



APPNA SPRING MEETING

JSMUAANA Annual Retreat
KMCAANA Annual Retreat
PDPSIL Spring Meeting



April 26-29, 2018

Marriott Downtown Magnificent Mile, Chicago, Illinois

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Editor's Message



First let me introduce myself. My name is Muhammad Rafiq, I have been a practicing physician in Chicago for the last 26 years. I feel honored to be the Chair of APPNA Publication Committee of Spring Meeting 2018 in Chicago. I am thankful to the Chair of Host Committee, Dr. Aftab Khan and the President of APPNA, Dr. Iqbal Zafar Hamid for having a trust in me for carrying out this responsibility.

I would like to welcome you and your families to this Entertaining and Educational Meeting. It is my sincere wish that you not only have a wonderful time at this meeting but also enjoy what this beautiful City of Chicago has to offer especially Field Museum of Natural History, Shedd Aquarium, Planetarium, Navy Pier,

Millennium Park, Museum of Science and Industry, Lincoln Park and last but not the least a Walk on



the Michigan Ave Magnificent Mile which is just outside this hotel. I am sure that this meeting would be a memorable one for you.

As you know that APPNA publication is not only the means to convey the messages from the APPNA Leaders, the Dignitaries and the Talented Writers but it is also an important means to generate revenue from the sponsors to meet the expenses of the meetings and add to the funds of APPNA. So we have tried to accommodate as many of them as possible. We have included the program details in this magazine for your reference.

At the end I would like to thank the President of APPNA, Dr. Iqbal Zafar Hamid, the Chair of the Host Committee, Dr. Aftab Khan, all the writers, all the sponsors, all the friends and supporters who contributed their time, money and efforts to make this publication a reality.

Muhammad Rafiq, MD

Chair of Publication Committee, APPNA Spring Meeting 2018



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Chair Host Committee Message



It is my distinct pleasure as the Chair of the host committee of APPNA Spring meeting 2018 to extend a very warm welcome to all the participants and their honorable guests to our amazing city of Chicago. The venue of our meeting, Chicago Marriott Hotel on the Magnificent Mile, is centrally located with easy access to the best of everything our city has to offer. Chicago is known for its fine dining, vibrant arts, numerous cultural attractions, excellent shopping, and unique architecture.

The main focus of this meeting is to promote our young physician's leadership throughout organized medicine. We have prepared an outstanding CME Program covering a wide range of currently prevalent issues. We have also organized multiple social forums focusing on difficulties faced by the young professionals in both localized and globalized contexts, and as always there will be excellent food and exceptional entertainment.

We welcome the Alumni bodies of Jinnah Sindh Medical University, Khyber Medical College, and PPS the local chapter of APPNA who are also hosting their respective retreats during this meeting.

I would also take this opportunity to express my gratitude to entire host committee without whom this meeting would not have been possible.

On behalf of the entire host committee I would like to welcome you to APPNA Spring Meeting 2018 and hope you will enjoy our meeting and the Chicago Hospitality.

I look forward seeing you all and please don't hesitate to contact me if you have any questions.

Sincerely

Aftab Khan, MD
Chair Host Committee



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Advisors & Co-Chairs



Arif Agha, MD
Advisor



Imtiaz Arain, MD
Advisor



Aisha Zafar, MD
Advisor



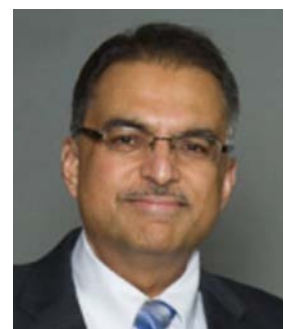
Shahid M. Ahsan, MD
Co-Chair Host Committee



Syeda Aisha Iftikhar, MD
Co-Chair Host Committee



Shakaib Razzaq, MD
Co-Chair Host Committee



Rahat Sheikh, MD
Co-Chair Host Committee





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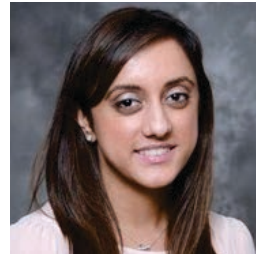
Maliha Ahsan, MD



Syed Aisha Iftikhar, MD



Mussarat Arshad, MD



Zara Arain, MD



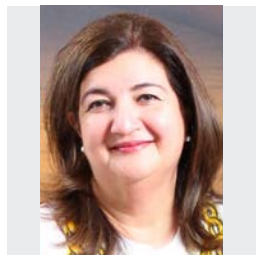
Themina Bajwa, MD



Ms. Sadia Rafiq



Ms. Juwairyah Syed



Ms. Rabia Khan



Muhammad Rafiq, MD



Arif Agha, MD



Imtiaz Arain, MD



Shahid Ahsan, MD



Mansoor Alam, MD



Irfan Mirza, MD



Shakaib Razaq, MD



Mr. Aamir Chalisa



Mr. Ahsan Siddiqi



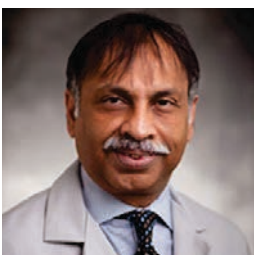
Abdul Ghani, MD



Sameer Shafi, MD



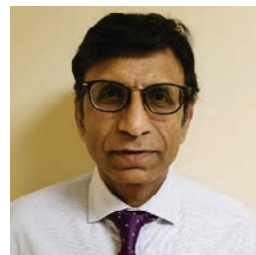
Qasim Chaudhary, MD



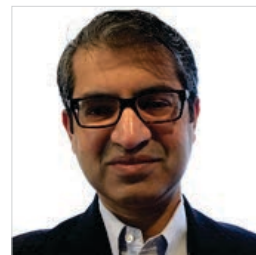
Haifz Burghary, MD



Moazzam Saeed, MD



Nadim Longi, MD



Zubair Syed, MD



Waseem Kagzi, MD



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Ambassador of Pakistan Message



I wish to extend my best wishes to members of the Association of Physicians of Pakistani Descent of North America as they prepare to hold what I am sure would be a very successful Spring Meeting.

APPNA is one of the oldest Pakistani American organization of its kind. APPNA physicians have provided on-the-ground medical relief services in the aftermath of 9/11, Hurricane Katrina, the 2005 earthquake in Pakistan, the 2015 earthquake in Nepal, and other natural and humanitarian disasters across the world.

APPNA has repeatedly demonstrated a spirit of sacrifice and service that transcend national, ethnic and geographic divides, and truly sets in apart from other not-for-profit organizations.

Organizations like APPNA are a force multiplier for our efforts in building bridges of friendship and understanding between Pakistan and countries in North America. On behalf of the Embassy of Pakistan, I congratulate APPNA on its splendid record of achievement and assure it of our fullest support in the future.

Ambassador Aizaz Ahmad Chaudhry
Ambassador of Pakistan to the United States
Government of Pakistan



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Consulate General of Pakistan
Chicago

Message from Mr. Faisal Niaz Tirmizi, Consul General of Pakistan, Chicago for the 2018 APPNA Spring Meeting

I welcome all members of the Association of Physicians of Pakistani Descent of North America to Chicago for 2018 APPNA Spring Meeting.

APPNA has consistently proven itself as one of the strongest organizations of professional Pakistanis in North America. This organization is not only working to further the interests of Pakistani physicians in the US but also for uplifting underprivileged communities around the globe. Projects like SWDRC, Rohingya Relief and Food Banks are doing immense good work.

