

Curriculum Vitae

Nauman Ashraf, M.D.

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EDUCATION

Year	Degree	Field	Institution
<u>Undergraduate:</u>			
1995	Matriculation certificate		Public School Hyderabad
1997	Intermediate certificate	Biology	Public School Hyderabad
<u>Graduate:</u>			
2004	M.B.B.S	Medicine	Liaquat University of Medical & Health Sciences
<u>Other Training:</u>			
2004- 2005	Internship Certificate	Medicine and Surgery	Liaquat University Hospital, Pakistan
<u>Residency:</u>			
2008- 2012	Residency Certificate	Psychiatry	NYU School of Medicine
<u>Fellowship:</u>			
2012- 2013	Fellowship Certificate	Addiction Psychiatry	NYU School of Medicine

WORK EXPERIENCE / FACULTY APPOINTMENTS

11/22 – Present	Associate Professor of Clinical Psychiatry, University of Missouri School of Medicine
05/22 – Present	Founding Program Director, Addiction Medicine Fellowship, KCU Consortium/Ozark Center
08/20 - Present	Course Director, Core Psychiatry Syllabus, KCUMB
07/16 - Present Center	Founding Program Director, Psychiatry Residency ACGME Program, KCU Consortium/Ozark Center
7/17 – 8/2022	Founding Medical Director, Suboxone Outpatient Clinic, Ozark Center
7/17 – 8/2022	Medical Director, Substance Abuse Services, Ozark Center
05/18 – Present	Prescriber Consultant, SAMHA-STR-TA Consortium

07/18 - Present	Adjunct Clinical Associate Professor of Psychiatry, KCUMB
07/13 - Present	Staff Psychiatrist, Ozark Center
04/18 – 3/11/21	Medical Director, Substance Abuse Services, BHG
12/13 - 10/19	Medical Director Inpatient Psychiatry Unit (SU II), Freeman Health System, East Campus
7/17 – 7/19	Site Director, Medical Student Education Department, Ozark Center
2015 - 7/18	Clinical Assistant Professor of Psychiatry (Adjunct), KCUMB
4/17 - 5/17	Program Director, Osteopathic Psychiatry Residency Program, Ozark Center
07/14 - 03/17	Interim Program Director, Osteopathic Psychiatry Residency Program, Ozark Center
2014 – 2016	Clinical Assistant Professor, Department of Behavioral Sciences (Adjunct), OSU-COM
01/14 - 06/14	Co-Director, Psychiatry Residency Program, Ozark Center
08/13 - 11/13	Medical Director Senior Serenity Unit, Freeman Health System, East Campus
06/07–06/08	Assistant Research Scientist, Silberstein Aging and Dementia Research Center, New York University SOM

OTHER TRAINING

Research:

08/21 – 08/24	NIDA – Good Clinical Practice
03/21 – 03/23	Collaborative Institutional Training Initiative (CITI) - Human research – Social and Behavioral Research 1 – Basic Course
04/19 – 04/23	Collaborative Institutional Training Initiative (CITI) - Conflicts of Interest 1
08/07/2018	NIH – Protecting Human Research Participants

Electives:

2011-12	Medical Student Teaching, New York University SOM
2011-12	Electroconvulsive therapy, New York University SOM
2011-12	Transference Focused Psychotherapy, New York University SOM
2011-12	Psychodynamics of Leadership, New York University SOM

LICENSURE AND CERTIFICATION

2020	Diplomate, Addiction Medicine, ABPM Certificate # 61-19676
2014	Diplomate, Addiction Psychiatry, ABPN Certificate # 2226
2012	Diplomate, Psychiatry, ABPN Certificate # 64778
2013-16	MO State License # 2013008348 (Active)
2011-13	NY State License # 263578 (Inactive)
2009-11	NY State Limited Permit # P71037 (Inactive)
2004-08	Pakistan Medical and Dental Council # 46757-S (Inactive)
2006	ECFMG Certificate # 0-671-465-3

