

# Dr. Dawood Nasir for

## **APPNA Board of Trustees**

#### Contact

Department of Anesthesiology and Pain Management UT Southwestern Medical Center

5909 Harry Hines Boulevard Dallas, Texas 75390-9068

Email:dawoodnasirmd@gmail.com

Face book: dawoodnasirmd

#### **Education**

High School Senior Cambridge: Sadiq Public School Bahawalpur, Pakistan. One of the best schools in Pakistan.

**M.B.B.S.** (Medical Degree)

Punjab University, Quaid-e-Azam Medical College, Bahawalpur, Pakistan

### **Postgraduate Education and Training**

Internal Medicine Bahawal Victoria Hospital Bahawalpur, Pakistan

Anesthesia registrar

Bahawal Victoria Hospital, Bahawalpur, Pakistan

Anesthesiologist

Bahawalpur, Victoria Hospital, Pakistan

Research Associate

Texas College of Osteopathic Medicine, Ft. Worth, TX.

Pediatrics/Medicine

Kansas University Medical Center

Kansas City, Kansas

Residency in Anesthesiology

Texas Tech University Health Sciences Center

El Paso, Texas

Chief Resident, Anesthesiology

Texas Tech University Health Sciences Center

El Paso, Texas

**Board Certification:** American Board of Anesthesiology

**Educational Council for Foreign Medical Graduates** 

Advanced Cardiac Life Support Advanced Trauma Life Support

Medical Licensure: State of California # A67514

State of Texas # K4167

### **Academic Appointments**

02/98 – 2002 Assistant Professor of Anesthesia

Department of Anesthesiology

Texas Tech University Health Sciences Center

El Paso, Texas

1998 – 2003 Director Regional Anesthesia Services

Director CME and Educational Programs

Clerkship Director Medical Students

Department of Anesthesiology

Texas Tech University Health Sciences Center

El Paso, Texas

01/04 – 06/05 Senior Assistant Professor of Anesthesia

Department of Anesthesiology at UCLA David Geffen School of Medicine at UCLA

Los Angeles, California

07/05 - 08/10 Assistant Professors

Department of Anesthesiology and Pain Management

UT Southwestern Medical Center

Dallas, Texas

09/10- 2018 Associate *Professor* 

Department of Anesthesiology and Pain Management

UT Southwestern Medical Center

Dallas, Texas

### **Administrative Appointments**

07/05 – 2014 Director, Acute Pain and Regional Anesthesia

Parkland Health and Hospital System Dallas, Texas

### Workshops

01/09 /2009 &2010

#### Co-Director, Ultrasound-Guided Regional Anesthesia

Conducted by the Department of Anesthesiology & pain Management and the Office of Continuing Medical education at UT Southwestern Medical Center 2007- 2012 Hands on ultrasound guided biyearly regional anesthesia workshop in Houston, Texas.

2006-2014 Yearly CME lectures in Dubai, Abu Dhabi, & several medical colleges in Pakistan.

Review courses: Oral board review course of Anesthesia with Dr. Hou

& Osler institute Yearly since 2003.

2010 & 2011: Ultrasound guided hands on workshop in Regional anesthesia at TSA 2013 & 2016: Ultra sound guided regional workshop in APPNA Spring meeting.

### **Committee Memberships**

1998 – 2003 Director, Quality Assurance and Improvement Committee

Pharmacy & Therapeutics Committee
Peer Review and TPI Committee
Trauma Committee
R. E. Thomason General Hospital
El Paso, Texas

Clinical Competence Committee Resident Education Committee Department of Anesthesiology

Texas Tech University Health Sciences Center El Paso, Texas

01/04 – 06/05 Quality Assessment Committees

Oral Board and Written Board Review Committee
Department of Anesthesiology at UCLA

Los Angeles, California

09/05 – present *Pharmacy & Therapeutics Committee* 

Pain Committee OR Performance Committee

Parkland Health and Hospital System

#### Dallas, Texas

#### 2009 – 2012: Friends of the Admissions Committee

UT Southwestern Medical School Dallas, Texas

#### **Professional Societies**

American Society of Anesthesiologists
American Society of Regional Anesthesia
American Physicians of Pakistani Origin in North America
Co-Chair, (APPNA) 2009 Spring Meeting
International Trauma Anesthesia and Critical Care Society
Quaid-e-Azam Medical College Alumni President, 2009
California Society of Anesthesiologists
Texas Society of Anesthesiologists Alternate Delegate, 2009 – present
Dallas County Anesthesiology Society
Secretary, Treasurer / President-Elect, 2009-2011.
Treasurer APPNA (Association of Physicians of Pakistani descent of
North America: 2016

### **Major Administrative/Leadership Positions**

Year(s)	Position Title	Institution
2005-2014	Director of Acute Pain and Regional	Parkland Health and Hospital System, UT
	Anesthesia at Parkland	Southwestern University Hospitals

Texas Society of Anesthesiology: Delegate member 2016-2019.