APPNA represents a group of highly educated Pakistanis who are one of pillars of the friendly relations between the two countries. These physicians are a true representation of Pakistan – a country of talented, tolerant and diverse people.

Times are changing. I would strongly urge members of the APPNA to encourage coming generations to leave a mark in the US politics, media and entertainment and other national building institutions for a better voice in power corridors.

As always, I am hopeful that APPNA would continue its good work for strengthening the Pakistan-US relations as well as its philanthropic endeavors in the coming years.

I wish all the best to organizers of the 2018 APPNA Spring Meeting for yet another successful meeting and looking forward to joining them with my wife.

Pakistan Zinadabad!

Yours sincerely,

(Faisal Niaz Tirmizi)
Consul General

333 N Michigan Ave, Suite 728 Chicago IL 60601 | Tel: 312-781-1834 |
info@cgpkchicago.org



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Jan Schakowsky
9th District
Illinois



Member of Congress
Washington, D.C.
202-225-2111

April 26, 2018

Dear Friends:

I am pleased to send warm greetings to everyone gathered in Chicago, Illinois for the Association of Physicians of Pakistani-Descent of North America (APPNA) spring meeting.

Now more than ever, the work that APPNA does to improve public health and provide health care to vulnerable communities is so important. As a non-profit professional, educational and charitable organization, APPNA has demonstrated tireless devotion to outreach and helping others. I applaud APPNA's efforts to collectively uphold ethical and moral values, engage in social and professional activities, support educational and intellectual pursuits, and upgrade medical care.

In a world faced with ever-increasing health concerns and social struggles, APPNA's charitable work is very important. From helping Rohingya refugees, to providing free health care clinics, to food drives and food banks, to your scholarship fund, AAPNA has helped make our community, our country, and our world a better, healthier, and safer place.

I look forward to continuing our work together, and wish you all the best for your meeting and continued success.

Sincerely,

Jan Schakowsky
Member of Congress



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RICHARD J. DURBIN

ILLINOIS

DEMOCRATIC WHIP

United States Senate
Washington, DC 20510-1504

COMMITTEE ON APPROPRIATIONS

COMMITTEE ON THE JUDICIARY

COMMITTEE ON RULES
AND ADMINISTRATION

April 27, 2018

Dear Friends:

It gives me great pleasure to welcome all of you to the Association of Physicians of Pakistani Descent of North America (APPNA)'s spring meeting. This gathering is a special opportunity to recognize the great work of APPNA and its members.

For decades APPNA has demonstrated tireless devotion to improving public health and providing high quality healthcare to vulnerable communities. I applaud your commitment to support the educational and professional development of physicians as well as improving medical care for those in need. Your dedication to communities in the United States, Pakistan, and beyond through your health clinics, scholarships, and food drives shows your great care for medicine and people in need.

Again, I would like to extend my warmest wishes to today's attendees for your dedication to APPNA. Congratulations on all your work and achievements, and I wish you the best of luck in your future endeavors.

Very truly yours,

Richard J. Durbin
United States Senator

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WASHINGTON, DC 20510-1304
(202) 224-2152
VRS (202) 540-9782

230 SOUTH DEARBORN, 36TH FLOOR
CHICAGO, IL 60604
(312) 353-4952

525 SOUTH EIGHTH STREET
SPRINGFIELD, IL 62703
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1504 THIRD AVENUE
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ROCK ISLAND, IL 61201
(309) 786-5173

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250 W. CHERRY STREET
SUITE 115-D
CARBONDALE, IL 62901
(618) 351-1122

durbin.senate.gov



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OFFICE OF THE GOVERNOR

207 STATE HOUSE
SPRINGFIELD, ILLINOIS 62706

BRUCE RAUNER
GOVERNOR

April 27, 2018

Association of Pakistani American Physicians
Chicago Marriott Downtown
540 North Michigan Avenue
Chicago, Illinois 60611

Greetings!

As Governor of the State of Illinois, I am pleased to welcome everyone gathered for the Association of Pakistani American Physicians Annual Spring Meeting 2018.

This event presents an exciting opportunity for everyone in attendance to join together with fellow members of your organization to share important information and ideas. I commend you for your service to the community.

As you reflect on your accomplishments made during the past year, I urge you to make plans for the future of your organization that build on your past success. I am certain this meeting will go a long way toward furthering your goals into the future, both individually and collectively.

On behalf of the people of Illinois, I offer my best wishes for an enjoyable and informative meeting.

Sincerely,

Bruce Rauner
Governor, State of Illinois



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OFFICE OF THE SECRETARY OF STATE

JESSE WHITE • Secretary of State

April 27, 2018

The Association of Physicians of Pakistani-Descent of North America
c/o Dr. Tariq Butt
6414 S. Cass Ave.
Chicago, IL 60559

Greetings:

As Secretary of State, it is my honor to welcome to the Association of Physicians of Pakistani-Descent of North America (APPNA) Spring Meeting 2018. Your dedication to the improvement of medicine and healthcare is commendable.

With more than 18,000 Pakistani physicians, the APPNA's dedication to public health is unparalleled. Your commitment to improving the quality of life for others through healthcare and philanthropic efforts is admirable. We appreciate the profound impact members of your organization have demonstrated in communities across our state. I applaud the APPNA's efforts to encourage continuing education within the medical field by hosting gatherings such as this Spring Meeting 2018.

Please accept my best wishes for another successful year.

Sincerely,

Jesse White
Illinois Secretary of State



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OFFICE OF THE MAYOR
CITY OF CHICAGO

RAHM EMANUEL
MAYOR

April 28, 2018

Dear Friends:

As Mayor and on behalf of the City of Chicago, it is my pleasure to welcome the Association of Physicians of Pakistani-descent of North America to Chicago.

Chicago and Pakistan have consistently shared a special history of friendship and exchange; one that was highlighted in 2007 when Chicago and Lahore became Sister Cities. I am proud that Chicago is home to such a large and dynamic Pakistani American community.

This gathering provides an opportunity for us to celebrate and recognize the culture, traditions and achievements of Pakistan and the contributions your Association, and the people of Pakistani descent have made to the social, economic, and cultural life of our city and North America.

I extend heartfelt thanks to the APPNA for making the Pakistani American community even stronger. Please accept my best wishes for your Spring Meeting, and much success and cooperation in the future.

Sincerely,

Mayor



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OFFICE OF THE PRESIDENT
BOARD OF COMMISSIONERS OF COOK COUNTY

118 NORTH CLARK STREET
CHICAGO, ILLINOIS 60602
(312) 603-4600
TDD: (312) 603-5255

TONI PRECKWINKLE
PRESIDENT

April 26, 2018

GREETINGS

As President of the Cook County Board of Commissioners, and on behalf of the residents of Cook County, I offer warm greetings to all in attendance at the Association of Physicians of Pakistani-descent of North America (APPNA) Spring Meeting 2018.

I laud APPNA for its dedication to public health and for fostering a supportive and empowering environment for over 18,000 Pakistani physicians. Whether assisting the adjustment and transition into North America or improving the delivery of healthcare, your work greatly impacts our communities. I commend your philanthropic efforts through collaborations with other medical organizations nationwide and charitable work offering medical relief and volunteer opportunities, such as free medical clinics in Pakistan, cleft lip and palate repair project, eye camps and rehabilitation projects.

I also applaud APPNA for its dedication to improving the skills and knowledge of its physicians by providing high-quality continuing medical education opportunities at the Spring Meeting 2018.