OTHER CERTIFICATION COURSES

2001	Certification in Medical Transcription from Medical Informatics, Karachi, Pakistan
2001	Certification in Medical Coding from Medical Informatics, Karachi, Pakistan

AWARDS AND HONORS

2022	Recognized for dedication to membership and tireless work on behalf of the association as a Research, Education and Scientific Affairs Committee, APPNA Summer Convention, Atlantic City, NJ
2022	Recognized for dedication to membership and tireless work on behalf of the association, APPNA YPC Summer Event, Atlantic City, NJ
2021	Recognized for invaluable services to the association, APPNA Annual Summer Convention, Orlando, FL.
2015	Recognized as an expert in the field of Psychiatry among 2015 top doctors by 417 magazine.
2012	Harold I. Kaplan Memorial Award for outstanding contributions in the field of psychiatric teaching and education New York University SOM, New York, USA

MAJOR COMMITTEE ASSIGNMENTS

Kansas City University of Medicine & Biosciences

2016 – Present Member of the Graduate Medical Education Committee
2017 – Present ACGME Common Program Requirement Taskforce
7/21- Present Chair of the Learning and Work Environment Sub-Committee
07/19 – 6/2021 Chair of the Wellness Committee

Freeman Health System:

2018 – Present Voting member, Freeman Institutional Review Board
2013 - 2016 Physician Advisory Committee

New York University School of Medicine:

2009-2010 Education Committee, Department of Psychiatry
2009-2010 Quality of Life Committee, Department of Psychiatry
2009-2010 Liaison Committee – Liaison between residents and the VA Health Care System

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

2010-present American Psychiatric Association
2012-present Association of Physicians of Pakistani Descent of North America
2013-present American Academy of Addiction Psychiatry
2017–present American Association of Directors of Psychiatry Residency Training

EDUCATIONAL ACTIVITIES

2022 - 2023 Mentorship of Ozark Center Psychiatry Residents
Yasser Odhejo, MD, Filomena Galdikas, MD, Savitha, Satyasi, MD
2021 - 2022 Mentorship of Ozark Center Psychiatry Residents
Matthew King, DO, Babar Shaikh, MD, Yasser Odhejo, MD
2020 - 2021 Mentorship of Ozark Center Psychiatry Residents
Matthew Krahl, DO, Aoun Jafri, MD
2019 – 2020 Mentorship of Ozark Center Psychiatry Residents
Fareha Mir, MD, Jordan Stanton, DO, Barinder Singh, DO.
2018 – 2019 Mentorship of Ozark Center Psychiatry Residents
Fareha Mir, MD, Jordan Stanton, DO.

2017 – 2018	Mentorship of Ozark Center Psychiatry Residents Ahadullah Khan, DO; Brandon Vanhessche, DO.
2016 – 2017	Mentorship of Ozark Center Psychiatry Residents Tanna Feldman, DO, Spencer Levesque, DO; Melissa Cirulli, DO.
2015 - 2016	Mentorship of Ozark Center Psychiatry Residents Allison Smith, DO; Spencer Levesque, DO.
2014 - 2015	Mentorship of Ozark Center Psychiatry Residents Mark Scott, DO; Spencer Levesque, DO.
2013 - Present	Supervising and Teaching medical students and Psychiatry residents, ≥ 20 hours per week
2013 - Present	PGY 1, 2, 3 and 4 Psychiatry Resident Didactics, Ozark Center
2012 - 2013	Psychiatry seminars, organized and presented seminars on substance use disorders for NYU PGY 2 Psychiatric residents, 1 hour per month, Manhattan VA Hospital
2009 - 2012	Psychiatric interview skills, pathophysiology and pharmacology of psychiatric illnesses, medical students and junior residents, 2 hours per week, NYU, New York
2005-2006	Clinical case discussions with medical students, 200 hours, Liaquat University Hospital, Pakistan
2004-05	Organized and conducted courses on Anatomy, Biochemistry, Physiology and Pharmacology for aspiring pharmaceutical medical representatives, 100 hours, Hyderabad, Pakistan

