

A NEW VISION FOR A NEW YEAR



APPNA

Association of Physicians of
Pakistani-descent of North America

www.appna.org

MESSAGE FROM APPNA PRESIDENT 2020



It is my privilege to introduce you to APPNA, the premier professional organization of Pakistanis in America and Canada. APPNA has a strong mission of philanthropy, education, healthcare, and advocacy. Over the past 43 years, APPNA has been a bridge of strong engagement between the US and Pakistan. The wide scope of highly successful APPNA initiatives makes all Pakistani-Americans and Pakistani-Canadians stand tall.

In 2020, in spite of a worldwide pandemic, APPNA leadership, volunteers and generous members all over the US and Canada, have donated, distributed and helped provide food, personal protective equipment and oxygen supplies to affected people and healthcare workers in US, Canada and Pakistan. They raised over \$1m. for pandemic relief in just 3-4 months. Free educational webinars are being conducted regularly for community awareness here in US. APPNA MERIT COVID19 webinars are offered every week for physicians and nurses taking care of COVID19 patients in Pakistan. APPNA's successful advocacy efforts helped more than 200 young physicians join their residency programs in time, despite closings of embassies and government offices and flight disruptions.

2020 is just a continuation of 43 years of APPNA achievements, a tribute to the volunteerism and generosity of thousands of Pakistani physicians, their families and friends. I hope you will enjoy reading about APPNA and its projects.

Long live APPNA!

G. Naheed Usmani, MD
APPNA President 2020

APPNA Executive Committee 2020



Naheed Usmani, MD
President



Rizwan Khalid, MD
President Elect



Haroon Durrani, MD
Secretary



Arshad Rehan, MD
Treasurer



Naseem Shekhani, MD
Immediate Past President

ABOUT APPNA

The Association of Physicians of Pakistani-descent of North America (APPNA) was founded in 1977 to bring all the physicians of Pakistani decent under one umbrella to address their professional and social concerns. Today, APPNA is the second largest non-profit ethnic medical organization in the United States and Canada, representing a network of over 18,000 practicing physicians and thousands of medical students, residents, fellows and allied health members of Pakistani origin in the United States. It also serves as an umbrella organization for over 50 component societies situated in almost every state and representing different Medical Colleges of Pakistan.

AIMS & OBJECTIVES

- APPNA fosters scientific development and education in the field of medicine and delivery of better health care, without regard to race, color, creed, gender or age.
- APPNA participates in medical relief and other charitable activities especially in Pakistan and North America.
- APPNA helps improve medical education and healthcare in Pakistan by arranging online teaching, conferences, visiting faculty programs, medical missions, donations of medical literature and medical supplies.
- APPNA mentors new Pakistani physicians on US training requirements, advocates for their visas, assists them with orientation and adjustment.
- APPNA works with other medical organizations in North America on healthcare issues and international medical graduate concerns.
- APPNA educates decision makers and thought leaders about issues that confront the medical community in general and Pakistani-American physicians in particular.

APPNA HIGHLIGHTS

In 43 years APPNA has undertaken numerous projects in social welfare, disaster relief, medical education and health in US/ Canada, Pakistan and other parts of the world. Our members both work hard and donate generously to help people in need. APPNA is proud to highlight some of these achievements over the years.

