Diversity (not hate) makes America great again

That it’s come to this is surprising to say the least. For not many saw coming the deliberate dismantling of pluralism in this country – of the hands of the very party charged with upholding lofty Lincolnian principles of fair play and equality. The Salado Bowl of ethnicities that the American experience was meant to be, where each racial group was to be valued and nurtured, is under mass-ive attack at the hands of today’s Republican establishment and it’s ultra-right base. Lincoln’s party is now squarely in the hands of fascists and white-supremacists, who with great ruthlessness have set about undoing all that had been accomplished by the Civil Rights Movement. To the extent that brown-skinned Americans can be shot in cold blood, mosques can be burnt down, syna-gogues desecrated with swastikas, Jewish cemeteries cruelly vandalized, and young minority children terrorized at their schools by cohorts that have been emboldened by the rising tide of government-fomented bigotry and xenophobia.

So, on that happy note, greetings and welcome to historic Philadelphia!

Philadelphia, the birthplace of the nation, is rich in history and provides the entire family with wonderful opportunities for sightseeing and entertainment. You’ll find plenty of local attractions within walking distance of the hotel, such as the Liberty Bell, Independence Hall and the National Constitution Center, along with world-class theater and museums. Established in 1862 at the confluence of the Delaware and Schuylkill rivers by William Penn on land that originally belonged to the now thoroughly decimated Lenape tribe of Native Americans, Philadelphia is the economic and cultural anchor of the Delaware Valley. The city served as the U.S. capital before Washington, D.C. was built. Philly is known for its arts, culture, and history attracting over 40 million domestic tourists in 2015. Philadelphia has more outdoor sculptures and murals than any other American city, and beautiful Fairmount Park is the largest landscaped urban park in the entire world. Philadelphia is the birthplace of the United States Marine Corps, and is also the home of many U.S. courts, including the first library (1731), first hospital and medical school, first Capitol (1775), first stock exchange (1790), first zoo (1874), and first business school (1881). Philadelphia is the only World Heritage City in the United States.

Philadelphia is also home to the beautiful Cathedral Basilica of Sts. Peter and Paul where Pope Francis recently held mass. Of note is that the cathedral was constructed in the 1850s without any side-windows because of the danger of vandalism during the anti-Catholic (read Anti-Irish) “Know-Nothing” era. Legend has it that the architect and construction workers threw rocks as high as they could at the side of the building, and the clerestory windows, which are the only source of natural light inside the cathedral, were placed above the mark where the highest rock had hit. The mid-1800s you see was a very difficult time for Catholics in America. They were treated as second-class citizens by the majority White Anglo-Saxon Protestants (WASPs) who quite ironically considered themselves “Native Americans” or “Nativists” while the Irish-Catholics escaping the potato famine in Ireland were mere ‘immigrants’. By the late 1840s, secret anti-Catholic organizations began to form in a number of states. They used different names, but collectively were referred to as the “Know-Nothing”s. This moniker arose from the members’ reluctance to openly talk about their organizations. When asked about their activities they would often say, “I know nothing.” Catholics were constantly harangued, and subjected to violence by these xenophobes who went on to accumulate substantial political clout through the appeal of their basiac anti-immigrant rhetoric. New York (1844) and Boston (1845) elected Know-Nothing mayors and the 29th US Congress included six nativist members, four from New York and two from Pennsylvania. A national convention was held in 1845 under the banner of the “Native American Party.” The organization advocated a 25-year residency requirement for citizenship and the limitation of public office to native-born Americans. Members actually went further and promised to support only Protestants. State houses throughout the country were captured by the Know-Nothing’s and governors were elected in Massachusetts and Delaware. The Know-Nothing victory in Massachusetts was nothing short of sensational and included the governor; all members of Congress and all but three members of the Massachusetts legislature.

In the process scores of Catholics—men, women and children—in Philadelphia and elsewhere were killed and many Catholic churches were burnt down by state-sponsored WASP mobs.