MAJOR RESEARCH INTERESTS

Strategies to maintain recovery in Opioid Use Disorder patients

Resident Wellness

BOARDS AND COMMUNITY ORGANIZATIONS

2022 – Present	Co - Chair, PAPANA Academic Council
2022 – Present	Chair, Research, Education and Scientific Affairs Committee, APPNA
2021- Present	Chair, Psychiatry and Addiction Merit Subcommittee, APPNA
2021 – Present	Member, Young Physician Committee, APPNA
2020 – Present	Member, Merit Committee, APPNA

2021	Member, Election and Nomination committee, APPNA
2021	Member, Membership Committee, APPNA
2021	Member, Communication Committee, APPNA
2006-07	Chairman Board of Directors, Rotaract Club of Hyderabad, Pakistan
2005-06	Chairman Health Concerns Committee & Zonal Rotaract Representative, Sindh, Pakistan
2005-06	Chief Editor of District Rotaract Magazine
2004-05	Chartered President of the Rotaract Club of Hyderabad, Pakistan
2004-05	Member of Music Council of Hyderabad, Pakistan

CURRICULUM DEVELOPMENT

APPNA MERIT Family Medicine Certification Course 2022-2023 - Psychiatry Rotation: Rotation Director, 2022

Service to the Discipline/Profession/Interdisciplinary Area(s)

Consensus Group Contributor

"Online Training Curriculum to Prepare Clinical Skills Evaluation (CSE) Examiners in Psychiatry," an educational research project, sponsored by the American Board of Psychiatry and Neurology (ABPN, PI: L. Wichser) to establish expert consensus regarding resident performance in simulated CSEs using the ABPN CSE rubric. October 6, 2022

APPNA MERIT 6 Month Psychiatry Certification Course: Course Director, 2022

APPNA MERIT Family Practice Specialty Rotations: Psychiatry Course Lead, 2021

Evidence-Based Wellness Curriculum, KCU Consortium, 2019- 2020

BIBLIOGRAPHY

Abstracts:

Reisberg, B., Torossian, C., Monteiro, I., Boksay, I., Ashraf, N., Jamil, I., Shulman, M., and Zhu, W., Subjective Cognitive Impairment: The pre-MCI stage of the Alzheimer's dementia process, *23rd Alzheimer's Disease International Conference, Abstracts*, p. 37, 2007.

Reisberg, B., Shulman, M., Torossian, C., Monteiro, I., Boksay, I., Ashraf, N., Jamil, I.A., Vedvyas, A., and Zhu, W., "Prognostic outcome of older persons with subjective cognitive impairment (SCI) in comparison with

a non-SCI cohort,” American College of Neuropsychopharmacology, 46th Annual Meeting, December 9-13, 2007, Boca Raton, Florida.

Peer-reviewed publications:

Sonia Khan, MD., Sundas Saboor, MD., Sadiq Naveed, MD, MPH, FAACAP., Amna Mohyud Din Chaudhary, MD., Irfan Ullah, MD., Nauman Ashraf MD, Faisal Khosa MD, MBA. Gender and Racial Trends among Geriatric Psychiatry Fellows in the USA: A Call to Action. *Psychiatric Quarterly*, 2022.

King, M*, Ashraf, N. Tricyclic Antidepressant-Induced Anticholinergic Delirium in a Young Health Male Individual, *Drug Safety – Case Reports, January 2, 2018*. <http://rdcu.bc/DXgV>.

Ashraf, N., Antonius, D., Sinkman, A., Kleinhaus, K., Malaspina, D. *Fregoli Syndrome: An Under recognized Risk Factor for Aggression in Treatment Settings*, *Case Reports in Psychiatry*, vol. 2011.

