for couple of hours.

So far all the meetings have been well attended and financially beneficial. We have high hopes from fall meeting Host committee as well to do the same or even better.

We all have to work together to project a more positive image of our organization and communicate well about all the good projects; we have done so far to make APPNA a household name for a serious educational, healthcare and philanthropic organization.

It has been an honor to serve the organization two years in a row, first as Treasurer and now as your Secretary. With your participation, we will continue to work together to not only bring our organization to the next level but also keep it's integrity at peak.

APPNA is not in the clouds. APPNA is Chapters, Alumnus and all the other components sections. APPNA is you, I and everyone else. So lets work with each other and make APPNA a more progressive, transparent and inclusive organization.

Lets keep APPNA First and foremost.  
Long Live APPNA.

Iqbal Zafar Hamid, MD  
Secretary APPNA 2016

## Treasurer's Message



2016 has proven to be a year of highs and lows for APPNA. Our meetings and trips to date have all been profitable and we are anticipating that the next three meetings (Fall Meeting, Umrah, and the Winter Meeting) will all be profitable or break even.

This will mean the meetings have been successful enough to sustain administrative costs for this year. This is good news as annual memberships for 2016 have not met expectations. Fortunately, the meeting gains have made up for this shortfall.

I would like to thank the office staff for all of their help in running the finances of APPNA. I would also like to thank the EC, Dr. Mubasher Rana, Sajid Chaudhary, Iqbal Zafar Hamid and especially Dr. Nasar Qureshi for his vigilance and help in every step of the way, not only for the finances but also in the running of APPNA.

I would also like to thank the APPNA membership for providing me the opportunity for serving as APPNA treasurer 2016.

Dawood Nasir, MD

### PROFIT & LOSS AT 9/20/16 (unaudited)

#### Restricted Funds

|                                   |                      |
|-----------------------------------|----------------------|
| Lifetime Dues Revenue             | \$ 59,595.25         |
| Lifetime Dues Expense             | \$ (8,134.85)        |
| Lifetime Dues Net                 | \$ 51,460.40         |
| Scholarship Revenue               | \$ 17,461.60         |
| Scholarship Expense               | \$ (7,443.74)        |
| Scholarship Net                   | \$ 10,017.86         |
| SWDR Revenue                      | \$ 145,617.19        |
| SWDR Expense                      | \$ (69,178.08)       |
| SWDR Net                          | \$ 76,439.11         |
| CME Revenue                       | \$ 214,379.18        |
| CME Expense                       | \$ (188,750.52)      |
| CME Net                           | \$ 25,628.66         |
| <b>Total Restricted Funds Net</b> | <b>\$ 163,546.03</b> |

#### Unrestricted Funds

|  |                      |
|--|----------------------|
| Meetings Revenue                       | \$ 2,953,253.49      |
| Meetings Expense                       | \$ (2,647,867.21)    |
| Meetings Net                           | \$ 305,386.28        |
| General Revenue                        | \$ 134,037.05        |
| General Expense                        | \$ (270,080.83)      |
| General Net                            | \$ (136,043.78)      |
| <b>Total Unrestricted Funds Net</b>    | <b>\$ 169,342.50</b> |
| <b>TOTAL APPNA GAIN YTD AT 9/20/16</b> | <b>\$ 332,888.53</b> |

## Past President's Message



APPNA First!

APPNA is an incredible organization doing great work. I am very fortunate to have had the opportunity to be part of it and serve it over the years. The theme of last year was "APPNA First" based on the firm believe that as long as we put APPNA before our personal interests, we can achieve whatever we strive for. Whatever we achieved last year as outlined below was due to an incredible combined effort of hundreds of individuals. I sincerely want to thank all of them and APPNA EC 2016 for carrying on several of these programs:

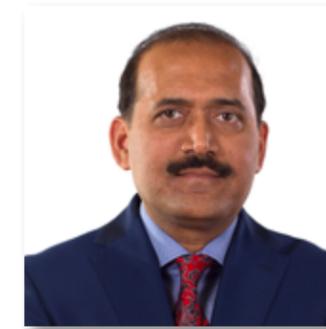
1. APPNA Telemedicine
2. Centralized electives, observer ships and research assistance program
3. APPNA Medical Corps
4. Revitalized Long Term Strategic Planning committee and initiated work to establish improved Governance in APPNA. After tremendous amount of work by Governance Advisory group and CABL committee spanning over 21 months, the proposed amendments are being presented to the Council in fall meeting.
5. Increased the number of Specialty Based Networks: 6 new networks formed
6. APPNA Charities: Karachi Heat wave initiative, Tharparker Clean Water project, APPNA/LRBT eye camps, Help after Peshawar school tragedy, Increased number of APPNA Free Clinics
7. Improved APPNA Financials: All meetings including winter meeting had net positive revenue; transferred \$25000 to Contingency (Rainy Day) Fund; all lifetime dues were transferred to investment account.
8. APPNA CABL amendments approved by APPNA Council and pending approval by General Body
9. Instituted Electronic balloting and introduced new Election Reform
10. APPNA Qissa 2- Compilation and Publication of APPNA's history from 2004-2015
11. APPNA Qatra Fund-Let us build APPNA together
12. New Look Website
13. APPNA Office Reorganization-New office staff hired and proficiency improved.
14. Improved APPNA Membership Benefit package/signed World Pay agreement
15. Initiated concept and ground work for APPNA Institution of Higher Learning
16. Helping Young Physicians with continued visa assistance, mentorship, seminars, loan program and new YPC website. Continued Advocacy for GRAD act

This year I have tried to help the President and APPNA EC as much as I can to benefit from my experience and serve APPNA to the best of our abilities. I have also spent tremendous amount of time working with very experienced and knowledgeable APPNA members to come up with a proposal for better governance of APPNA. APPNA CABL committee has discussed the proposal, made recommendations and will be presenting it to APPNA Council at the fall meeting. I sincerely believe the new governance model will help transform APPNA into an organization of the future and bring it to par with some of the best run nonprofit organizations in the country.

I want to sincerely thank the APPNA membership for the support and confidence they have shown in me over the years. Service to APPNA is not a 1 or 2 year affair but service of a lifetime. This year and in future, I intend to continue to serve APPNA in whatever capacity I can.  
God Bless APPNA, Pakistan and United States of America.

Mubasher E. Rana, MD

## Host Committee



**Dr. Aamir Ehsan**  
Chair Host Committee  
Dow Medical College



**Dr. Lubna Naeem**  
President SCT Chapter  
Allama Iqbal Medical College



**Dr. Muhammad Naeem**  
Allama Iqbal Medical College



**Dr. Huma Siddiqui**  
King Edward Medical College



**Dr. Naushad Zafar**  
Sindh Medical College



**Dr. Fahad Inam**  
Dow Medical College



**Dr. M. Hanif Pathan**  
Chandka Medical College



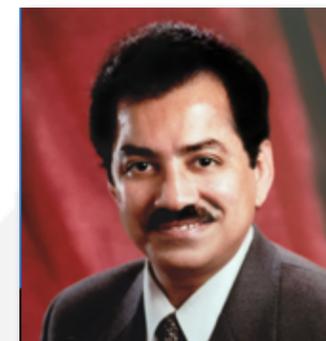
**Dr. Sadia Atif**  
King Edward Medical College



**Dr. Mehmood Khan**  
Ziauddin Medical College



**Dr. Adeel Ansari**  
Liaquat Medical College



**Dr. Syed Javed Umer**  
Dow Medical Collge



**Dr. Ayesha Zaheer**  
Punjab Medical College



**Dr. Fozia Ali**  
Allama Iqbal Medical College



**Dr. Rashid Sharaf**  
Army Medical College



# APPNA Fall Meeting 2016

San Antonio, Texas

## CME Program Friday, October 21, 2016

### 8am-9am

#### Leaving the Silo: Promoting Physician Wellness with Team-Based Care

Objectives: By the end of this presentation, participants will be able to:

- 1) Identify the basic tenants of the physician wellness principles;
- 2) Identify at least one, team-based model of practice; and
- 3) Understand the impact of team-based care on physician wellness and the "Quadruple Aim."