- **APPNA COVID19 Relief:** Over \$1m. in food aid, PPEs, in US, Canada, Pakistan
- **APPNA Mobile Clinics:** Disaster relief and free healthcare in US, Pakistan
- **Free Clinics:** APPNA doctors provide free healthcare in many US cities
- **National Health Care Day:** APPNA chapters provide free flu clinics and health services on NHCD in many US cities
- **APPNA Medical Corp:** APPNA doctors volunteer for disaster relief and free healthcare camps in Pakistan and many other countries
- **APPNA Corneal Transplant Project:** Free corneal transplants for the blind in Pakistan, with corneas donated from the US
- **APPNA Eye Camps:** Free eye camps in Pakistan
- **APPNA Muskan:** Free cleft lip and palate repair surgeries in Pakistan
- **APPNA Scholarships:** For Pakistan medical students and intending Residents
- **APPNA MERIT:** Online teaching, visiting faculty, medical conferences in Pakistan
- **APPNA Telemedicine:** Online physician-to-physician consultation US-to-Pakistan
- **Hepatitis C Project:** Hepatitis education, screening, vaccination in Pakistan
- **HIV AIDS:** Awareness, training, collaboration between US and Pakistan experts
- **APPNA Institute of Public Health:** Established in Pakistan at JSMU
- **Thar Well Project:** Water wells and pipelines in drought stricken areas
- **Flood Relief Pakistan:** Built houses and schools in multiple villages
- **Relief for Internally Displaced Persons:** Funds, healthcare and clothing for refugees in Pakistan
- **Pakistan Earthquake Relief:** APPNA physicians raised millions of dollars, volunteered on the ground and sent container loads of medical supplies and equipment during Pakistan's devastating earthquakes
- **Research, Education, Scientific Affairs:** Continuing Medical Education in US
- **Advocacy:** Visa advocacy for incoming Pakistani Residents. Health care policy engagement with US and Pakistan government officials and legislators
- **Day on The Hill:** Meetings with US legislators in US Capitol building
- **Young Physicians Mentorship:** Mentorship and education on US Residency training for Pakistani medical graduates
- **Cultural Engagement:** Top notch Pakistani singers, poets, artists, actors, TV and movie performers are an integral highlight of cultural events at APPNA meetings. Bazaars at the meetings showcase Pakistani fashion, jewelry, books, and art.

APPNA Chapters and alumni associations, numbering about 50, undertake many additional philanthropic and educational initiatives in US, Canada, and Pakistan.

APPNA PROJECTS

PHILANTHROPY, HEALTHCARE, EDUCATION, ADVOCACY

- **APPNA COVID19 Pandemic Relief:** In just the first half of 2020, APPNA raised more than \$1 million for COVID19 relief programs. APPNA Chapters have raised additional funds that APPNA has matched. Food aid and Personal Protective Equipment (PPE) has been provided across the US, Canada and Pakistan. Relief efforts were in numerous US states and in early hotspots like NYC and NJ. In Pakistan, APPNA has distributed relief supplies to the most remote areas, in addition to large cities with the help of local charities. APPNA physicians have served on the COVID19 healthcare frontlines in North America and have also trained physicians in Pakistan on management of COVID19 patients via online seminars.



- **APPNA Free Clinics:** APPNA physicians volunteer in free clinics throughout North America to meet the healthcare needs of less privileged community members regardless of race, religion or ethnicity. Our clinics provide basic healthcare and screening to prevent chronic illnesses like Hypertension, Diabetes, basic lab testing, vaccinations, etc.

- **APPNA Mobile Clinics in US and Pakistan:** APPNA in collaboration with ICNA brings mobile health clinics to underserved and disaster-hit areas across the US, including those devastated by major hurricanes. APPNA has also donated 12 mobile clinics to non-profits in Pakistan to provide free health care in rural and under-served areas. Thousands of patients have been treated through the mobile health units and hundreds more have been transported to hospitals after initial stabilization.



- **National Healthcare Day:** APPNA Chapters organize a national healthcare day to provide free flu shots, screenings, labs. and other community health activities throughout the US. These projects speak volumes about involvement of our local physicians in the healthcare of our neighbors in need.



- **APPNA Medical Corp:** APPNA Medical Corp formally established in 2015 mobilizes a core group of APPNA volunteers who are ready and willing to serve in times of peace and disaster, makes necessary arrangements for health professionals' deployment for the missions, and provides preliminary training for disaster response so volunteers are better prepared when deployed at times of disaster. APPNA has successfully conducted medical missions in Pakistan (Lahore, Gujrat), Bangladesh's Rohingya refugee camps, Guatemala, Haiti earthquake.

- **APPNA Corneal Transplant Project:** APPNA surgeons have performed cornea transplants to restore sight to victims of accidents and blindness causing diseases all across Pakistan. The need for cornea transplants is dire and unending, with long waiting lists of people who have heard of our efforts and are patiently waiting to undergo this procedure. More than 3100 corneas have been sent from the US and operations have been done free of cost in 28 hospitals in every province including Gilgit.

