

Dear esteemed APPNA members,

We recently had 2nd annual RMCAANA meeting on October 5-6, 2018 held along with the APPNA New York chapter meeting headed by the President Dr Imtiaz Ghumman with Chair Host Committee Dr Farhat Abbas Khan , both Rawalians at New York. It was a great experience with high attendance with lot of fun and take-home memories. Manhattan sunset with spectacular night view of New York from Yacht along with soothing songs and live music of Naila Khalid was the hallmark of the meeting.

We have had so far a very exciting 2018 year.

RMCAANA team is proud to share some of the achievements accomplished this year .

On of our dedicated member Dr Shazia Zafar has donated ambulance to RMCAANA for Mobile Health Clinic in Pakistan through APPNA initiative headed by the APPNA President Dr Hamid Zafar.

Medicoes Aid Society operates from RMU campus and will be utilizing this ambulance for tasks such as medical camps , Mobile Rural health Clinics and also assisting US based physicians and consultants visiting Pakistan donating their time to such noble and voluntary causes .

Our Scholarship scheme through APPNA endowment fund is in place for the 3rd year and about \$ 4000.00 are being dispersed to 5 RMU deserving students each year to continue indefinitely.

RMCAANA team is also engaged with RMU Vice Chancellor Professor Dr. Muhammad Umar and assisting to provide curriculum needs required to set up different specialties and sub specialties for the full functioning of the Rawalpindi Medical University. This includes review of syllabus, and the goal is to set up audio visual equipment for tele series lectures so that RMU students can benefit from APPNA lecture series .

Last year USMLE preparation sessions arranged by Dr Sohail Aman were conducted successfully by our members . RMCAANA has also set up financial aid for deserving RMU students who have passed USMLE and fulfilled the criteria to be able to take interviews for residency purposes in US.

RMCAANA team members have joined hands with APPNA Advocacy group to assist successful RMU graduates to get visas to start residency on time . Finally everyone by July 2018 got the visa and started residency this year.

RMCAANA team efforts initiated by Dr Sarah Makhdoom early this year were received well in Rawalpindi surrounding area regarding maternity awareness and this will be continued in the future.

RMCAANA House Model run by Dr Umar Farooq is being considered at present where graduates can stay , learn and gets experienced through clinical rotations each year and able to find residency .

RMCAANA annual meeting held on July 6 at Dallas Texas was very successful with attendance over 100 and RMCAANA lunch event arranged by Dr Talat Khesghi and Music program arranged by the group Raag of Ages headed by Dr Junaid Siddique a Rawalian was received well with refreshing memories.

RMCAANA is proud of its charitable wing RMCOF headed by Dr Babar Rao under which several projects have been launched. Our members are continuously supporting RMCOF projects . We hope during annual meeting our members support ongoing projects such as Rawalian Girls School in Basti Awan near Darya Khan , an area which was vanished after floods of 2010 and our hope is to keep the school going upto high school.

RMCAANA members donated significantly towards APPNA disaster relief fund in 2018 during hurricanes affecting Texas and Florida and physically participated as well .

Dr Shahid Rafiq another Rawalian is at the forefront of APPNA Merit Program running it successfully.
Dr Faisal Masud through APPNA education spent dedicated time in Peshawar in ICU at Lady Reading Hospital in July of this year while Dr Unser Khan toured with APPNA Medical team in Pakistan this year assisting various operations.

On October 13, 2018 RMCAANA will be celebrating National Health Care Day initiative of APPNA at my home area of Knoxville Tennessee.

We hope that in 2020 , International APPNA Meeting takes place at Rawalpindi Medical University and we can take a bus to the Pakistani Parliament in Islamabad and meet with the Prime Minister. So far all the contesting candidates have assured RMCAANA of holding that meeting at RMU Pakistan.

We hope to keep growing and provide our dedicated members for RMCAANA and APPNA welfare and social projects.

Sincerely,
Mubashir Mahmood MD.,
RMCAANA President 2018

RMCAANA Team:

President Elect: Zahid Rafiq
General Secretary : Samina Qureshi
Treasurer : Sohail Aman
Councilor - East : Kashif Aslam
Councilor -Central : Ahmed Jamal
Councilor -Mountains : Muhammad Raza Naqvi
Councilor -Pacific: Naveed Butt
Councilor. 1. -Canada : Sarah Makhdoom
Councilor 2. -Canada : Dr. Rehan Masood