#### Stacy Ogbeide, PsyD, MS

Assistant Professor/Clinical  
Licensed Psychologist (TX) and Behavioral Health Consultant  
Department of Family and Community Medicine and  
Department of Psychiatry  
University of Texas Health Sciences Center San Antonio

### 9am-10am

#### Diagnosis, treatment and prevention of C Difficile infection

Objectives: At the end of this presentation the attendee should be able to learn:

1. New guidelines for detection of C. Difficile infection
2. Treatment of recurrent or resistant cases of C. Difficile
3. Prevention of C. Difficile infection



#### Arif M Muslim MD, FACP, FASGE, AGAF

Board Certified ABIM in IM and GI

### 10am-11am

#### Quality metrics in hospitalist medicine

Objectives:

1. Value based purchasing
2. Quality Metrics grading Hospitalist Programs
3. Processes/Initiatives in Improving Metrics



#### Fahad Inam, MD

Graduated from Dow Medical College in 2003. Residency training in Internal Medicine at Providence Hospital, Southfield, Michigan 2006-2009. Practicing Hospitalist since 2009, Medical Director since 2011. Presently, Medical Director - Hospitalist Program at Christus Santa Rosa Hospital Westover Hills, San Antonio.

### 11am-12pm

#### "End of Life Issues"

Objectives:

- Understand the terminology
- Standardize the communication of bad news
- Introduce notions of management of common end-of-life complaints



#### Cristian P. Fernandez Falcon, MD, DABFM, CAQGM, CAQHPM, CMD

Assistant Professor / Clinical, Family and Community Medicine Department,  
University of Texas Health Science Center at San Antonio - UTHSCSA

### 12pm-1pm

#### "The new frontier of cancer treatment: Immunotherapy - the basics"

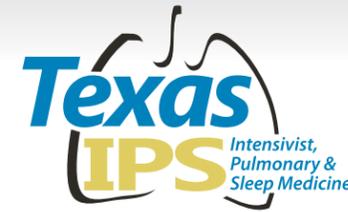
Objectives:

1. Enhance knowledge about basic principles of immuno-oncology.
2. Identify new immunotherapy agents being integrated into evidence based guidelines.
3. Identify unique patterns of clinical response and immune related adverse effects



#### Zohra Nooruddin, M.D

Medical Oncologist  
Audie L. Murphy VA Medical Center  
South Texas Veterans Health Care System, San Antonio, Texas



**Charles J. Burch, M.D.**  
Stone Oak and Medical Center

**Arturo Lopez, M.D.**  
Stone Oak and Medical Center

**Jairo A. Melo, M.D.**  
Stone Oak and Medical Center

**Napoleon Puente-Cuellar, M.D.**  
Medical Center

**Randall C. Bell, M.D., FCCP**  
Medical Center

**Alfredo E. Conde, M.D.**  
Medical Center

**Marco A. De Los Santos, M.D.**  
Medical Center

**Phoebe King, M.D.**  
Stone Oak and Medical Center

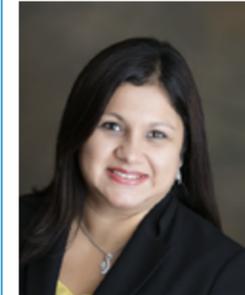
**Gustavo Gabino Miranda, M.D.**  
Medical Center

**Rafael M. Santiago, M.D.**  
Stone Oak

**Ali Abedi, M.D.**  
Stone Oak and Medical Center

**Christopher Burdick, M.D.**  
Medical Center

**Ravi Santhanam, M.D.**  
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**Manica Isiguzo, M.D.**  
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**Atif S. Qureshi, M.D.**  
Medical Center

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Phone (210) 481-3119 | Fax (210) 497-2071

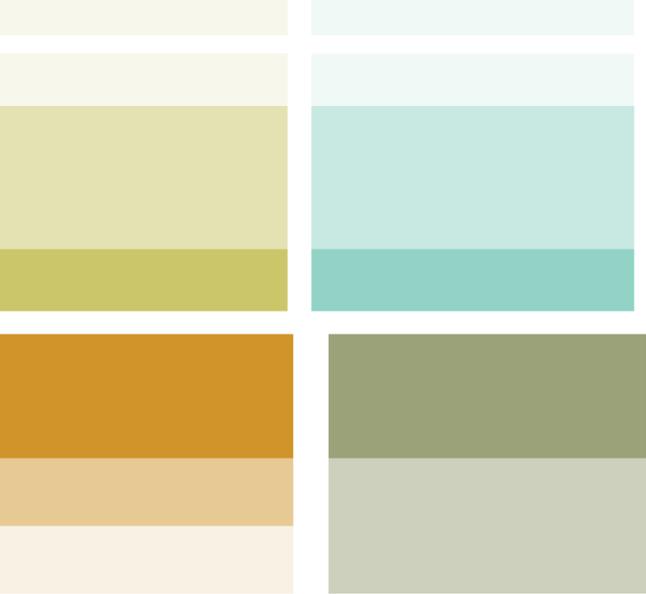
[www.TexasIPS.com](http://www.TexasIPS.com)