Sound familiar? It follows then that our country has in fact witnessed insults in the past that are very much like the ones spewing de novo from the White House and Capitol Hill today. But America has shrugged off these periods of mean-spiritedness and has doggedly progressed towards humane pluralism. So while you are enjoying Philly’s various charms, do also ponder our new realities under this Republican administration, when overt racism, xenophobia and anti-minority bigotry is increasingly becoming the order of the day. But do take heart in the notion that if as a community we remain engaged and look to collectively energize each other to resist the forces of darkness, we will eventually prevail. Because, as we know, diversity, not hate, makes America great.

Saeed Nadeem Anzar, MD
Chairman, Spring Meeting Publication Committee

APPNA
Association of Physicians of Pakistani Descent of North America
6414 South Cass Avenue, Westmont, IL 60559-3209, USA

APPNA Spring Meeting 2017
March 24-26, 2017 Philadelphia, PA

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On behalf of the local Host Committee of APPNA's 2017 Spring Meeting, I would like to welcome you to beautiful Philadelphia.

This conference with its top-notch CME program, Council Meeting, Social Forum on the Empowerment of Women, exciting social activities, a Young Professional Network event, village-style dinner on Friday, Saturday night banquet and excellent entertainment both Friday and Saturday night is testament to the tireless efforts of the local host Committee and APPNA-PUN members. In particular my two Co-Chairs Dr Sajjad Savul, graduate of Khyber Medical College, and Dr. Jamil Mohsin, graduate of King Edwards Medical College, have stood by me every single day since we had our first local host Committee meeting in early January of this year. I must also acknowledge our advisor Dr. Sarwat Iqbal, the founding President of APPNA-PUN, who has given us guidance at every step.

Special thanks to Chairs and members of the various committees as well. Dr. Nadeem Ahsan, Chair Publication Committee, through whose efforts you have this Journal in your hands, Dr Umar Farooq Chair Vendor Committee who worked very hard with other members such as Dr Shehla Sarki and Dr. Ghazala Farooqui. Dr. Farooqui is also the coordinator for Friday’s village-style entertainment and dinner.

This is the first time APPNA offered alumni bodies the opportunity to host their respective retreats at the spring meeting and we had a very good response. Dr. Mohammad Arshad is the coordinator for alumni-body retreats.

Mr. Iqbal Haider, a prominent community member, is chair food committee. He has worked very hard with other members of the food committee to arrange sumptuous meals for our meeting. Other members of the food committee were Mr. Azfar Kaleem, Dr. Sohail Rana and Mr. Malik Salman. I must also thank other members of the host committee who were part of various committees including Dr. Mehur Khan, Dr. Nayed Iqbal, Dr. Masaood Siddiqui, Dr. Sami Janjua, Dr. Sujood Ahmad, Ms. Fauzia Kaleem, Ms. Nusrat Jamal, Ms. Anne Anjum, Ms. Saima Bhutta, Dr Mohammad Ali Abbas, Dr. Asma Badar, Dr. Munaza Khan, and last but not least my lovely wife Maheen Durrani.

Special thanks to Dr Sajid Choudhry President APPNA 2017 for giving APPNA-PUN and me the opportunity to host the first ever APPNA Spring meeting in Philadelphia.

This meeting would not have been possible without support from Mr. Tipu Ahmad, Mr. Laiq Siddiqui and APPNA office staff including Jennifer Wozniak, Director Operations at APPNA Central Office.

I want to acknowledge our sponsors Compak Asset Management, Universal Surgical Associates, bazaar and non-retail vendors, Dera Restaurant for our catering needs and Ms. Beenish Ahmed for decorations.

I wish you all a productive conference and hope you will enjoy your time in Philadelphia.