- **APPNA Eye Camps:** APPNA in collaboration with LRBT has been holding 6 eye camps annually for 8 years in 14 hospitals across Pakistan.

- **APPNA Muskan (Cleft Lip and Palate Repair Project)** – APPNA started the Muskan Cleft Lip and Palate Repair Project in response to the needs of poor people who otherwise could not afford this life altering corrective surgery. APPNA has ongoing projects in Quetta, Faisalabad, Peshawar and Karachi. Hundreds of successful surgeries have been done.

- **APPNA Medical Scholarships Program:**

- **Scholarships in Pakistan:** It has been the charter of APPNA to give back in the form of educational support to the most deserving in Pakistan. APPNA in collaboration with alumni associations has raised a scholarship endowment fund of over \$1.1 million. APPNA gives annual scholarships to hundreds of medical students across Pakistan who are in need, have shown excellence in academic endeavors and are aspiring to higher education in USA.

- **Need Based Limited Term Loan for Medical Graduates:** To help Pakistani medical school graduates financially who are trying to complete the arduous process of qualifying for postgraduate training opportunities in US.



- **APPNA Advocacy:** APPNA works extensively with US State Department, US Embassy in Pakistan, ECFMG, PMDC, HEC, Federal Health Ministry, Pakistan Embassy in US, to advocate for and help young Pakistani physicians qualify for residency training and get their visas to join their residencies. APPNA also engages with elected representatives and policy makers on health care policies. In 2020, APPNA helped more than 200 young doctors join their residencies, despite the immense hurdles created by closure of embassies, offices, flights.

- **Polio Project:** APPNA and Rotary International have come together in a joint effort to end this paralyzing disease in Pakistan. Together, with organizations like the World Health Organization, UNICEF, and the Gates Foundation, APPNA is working to eradicate polio from Pakistan through awareness and vaccinations.

- **Pakistan National Hepatitis-C Education Project:** APPNA has partnered with the Bilquees & Razia Trust to combat hepatitis through public awareness, screening and vaccination. In addition, APPNA has donated a mobile clinic for delivering Hepatitis awareness and vaccinations to people in isolated areas.

- **APPNA MERIT For Improving Medical Education in Pakistan:** APPNA has mobilized US & Canadian medical faculty to help improve medical education and training in Pakistan. Weekly Grand Rounds with live Q&A are beamed to over 30+ Pakistani medical colleges and universities. MERIT has also facilitated the creation of new specialty fellowships in Pakistan in Critical Care/ER, Pediatric Hematology/Oncology, Child Psychiatry, arranged visiting faculty programs from US to Pakistan in many specialties, and helped develop Intensive Care Unit and Neurology center of excellence in Peshawar. In 2020 APPNA MERIT launched its initiative to improve primary care in Pakistan by developing Family Medicine specialty and Nursing.

- **HIV Awareness in Sindh:** APPNA has responded to the HIV/AIDS outbreak in Sindh, Pakistan by partnering with the Providence/Boston Center for AIDS Research, Jinnah Sindh Medical University Alumni Association of North American (JSMUAANA) and Jinnah Sindh Medical University (JSMU) to develop the HIV/AIDS Communications Project Part I: HIV in Sindh, Pakistan. This project aims to teach and train healthcare providers on HIV disease to reduce stigma and increase awareness about HIV, and develop HIV treatment protocols.



- **APPNA Institute of Public Health:** Improvement in basic healthcare is one of the top priorities of APPNA. APPNA, in partnership with Jinnah Sindh Medical University in Karachi developed an Institute of Public Health to provide education in public health.

- **APPNA Telemedicine Project:** APPNA has set up an internet-based consultations system between specialists in USA/Canada and referring doctors from Pakistan in order to improve patient care through recommendations for latest treatments and timely access to specialist knowledge. This project also updates Pakistani physicians on the principles of evidence-based medicine as practiced in USA.