### **Committee Service (Member, unless noted otherwise)**

Year(s)	Name of Committee	Institution/Organization	
<u>UTSW</u>			
2006-2011	Anesthesia Pain Fellowship Committee	Department of Anesthesiology and Pain Management, UT Southwestern Medical Center	
2007-2011	Student Selection Committee	UT Southwestern Medical Center	
<u>Hospital</u>			
2005-2011	Pharmacy & Therapeutics Committee	Parkland Health and Hospital System	
2005-2013	Pain Committee	Parkland Health and Hospital System	
2005-2015	OR Performance Committee	Parkland Health and Hospital System	

### **Professional Societies**

Dates	Society Name, member
2005-current	Texas Medical Association Delegate Member 2019
2005-current	Dallas County Anesthesiology Society (DCAS) Secretary & Treasurer 2011-2012; President 2012-2013
2005-current	Texas Society of Anesthesiologists (TSA) Alternate Delegate 2009-2016; Delegate 2016-2019
2016-current	Association of Physicians of Pakistani Descent of North America (APPNA) Treasurer 2016; Chairman 2018 Summer Convention attended by over 5,000 physicians.

### **Editorial Activities**

Year(s)	Journal Name
Editor/Associat	e Editor
2017-2018	Journal of Anesthesia and Pain Medicine

# **Grant Support**

<u>Present</u>	None	
Dogt	Cranton Diran Avantia a 2014 ASDIDE avand in novementhic nain	
Past	Grantor: Pfizer Aventis; a 2014 ASPIRE award in neuropathic pain	
	Title of Project: Study: Effects of Pre-operative pregabalin and ketamine to prevent development of phantom pain in patients undergoing lower extremity amputation; STU 092014-050.	
	Role: Principal Investigator	
	Annual amount and date (direct costs only): \$125,000, 12/06/2014 09/20/2017	

### **Clinical Trials Activities**

<u>Present</u>	Grantor: Department of Anesthesiology and Pain Management, UT Southwestern	
	Title of Project: Descriptive Study of Cardiopulmonary Complications and Airway Management in Upper Gastrointestinal Endoscopy: A Retrospective Review; STU 072018-044	
	Role: Principal Investigator	

Grantor: Department of Anesthesiology and Pain Management, UT Southwestern
Title of Project: Evaluation of Prophylactic Endotracheal Intubation in the Patients with Upper Gastrointestinal Bleeding Undergoing Urgent Endoscopy: A Prospective Observational Study; STU 072018-045
Role: Principal Investigator
Grantor: Department of Anesthesiology and Pain Management, UT Southwestern
Title of Project: A Prospective, Randomized Trial Comparing the Use of High Flow Nasal Cannula, Standard Face Mask and Standard Nasal Cannula in Morbidly Obese Patients with High Risk of Obstructive Sleep Apnea Undergoing Colonoscopy; IRB STU 102017-005; ongoing
Role: Co-Investigator
Grantor: Department of Anesthesiology and Pain Management, UT Southwestern
Title of Project: Use of High-Flow Nasal Cannula to Prevent Desaturation Episodes in the Morbidly Obese Patient Undergoing Colonoscopy: A Prospective Randomized Clinical Trial; STU 112016-058; completed and preparing for publication
Role: Co-Investigator

Past	Grantor: Department of Anesthesiology and Pain Management, UT Southwestern
	Title of Project: Study: A Comparison of Ropivacaine Alone versus Ropivacaine with Dexamethasone or Clonidine versus A Combination of Ropivacaine, Dexamethasone, and Clonidine for Supraclavicular Brachial Plexus Block using Ultrasound: A Prospective, Observer-Blinded, Randomized Clinical Trial to Assess the Duration of Block; STU 102013-068. Article published
	Role: Principal Investigator
	Grantor: Department of Anesthesiology and Pain Management, UT Southwestern
	Title of Project: Study: Safety of Ultrasound-Guided Supraclavicular Block: A Retrospective Analysis of Consecutive Cases over a Four-Year Period in a Teaching Institution; STU 082013-014. Article published
	Role: Principal Investigator
	Grantor: Department of Anesthesiology and Pain Management, UT Southwestern
	Title of Project: A Multi-center, Open-Label, Surgical Surveillance Trial To Evaluate the Safety and Efficacy of a Shortened Infusion Time of Intravenous Ibuprofen; STU 032011-062.
	Role: Co-Investigator
	Grantor: Department of Anesthesiology and Pain Management, UT Southwestern
	Title of Project: Use of the LMA Gastro in Advanced Endoscopic Procedures: A Retrospective Case Series. STU 122017-060