Ashraf, N. An Interview with Barry Reisberg, M.D. *The American Journal of Psychiatry and the Committee of Residents and Fellows, Residents’ Journal*, March 2009: Volume 4, Issue 3.

Reisberg, B., Prichep, L., Mosconi, L., John, E.R., Glodzik-Sobanska, L., Boksay, I., Monteiro, I., Torossian, C., Vedvyas, A., Ashraf, N., Jamil, I. A., de Leon, M.J. The pre-MCI, Subjective Cognitive Impairment (SCI) stage of Alzheimer’s, *Alzheimer’s & Dementia*, 2008, 4: (Supp.1), S98-S108.

Ashraf, N. Transcultural Reflections on the Stigma of Mental Illness in Pakistan, *The American Journal of Psychiatry and the Committee of Residents and Fellows, Residents’ Journal*, October 2008: Volume 2, Issue 10.

Peer-reviewed Book Chapters:

Chao, F., Ashraf, N. Alcohol. In: Levounis, P, Zerbo, E, Aggarwal, R, ed. *Pocket Guide to Addiction Assessment and Treatment*. 1st ed. Arlington, VA: American Psychiatry Association Publishing; 2016:39-63.

Trainee contributor for chapters on Substance-Related and Addictive and Disorders, and Treatment of Seniors for Muskin, Philip R. *Study Guide to Psychiatry: A Companion to The American Psychiatric Publishing Textbook of Psychiatry, Sixth Edition*. Washington, DC: American Psychiatric, 2015.

GRANTS

Ashraf, N. Health Resources and Services Administration Grant for Affordable Care Act Teaching Health Center for Graduate Medical Education 2014 – present. Ozark Center Psychiatry Residency Program, Joplin, Missouri. Program Director/Principal Investigator. Amount awarded for this academic year \$119,166.67.

Ashraf, N, Jordan, K., Bradley, JS. KCU grant (2019). 5 Factor Wellness Model, KCU GMEC Consortium. Principal Investigator

Ashraf N, Bradley JS, Feldman TL. Ozark Center grant (2017) “Psychiatry Residency Yoga Training Experiment.” Principal Investigator.

POSTER PRESENTATIONS

Satyasi, S*, King, M*, Mir, F*, Ashraf, N., Smith, A. Benefits of Exposure of Office Based Opioid Treatment during Medical Training. 2022 AAAP Conference in Naples, Florida, Dec 8-11, 2022.

Usmani, S*, Mehendale, M., Saboor, S., Arshad, H., Ashraf, N. (2022, Sep). Could Obsessive Compulsive Disorder be a risk factor for the later development of Dementia? A Systematic Review. American Psychiatric Association Conference, May 2023. **Submitted.**

Shahab, H.S*, Usmani, S. *, Malik, A.F.M., Ashraf, N. (2022, Jun). Case Report of a patient with complex treatment resistant Schizoaffective Disorder, Bipolar Type successfully treated with Lumateperone. *Psychiatra Danubina- PSYCH-DAN 3449. Submitted*

Ashraf, S*, Ashraf, N. Opioid Morbidity and Mortality following Cannabis Laws in USA. 2022 AAAP Conference in Naples, Florida, Dec 8-11, 2022.

Liaqat, S*, Shahab, M., Ashraf, N. Alkhafaji, R*. *Behavioral, Neurodevelopmental, Cognitive, Language, and Medical Outcomes of Prenatal Opioid Exposure on Children: A Scoping Review Speaker's Corner.* AACAP/CACAP 2022 Annual Meeting in Toronto, October 19, 2022.

Ashraf, S*, Shad, M, Ashraf, N. Ketamine-assisted psychotherapy for treatment-refractory psychiatric disorders. 2022 Mental Health Services Conference in Washington DC. October 14, 2022.

Usmani, S*, Mehendale, M., Malik, A., Ashraf, N. The Role of Epigenetics and NR3C1 in the development of psychopathology later in life of children and adolescents facing bullying. 9th Congress of the European Academy of Paediatric Societies (EAPS 2022)/Barcelona, ESP. Oct 7th, 2022.

