### Research Requirements for Residency

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#### **Disclosures**

 Research funding: Amgen, Array Biopharma, BMS, Celgene, GSK, Janssen, Merck, Pharmacyclics, Sanofi, Sattle Genetics, Takeda.

 Consulting: Amgen, Array Biopharma, BMS, Celgene, GSK, Janssen, Merck, Pharmacyclics, Sanofi, Sattle Genetics, SkylineDX, Takeda.

Speaker: Amgen, Celgene, Janssen, Sanofi, Takeda.

#### What is Research?

- Systematic investigation of a particular topic
- The three major goals of research:
  - establishing facts,
  - analyzing information, and
  - reaching new conclusions.
- The three main acts of doing research are searching for, reviewing, and evaluating information.
- Research requires organization, resourcefulness, synthesis, patience and above all, time.

#### **Identify Your Goals**

Which subspecialty are you interested in?

What resources for research are available to you at your institution?

- How much time can you expend for a research project?
  - 1-2 months vs. 3-4 months vs. >6 months

Do you want to pursue an academic career?

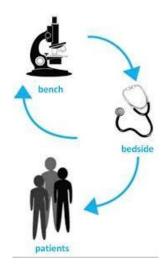
#### **Type of Research Projects**



**Basic Science** 



Clinical



**Translational** 



Educational



Quality Assessment & Performance Improvement

### **Basic Science Opportunities**

- Research that involves basic science laboratory and/or animal assays and procedures.
- Requires patience, hard-work and longterm commitment from both mentee and mentor.





#### What is Clinical Research?

- A branch of medical science
  - determines the safety and effectiveness of medications, devices, treatment regimens, hospital resources etc.
  - These may be used for prevention, treatment, diagnosis or for relieving symptoms of a disease.

- The three main acts of doing clinical research are:
  - Data collection (Retrospective or Prospective)
  - Data analysis and interpretation
  - Publication

#### Other Research Opportunities

- Educational Research
  - Medical student education
  - Resident Education
- Quality Improvement, Performance Improvement



## What do you have to do? (1)

- Complete CITI training
- Identify your faculty mentor
  - Meet with several faculty members with you research interest
  - See their current projects
  - Share your interests and goals
  - Get ideas on future projects
  - Decide your research topic and your mentor

# What do you have to do? (2)

- Get IRB Approval
  - Work with your faculty advisor and research director
- Conduct research
  - Generate hypothesis & design your study
  - Collect, analyze and interpret data
  - Derive new conclusion(s)
  - Present in a local/state/national meetings
- Publish a paper (write, edit, submit, revise, resubmit)

#### **Tentative Timeline**

By end of 1<sup>st</sup> Year

Complete CITI course, Meet the research director, potential faculty advisor, get IRB done

By end of 2<sup>nd</sup> Year

Complete the research work, write abstract and submit for presentation

By end of 3<sup>rd</sup> Year

Submit the manuscript, revise it per reviewers' comments and resubmit

#### **My Academic Road**

- Medical School Graduation 2002 no research experience
- 1 year clinical research at SKMCH&RC : 2 abstract
- Internal Medicine Residency 2004-2007: Case reports, 1 clinical research project and 1 basic science project.
- Hem/Med Onc Fellowship 2007-2010: 2 funded clinical research projects, 2 funded basic science projects (18months in lab).
- 1<sup>st</sup> Faculty Position: Developed translational research focus, failed on 5 grants before getting 1<sup>st</sup> foundation grant.
- 2<sup>nd</sup> Faculty Position: see next page

#### **Acknowledgements**

Clinical Team

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Manisha Bhutani Peter Voorhees Shebli Atrash

Mauricio Pineda-Roman

Reed Friend Belinda Avalos Edward Copelan Jordan Robinson Chelsea Sprouse

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#### **FUNDING:**

**BRITTON FAMILY FOUNDATION** 

**GENE WOODS SR MYELOMA FUND** 

FREEDLAND FOUNDATION



