- **Thar Well Project:** APPNA in collaboration with Liaquat Medical College Alumni Association has setup numerous water wells and underground pipelines in drought prone areas of Pakistan, such as Tharparkar, which provide thousands of people with the gift of clean drinkable water. Poor women had to walk many miles to get water for their families in these desert areas. In 2015 alone, APPNA completed an 8 km underground water pipeline with 3 underground water tanks, each capable of storing 10,000 gallons of water. These will be a permanent source of water to remote villages in Thar. Additionally, we were able to install 53 water pumps in the areas where underground water is suitable for human use.



- **APPNA Continuing Medical Education Programs:** APPNA Office of Continuing Medical Education assists practicing physicians, advanced practice providers, and other health care professionals with educational activities to enhance their knowledge and skills in the subject area(s) offered, and apply the knowledge and skills to improve performance and patient outcomes in their practice settings. CME Program also fosters scientific development. APPNA provides ACCME-certified Continuing Medical Education (CME) and offers live CME activities, including courses, conferences, and workshops, taking place at the main APPNA meetings.



- **APPNA Meetings – Cultural Activities and Exhibits:** APPNA annual convention is held in the Summer with additional meetings in Spring and Fall. These meetings feature a wide array of educational and cultural activities, including CME programs, social forums, poetry mushairas, art displays, networking events, and music programs. Top-notch Pakistan performers, artists, activists, poets grace these events. APPNA also offers exhibiting space at the APPNA convention to a diverse spectrum of industry including pharmaceuticals, biotechnology, investment, insurance, real estate, not-for-profit organizations, art and fashion.



• **APPNA Disaster Relief Projects in Pakistan, US and Other Countries:**

- **Pakistan Earthquakes:** APPNA mobilized for relief for the devastating 2005 Pakistan Earthquake, sending over \$2m. in cash and millions of dollars worth of medical equipment and supplies. 200 APPNA doctors volunteered in earthquake zone. APPNA also funded building of a TCF school and a Police Hospital in Azad Kashmir and funded operations of Mansehra Rehabilitation Unit for 3 years. APPNA has provided major relief in the subsequent Baluchistan earthquake.

- **Pakistan Floods:** During 2010 floods in Pakistan APPNA raised \$1.3m. and adopted three villages in South Punjab (Munirabad, Farooqabad and Sadiqabad) and one in Sindh. 360 homes were built. Two TCF schools were later built in the village of Munirabad and a dispensary that treated about 400 patients a month. APPNA also adopted Samar Bagh village in flood affected area in collaboration with Human Development foundation (HDF), and reconstructed it by building houses, a school, and a community health unit, splitting the cost with HDF. APPNA also donated 34 rickshaws to flood-affected families to earn a living.

- **Pakistan Internally Displaced Persons:** APPNA raised 500,000 dollars to provide food, water, medical camps and also temporary housing to the Internally Displaced Persons in Khyber Pakhtunkhwa, with collaboration of Khyber Alumni, Red Crescent and Edhi Trust. APPNA provided three state-of-the-art ACLS capable ambulances for the people of Peshawar and Swat.

- **Karachi Heat Wave:** In 2015 APPNA provided food, water, medicines and medical supplies for 150,000 dollars.

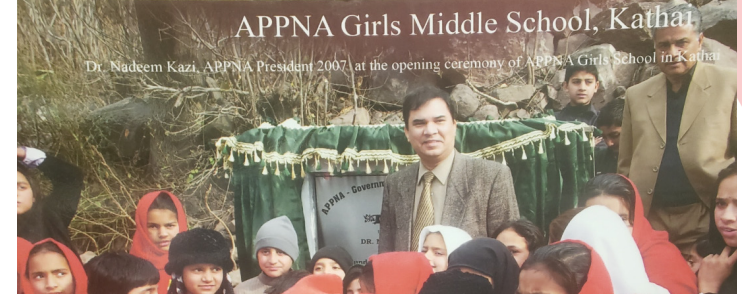
- **Hurricane Sandy relief NY/NJ:** APPNA contributed \$50,000

- **Indonesia Earthquake:** Orphanage built in Indonesia after 2006 earthquake with Rotary collaboration.