Haroon Durrani, MD
Chair Local Host Committee
APPNA Spring Meeting 2017
In past many years I have heard people ask the popular question, “What does APPNA do” or “why doesn’t APPNA do this or that upon members who are parents of NAMA Graduates to encourage their children to participate in APPNA. There are many programs to choose our organization into a brighter future. NAMA Graduates and our youth are the future leaders of APPNA, our communities and our Country. I call Last but not the least; APPNA can do better in engaging our younger generation of Physicians to become more involved infuse new ideas and lead this is it!

My first goal is to make sure that we remind ourselves of our shortcomings and learn to accept them. Lets be open with each other and work as a unit rather than different factions, as transparency within the organization should be our primary concern. There is no place for petty politics, and our Officers, Council & Board Members need to be above such trivial matters. Adhering to APPNA’s constitution, bylaws, and code of conduct will ensure that the membership can have full confidence in the organization and its representatives.

Additionally, it is about time that we start calling a spade a spade. I ask you, the membership to raise your voice if you see nepotism and ethnic divide. Demand transparency and question outdated by laws that are not compatible with current much larger organization. Let’s get together and say NO to any such person whose ultimate motive is to divide and rule. We are all much better than that.

In conclusion, APPNA’s goals should be long-term, and should start with serving the community around us, as this is the most important task in today’s time and day. We should then focus on establishing a tangible, long lasting project in Pakistan. As promised, my goal in 2018 is to involve every member in the affairs of the organization who want to serve, irrespective of their political affiliation or thought process. In this regard, I am once again reaching out to all members to please contact me who want to serve in different committees.

The planning for 2018 has already started and different committees are being set in consultation with our esteemed membership. The main goals are to bring everyone together and further enhance the image of our organization.

APPNA 2018 spring meeting has been announced to be held in Chicago. Dr. Aftab Khan, a Kemcolian and current President of PPS is named the Chair of 2018 Spring Host committee. The venue and the dates will be announced later.

This organization has a lot to offer, but we can only bring it to its full potential if we work together. Let’s keep APPNA first and foremost, and act accordingly.

Thank You
Iqbal Zafar Hamid, MD
President-elect APPNA 2017
APPNA Spring Meeting 2017
March 24-26, 2017 Philadelphia, PA

Dear APPNA members

Assalam-alaikum

It is indeed a privilege to serve as the secretary of APPNA for 2017. We started the year by conducting a fruitful strategic planning meeting in Orlando. Working closely with the moderators a spirited discussion was held regarding our strengths and weaknesses. In addition, the team is assisting the president and the host committee, to carry out an outstanding council meeting in Philadelphia. All council members have been personally invited to make their participation as interactive as possible, for our first legislative body meeting of the year.

The Summer council and general body meeting will be held in Orlando in July. This will be followed by Fall council meeting in Cincinnati in October. We will be closing out the year with the Winter meeting in Lahore in December. The entire membership is sincerely encouraged to actively participate in these meetings. Please feel free to contact me for assistance in this regard.

As the secretary, I am assisting all the committee chairs in accomplishing their objectives and provide a bridge for smooth inter-committee coordination as well. The WebEx system is provided to committees for conducting online meetings, which is functioning well. Minutes of all council meetings will be accessible on our website for members’ review. Our aim is to place all committee reports online.

The reverberation of the Executive Order on “travel ban” has been felt across the length and breadth of our membership. APPNA’s leadership and the Advocacy Committee convened almost immediately to keep our members abreast of the changing landscape and work on a rigorous plan of advocacy at the national level. As a part of the team, I was fortunate to participate in advocacy activities during these difficult times and worked diligently in providing updates from our legal advisors to our membership.

Supporting the activities of the Committee of Young Physicians is very close to my heart, since I have been actively involved in it for multiple years. This team is actively grooming future leaders in the organization and planning various Young Physician Seminars during the summer meeting. Another key activity is to continue Career Counseling in the US as well as in Pakistan.

On the request of the Chair of the MERIT Committee, I am working on developing a curriculum for Cardiovascular Medicine. All medical colleges in Pakistan will be invited to participate in this program.