Jafri, S*, Ashraf, N, Krahl, M*, Shamim, A*, Alkhafaji, R*, Satyasi, S*, Odhejo, Y*, Jaramillo, J*. *Impact of providing introductory educational material to patients being admitted to Stephens unit: A quality improvement project.* American Psychiatric Association, New Orleans, May 23rd, 2022.

Slauter M*, Ashraf N, Goade S, Carey A, Udell J. *Naloxone Prescribing Upon Discharge from Freeman Health System for Patients with Opioid Use Disorder.* KCU Research Symposium, April 2022.

Raj, N*, Shaikh, B*, Ashraf, N. *Impact of Covid 19 Pandemic on Mental Well-Being of Psychiatry Residents at Ozark Center.* Virtual presentation, KCU Research Symposium, April 2022

Slauter M*, Ashraf N, Goade S, Carey A, Udell J. *Naloxone Prescribing Upon Discharge from Freeman Health System for Patients with Opioid Use Disorder.* ASHP Midyear Clinical Meeting and Exhibition, December 9, 2021.

Singh,B*, Ashraf, N., Mir, F*, *Qualitative Analysis of Feedback Received from Patients as a Result of a New Scheduling Method.* Virtual presentation, KCU GME Research Symposium, April 2021

Singh, B*., Ashraf, N., McMurray*, M., Schmidt, C., Stanton, J*., Diaz, L*., & Desai, H*. *A Quality Improvement Project of Patient's Attitudes Toward a New Scheduling Method in the Outpatient Setting*. Virtual presentation, KCU GME Research Symposium, April 2020.

Stanton, J*, Ashraf, N, Cesarz, B*. *Examining barriers to prescribing Suboxone and prescribing habits of Emergency Department providers within Freeman Health System*. Virtual presentation, KCU GME Research Symposium, April 2020.

King, M*, Ashraf, N. *Tricyclic Antidepressant Induced Anticholinergic Delirium in a Young Healthy Male*. Virtual presentation, KCU GME Research Symposium, April 2020.

Schmidt, C., Ashraf, N., & Stevens, K. *Impact on residents from teaching medical ethics*. ACGME Annual Educational Conference, San Diego, CA, February 2020.

Singh, B*., Ashraf, N., McMurray*, M., Schmidt, C., Stanton, J*., Diaz, L*., & Desai, H*. *Just-In-Time Scheduling: The effect of Just-In-Time schedule on no-show rates*. American Psychiatric Association Annual Meeting, Philadelphia, PA, April 2020.

Ashraf, N., Reno, R*., Watson, L., Smith, A., *HHEB Project (Housing, Health and Employment Improvements with Buprenorphine)*. American Academy of Addiction Psychiatry, San Diego, December 8, 2019.

Stanton, J*., Ashraf, N, Cesarz, B*. *Survey of the Barriers to Buprenorphine/Naloxone Prescribing in our Emergency Department at Freeman Health System*. American Academy of Addiction Psychiatry, San Diego, December 8, 2019.

Cirulli, M*., Ashraf, N., Bradley, JS. *Impact of Patient Suicide on Psychiatry Residents: Suggestions for Education and Intervention*. American Association of Directors of Psychiatry Residency Training Annual Meeting, New Orleans, March 2, 2018.

GRAND ROUNDS

Well-Being: Beyond mindful Strategies for The Busy Clinician, KCU-GME Consortium Virtual Grand Round, May 26, 2021.

Treatment of Opioid Use Disorder. Presented at Freeman Hospital. Joplin, Missouri February 14, 2018.

Pharmacologic and Clinical Considerations in Treatment of Adults with Psychiatric Disorders. Presented at Freeman Hospital. Joplin, Missouri, February 2014.

MEDIA TALKS

Video Message on World Mental Health Day, International Conference on Mental Health and Substance Use Challenges, Oct 10, 2022.