- **Nepal Earthquake:** Community Center built in Nepal after earthquake there and at the site of PIA plane crash, with collaboration of Rotary International. APPNA physicians volunteered in earthquake zone

- **New Orleans Katrina Hurricane Relief:** In 2005, APPNA raised and donated \$91,000 and APPNA physicians volunteered in hurricane zone.

- **Tsunami Relief, South East Asia:** In 2005, APPNA raised and donated \$155,000.



APPNA HISTORICAL TIMELINE

August 29, 1977: The Association was formally incorporated as the Association of Pakistani Physicians (APP).

June 20, 1978: First formal meeting in USA held in Dearborn, Michigan.

December 20, 1980: First Pakistan meeting held in Karachi, inaugurated by the President of Pakistan.

1982: Pakistan Research Society of Pakistan launched by APPNA to encourage research in Pakistan and hold regular research forums.

July 1984: APPNA appealed to American Medical Association (AMA) to establish a mechanism by which qualified foreign medical graduates are given equal chance to compete with American medical graduates in postgraduate education.

1984: APPNA established the first audiology laboratory in Pakistan.

1986: APPNA/KEMCAANA Post Graduate Education (PGE) Program initiated with an endowment fund of \$450,000. Endowed residency program in internal medicine launched at New Britain General Hospital (Connecticut) that helped 80 Pakistani doctors obtain and complete three-year residency training over two decades.

1988: APPNA SEHAT, a primary healthcare project to serve rural areas in Pakistan, approved in 1988 and launched in 1989 in 4 villages in different parts of Pakistan, focused on vaccination, prevention of dehydration from infectious diarrhea, installation of hand pumps, lady health visitor training, teaching villagers hygiene, adult literacy and vocational training.

1989: APPNA/KEMCAANA PGE program initially started to help KE graduates, was opened to all Pakistani medical graduates.

1990: PAKPAC political action committee, initially conceived as the political arm of APPNA, was registered as a separate entity.

1992: APPNA pushed The Health Professional Reauthorization Act which was passed resulting in the establishment of the National Council on Medical Licensure. This greatest victory was called the Solarez/Kennedy/ Simon bill for its major sponsors, which finally put to rest the issues of Medicare and Medicaid funding for the training of international medical graduates. The bill mandated that residency programs receiving federal funds could not discriminate based upon the country of origin and medical school graduation.

1996: A Resource Center was organized at the central office to help the physicians in training with placement opportunities, and visa related issues.

1997: Human Development Foundation of North America (HDFNA) launched with sponsorship of APPNA, Society of International HELP (SIH), and Noor Foundation, to bring about positive social change and community empowerment through mass literacy, enhanced quality of education, universal primary health, and grass root economic development. HDFNA was a gift to the people of Pakistan on the occasion of the 50th anniversary of Pakistan's independence.

1999: APPNA wing in Quetta, Pakistan LRBT-Layton Rehmatullah Benevolent Trust Hospital with \$50,000 donation.

1999: Sizable donation was given to the Smithsonian for what was subsequently an educational internet program on The Mughal Gardens.

September 11, 2001: APPNA Disaster Management Committee and the New York (NY) Chapter launched APPNA NY Crisis Management Center in Franklin Square NY. Raised and donated funds to Fire Fighters Association and American Red Cross.

2002: Coalition of Pakistani organizations put together by APPNA NYC Chapter, called Federation of Pakistani American Associations (FAPA), to work with nonprofit organizations to provide financial and legal assistance help to detained and undocumented Pakistanis.

2003: APPNA's Task Force on Young Physicians was constituted to review and lobby against problems faced by Pakistani physicians in getting US training post 9/11.

2003: First Day on the Hill exclusively organized by APPNA.

2003: Collaboration with national civil rights organizations, like ACLU, NAACP, CAIR, NIF, was initiated. Liaison with Bangladeshi American and Indian American physician associations (AAPI) was established.

2004: The concept of APPNA Charitable Foundation and the decision to assist Cytogenetic Laboratory at the National Institute of Child Health in Karachi were approved.

2004: MOU was signed with HDFNA for wide ranging charitable activities in Pakistan and in the United States.