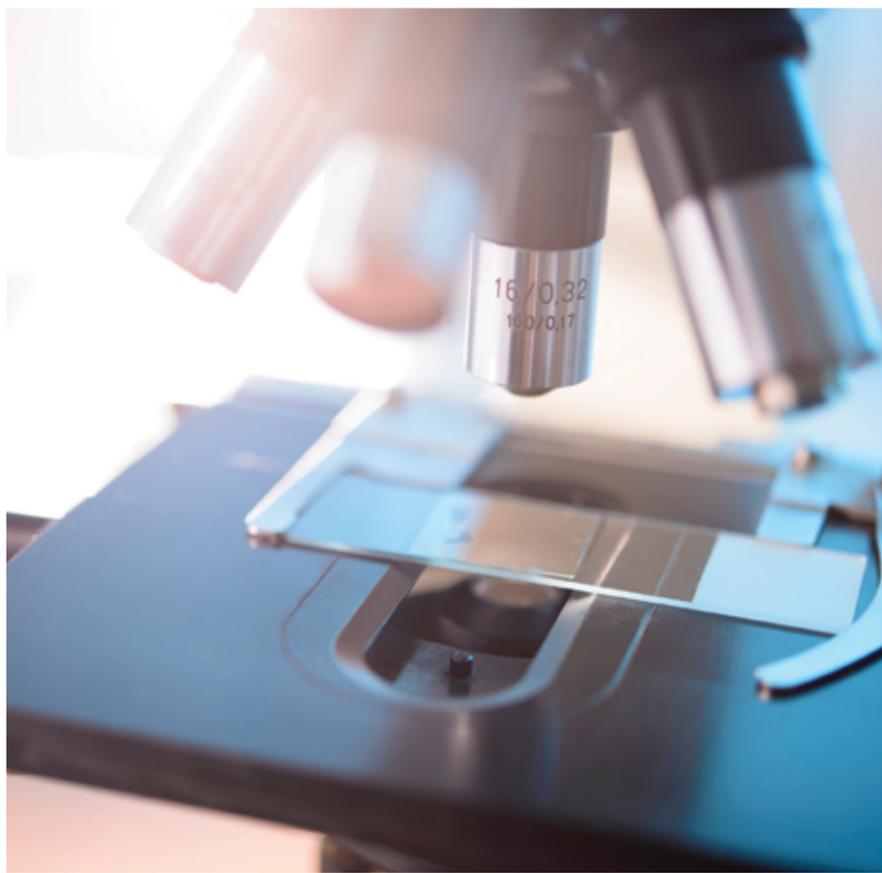
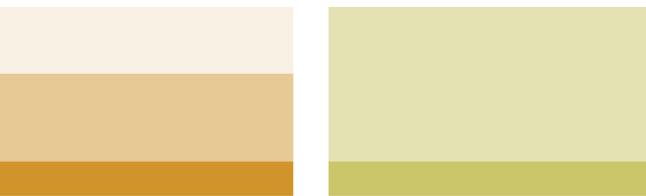
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Welcome to

# APPNA Fall Meeting 2016

October 20-23, 2016, San Antonio, Texas

## Howdy and Bienvenida!

Host Committee is honored and will do its best to make this meeting "WOW".

We would like our guests to have a unique family fun experience. In addition, to program within the hotel we would like you to explore San Antonio downtown (Riverwalk) which is so rich in history and culture.