Role: Principal Investigator

# **Teaching Activities**

Year(s)	Activity			
Medical and gra	Medical and graduate school didactic and small group teaching			
Supervision of f	ellow's clinics and didactic teaching for fellows			
Qualifying exan	nination committees			
2005-	Department mock oral exams for residents			
Graduate studen	t rotations			
Medical student	rotations			
Supervision and	didactic teaching of medical students in clinics and ward rotations			
2006 -2013	Bi Annual lectures to middle and high school Students for Star Program Topic: Introduction of Anesthesia			
Graduate student trainees				
Supervision and didactic teaching of residents in clinics and ward rotation (none)				
Postgraduate medical education (graduate & continuing medical education) (none)				
Postdoctoral trainees				
2006 -2013	Oral Board Review Course for Anesthesia with Dr. Gan			
2006 -2013	Board Review Courses with Osler Institute of Anesthesia, several chapter author			

### **Invited Lectures Since 2010**

Year(s)	Title	Location	
<u>International</u>			
2014	Pharmacological Modalities for Acute Pain	Atlantis Hotel, Dubai	
2014	Pain Pathway	Atlantis Hotel, Dubai	
2014	Techniques of Nerve Block	Atlantis Hotel, Dubai	
2015	Pharmacological Modalities for acute Pain	Quaid-e-Azam Medical College, Pakistan	
2015	Pain Pathway	Quaid-e-Azam Medical College Bahawalpur, Pakistan	
2015	Techniques of Nerve Blocks	Quaid-e-Azam Medical College Pakistan	
2016	Regional Anesthesia Nerve Block	United Arab Emirates, Dubai	
2017	Treatment Modalities of Pain	Paris, France and Cape Town and Johannesburg, South Africa	
National			
2013	Ultrasound-Guided Regional Anesthesia	Gaylord Hotel, Orlando, FL	

	Workshop, APPNA Summer Meeting	
2015	Benefits of Nerve Blocks with Ultrasound International Anesthesia Research Association	Hilton Village, Honolulu, HI
2015	Efficacy of Nerve Blocks with Ultrasound American Society of Regional Anesthesia and Pain Management.	Fountain Blue Resort, Miami Beach
2015	Hands-on Ultrasound Guided Nerve Block Workshop, APPNA Annual Convention	Gaylord Resort, Washington, DC
2016	Technique of Regional Anesthesia Annual APPNA Summer Convention	National Harbor, Washington, DC
Regional/Local		
2010	Hands-On Ultrasound-Guided Biyearly Regional Anesthesia Workshop sponsored by UT Health Science Center at Houston	Houston, TX
2010	Ultrasound-Guided Hands-On Workshop Texas Society of Anesthesiologists Meeting	San Antonio, TX
2011	Ultrasound-Guided Hands-On Workshop Texas Society of Anesthesiologists Meeting	San Antonio, TX
2011	Backache and Treatment Modalities Texas Hospital for Advanced Medicine	Dallas, TX
2011	Pharmacological Therapies of Acute Pain Texas Tech Medical Center	El Paso, TX
2012	Pharmacological Therapies of Acute Pain Texas Tech Medical Center	El Paso, TX
2014	Pharmacological Modalities of Postop Pain Dallas Regional Hospital	Dallas, TX
2015	Nerve Block for Surgery Crescent Hospital	Lancaster, TX
September2016	Police Shooting in Dallas Presented in Grand Rounds, Department of Anesthesiology and Pain Management	UT Southwestern, Dallas, TX
May 2017	Mass Casualty Event Presented in Grand Rounds, Department of Anesthesiology and Pain Management	UT Southwestern , Dallas, TX
May 2017	Mass Casualty Event Texas Medical Association	Houston, TX

### <u>Technological and Other Scientific Innovations</u> (none)

# **Service to the Community**

Year(s)	Role	Organization or institution

May include a brief, one-sentence description of each role if needed (optional)		
2012-current	Awarded 50 scholarships in Pakistan. Best Graduate Gold Medal is awarded in my name at my medical College in Pakistan due to my services like conducting CME, teaching workshops and other educational activities.	
2013-current	Involved in hunger drive in Plano, Texas once a month to provide free food for homeless.	
2015-currernt	Oversee awarding of an annual \$20,000 scholarship.	