The President’s vision for APPNA is to focus on civic engagement and participation in our local communities. I am truly convinced of the efficacy of this vision. APPNA’s flagship projects in this respect are the clinics and food banks run by local chapters.

In conclusion, I request the membership to continue providing their guidance to engender a superior APPNA to serve the membership.

See you all in Philadelphia!

God bless

M. Rizwan Khalid, MD
Secretary 2017

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APPNA Spring Meeting 2017
March 24-26, 2017 Philadelphia, PA

Dear APPNA members,

This message can be about me or APPNA and its finances. We are taking a slightly different approach with the finance committee this year. Understanding that the Committee function has changed over time. Instead of micro management and keeping the log books and receipts etc., the committee needs to take a governance role with emphasis on policy making and guidance. While it continues with the oversight of its traditional function of budgeting, financial planning and reporting, the physical work is done by the Director of Operations, office staff, and book keeper. Now APPNA Financial Committee and its Subcommittee on Asset Management can improve APPNA’s function, transparency and compliance by introducing the following:

1) Review the established policies and improve to make them current.
2) Association’s Compliance and Reporting by creating a checklist.
3) Follow the FASB (Financial Accounting Standards Board) BEST PRACTICE GUIDELINES FOR NON PROFIT ASSOCIATIONS. Not just to keep compliance but to make APPNA a role model.
4) Internal audits as well as external audits be conducted in a timely fashion.
5) Recommendations towards APPNA asset management and improvement in its portfolio.

Our yearly biggest challenge is generation of ~ 250 k for the office expenses per year. It is essential that APPNA develops alternative avenues to generate revenues that are in sync with APPNA’s mission and Charter. Thus our reliance upon revenue generation from meetings and membership dues will be reduced.

Especially in these troubled times people will remember us not just by our WORDS but by our DEEDS.

What better avenue then Educational Intuitions that generate income for APPNA. We need to have our own hospitals, residency programs, and educational institutions of excellence. This way we will serve our generation and future generations’ well thus making a big contribution to this great nation! I would like to urge everyone to come together leaving aside our differences and join hands in this noble task.

M Sohail Khan, MD
Treasurer 2017
Dear Friends:

When asked to pen down my message, I did not want to delve once again on what we have achieved together last year. Rather than living in the immediate past, it is time for me, and I am sure you to look ahead at the future of the organization. However, for me, and as an organization, we need to reflect as that provides invaluable wisdom.

In words of Confucius:

"By three methods we may learn wisdom: First, by reflection, which is noblest; Second, by imitation, which is easiest; and third by experience, which is the bitterest."

Reflecting back as an organization, we have achieved a lot, and I can honestly say that I gave it my best to fulfill my responsibilities as President, learned a lot, am a better person for the experience, and humbled by your trust and confidence.

Of course, in addition to bringing in new initiatives and thought processes, I followed, imitated and tried to enhance some of the great initiatives of my predecessors, and remain forever indebted to them for what they brought to the organization. In doing so, I tried my best to recognize and involve my predecessors, especially the recent leadership, which only enhanced everything that we achieved in 2016. Of course imitation is easy when you have the brains behind the work you are imitating, involved in the process of enhancing what they established. I am grateful to all who joined forces to support me with their wisdom and passion for APPNA.

Sometimes in APPNA our main failure is to re-invent the wheel, believing we can do it better, even when we are imitating, and live in the world of “replace or reinvent” believing we will leave some indelible mark on the history of the organization. This somehow has been our main shortcoming as an organization and its leadership. If not for that innate and misdirected desire of imposing ourselves afresh on the organization, we would have had a lot more to show for the 40 years of APNA that we are celebrating this year. This actually is something which I can say from years of experience, which as any truth can be bitterest.