I extend my gratitude to the Association of Physicians of Pakistani-descent of North America for all the work you continue to do to improve medicine and healthcare for all. Please accept my best wishes for an enjoyable and successful Spring Meeting 2018.

Sincerely,

Toni Preckwinkle
President



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Chicago Medical Society

The Medical Society of Cook County

515 North Dearborn Street / Chicago, Illinois 60654
Tel.: 312-670-2550 / Fax: 312-670-3646 / www.cmsdocs.org

April 26, 2018

Dear Friends & Colleagues:

On behalf of the Chicago Medical Society, I welcome the thousands of physicians of Pakistani origin gathered here for the Association of Physicians of Pakistani Descent of North America 2018 Spring Meeting.

We applaud the APPNA's nonstop work to enhance public health, caring for communities and patients throughout the world. From helping refugees, to providing free medical clinics, to leading food drives, APPNA is a source of inspiration for organizations everywhere. Along with so many philanthropic and charitable efforts, APPNA serves and supports over 18,000 Pakistani-descent physicians through education, outreach and professional development. Your 2018 Spring Meeting furthers that mission with high-quality continuing medical education.

As the largest Pakistani organization in the United States, and second largest nonprofit ethnic medical organization, APPNA is a champion for physicians and patients. The Chicago Medical Society is honored that growing numbers of Pakistani-descent physicians choose to become members of our organization. This new collaboration between us will improve medicine and public health in our community.

We wish you all the best for an enjoyable and productive 2018 Spring Meeting, and extend our gratitude.

Warmest regards,

Vemuri S. Murthy, MD
President, Chicago Medical Society

SAVE THE DATES

APPNA
FALL
MEETING
2018

VIRGINIA
OCTOBER 18-21, 2018



Tariq Shahab, MD
Chair Host Committee

Iqbal Zafar Hamid, MD
President APPNA 2018



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Chair Publication Committee



Dear APPNA members;

This is my distinguished honor and privilege to serve as Chair of APPNA 2018 Publications committee under the dynamic leadership of our current APPNA president Dr. Iqbal Zafar Hamid.

APPNA was formed in 1977. During the last 41 years, it has grown from handful of founding members to third largest medical professional Organization in USA, after AMA and AAPI.

Under Dr. Hamid's leadership, we have started this year, by signing an agreement with AAPI and BMANA to form SAPNA and improve the lives of South Asians in USA and back home.

According to AAPI President "We are bigger than AMA now". This historical event has increased our professional standing as we represent 15% of Physicians practicing in North America now.

Dear friends; I would like to invite all members of APPNA to participate in different projects and send the write ups and photographs related to those projects.

We need original articles and poems, in Urdu and English on a timely basis so they can be printed in appropriate journals. In all the publications of the year, we will highlight the important projects and missions of our current APPNA executive committee. Our goal will be to reach out to medical graduates of North America of Pakistani descent as well who will be the back bone of our organization in coming years. .

Finally, I would like to thank Dr. Iqbal Zafar Hamid for his trust in me and the publication committee for all their help in getting APPNA's message out there through our publications. .

Long Live APPNA.
Long Live North America.
Long live Pakistan

Sincerely,

Joseph Emmanuel, MD.
Chair APPNA Publication committee 2018



APPNA 41st ANNUAL CONVENTION

July 4 - 8, 2018 Hilton Anatole, Dallas, Texas



Romance Hero

ATIF ASLAM

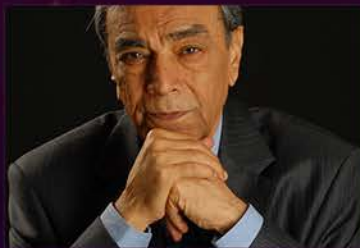
Live in Concert at APPNA Alliance Night

also performances on Wednesday, Friday and Saturday by:



Sohail Ahmed (Azizi)

Aftab Ahmed, MD
Chair Entertainment



Zia Mohiuddin

Dawood Nasir, MD
Chair APPNA Convention



Nabeel Shaukat Ali



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President's Message



As your President, I would like to welcome you to the 2018 APPNA Spring Meeting in Chicago. I am confident that you and your family are having a good time.

As a trend that was started just this year, I am excited to have JSMUAANA, Khyber Medical Alumni and APPNA Illinois chapter PPS put forth their efforts and resources together to make this meeting a great success.

The Spring Meeting is the first APPNA council meeting where Council members gather to discuss and decide the direction of the organization. This is the meeting when budget is presented and approved for the year and all legislative modifications are brought to member's attention through Council. It is the duty of every Council member to attend this meeting since their roles of leadership, as Presidents of Alumni and Chapters, is vital to the progress of our organization.

I am so proud of the Spring meeting team who have put all their efforts and resources to make it a successful event. The Chair of the meeting, Dr. Aftab Khan, is a visionary and a hard working leader, who was able to work with everyone to provide the absolute best for our members.

Right from the beginning, my goal has been to introduce all of our projects in the first quarter of the year, and that is why you are seeing numerous educational and healthcare initiatives operational already.

Our Mobile Health Clinic in Pakistan, in collaboration with Muhammad Medical College, has already been a great success. Dr. Razi Muhammad, Dean of Muhammad Medical College has been a great partner on the ground. It is my sincere wish that we can establish a network of Mobile Clinics throughout Pakistan with the help of our Alumni and Chapters. To accomplish my goal to donate at least 10 Mobile clinic units, I have requested the chairs of various meetings to donate one clinic each. I am pleased to announce that Chair of International meeting has just fulfilled his promise and has donated one mobile clinic on behalf of APPNA international Committee and their participant members.

We have introduced a free service for our members, the APPNA Concierge Service, thanks to the APPNA Pakistan Secretariat. This service has been established through a newly signed MOU with our partner, CureMD, and is gaining momentum. I am confident that this service will attract many physicians to become our members by utilizing this tangible free benefit.

Day on the Hill with SAPNA, created by a coalition of AAPI and BMANA, has very successfully



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addressed issues faced by our new graduates and physicians of South Asian origin. The leadership of AAPI and BMANA has enthusiastically made a significant difference in the lives of South Asians through a partnership with APPNA, and has been a strong initiative of APPNA.

We just had our own APPNA Day on the Hill under the able leadership of Dr. Kamran Rao thanks to the participation of a significant number of our members. Our message to our lawmakers was clearly presented - to help young Pakistani Physicians get their visas and start their residency training in a timely fashion.

Establishing the Coordinator position for our educational and healthcare committees has been a great help. In the past we have had multiple committees addressing these topics, but their effect can be multiplied with increased coordination. This year, APPNA is blessed to have coordinated educational and healthcare projects which will be very beneficial for our future.

The Pakistani University by APPNA, in North America, is a concept that is being extensively discussed and worked on. This is not something that can be done in a year. This is a tangible project that needs the attention and participation of all our members going forward. I urge every one of you to look into this seriously, and include your constructive comments.

We have been working on every issue that affects the foundation of APPNA. The APPNA Coming Together project, the University project in North America, and all the legislative changes are well thought out projects needed to make APPNA stronger, and require your support to be successful.

Unfortunately over years there has been a worsening divisiveness among various factions in APPNA. One of my goals is to bring all parties together who are able to express their ideology in a healthier manner and respect other's opinion and bring their energy together for improvement of the organization that they all love. To materialize my ambition, I have already embarked a team of our esteemed past Presidents and senior members to identify and give ideas to rectify these differences. I am greatly obliged to my seniors who have been making sincere efforts in improving the harmony.

Your participation, and the way we interact with each other, will open the door to many thousands who are waiting outside the circle to join our mission.