# Bibliography

### **Peer-Reviewed Publications**

### Original Research Articles

1.	Hill G, Ogunnaike B, <b>Nasir D</b> . Patients presenting with acute toxin ingestion: Anesthesiol Clin. 2010 March: 117-137.
2.	<b>Nasir D</b> , Howard JE, Joshi GP, Hill GE. A survey of acute pain service structure and function in United States hospitals. Pain Res Treat. 2011; 2011:934932. doi: 10.1155/2011/934932. Epub 2011 Apr 3.
3.	Nasir D, Gasanova I, Drummond S, Alexander J, Howard J, Melikman E, Hill G, Minhajuddin A, Ogunnaike O, Whitten C. Clonidine, but not dexamethasone, prolongs ropivacaine-induced supraclavicular brachial plexus nerve block duration: Cur Clin Pharm. 2017; 12 (2): 92-98.
4.	Nasir D, Hill G, Gasanova I, Melikman E, Howard J, Drummond S, Minhajuddin A, Ogunnaike B, Whitten C. Descriptive study of safety and efficacy of ultrasound guided supraclavicular brachial plexus blocks by inexperienced providers. J Anes Res and Pain Medicine. 2017; 2:14-21.

### Case Reports

1.	Nasir D, Adkins C. Difficult airway in a patient with jaw fracture. J Anesth Pain
	Med. 2017; 2(1).
2.	Nasir D, Ogunnaike O, Whitten CW. Local anesthetic toxicity after bier block. Was
	intralipid therapy the correct remedy. Open Journal of Pain Medicine. 2017; 2:14-21.
3.	Nasir D, Sadana N, Whitten C. Can a transversus abdominis plane block cause a

	small bowel perforation? J Anesth Pain Med. 2017; 2(1)
4.	Nasir D. Foot drop: knee surgery vs. sciatic nerve block. J Anesth Pain Med. 2018;
	3(1).

#### Non-peer reviewed scientific or medical publications/materials in print or other media

1.	Acute Pain Service Resident Manual. Departmental manual for distribution to residents during rotation on the service. Created in 2005 and updated annually till 2013.
2.	Body Mass Index and Initial Defibrillation for In-Hospital Cardiac Arrest, Chicago, IL AHA Annual Meeting (2014)
3.	Safety of Ultrasound-Guided Supraclavicular Block, New Orleans, LA, ASA, Annual Meeting (2014), poster presentation.
4.	Safety and Analgesic efficacy of ultrasound-guided nerve block in novice provider poster presentation, Miami Beach, Fl. ASRA annual meeting 2015.
5.	Comparison of clonidine + Ropivacaine, dexamethasone + Ropivacaine, clonidine + dexamethasone +Ropivacaine & Ropivacaine on duration of nerve block poster presentation ASA, Chicago, IL 20016.
6.	Pain mechanism and treatment modalities. Chapter for Osler Review Course, years 2006-2013.
7.	Regional anesthesia, technique of upper and lower extremity nerve blocks. Chapter for Osler Review Course, years 2006-2013.
8.	Neuraxial blocks, epidural and spinal, techniques and uses Chapter for Osler Review Course, years 2006-2013

### **APPNA Experience**

- Past Secretary, President APPNA North Texas Chapter.
- Past President of QMCAANA.
- Director, Acute Pain & Regional anesthesia at Parkland & University of Texas Southwestern Medical Center Hospital, a 2.7-billion-dollar facility.
- Past President of Dallas County Anesthesia Society
- Re-elected delegate of Texas Society of Anesthesia till 2019
- Chair of APPNA winter meeting 2011
- Co-Chair of APPNA SWDRC 2011
- Co-Chair of APPNA Spring meeting 2008
- Member of several APPNA committees over several year.
- Life time member for last 20 years.
- Treasurer of APPNA 2016, all meetings, planning, spring, international, summer & hajj were profitable.
- Part of APPNA EC which signed MOU with USAID, initiated medical core committee.
- Reinvested APPNA assets, which have proved profitable.
- Chair Summer convention 2018. Hosted one of the best & most profitable meeting in APPNA history.

#### **Social Work**

• Along with my Alumni, we provide 50 scholarships to medical students.

- Due to my contributions, the gold medal for best graduate is given in my name.
- Involved in free clinics, hunger drive, health care day, providing food to refugees, building & expansion of masjids in Dallas areas.
- Delivered medical supplies to Pakistan & South American hospitals.
- Involved in other APPNA, Islamic relief, & TCF projects including making a girl's school in Bahawalpur.

### **Family**

My wife Dr.Mehmooda Zakaria Nasir, is a Dow graduate, a psychiatrist by profession who works in private practice. She is a life time member. We have one college going daughter Iman Nasir which gives us plenty of time to pursue our passion to serve our beloved organization like APPNA.

Kind regards,