2004: APPNA Foundation was approved for charitable activities of APPNA.

2005: Tsunami relief in Southeast Asia by APPNA, with \$155,250.

2005: Katrina Hurricane relief in New Orleans, USA by APPNA, with \$91,278.

2005: APPNA raised \$1,520,342 for earthquake victims in Pakistan. Additionally, donated medical supplies and equipment at least three times the cash donations.

2005: About 200 physicians and medical students from North America volunteered onsite in the aftermath of earthquake.

2005: Established a Primary School in Poonch, AJK and a Secondary School in Bagh, AJK.

2005: APPNA Charitable Foundation was launched.

2006: APPNA continued a major relief and rehab operation following 2005 Earthquake. Cash donations crossed \$2m. The funding of a rehabilitation center as well as building of an operation theatre for the Rawalpindi Medical College were accomplished. APPNA also funded the Manshera Rehabilitation Unit for the next three years.

2007: APPNA MERIT launched - Medical Education, Research and International Transfer-of-technology committee for improving medical education, training research in Pakistan

2007: APPNA Sukoon (Palliative Medicine Initiative) to improve health care in Pakistan.

2007: APPNA provided relief to the victims of floods in Sindh, Pakistan. APPNA donates to Bangladesh for flood relief

2007: Inauguration of Abbottabad Police Hospital and establishes Toopa Soon Dispensary

2007: APPNA Ranger Schools (12 school run by rangers in Sindh) and inauguration of Kathai Girls School

2007: Inauguration of Cytogenic Lab at NICH, Karachi

2007: Breast Cancer Awareness and Bone Marrow Registry for S. Asian programs at the Summer meeting

2007: Karachi Street Children Project

2008: First APPNA Community Health Clinic was inaugurated at APPNA headquarters in Westmont, IL.

2008: Baluchistan earthquake emergency relief provided. APPNA built 58 new homes in one of the remotest villages in Ziarat.

2009: APPNA MERIT started online teaching initiative for Pakistani medical colleges and universities with weekly specialty Grand Rounds and special conferences including Neurology e-Conference from APPNA's summer meeting and Anesthesiology e-Conference in October with Pakistan Association of Cardiothoracic Anesthesia conference.

2009: Helped millions of Internally Displaced Pakistanis during Swat crisis, in collaboration with Khyber Medical College alumni, Red Crescent and Edhi Trust. Over \$300,000 were dispersed through the Red Crescent and Edhi Trust in Pakistan.

2009: APPNA provided three state-of-the-art ACLS capable ambulances for the people of Peshawar and Swat.

2009: the newly established APPNA house in Bronx, New York opened its door to young physicians visiting from Pakistan.

2010: APPNA National Health Care Day initiated.

2010: Pakistan Floods relief effort, \$1.3m. raised. APPNA adopted Samar Bagh village in collaboration with the Human Development foundation (HDF), and built houses, a school, and a community health unit, splitting the cost with HDF.

2011: APPNA Hepatitis C Awareness Initiative was launched in Pakistan.

2011: APPNA helped to establish a bone marrow registry for Southeast Asians and held its first National Bone Marrow Registry Drive.

2011: APPNA CARES Clinic Day (ACCD) was celebrated all over USA by providing free medical examinations and Free Flu vaccines.

2011: APPNA Free Clinics established in MO, AL, NC, GA and CA.

2011: APPNA rejoined the AMA Specialty and Service Society Caucus (SSS).

2011: Guide for young doctors seeking residency training in the US published.

2011: APPNA flood relief efforts in Punjab and Sindh, including building homes and a dispensary in Munirabad village and homes in Rahib Amaro in Sajawal Sindh in partnership with "Shine Humanity."

2012: Pakistan flood relief work continued: APPNA distributed 34 rickshaws so families could earn a living in Sanghar, Badin, and Mirpurkhas, APPNA also provided clothing and 1,600 pair of shoes to the children of Munirabad village.

2012: Hurricane Sandy for relief work in NY and NJ, APPNA contributed \$50,000.

2012: APPNA House in Detroit, MI was launched.

