

## Ariba Khan MD MPH: Personal Statement

I wish I could describe the profound effect of APPNA family on my family. I moved to USA, leaving everything familiar, as soon as I graduated from Allama Iqbal Medical College in 1996. I had my own preconceived impressions of USA and APPNA. My impression of APPNA was that of a spectacular Pakistani-American party. It was through my work for polio eradication that I came to know of the wonderful charity work done by APPNA. Polio is a devastating disease that is easily preventable. Polio has been eradicated globally; however, Pakistan is one of the three countries affected by polio. The way to eradicate polio is through advocacy which cannot be achieved alone. I initiated APPNA's polio eradication project because APPNA is a powerful platform for our voices. I was fortunate to attend United Nations meeting on Polio on behalf of APPNA. I was interviewed by Voices of America regarding polio. *Finally, I joined APPNA family on September 13<sup>th</sup> 2012 as a lifetime member.*

I completed my internal medicine residency and geriatrics fellowship from St Louis University in 2002. Subsequently, I have been working at Aurora Health Care in Milwaukee, WI. During my geriatrics career of 15 years, I have had the honor of working in a number of clinical and non-clinical areas. *I have spent time as an academician, administrator, educator and clinician.* I have administrative experience managing Acute Care for Elders (ACE) teams in my role as Medical Director. I have served as Associate Program Director for Geriatrics fellowship. In a desire to improve my research skills, I completed my Masters in Public Health in 2008 from the Medical College of Wisconsin. Since then, I have been actively involved in advancing my career as an aging researcher. My research focuses on improving the care of patients with delirium using the electronic health record (EHR). I have presented my research at the American Geriatrics Society and American Delirium Society national meetings. I have mentored fellows, nurses and residents in their research projects. Most recently I served as editor of "Encyclopedia of Elder Care". I am the current curriculum director for geriatrics for medical students.

I am vice-chair of American Geriatrics Society "Health system Innovations-Economics and Technology Committee". At the international level I am co-chair of American Geriatrics Society International Affairs Special Interest Group. I am chair of EPIC Geriatrics Steering Committee (EPIC systems corporation, Verona, WI).

I am one of the founding members of Pakistani Society of Wisconsin – which is a chapter of APPNA. As a team we have achieved a lot. I am past president of the chapter. I started the APPNA polio project in 2012. I served as chair the first year and co-chair the second year. I have served my alumni association AIMCAANA. I have served as a member of public health women's and child affairs committee and Medical Corps.

APPNA is the leading Pakistani organization in North America. I am impressed by the doctors serving APPNA who volunteer their time and money. My vision of APPNA is to maintain the collegial family environment I first fell in love with in 2012. I will bring to the table leadership skills which will keep us in a direction of success. I have taken part in leadership skills classes over the years. I do not have a conflict of interest and have good negotiation skills. I have learnt in my geriatrics career the importance of respect of all team members. My dream is to preserve our culture and traditions while serving our country. *I would be honored to serve APPNA as a female doctor on the board of trustees. Kindly consider my nomination.*