

Association of Physician of Pakistani Descent in North America (APPNA) Saint Louis Chapter is one of the most vibrant chapter of APPNA. Dr. Naseem Shekhani current APPNA president is from Saint Louis, MO. As mentioned in APPNA president's message that 2019 will be full of positive energy, excellence, new initiatives and growth for our organization and our success will be based on your teamwork, unity, partnerships and creativity. The decision was made to have APPNA Spring meeting in Saint Louis, MO April 11-14, 2019. Writer who was President for year 2019 for APPNA Saint Louis Chapter and was made the Chairman of the organizing host committee for APPNA Spring meeting, with Dr. Chaudhary Mobin Khan and Dr. Nighat Qadri as Co-Chairs with Dr. Nadeem Ahmed as advisor with Dr. Naseem Shekhani was there to help, all the time. We added executive council members of APPNA Saint Louis chapter in host committee and other senior physicians from Saint Louis were included in different host committees and each host committee was being chaired by a senior member. We had regular team meetings, where team chairs and members align their progress towards a common goal by communicating current updates, task progress, challenges, and next steps. Status update meetings were held which was an efficient and concise ways of communicating current updates and tasks among team members and unite the team around its shared goals. Commonly found group activities meetings have been problem solving, decision making, prioritization, and task assignment to different team members. Our meetings had been most effective because our participants have been taking an active role in aligning their individual goals, as well as the team goals, with the goals of the company. We made different committees which were headed by chairs who were leading and guiding the other members for their assigned job like entertainment, food, hospitality, young physicians, bazar and pharmaceutical booths, magazine publication committee and CME. Members of all these committees with their chairs met every couple or so weeks to make contributions not only when sharing their own committee information but also when listening to updates from other committees. Status update meetings were most effective because participants were taking an active role in aligning their individual goals, as well as the team goals, with the goal of the making APPNA Spring meeting at Saint Louis a success. To do this, participants should listen closely to all other participants and ask questions or raise concerns when they arise. This increased mutual understanding and support throughout the group.

APPNA Clinic:

For last several years our clinic is helping indigent patients with their health needs free of cost and we can get their labs and radiological investigations at a very nominal fee and constantly increasing services with more subspecialists and primary care in the APPNA clinic.

International Meetings:

This year APPNA organized visit to South Korea and Japan and this meeting got overwhelming response from Saint Louis and other area physicians. APPNA is arranging a trip in summer to England to watch Cricket World Cup and Northern areas of Pakistan trip last week of July 2019.

Fall Meeting:

Saint Louis chapter will have annual fall/winter meeting dates finalized by executive committee.

Respectfully Submitted,

M. Atthar Naeem, MD

Chair APPNA Spring Meeting

President Saint Louis Chapter 2019