## Friday, October 21, 2016

|  |   |
|--|---|
| <b>7:00 AM</b> Registration                                  | Pecan Foyer (Hill Country Level)                        |
| <b>7:00 AM - 11:00 AM</b> Exhibit Move-in & Setup            | Rio Grande Ballroom (Ballroom Level)                    |
| <b>9:00 AM - 6:00 PM</b> Pharma/Financial Exhibitors         | Pecan Foyer (Hill Country Level)                        |
| <b>6:00 AM - 10:00 PM</b> Prayer Room                        | Blanco (Hill Country Level)                             |
| <b>11:00 AM - 7:00 PM</b> Bazaar / Exhibits                  | Rio Grande Ballroom (Ballroom Level)                    |
| <b>8:00 AM - 1:00 PM</b> CME                                 | Live Oak (Hill Country Level)                           |
| <b>1:00 PM - 2:00 PM</b> Jumaa Prayer                        | Blanco/Llano/Pecos (Hill Country Level)                 |
| <b>2:00 PM - 4:00 PM</b> APPNA Cancer Walk                   | Off Site (Travis Park) 4 Blocks from Hotel              |
| <b>6:00 PM - 12:00 AM</b> Child Care                         | Medina (Ballroom Level)                                 |
| <b>6:00 PM - 12:00 AM</b> Dinner, Folk Songs & Entertainment | Briscoe Western Art Museum<br>Depart from Hotel at 6 PM |
| <b>Late Night Gup Shup</b>                                   | Regency Ballroom Foyer (Ballroom Level)                 |

## Saturday, October 22, 2016

|  |   |
|--|---|
| <b>7:00 AM</b> Registration  | Pecan Foyer (Hill Country Level)        |
| <b>7:30 AM - 9:00 AM</b> Halwa Puri Breakfast                        | Garden Terrace (First Floor)            |
| <b>8:00 AM - 7:00 PM</b> Bazaar / Exhibits                           | Rio Grande Ballroom (Ballroom Level)    |
| <b>6:00 AM - 10:00 PM</b> Prayer Room                                | Blanco (Hill Country Level)             |
| <b>8:00 AM - 5:00 PM</b> Council Meeting                             | Live Oak (Hill Country Level)           |
| <b>9:00 AM - 6:00 PM</b> Pharma/Financial Exhibitors                 | Pecan Foyer (Hill Country Level)        |
| <b>11:00 AM - 1:00 PM</b> APPNA Alliance                             | Pecan (Hill Country Level)              |
| <b>1:00 PM - 2:00 PM</b> Social Forum                                | Pecan (Hill Country Level)              |
| <b>1:00 PM - 5:00 PM</b> YPN Program                                 | Chula Vista (Lobby Level)               |
| <b>7:00 PM - 10:00 PM</b> YPN Dinner                                 | Chula Vista (Lobby Level)               |
| <b>6:00 PM - 12:00 AM</b> Child Care                                 | Medina (Ballroom level)                 |
| <b>6:30 PM - 1:00 AM</b> APPNA Banquet, Fashion Show & Entertainment | Regency Ballroom (Ballroom Level)       |
| <b>Late Night Gup Shup</b>   | Regency Ballroom Foyer (Ballroom Level) |

## Sunday, October 23, 2016

|   |                                      |
|---|--------------------------------------|
| <b>7:30 AM - 9:00 AM</b> Halwa Puri Breakfast | Garden Terrace (First Floor)         |
| <b>9:00 AM - 12:00 PM</b> Council Meeting     | Live Oak (Hill Country Level)        |
| <b>8:00 AM - 12:00 PM</b> Bazaar / Exhibits   | Rio Grande Ballroom (Ballroom Level) |