It is time for us to work together. Let's behave in the most amicable way in order to show our best etiquette and be an example for everyone. The APPNA membership code of conduct is being presented in the council meeting for your approval.

Sincerely,

Iqbal Zafar Hamid, MD
President APPNA 2018



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President Elect's Message



Dear APPNA Members,

I am extremely humbled to be President-elect of APPNA and to have inherited an organization which has great potential for growth, as well as the breadth of its activities, geographical reach and influence in recent years. Going into 2018, APPNA needs a stronger team working in a united fashion with an open door policy.

The purpose is to communicate openly with APPNA's membership and listen to concerns of membership. To ask General Membership and Executive Council for their assistance in identifying what is working, potential changes that are needed and innovative ideas within each of your respective chapters and alumni. Also, I encourage you to gather input from your committees to address their needs.

UNITY, CHANGE, and TRANSPARENCY is what you will experience with me as your 2018 President-Elect of APPNA. By taking time out of your busy schedule to reflect on your needs in the upcoming year, I believe the chapters and alumni will grow stronger collectively.

Please send me your feedback via email at (shekhani1@gmail.com) or by mail:
2821 N. Ballas Road, Suite C-64, St. Louis MO 63131

Sincerely,

Naseem Azeem Shekhani, MD
President Elect, APPNA 2018



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Secretary's Message



Dear APPNA Members

Welcome to Chicago !

Chicago Host committee lead by Dr. Aftab Khan has worked very hard to make this spring meeting the best ever done by APPNA. Team 2018 is strong and ready to deliver !

Our President has laid out a plan with a futuristic approach as you heard in the Strategy and Planning Meeting. The team is working hard to take every one together irrespective of political differences.

APPNA leadership is committed to transparency, financial and ideological growth of the association.

The team is involved with improving educational , health care delivery, charitable and governance project in APPNA. New challenges with the current geopolitical environment and new litigation culture are being handled with utmost care.

We have a lot of challenges but united together, we can handle any thing - As your Secretary, I am facilitating with an open door policy and abiding by the constitution and bylaws irrespective. I welcome critique and disagreement as that is the only way we can deliver better results with improved performance!

Please be involved, share your opinion and make it matter!

Kind regards

M. Sohail Khan, MD
Secretary APPNA 2018



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Treasurer's Message



Esteemed APPNA professionals,

APPNA's strength of commitment to our communities is measured on how much members can count on us. It is my pleasure to present to you the state of current APPNA finances and what the future might hold for us.

KEEPING IT TRANSPARENT - LONG AWAITED AUDIT COMPLETED:

Benefit of trust comes with promises kept.

The organization is catching up on what has been pending.

- 1- APPNA is fully caught up on all tax and audit filings for both APPNA and APPNA Foundation. The next filings and audit (2017) are due in November 2018.
- 2- It was approved in the Executive committee to put the summary of the audit on APPNA's website and the complete report be available on request.
- 3- The third party conducted the audit in accordance with auditing standards generally accepted in the United States of America and completed the twenty six page report.

WHERE WE ARE AT AND WHAT THE FUTURE MIGHT HOLD FOR US CURRENT MODEL OF INCOME SOURCE: FUTURE IS IN MEMBER DRIVEN PROVISION OF SERVICES:

Besides financial planning, budgeting, reporting, monitoring of accountability policies, audits and keeping it transparent, being an elected official it is also my role to give direction and make proposals.

1- Currently more than two thirds of the income source comes from local meetings and international trips.

Profits from the meetings mostly cover the operational costs and some profits are allocated to few projects. The main share and the objectives of the meetings are that of mixers sponsored by our circle of friends to provide an opportunity develop friendship, possible networking and be entertained, that's where we have the most attendance!

2- And at the other end of the spectrum a dismal less than 1/3 of the income comes from Membership This mirrors the organization is not member driven or member responsive.

The majority of income should be from membership so that APPNA remains first and foremost responsive to its members.

PROVIDING VALUED BENEFIT TO THE MEMBERS; https://youtu.be/YUOX2hQB_hk

We must offer tools, products and services to these physicians to help with their practices so they can offer the best care, offering members valued benefits and meaningful services so they can get far more representation than they actually pay in.

BOTTOM LINE:

There needs to be a paradigm shift:

There needs to be member driven provision of services to accomplish our mission of APPNA's financial stability and growth.

STANDING WITH PAKISTANI PHYSICIAN PROFESSIONAL

Lubna Naeem M.D
Treasurer APPNA 2018



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Immediate Past President's Message



Dear APPNA Members,

It has been my pleasure to serve as president APPNA for 2017 and I am very grateful to be given this opportunity. APPNA reached another milestone in 2017 as we celebrated its 40th anniversary. I have deep confidence in our organization and its wonderful potential to represent more than 15000 physicians of Pakistani descent in North America, but the work can only be accomplished with help of its volunteers who give their labor of love to the organization. These volunteers make a difference in so many ways not only in the progression of the organization but also in the lives of people that they serve selflessly. I am so ever grateful to

them for working along my side. I hope to continue to be involved in APPNA in future as well.

I am excited to update you on the project of free mobile health clinics from the platform of APPNA.

In 2017, after the southeast of USA was hit hard by natural disasters, APPNA members did wonderful volunteer work to provide relief and aide in hurricane affected areas of Texas, Florida and the Caribbean. However, it was felt that APPNA's presence on ground is not as well organized as it needs to be. We spent \$35000 in providing relief medical work to the affecters, but we had to rely on other organizations who provided infrastructure where our volunteers can volunteer their services.

Therefore, project of free mobile health units was envisioned and formulated by a task force on hurricane relief and approved by the APPNA Council in fall meeting of 2017. The funding for this project was secured through APPNA's sponsors and revenue generated from the meetings in 2017. The units had to be special ordered and have been equipped with all the necessities to work as an outpatient care clinic. I am very happy to report that first of these units was inaugurated at ICNA convention on March 30 in Maryland.

ICNA Relief is responsible for their maintenance under the agreement of an MOU. ICNA Relief is a four star charity registered in USA and has a presence in all states of USA. These mobile clinic units will be used as free health clinic for disaster relief work in times of need anywhere a calamity strikes in USA or as free clinics in areas of need in peace time.

The units will be stationed in Texas, Florida, Northeast and Midwest. It will expand our medical mission throughout USA and will be a great way to put APPNA's good name out in the community.

The phrase "Civic Engagement through Community Service" was coined with the purpose to put APPNA at forefront of community service in USA, and has been the center of APPNA's operation in 2017. Our work included community projects all over the country, through APPNA free clinics, medical missions and a new food pantry program. I hope that all of these and other projects will continue this year and in the years to come as more projects will be added.

Sincerely,

Sajid Chaudhary, MD.

Immediate Past President APPNA 2018



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President JSMUAANA Message



It is with great pleasure that I welcome you all to Chicago for our 8th annual JSMUAANA retreat! This is the city where our journey began 8 years ago with our first retreat, which I was blessed to be part of. Since then we have come a long way. We have all worked endlessly to make sure that you are all able to enjoy and have a memorable retreat. I would like to thank APPNA President, Dr. Iqbal Zafar Hamid, and APPNA Spring Meeting Chair, Dr. Aftab Khan for all their help and support in this collaboration.

The JSMUAANA host committee under the leadership of its chair, Dr. Maleeha Ahsan, has worked hard to make this retreat successful. My sincere thanks to the entire JSMUAANA Host committee for all of their hard work and efforts!

I would also like to thank each and every one of you for being an integral part of JSMUAANA. It is that bond of friendship, and camaraderie that brings us all together and keeps us united. Hope you all have a great time in Chicago.