Without directing our attention to any single person or group of people, if I have any thought process to share with the current or any future leadership, whenever we try to take away those who are the brain behind an idea or a project to soon from the project, we in most instances, write the death warrant for those ideas and projects. We should only change the leadership of an idea or project once it is gelled and solidified. That’s the only way I know of strengthening the building blocks of an organization. Sometimes as leaders we delve into “self” before the organization, which results in a net sum of “zero” and the organization stands still. I am sure, soon most won’t remember me. However a project of APPNA, which has had an effect on the organization, even initiated a decade or two back, will never be forgotten. Let us build the organization, not our personal egos. If we were to do that, it is my firm believes we can achieve more in the next 10 years, than what we did in the last 40.

Once again I am grateful to all of you for the trust and faith in me, and the support you all provided. I hope we were able to build the organization, just a little, together.

M. Nasar Qureshi, MD, PhD
APPNA Medical Corps: Created in 2015 the mission and purpose of this committee was to Deploy Health Professionals during disaster and peace time to combat the diseases globally and within USA. It was envisioned that this core group of APPNA volunteers will be on stand-by 24-7 to deploy if the need arises. The committee facilitates and makes necessary arrangements for health professionals’ medical missions. Disaster response preliminary training is being undertaken, each will be headed by an enthusiastic APPNA physician who will create a meaningful impact on our neighbors. A new project of distributing emergency medical kits without a prescription through existing clinics.

APPNA Scholarship Endowment Program was started in 2013 with a pledge of a generous donation by an alumni member in the amount of ONE MILLION DOLLARS. The Scholarship Program is intended to help deserving students enrolled at respective medical colleges in Pakistan to delay some of their educational expenses. The money is distributed from the appreciation and income of invested funds and hopefully this program will continue helping deserving young medical students from Pakistan for years to come. The Scholarship Committee Members, in collaboration with the respective Alumni, have worked hard to raise funds and have been able to raise 1.1 million dollars. All the matching funds have been received and allocated according to the wishes of the donors.

These funds are invested in the dedicated APPNA Scholarship Endowment Account with sub-accounts for each alumni, according to the APPNA Finance Committee Guidelines. The investment is being managed by Steptoes Inc. - a member of New York Stock Exchange. The total value of funds in the APPNA Scholarship Endowment Accounts with Steptoes is $2,170,034.54 as of February 28, 2017.

The committee sent the second distribution of $ 40,000 to the respective Alumni as scholarship award to the deserving students of participating medical colleges in October of 2016. The Scholarship Program is "Staying in June, a gift to students in the name of God Almighty which has blessed us greatly. Please visit www.appna.org to donate online or to download and print the pledge form to make your payment by check or credit card.

Chair, Dr. Masood Akbar, and his team are doing a tremendous work and can be reached at masoodakbar2@gmail.com.

Social Welfare & Disaster Relief Committee: This committee has been the backbone of APPNA as it has served tremendously not only in Pakistan but also in USA (USA Clinic). The list of the and the work of the committee is as follows: The committee is lead by Dr. Atif Khaliq and in collaboration with APCNA.

Additionally, a Cardiology initiative will be lead by APPNA secretary Dr. Rizwan Khalid in collaboration with APCNA.

APPNA Free Clinics: APPNA members run 12 free health Clinics in different cities all over USA. Dr. Sajal Chaudhary’s vision for this year is to expand the work.

APPNA Foundation is organized to create a sustainable endowment fund to support the philanthropic work of the members of APPNA to provide a structured and dedicated organization committed to fund raising from and for the needy of the Pakistani American Community and exclusively to support those and other charitable and educational purposes.

To provide grants to individual and charitable organizations endeavoring to achieve the same purpose through other charitable means. Dr. Araf Gadelar heads the project this year.

USA College Scholarship Fund: We all know stories of extremely deserving students who wanted to pursue higher education but could not follow their dreams as their parents could not afford to pay the full tuition, especially in graduate and professional programs. Also there are APEF based scholarships which are not open for students applying to college. Students will submit an application through the APPNA website along with their parents’ tax and other financial information as well as their own academic and extracurricular activities on the intake form.

Donate online at https://www.istarting.com/appnaphereplate2/public donotions. The real memory of any organization is its people. What APPNA does is only possible because its members pitch in and take initiatives or donate resources.

