



I am a medical graduate of Jinnah-Sindh Medical University in Karachi, Pakistan. I have been a Primary-Care physician in Flushing, New York, for the past 25 years and am currently affiliated with two prestigious hospitals in my community. I actively participate in clinical education in both hospitals, as well as in my practice.

Services to APPNA Central:

- Co-chair of the APPNA Spring Meeting held in New York in 2013
- Member of the Social Welfare and Disaster Relief Committee in 2005

My passion for APPNA traces back to the mid 1990s when I became a member of this prestigious organization during my resident-training program. I am currently a lifetime member of APPNA. I have strongly participated in different leadership roles over the past three decades in order to organize the Pakistani-American community.

Services to APPNA-New York Chapter:

- Treasurer of APPNA-New York Chapter in 2003.
- Secretary of APPNA-New York Chapter in 2004.
- President of APPNA-New York Chapter in 2006.
- Member of New York Chapter Board of Trustees from 2009 to 2012.

In 2006, I oversaw the Mansehra Rehabilitation Center Relief Project to provide financial support after the devastating earthquake of 2005 in Northern Pakistan and Kashmir, as well as spearheaded the relief efforts in New York; our work helped to provide financial support to this devastated community.

Services to Jinnah - Sindh Medical University Alumni Association:

- President of Jinnah Sindh Medical University Alumni Association in 2005.

I took a leading role in upgrading and transforming the college to University status. Additionally, we took the initiative to upgrade the academic educational opportunities at the University during my tenure by introducing computers and online/web access on campus, thus enabling students to have a farther reach when it came to studying medicine. I also took a leading role in establishing the Institute of Public Health at Jinnah Medical Hospital. The Institute's role is to provide disease prevention, health promotion, staff training and research for the community of the province, as well as educate the next generation of physicians dedicated to the community we trained in.

My Family:

Although I am proud of my achievements, my greatest achievement is my family. My wife, Dr. Farah Haider, graduate of Dow Medical College in 1992, has served as the President of APPNA Alliance 2016, and is actively involved in multiple community projects in the Northeast. Moreover, I am the proud father of three sons: Dr. Rohail Haider, who is following my footsteps and is in an Internal-Medicine residency in Binghamton, New York; Faisal Haider, who is a student at Vanderbilt Law School in Nashville, Tennessee; and Ali Haider, a freshman in Hofstra University.