Long Live JSMUAANA.

Mansoor Alam, MD
President JSMUAANA 2018



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President KMCAANA Message



Assalamo-alaykum

Dear Khyberians,

It gives me immense pleasure to welcome you all to our first retreat in the great city of Chicago. It took us a while to organize this event and we hope that this will be a solid beginning to an annual KMCAANA retreat tradition.

KMCAANA is one of the oldest component society of APPNA and its member have played a key role in the foundation and development of APPNA. Many of our members have served at the highest levels in APPNA and are credited with pioneering land mark APPNA initiatives. KMCAANA has provided the largest platform of activities for KMC graduates in North America over the last several decades. We have seen a great influx of Khyber Medical College graduates into almost every field of medicine in North America in the last 15 years. It will, however, be a remiss not to admit that many of our alumni colleagues have stayed out of the folds of the Khyber Medical College Alumni Association of North America. Organization grow in strength and influence when their membership grow. Interest in membership grows when potential members can identify with the organization's goals and objectives. Some of our main goals of this retreat are to give our members an opportunity to rekindle old friendships, meet new members and discuss ways to make our association the main meeting place for all our Alumni in North America.

I would like to thank Drs. Humaira Ali, our immediate past president, Mohammad Taimur, our secretary, Samir Qazi our treasurer, Hasina Javed a KMC graduate and past president of PPS and Ifzal Bangash past president of KMCAANA for their help and guidance in organizing this retreat. I am also thankful to Dr. Iqbal Zafar Hamid, President APPNA and Dr. Aftab Khan, the chair of the APPNA host committee for their support in making this event successful and enjoyable.

With best wishes,

Rashid Hanif, MD
President KMCAANA 2018



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President PDPSIL's Message



On behalf of my Executive Council and Board of Trustees , I welcome you all to APPNA/ PDPSIL Spring Meeting and JSMUAANA/ KHYBER Retreat. We are delighted that you all are here . This was a long awaited meeting for Chicago residents and I would like to thank President APPNA Dr. Iqbal Zafar Hamid to accept our request to bring APPNA's Spring Meeting to Chicago.

Chicago is among the largest cities in the US, framed for its bold architecture, it has a skyline punctuated by skyscrapers such as the iconic John Hancock Center; Willis Tower (formerly Sears Tower) and the neo Gothic Tribune Tower all from few feet to few blocks away from your Hotel. You can stroll down the Magnificent Mile of Michigan Avenue , you will find the best stores/ boutiques of the world and of course we have the world's best Desi & Pardesi food .

As a President of PDPSIL , Co-Chair of your host committee and a proud resident of this magnificent neighborhood , I urge you to ask me any question you have or any help you need. Myself and my team are available 24/7 to help you and make your stay the most memorable experience of your life.

We are your best guides , concierge , friends and above all family members and would feel proud if we could be of any help to you so that you take cherished memories of this meeting with you.

Rahat Sheikh, M.D., F.A.A.F.P.
President PDPSIL



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APPNA Alliance President's Message



As a president of APPNA Alliance, I would like to invite all of you to our annual summer program on July 5th, in Dallas, Texas. In this program the heart throb of Pakistan and one of the most well known singer of Pakistan Atif Aslam is going to perform.

In addition we will have many speakers, who are going to speak on important issues as well as will share their expertise.

This year we are supporting the cause of providing free mobile health clinic in Pakistan, in order to help those in need. We are also planning to feed the homeless in various US cities during Ramadan. InshaAllah we hope to do more.

I strongly believe that our greatest need of this time is supporting each other and coming together.

As Hellen Keller said, "alone we can do so little, together we can do so much."

When there is team work and collaboration, wonderful things can be achieved.

We must work hard, we must work wisely to build a brighter future .

Thank you

Hanadi Nadeem
APPNA Alliance President 2018



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Fatima Jinnah Medical College Alumni Report



I am pleased to report that the FJMC ALUMNI ASSOCIATION has been following the aims, mission and objectives as set forth by the Association.

As in previous years, an effort has been made this year to strengthen FJMC Alumni by recruiting new members and increasing our endowment funds, which in turn, enable us to fulfill our commitment to provide scholarship funds for needy students at Fatima Jinnah

Medical University, support FJOG (Hepatitis C clinics and other community projects), as well as various other endeavors.

Our activities this year:

- Throughout the year, teleconferences took place with the objective of achieving goals, objectives and planning for the future.
- Messages were sent out by e-mails through our Yahoo group, WhatsApp and Facebook page for donations and requesting enrolment for membership.
- We had a very successful Alumni dinner during summer meeting. The number of attendee and donations were more than what was expected from previous years. In summer meeting, Dr. Shagufta presented the president's report with special emphasis on recognition and acknowledgement of services from several past Alumni presidents. She endorsed continued improvement of our website fjmcna.com which undergoes periodic updates; She projected an ongoing improvement and maintenance of this website by Mr. Nicholas, who has been handling it with lot of passion. She asked for suggestions from the attendee to improve website, increase membership and requested Alumni members to open their heart for donations.

Dr. Shagufta highlighted the current charitable causes, need for finding more projects for donations and future direction of Alumni.

- Continue to maintain (501) c3 status for FJMC Alumni association.
- We continue to support, an e-Library which was established at FJMC in 2009 by FJMC Alumni with the help of SWRDC to fulfill our goal of extending education and knowledge to 600 undergraduate students, 25 post graduates and 50 faculty members.



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- The Supreme Court has given a decision in favor of upgrading Fatima Jinnah Medical College to a University status. We are excited and honored to be alumni of this great institution and are looking forward to strengthening our bond further with our Alma Mater.
- Our other major objectives are to continue increasing the endowment funds and contributing to APPNA scholarship funds which we started in 2014 with \$ 20,000 donation. We will be adding \$4000 this year. We have been directly contributing and supporting our Fatima Jinnah Medical University's needy students every year. We have contributed 10,000 \$ for year 2018. We have supported the WAPNA, SWDR and Rise for Equality by donations as much as our funds allowed us. This year we have also set aside some money to add to our endowment account.
- I take pride to share that last year we honored Dr. Shahnaz Khan for her incredible and continued commitment in the project of Rise for equality. Dr. Shahnaz Khan was our guest speaker who did an amazing job addressing the attendee of the summer meeting.
- We had door prizes and small table gifts for all the participants and this was well taken by the attendee.

As the president of FJMCAA for 2017 and 2018, I along with the executive team will work sincerely and diligently to create and contribute to projects that support our alumni organization's core values. However, neither our prior accomplishment nor our future projects are possible without our member's involvement. Our hope is to leverage our individual successes and use FJMCAA as a platform to launch larger philanthropic endeavors.

Thank you

Shagufta Jabeen, MD
President FJMC Alumni Association



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APPNA International Meeting 2018

Singapore, Malaysia and Indonesia



I have the pleasure to recap the recently concluded APPNA International Meeting to the Far East from April 5 - 15.

We had a large group of more than 150 APPNA members and their families join us in Singapore. In Singapore we toured the city covering all the highlights of this modern metropolis while staying at the palatial Fullerton Hotel. We also visited the amazing gardens and partook in the world renowned Night Safari.

On the 7th of April, we headed to Kuala Lumpur while visiting the historical city of Melaka en route.

In Kuala Lumpur, we were joined by the remaining members of the group. While in KL, we visited the incredible Petronas Twin Towers, Batu Caves, Islamic museum, nature reserves and a city with an incredible mixture of religions and races. In addition to the tours, we had some sumptuous meals, our first informative CME session, and a fun filled Masti Night.