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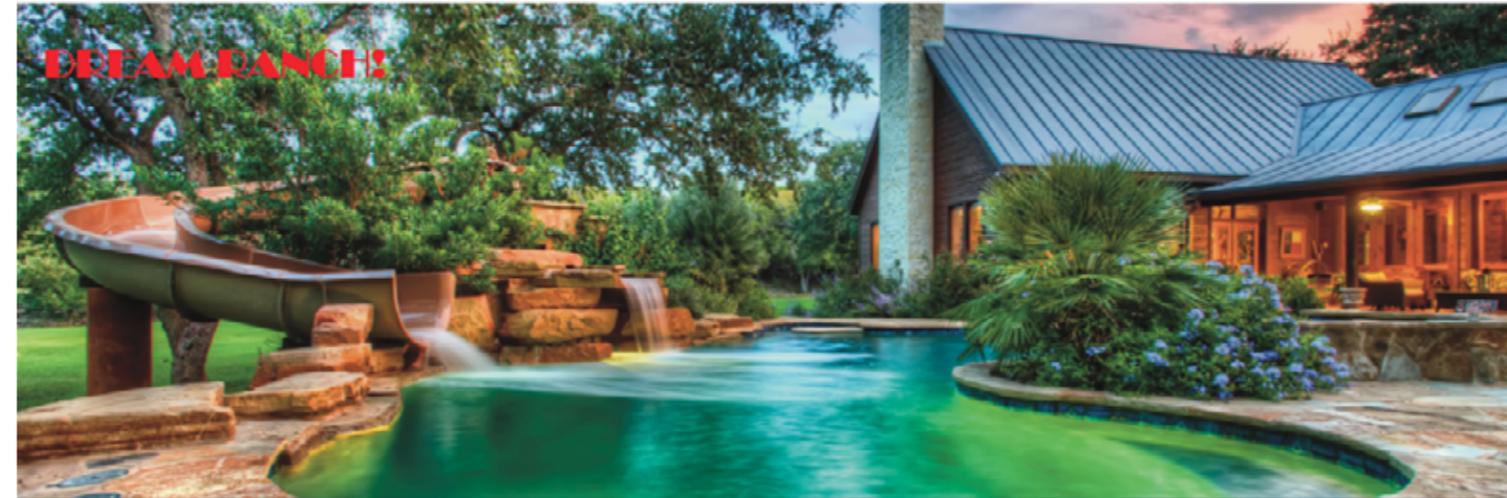
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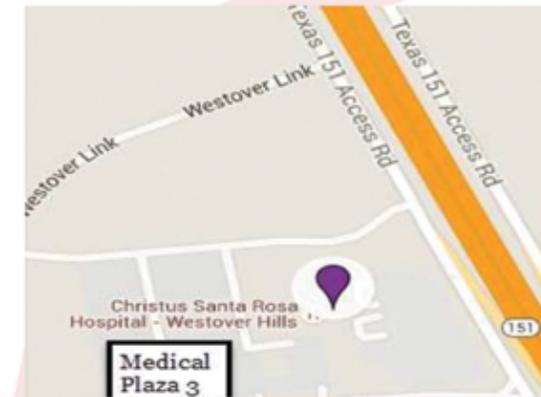
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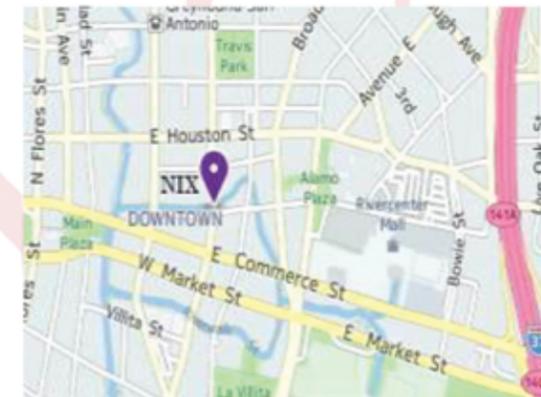
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## Exhibitors List

| COMPANY NAME                    | CATEGORY           | BOOTH NUMBER |
|---------------------------------|--------------------|--------------|
| Karmik Fashions                 | Clothing & Jewelry | 20           |
| HAUTE INDIA JEWELRY             | Jeweler            | 21           |
| Trendsetters by Salima Mistry   | Clothing           | 7            |
| A.R.Designers                   | Jeweler            | 3            |
| AIM Couture                     | Jeweler            | 19           |
| Brands Just Pret                | Clothing           | 15           |
| Stone Oak Gastro                | Medical            | 2            |
| Nickie Nina                     | Clothing           | 1            |
| Goal                            | Clothing           | 17           |
| New York Life Insurance Company | Financial          | 18           |
| Reenas by Mavra.Z               | Clothing           | 9            |
| Inner City of North America     | Not for Profit     | 10           |
| Shabnam Zahid                   | Clothing           | 5            |
| HinaZ                           | Jeweler            | 8            |
| Dr. Fuji/ACIGI Relaxation       | Healthcare         | 11           |



### Message from Tahir Javed

I would like to congratulate APPNA for holding this fall meeting 2016 at the city of San Antonio often termed as the "Military City". San Antonio has been home to a consistent military presence for years and has one of the nation's largest active and retired military veterans who have served our country with honor and dignity.

APPNA was established in 1977 and this organization has grown and achieved a lot and has empowered the patients and communities at large in managing their health care needs appropriately. APPNA has had a huge impact on the lives of medical students from Pakistani descent and has been committed to fostering the connections with them. What makes APPNA one of the successful organizations is their dedication to support health, education and humanitarian causes as well. My deep appreciation for APPNA's efforts over the years for all the services they have provided to the community and I wish them luck and more success in the future.

Thanks,

Tahir Javed

CEO & President



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