God Bless APPNA, God Bless USA.
When was the last time you wrote or received a personal letter?

Some of the last letters I wrote were to my father in 2013. Those tokens of love enclosing some of his favorite shaiyari (poetry) in big, bold letters for him to read. My letters to my father were an attempt to keep the literary world my father lived in alive. Unfortunately, a few months before his passing on May 22nd 2013, it was no longer possible to discuss and exchange books with him. He could no longer enjoy and engage in his first love, even though after the sudden loss of his soulmate (my mother) in 2010, his love of poetry and literature had kept him alive. He loved reading poetry in big, bold letters for him to read. My letters to my father were tokens of love enclosing some of his favorite shaiyari (poetry) in big, bold letters for him to read. His acknowledgment of his passion for this new woman (his wife), his love of poetry and literature had kept him alive.

I want to climb the mountains of love.
And dive deep into the oceans of peace.
The soothing horizon! So want to touch.
Where roars of rivals, exist to cease.

I want to float in the rivers of kindness.
They play the symphony of joyous ripples.
And flow through lush forests of wisdom.
Where gentle sunlight through leaves stipples.

I want to lay in the meadows of comfort.
To hear the quietness-flaring inside me.
I smell the pureness of glistening dew drops.
And caress the breeze dancing with glee.

I want to swing in the hammock of solace.
Staring through the endless, but starry skies.
To stroke the hope of冷冻 World.
That is carried in the buzz of fireflies.

Oh that world! Where is that world?
Together shouldn’t we conjure that spot?
Forever then dwell the placid abode.
With noble actions and merciful hearts.

Ghaizal Forooqui, MD
One visit here alone is enough to give immediate credence to the old adage; “jinna
Lahore na’ii waikheya, a jammiya i na’ii.”

Currently being painstakingly restored, this 17th century architectural gem, built as it
was by a royal physician, is the crown jewel of Lahore’s numerous Mughal-era master-
pieces.

The mosque was commissioned by Sheikh Ilam-ud-din Ansari, who by virtue of be-
ing Emperor Shahjahan’s trusted governor (wazir) of Lahore was addressed as “Wazir
Khan”. Construction of Masjid Wazir Khan began in 1634 C.E., and was completed
in 1641. Considered to be the most ornately decorated Mughal-era mosque, this masjid is renowned for its
intricate Persian tile work (known as kashi-kari), as well as its interior surfaces
that are almost entirely embellished with elaborate Mughal-era frescoes. The
reason why Masjid Wazir Khan is architecturally so Persian in character is
because Wazir Khan, a physician by trade, was Persian and got his style cues
from the great mosques of Isfahan.

The masjid is located in the Walled City of Lahore along the southern side of
Lahore’s Shahi Guzargah, or “Royal Road,” which was the traditional route
traversed by Mughal nobles on their way to royal residences at the Lahore
Fort. The masjid is situated approximately 260 yards west of the Walled
City’s Delhi Gate, where the masjid’s Shahi Hammam is also located. The
masjid’s courtyard contains the tomb of the Sufi saint Syed Muhammad
Ishaq Gazruni, also known as Miran Badshah. The mosque has been under
extensive restoration since 2009 under the direction of the Aga Khan Trust
for Culture, with contributions from the governments of Germany, Norway,
and the United States.

These photos are from a trip to Lahore in February 2017. The author-photogra-
pher can be reached at dervaishbaba@gmail.com.
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Email: jmohsin@sjra.com

Top Docs

- 39 SJRA Radiologists have been recognized as Top Docs by national, regional, state, and local publications
- Largest staff of Women's Imagers in South Jersey led by Catherine Piccoli, MD, who was named as Top Women's Imager in the country by her peers