2012: Burn Unit project and raised \$150,000 in partnership with Kemcaana. Endowment fund was created with these funds. 2013: APPNA Institute of Public Health was initiated at JSMU, Karachi.

2013/14/15: APPNA Scholarship Fund concept introduced in 2013, with a generous donation of \$1,000,000 by an anonymous donor in 2014 that required matching funds raised from Alumni Associations. The matching funds target was achieved in 2015.

2014: Polio Eradication collaboration established with Rotary International and UNICEF for Pakistan.

2014: Ad hoc Committee on Social Justice created to raise concerns about violence against minorities, women, and targeted killing of physicians in Pakistan.

2014: APPNA Foundation was created, approved by council and registered as 5013c to have endowment fund for long term health care and education both in US and Pakistan.

2014: APPNA Chicago house established

2015: APPNA Telemedicine program was launched for physician-to-physician free consultation between US and Pakistan's under-served areas.

2015: APPNA Qatra fund launched-Enables monthly donations for APPNA projects

2015: Centralized online program was developed to help young Pakistani physicians find clinical electives and research positions in US.

2015: Munirabad school (established in 2011) became a model school, the best among thirty local schools by National Commission of Human Development (PK). APPNA donated \$26,000 for the maintenance of this school and managed the school with local partner, Tameer-e-Millat Foundation (PK).

2015: APPNA Medical Corps was organized to conduct volunteer medical missions by APPNA physicians during peace time and disaster.

2015: APPNA established a new free specialty clinic in Richmond, Virginia, and supported free clinic in Birmingham, Alabama.

2015: Soft Loan Program (Qarz-e-Hasana) for the deserving young Pakistani physicians was launched.

2015: Heat Wave crisis Karachi: \$150,000 raised, APPNA physicians worked on the ground, medical supplies and equipment were donated to different Karachi hospitals.

2015: APPNA physicians volunteered after the Nepal earthquake.

2015: 12 free eye camps in various cities held by APPNA in Pakistan and over 150,000 patients benefited.

2015: Clean Water Project funded by APPNA and Liaquat Medical College Alumni with \$130,000. Clean water supply through a pipeline was provided to 3 remote villages in Tharparker-Sindh, Pakistan.

2016: USAID and APPNA signed a Memorandum of Understanding for collaboration in Pakistan.

2016: Collaboration with Rotary International in promoting support for Polio eradication in Pakistan.

2016: APPNA US Need- Based College Scholarship fund established

2016: Adopt a Medical Student in Pakistan was established in association with the ICare foundation in Pakistan to support tuition for medical students in public medical schools on a need-basis. Nearly 50 scholarships were given.

2016: Limited Term Loan Program for Need Based Support of Pakistani Physicians for USMLE Exams and Interview Process was formalized.

2016: APPNA Medical Corps first Guatemala mission.

2016: APPNA Free Medical Clinic in Karachi established

2017: USA National Food Pantry Program established with local chapters and nearly \$100,000 donated to Food Pantries in Washington DC and 16 States: VA, MD, TN, TX, AL, MI, AZ, IA, FL, NC, IN, PA, DE, MN, IL, KY.

2017: Four Mobile Health Units established by APPNA for \$320,000, custom fitted with state-of-the-art medical equipment and used for disaster relief work anywhere a calamity strikes in USA. Operated in collaboration with ICNA Relief USA.

2018: First APPNA Youth Conference organized in collaboration with Pakistan Embassy during Summer Convention.

2018: "Help a girl dress as a bride" program donated high-end clothes to poorer families in Pakistan

2018: Twelve Mobile Health Clinics donated in Pakistan, one in Bangladesh, to NGOs for health care delivery in underserved areas.

2020: First APPNA MERIT Pakistan Conference held in Rawalpindi to kick off primary care initiative

2020: COVID19 Pandemic Relief: APPNA raised more than \$1m. and distributed food aid, personal protective equipment for healthcare workers, oxygen cylinders for homebound patients, all across US, Canada, and Pakistan.



APPNA 2020

A NEW VISION FOR A NEW YEAR

APPNA CENTRAL OFFICE

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