From KL, we chartered an APPNA flight to Bali. Bali was a feast of natural beauty. We had the opportunity to visit several historic sights while also having the opportunity to enjoy the luxurious resort, long periods of gup-shup, the second CME session, and a truly entertaining and engaging APPNA Talent night.

Overall, we had a extremely successful meeting filled with learning, friendships, and fun. I would like to thank all the volunteers in helping organize and manage the trip.

Additionally, I would like to thank Tipu and Sikander in managing the details of the trip. And finally, I would like to thank Iqbal Zafar Hamid for his leadership and trust in our committee.

Aftab Ahmed, MD
Chair International Meetings Committee 2018





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APPNA Pakistan Secretariat



APPNA Pakistan Secretariat is a unique Concept that our President, Dr. Iqbal Zafar Hamid has visioned. He wanted a free concierge service for all APPNA members traveling to Pakistan. This would include assistance with arranging Hotel and traveling needs as well as any administrative work with their respective institutions and government offices.

He also wanted to provide a platform for Pakistani physicians residing in US to coordinate their voluntary academic and professional services with institutions requiring such services. Another aspect of his vision was to prepare potential young Pakistani graduates for possible relocation to US.

Keeping these thoughts in mind, he signed a memorandum of understanding with our sponsor in Pakistan, CureMD, who has extensive experience in providing electronic medical record services to major institutions throughout US thus familiar with US healthcare system. CureMD has graciously offered to provide and manage above mentioned services to APPNA members at no cost to the members of APPNA.

It was a great milestone that Dr. Hamid was able to achieve within the first month of his term as President. He has established a satellite office in Lahore which later on will be extended to other major cities such as Karachi, Islamabad and Peshawar.

All active members of APPNA are welcome to benefit from such services if they need any, by visiting our website: www.APPNA.org

Thank you and best of luck.
Akhtar Hamidi, MD, FAPA, CCHP
Chair Communications Committee 2018



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APPNA Rohingya Relief

Ongoing 1-2 week Medical Missions (Urgent Need for Volunteers)

Medical need at the Rohingya camps in Bangladesh is tremendous and urgent. APPNA is continuously sending missions to the camps. Our ground partners are OBAT Helpers, an NGO registered in USA and Bangladesh. They have been doing charity work in Bangladesh for many years and have established a very good clinic in the Rohingya camps near Cox's Bazaar. They facilitate visa, local logistics and ancillary help at the clinic. They have also negotiated a discounted price at Long Beach hotel in Cox's Bazaar.

The most need is for Primary Care Physicians, Pediatricians, Emergency medicine and OBGYN. The mission is expected to be for 1-2 weeks. You can volunteer at <http://appna.org/medicalcorps/>. You can also bring your children over 13 years of age if you would want them to help. At this time, Bangladesh government does not allow residents to practice.

Let us show the world that APPNA really cares when and where a humanitarian crisis strikes.

APPNA Physicians who have already volunteered at Rohingya Camps in Bangladesh are: Dr. Shaheen Mian, Dr. Humeraa Qamar, Dr. Tanvir Chodhri, Dr. Aliya Ali, Dr. Mir Shujaat Ali, Dr. Usman, Dr. Farzana Naqvi, Dr. Bushra Dar, Dr. Helal Ekramuddin, Dr. Shahid Yousuf, Dr. Javed Akhtar, Dr. Zia Moiz, Dr. Mahmood-ur Rasheed and Dr. Uzma Nasim





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APPNA Mobile Clinics in Pakistan

Providing Quality Healthcare to Remote Areas of Pakistan

I would like to thank APPNA President, Dr. Iqbal Zafar Hamid for his vision and determination in starting this project. The concept is to provide free healthcare to the remote areas of Pakistan. Adequate healthcare in these areas is practically nonexistent. The first project has been started at Mirpurkhas. APPNA purchased 2 ambulances equipped with gurney, IV poles, EKG, oxygen, clean water supply and medication closet at cost of about \$11,000 each. These ambulances are staffed by a doctor, house staff and dispenser. They are deployed to different villages in the adjoining areas of Mirpurkhas.

Our ground partner in Pakistan is Muhammad Medical College which is very amicably led by the dynamic Dr. Syed Razi Muhammad. We are also collaborating with APPS UK who already operates such mobile clinics near Islamabad. Hum TV is our sponsor and media partner. The project was launched on Feb 22nd, 2018 in Mirpurkhas. It was indeed a very special day when we accompanied the vans to remote villages near Mirpurkhas, Sindh. The happiness and gratitude expressed by the villagers was reason enough to launch the project and provide help to the people of Pakistan.

Since its launch, APPNA Mobile Clinics in Mirpurkhas are a huge success. Just in the first month Feb 22nd – March 22nd, 2018, there have been 30 visits and 2743 patients seen.

We would like to thank all our partners in the project. We would also like to thank our donors. This is just the beginning and we hope to launch similar mobile clinics all over Pakistan. Please donate generously and let us know if you would like to sponsor a Mobile Health clinic in your area of interest.

Thanks

Mubasher Rana, MD, FACP
Chair APPNA Medical Corps
Changing Lives Together





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APPNA Gives Back

APPNA Medical Corps/SAPPNA Mission to Cleft Hospital Gujrat

Cleft Hospital is an amazing project in Gujrat, Pakistan. In the heart of Punjab exists this commendable well run charity hospital mainly dedicated to fixing cleft lips/Palate for the most deserving and sometimes forgotten children of Pakistan. Dr. Zahid Rafique, an anesthesiologist in United Kingdom has been arranging free medical missions to this hospital for about 20 years. He had approached APPNA to arrange similar missions as the need is great and there are over 100 patients on waiting list for surgeries at any given time. Dr. Shahid Hafeez, an anesthesiologist in Gujrat who volunteers at Cleft Hospital met with President Iqbal Zafar Hamid and similarly requested APPNA to bring a medical mission and conduct educational seminars in Gujrat.

APPNA Medical Corps and Society of Anesthesiologists of APPNA (SAPPNA) worked together to arrange the charity mission. It comprised of 2 Plastic surgeons, Drs. Farooq Shahzad and Hassan Shah and 4 anesthesiologists, Drs. Unser Khan, Vaqar Syed, Dawood Nasir and Iqbal Zafar Hamid. Dr. Kaleem Sayyed, Healthcare Quality Management Expert and Dr. Mubasher Rana, Chair APPNA Medical Corps also accompanied the mission. The camp was conducted from Feb 19-21,2018. There were 16 surgeries performed including cleft lip/palate and oculoplastic surgeries. Patients were also evaluated in outpatient clinic. Dr. Ijaz Bashir, Founder and President of Cleft Hospital was a very gracious host and made all the local arrangements very well.





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In addition, education seminar was arranged by SAPPNA at Aziz Bhatti Shaheed Hospital (Civil Hospital) of Gujrat. Dr. Dawood Nasir conducted a workshop on US Guided chronic pain and regional anesthesia. Dr. Kaleem Sayyed spoke eloquently on Quality improvement in the hospital. The intent is to initiate QI programs in the hospital and Dr. Sayyed continues to guide the local staff on their progress. Drs. Unser Khan and Vaqar Syed also gave talks on Patient Transport Safety and Child anesthesia. In addition to Gujrat, educational conferences were conducted at Gujranwala Civil Hospital, Services Hospital, Lahore and King Edward Medical University. All these conferences and workshops were well attended and received very positive feedback.