Top Technology

- Three 3.0 T Open Bore MRI Scanners
- Two 1.5 T Open Bore MRI Scanners
- Two GE 1.5 T MRI Scanners
- Two Siemens 1.5 T MRI Scanners
- Siemens Dual Source 128-Slice CT Scanner (best cardiac scanner in the world at SJRA, Mayo Clinic, Johns Hopkins, Cleveland Clinic, and Massachusetts General)
- Siemens 64-slice CT scanner
- Only practice in South Jersey to offer 3D (Tomosynthesis) Breast Imaging
- Digital Mammography
- Breast biopsies performed at both Voorhees and Turnersville Offices
- Web access for referring physicians to retrieve reports and images
- Participating Facility in the ACR Image Gently Program for Pediatrics

Top Practice

- Practice established in 1938 (75 years of community service)
- Convenient evening and weekend hours with Radiologists on site
- 98-100% satisfaction rate in patient surveys
- More physicians use SJRA for themselves and their families than any other practice

Fazel

كل مناً تجريب ركزتنا بأدب ومدعمة كجم من أجل تحسين جودة الحياة والصحة..

APPNA Spring Meeting 2017
March 24-26, 2017     Philadelphia, PA

Nasir Gondal, MD
IMI provides humanitarian relief and recovery services for those impacted by natural disasters, crisis and conflicts, and annual medical missions. IMI has provided relief in Pakistan, Kashmir, Greece, Iraq, Nepal, Sri Lanka, Haiti, Somalia, India and the US.

IMI’s professional development portfolio includes career guidance for students in health fields and placement assistance for residencies, rotations and observerships. IMI also provides CME programs and trainings to advance medical/health education globally.

IMI’s Health services for underserved communities include established clinics, mobile medical units and ambulances for access to remote areas, specialty based international delegations, medical camps and clinics as well as local screenings and vaccination drives.

Over the last 20 years, Imamia Medics International (IMI) has grown from a grassroots local effort to a global initiative, spanning 5 continents, 17 countries, countless cities and impacting millions of people. A US 501(c)(3) in Special Consultative Status with the United Nations ECOSOC since 2006, IMI’s primary areas of activity are health services, education and professional development, humanitarian relief and recovery, and advocacy to complement these areas.

IMI’s vision, “and who so saveth the life of one, it is as if he has saved mankind” (Quran 5:32), is the cornerstone for all our work and ensures a diversity of beneficiaries as well. IMI is happy to collaborate with all like-minded organizations including APPNA & any individuals as we all come together to serve humanity.

ABOUT IMI

CONTACT US

Imamia Medics International
PO Box 8209, Princeton NJ 08543
www.imamiamedics.com

Syed Wajih Rizvi, MD (DMC ’86)
Chief, R-Endocrinology & IMI HQ
609.468.2504 | imiwaiting@att.net

HUMANITARIAN RELIEF

IMI provides humanitarian relief and recovery services for those impacted by natural disasters, crisis and conflicts, and annual medical missions. IMI has provided relief in Pakistan, Kashmir, Greece, Iraq, Nepal, Sri Lanka, Haiti, Somalia, India and the US.

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IMI’s Health services for underserved communities include established clinics, mobile medical units and ambulances for access to remote areas, specialty based international delegations, medical camps and clinics as well as local screenings and vaccination drives.

EDUCATION

IMI’s professional development portfolio includes career guidance for students in health fields and placement assistance for residencies, rotations and observerships. IMI also provides CME programs and trainings to advance medical/health education globally.
### Friday, March 24, 2017