We are very fortunate as physicians to be able to give back to the people of Pakistan. The mission was a great success in both surgical repair of very deserving patients and imparting skills and knowledge to health professionals. We are extremely thankful to everyone in Pakistan who helped us with the arrangements. They were gracious hosts and expressed a keen desire to improve health care in Pakistan. We also thank APPNA physicians who took time out of their busy practices and traveled on their own expense to participate in this mission. We plan to conduct our second mission to Gujrat in September/October this year. Anesthesiologists and Plastic surgeons are encouraged to volunteer at www.appna.org/gujratmission.

Mubasher Rana, MD, FACP
Chair APPNA Medical Corps 2018
Changing Lives Together



Before

After





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APPNA Medical Corps Mission to Coban, Guatemala February 18-23, 2018

This is the 3rd APPNA Medical Corps mission to Guatemala and is supported by Rotary Club. The following APPNA physicians made up the team: Dr. Hassnain Syed from Chicago, Dr. Minal Ahson from Florida, Dr. Razia Sheikh and her son Akbar Sheikh a Pre-med student from Fresno, CA. Jane Winning, a nurse from Fresno also accompanied them and was Mission lead.

They volunteered at a charity school in Coban, Guatemala and saw Children and adults of the community who don't have medical insurance. The school has between 450-500 kids from age of 5-18. They also saw kids that are called "dump kids" as they live around the dump located approximately a 1/4 mile away. They have a preschool there where the kids can go while their parents or grandparents pilfer through the dump looking for food or things they can salvage to sell or use in their living quarters whatever they might be. The school was built by Spain and is well maintained and provides the kids with two meals a day and some uniforms.

It was a very successful mission where they saw and treated as needed 431 patients that would not have the benefit of being seen by a physician if it weren't for this team. They provided free medications as needed for treatment and also Vitamins to girls and women between the ages of 12-45 thanks to a grant from Vitamin Angels.

Nurse Jane Winning wrote: "I can't say enough or find the right words to say about the dedication and work that this team of individuals supplied and made a difference in the 431 kids and adults that they saw and the support that the teachers and student translators provided. Without all of them this would not be possible or successful. It is because of people like this team that gives me the reason to continue to provide what we can in an area where the need is so great. To us in the US it is totally hard to believe these individuals live on less than \$25 a month".





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APPNA Mobile Clinics

PAKISTAN



USA





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APPNA Participation at AAPI Legislative Day on the Hill

Thursday, April 12, 2018

Report by: Nadeem Tariq MD, FACP

Rao Kamran Ali, MD, Chair Advocacy Committee & Naseem Shekhani MD, President Elect APPNA 2018 January 27, 2018 is a historic day for APPNA (Association of physicians of Pakistani descent of North America), AAPI (American Association of physicians of Indian origin) and BMANA (Bangladesh medical Association of North America). This day, the Presidents off all three prestigious organizations signed a memorandum of understanding (MOU) to create a coalition of South Asian physicians of North America (SAPNA) to work together, which represents 15% percent of total physician work force in USA.



SAPNA means dream, and it was really a dream come true.

With this memorandum of understanding, APPNA, AAPI and BMANA committed to work together in bringing the best possible solutions and opportunities impacting large number of human lives.



AAPI Legislative day on the Hill was held on April 12, 2018.

Dr. Gautam Samadder , President AAPI and Dr. Naresh Parikh , President Elect AAPI invited Dr. Iqbal Z. Hamid, President APPNA, Dr. Naseem Shekhani President Elect APPNA and leadership members of our esteemed organization to participate in the meeting.



Dr. Iqbal Z. Hamid formed a committee. The following physicians from APPNA attended the meeting:

Dr. Naseem Shekhani- President-elect, lead the APPNA contingent.

Dr. Kamran Rao- Chair Advocacy committee

Dr. Abdul Rasheed Piracha

Dr. Nadeem Tariq

Dr. Rashid Chotani

Dr. Pervez Shah

Dr. Hammad Hafeez

Dr. Waseem ul Haq



It was great opportunity for APPNA, AAPI and BMANA Physicians to work together for the improvement of patient care in USA.

The overall agenda of the meeting was, lowering the cost of prescription drugs, immigration reforms, increased residency slots, Medicare and Medicaid reimbursements, tort reforms, repeal of the individual mandate, which is a part of the affordable care act which will take place in 2019



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and finally physicians' visa issues. In rural areas International medical graduates provide 60% of primary healthcare. These physicians provide exceptional care and work tirelessly to make a difference in the lives of their patients. However there are difficulties in the conversion of J1 to H1 visa, green cards and Citizenship. By combining our resources we can make a difference.

Many Congressmen and Congresswomen attended the meeting:

U.S. Congressman Steve Chabot (R-OH) Foreign Affairs, Small Business, Judiciary

U.S. Congressman Mike Kelly (R-PA) Ways and Means

U.S. Congressman Joe Crowley (D-NY) Ways and Means

U.S. Congressman Andy Barr (R-KY) Financial Services

U.S. Congresswoman Barbara Comstock (R-VA) House Administration, Transportation and Infrastructure, and Science,

Space, and Technology

U.S. Congressman Joaquin Castro (D-TX) Foreign Affairs, Intelligence

U.S. Congressman Peter Roskam (R-IL) Ways and Means

U.S. Congressman Frank Pallone (D-NJ) Energy and Commerce

U.S. Congresswoman Pramila Jayapal (D-WA) Budget, Judiciary

U.S. Congressman Phil Roe, MD (R-TN) Veterans' Affairs (Chairman), Education and the Workforce

U.S. Congressman Ro Khanna (D-CA) Armed Services, Budget

U.S. Congresswoman Tulsi Gabbard (D-HI) Armed Services, Foreign Affairs

U.S. Congressman Ed Royce (R-CA) Foreign Affairs (Chairman), Financial Services

U.S. Congressman Gregg Harper (R-MS) House Administration, Energy and Commerce, Joint Committee of Congress on the Library.



Dr. Naseem Shekhani spoke at AAPI day on the Hill. He thanked AAPI leadership for the invitation and making history as we converge in Washington DC to put our case in front of the United States Congress. He enumerated 3 crucial points which concern all of us:

1. Visa issue. He urged Congress to help expedite the process.
2. Implement strategies to continuously improve on the delivery of better patient care.
3. Be proactive and progressive in addressing the needs of our young physicians specially recruiting our children who are born and raised in the United States and they become physicians. We need fresh and innovative ideas from young physicians to fill what they may perceive as voids to attract them towards our respective organizations.

All of the Congressmen and Congresswomen who attended the program, appreciated the combined efforts of AAPI, APPNA and BMANA and also expressed excitement and promised to attend upcoming APPNA Day on the Hill, April 25, 2018.

Medical diplomacy is stronger than ever; our missions, visions, and goals are in alignment. Let us work together in a united fashion towards becoming stronger and better for our future generations.