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6:30 AM</td>
<td>Registration</td>
</tr>
<tr>
<td>7:00 AM</td>
<td>CME Breakfast</td>
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<tr>
<td>7:30 AM - 12:30 PM</td>
<td>CME Session</td>
</tr>
<tr>
<td>8:00 AM - 7:00 PM</td>
<td>Columbus Ballroom (2nd. Floor)</td>
</tr>
<tr>
<td>12:30 PM - 1:30 PM</td>
<td>Grand Ballroom - A (2nd. Floor)</td>
</tr>
<tr>
<td>1:15 PM - 1:45 PM</td>
<td>Jumaa Prayer</td>
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<tr>
<td>2:00 PM - 4:30 PM</td>
<td>Khyber Medical College Alumni Meeting</td>
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<tr>
<td>2:00 PM - 4:30 PM</td>
<td>Dental APPNA Meeting</td>
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<tr>
<td>3:00 PM - 5:00 PM</td>
<td>USSNJ (2nd. Floor)</td>
</tr>
<tr>
<td>6:30 PM - 9:30 PM</td>
<td>Grand Ballroom (2nd. Floor)</td>
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<tr>
<td>10:00 PM - 1:00 AM</td>
<td>Farshi Music program</td>
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<tr>
<td>8:00 AM - 7:00 PM</td>
<td>Bazaar / Exhibits</td>
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<tr>
<td>9:00 AM - 4:00 PM</td>
<td>Council Meeting</td>
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<tr>
<td>8:00 AM - 9:00 AM</td>
<td>Informal Session with Majid Ali</td>
</tr>
<tr>
<td>8:00 AM - 9:00 PM</td>
<td>Nishtar Medical College Alumni Meeting</td>
</tr>
<tr>
<td>4:00 PM - 5:30 PM</td>
<td>Social Forum - Women’s Empowerment</td>
</tr>
<tr>
<td>6:30 PM - 7:30 PM</td>
<td>Reception &amp; Appetizers</td>
</tr>
<tr>
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<td>APPNA Banquet &amp; Entertainment</td>
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### Saturday, March 25, 2017

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<td>Columbus Ballroom (2nd. Floor)</td>
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<tr>
<td>9:00 AM - 4:00 PM</td>
<td>Grand Ballroom - A (2nd. Floor)</td>
</tr>
<tr>
<td>10:00 AM - 11:00 AM</td>
<td>Washington Room - B (3rd. Floor)</td>
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<tr>
<td>1:00 PM - 10:00 PM</td>
<td>YPN</td>
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<tr>
<td>4:00 PM - 6:00 PM</td>
<td>Nishtar Medical College Alumni Meeting</td>
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<tr>
<td>4:00 PM - 6:00 PM</td>
<td>Allama Iqbal Medical College Alumni Meeting</td>
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<tr>
<td>4:00 PM - 5:30 PM</td>
<td>Social Forum - Women’s Empowerment</td>
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<td>6:30 PM - 7:30 PM</td>
<td>Reception &amp; Appetizers</td>
</tr>
<tr>
<td>7:30 PM - 1:00 AM</td>
<td>APPNA Banquet &amp; Entertainment</td>
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### Sunday, March 26, 2017

<table>
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<tbody>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>Grand Ballroom - D (2nd. Floor)</td>
</tr>
<tr>
<td>8:00 AM - 12:00 PM</td>
<td>Columbus Ballroom (2nd. Floor)</td>
</tr>
</tbody>
</table>
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Nimra H. Rana, M.D.
Marlton, NJ

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## APPNA Bazaar Exhibitors

<table>
<thead>
<tr>
<th>Booth #</th>
<th>Category</th>
<th>Company Name</th>
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<tr>
<td>1</td>
<td>Jeweler</td>
<td>Sapna Creations Inc.</td>
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<td>Financial</td>
<td>Ameriprise Financial</td>
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<td>3</td>
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<td>Aerolase</td>
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<td>4</td>
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<td>Ascend BPO Services</td>
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<td>Mistryrendz</td>
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<td>Clothing</td>
<td>Embellished by Sadaf Amir</td>
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<td>Jeweler</td>
<td>Shabnam Zahid</td>
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<td>Arya Esha</td>
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<td>S &amp; K Jewels</td>
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<td>Jeweler</td>
<td>Haute India Jewelry</td>
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<td>Clothing</td>
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<td>18</td>
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<td>Firdaus Fashions</td>
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<td>Compassus Hospice &amp; Palliative Care</td>
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<td>24</td>
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<td>Farida Qureshi</td>
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<td>National Securities</td>
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