APPNA SPRING MEETING

JSMUAANA Annual Retreat

KMCAANA Annual Retreat

PDPSIL Spring Meeting

EVENT SCHEDULE

Thursday, April 26, 2018

Time	Event Session	Room Name
6:00 PM - 10:00 PM	Exhibitors move-in	Salon I
6:00 PM	Welcome Reception	Tesla Center
10:00 PM - 12:00 AM	Ghazal Night (Live Singer)	Indiana/Iowa/Michigan (6th Floor)

Friday, April 27, 2018

6:00 AM - 11:00 PM	Interfaith Prayer Room	Cook (3rd Floor)
8:00 AM - 10:00 PM	Registration	7th Floor Foyer
8:30 AM - 9:00 AM	CME Breakfast	Indiana/Iowa/Michigan (6th Floor)
9:00 AM - 12:00 PM	CME	Indiana/Iowa/Michigan (6th Floor)
9:00 AM - 7:00 PM	Bazaar	Salon I (7th Floor)
12:00 PM - 1:00 PM	CME Lunch (Working Lunch)	Indiana/Iowa/Michigan (6th Floor)
1:00 PM - 2:00 PM	Friday Prayer	Cook (3rd Floor)
2:00 PM - 2:30 PM	ZT Corporate Presentation	Indiana/Iowa/Michigan (6th Floor)
2:30 PM - 3:30 PM	Hi Tea with APPNA President	Indiana/Iowa/Michigan (6th Floor)
3:30 PM - 4:30 PM	Town Hall with Ambassador	Indiana/Iowa/Michigan (6th Floor)
7:00 PM - 1:00 AM	APPNA/JSMU/PPS Dinner & Entertainment	Salon III (7th Floor)
7:00 PM - 9:30 PM	Khyber Dinner	Salon II (7th Floor)
11:00 PM - 2:00 AM	Mushaira	Indiana/Iowa/Michigan (6th Floor)



APPNA SPRING MEETING

JSMUAANA Annual Retreat

KMCAANA Annual Retreat

PDPSIL Spring Meeting

EVENT SCHEDULE

Saturday, April 28, 2018

Time	Event Session	Room Name
8:00 AM - 10:00 PM	Interfaith Prayer Room	Cook (3rd Floor)
8:00 AM - 10:00 PM	Registration	7th Floor Foyer
8:00 AM - 9:00 AM	CME	Indiana/Iowa/Michigan (6th Floor)
9:00 AM - 7:00 PM	Bazaar	Salon I
9:00 AM - 3:00 PM	Council Meeting	Indiana/Iowa/Michigan (6th Floor)
12:00 PM - 1:00 PM	Council Lunch (Boxed - Working Lunch)	Indiana/Iowa/Michigan (6th Floor)
12:00 PM - 5:00 PM	YPN	Kane/McHenry (3rd Floor)
3:00 PM - 5:00 PM	Social Forum	Indiana/Iowa/Michigan (6th Floor)
3:00 PM - 5:00 PM	APPNA YPA	Purdue (6th Floor)
3:00 PM - 5:00 PM	YPC	Wisconsin (6th Floor)
7:00 PM - 1:00 AM	APPNA Banquet & Entertainment	Salon II & III (7th Floor)
7:00 PM - 10:00 PM	YPN Dinner and social	Indiana/Iowa/Michigan (6th Floor)

Sunday, April 29, 2018

8:00 AM - 12:00 PM	Bazaar	Salon I (7th Floor)
8:30 AM - 10:30 AM	Halwa Puri Brunch	Salon II (7th Floor)

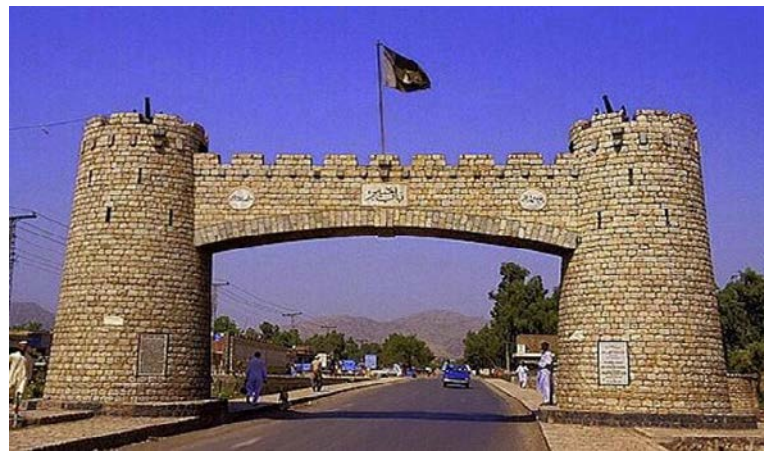


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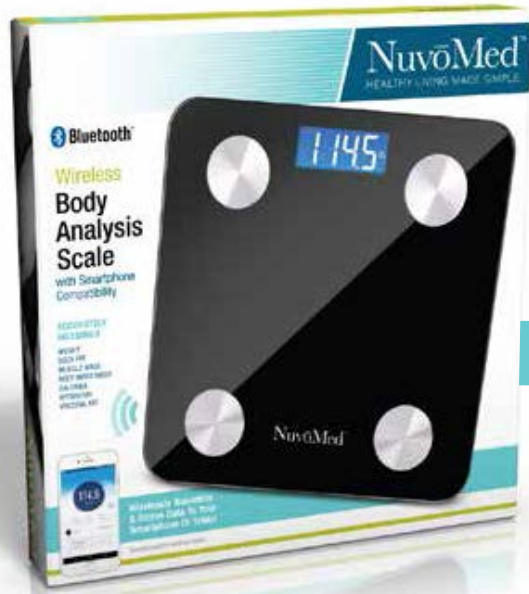


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Shahid M. Ahsan, MD

EXPERIENCED:

Dr. Ahsan received his medical degree from the Nishtar Medical College. He completed his internship and residency in Internal Medicine at the Cook County Hospital in Chicago. He completed Fellowships in Pulmonary and Critical Care Medicine at the University of Nebraska Medical Center in Omaha and a Sleep Medicine Fellowship at the University of Chicago in Chicago.

CREDENTIALLED:

Dr. Ahsan is board certified in Internal Medicine, Pulmonary Medicine, Critical Care Medicine and Sleep Medicine.

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In addition to pulmonary and critical care, Dr. Ahsan is a specialist in sleep medicine. He is the medical director of Franciscan Health Saint Elizabeth Sleep Disorders Center. He serves as director of ICU and co-director in Trauma program.

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Having served the local veterans and being in this town since 1999, it gives me an in-depth insight into the culture special needs of the area. I am very excited to come into Westover Hills area to serve you and the community. I practice medicine with a passion, a call to serve God and humanity. I have been in top 1 percent of my class during a rather lengthy education tenure covering a PhD, clinical research, and specialized Clinical Medicine; in the best universities and hospitals in the country.

I strive for the highest standard of care and patient satisfaction. I am coming into this practice with sole purpose of alleviating pain, suffering and establish a life long association with the community. I bring a unique experience in the field of Gastroenterology and Liver Disease. I am looking forward to working with you, living, and raising my children here.

Office Hours: 9a.m. to 5:00p.m Monday-Friday

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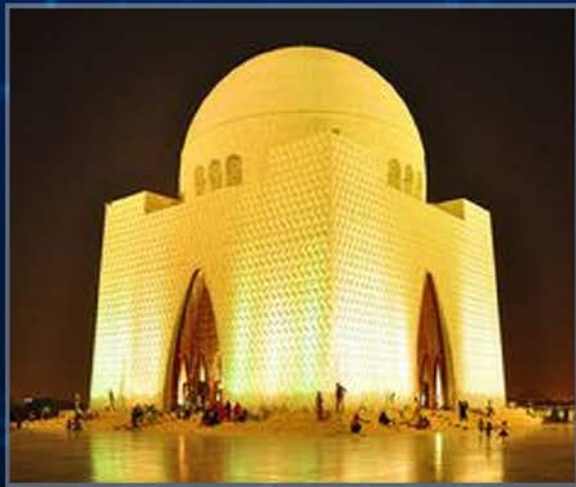
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