“Suicide Crisis: MO Drug Monitoring Program.” KSN 10 Joplin, MO, May 17, 2022. Television

<https://www.fourstateshomepage.com/news/suicide-crisis/suicide-crisis-mo-drug-monitoring-program/>

“Living Well: The Suicide Crisis Series.” KSN 10 Joplin, MO, May 16, 2022. Television

<https://www.fourstateshomepage.com/news/living-well/living-well-the-suicide-crisis-series-6/>

“Rep. Long Visits Ozark Center’s Residency Program,” Joplin Globe, Joplin MO, August 18, 2021. Interview
https://www.joplinglobe.com/news/local_news/rep-long-visits-ozark-centers-residency-program/article_1acd2188-ffa4-11eb-ba42-9b1cb64b2f01.html

“Opioid overdose deaths drop in Missouri, but experts say pandemic could erase that,” Joplin Globe, Joplin MO, September 12, 2020. Interview

https://www.joplinglobe.com/news/local_news/opioid-overdose-deaths-drop-in-missouri-but-experts-say-pandemic-could-erase-that/article_ce693920-0dca-5982-9e15-58ae00498aee.html

“After 18 overdoses in a month, Joplin man celebrates 60 days clean,” KODE 12 Joplin, MO, August 19, 2020. Interview

<https://www.fourstateshomepage.com/news/after-18-overdoses-in-a-month-joplin-man-celebrates-60-days-clean/>

“Housing, Health and Employment Improvements with Buprenorphine (HHEB Project),” Hope Springs Ozark Center Joplin, MO, February 26, 2020. Television

“A Shot in the Dark: Shedding Light on the Opioid Crisis.” KSN 10 Joplin, MO, Feb. 25, 2019. Television

“Buprenorphine a ‘Gold Standard’ for Treating Opioid Addiction.” Joplin Globe, February 11, 2018. Interview.

https://www.joplinglobe.com/news/local_news/buprenorphine-a-gold-standard-for-treating-opioid-addiction/article_6629688a-e08c-5b12-b345-5cf65c457e46.html

“Heroin in the Heartland II.” KOAM 7. Joplin, MO, July 21, 2016. Television.

“Adderall Abuse, a Growing Trend on College Campuses.” KOAM 7. Joplin, MO, 06 July 2015. Television.

<https://www.fourstateshomepage.com/news/a-shot-in-the-dark-shedding-light-on-the-opioid-crisis/>

INVITED SPEAKER/PANELIST/MODERATOR

Marathon Space – Match 2023, Twitter Space, Panel Member, Virtual Session, December 2nd, 2022

MERIT Family Medicine Certification Course, Substance Use Disorders, APPNA MERIT Committee, Speaker, Virtual Session, November 19th, 2022

Alcohol Use Disorders, Internal Medicine Residents Didactics, Freeman Hospital. November 17, 2022

Psychotropics. Presented to Joplin Police Department Officers at the Crisis Intervention Team Training. Joplin, Missouri November 12th, 2022.

MERIT Family Medicine Certification Course, Psychotic Disorders, APPNA MERIT Committee, Panel Member, Virtual Session, November 12th, 2022

6 - Month Psychiatry Online Certification Course, Alcohol Use Disorder and Stimulant Use Disorder, APPNA MERIT Committee, Speaker, Virtual Session, November 6th, 2022

6 - Month Psychiatry Online Certification Course, Substance Use Disorders Module- Opioid use disorder. APPNA MERIT Committee, Speaker, Virtual Session, November 6th, 2022

6 - Month Psychiatry Online Certification Course, Substance Use Disorders Module- Neurobiology and Screening. APPNA MERIT Committee, Co-Speaker, Virtual Session, November 6th, 2022

Myths and Facts about Serotonin Hypothesis. APPNA MERIT Committee, Panel Member, Virtual Session, October 22, 2022

Navigating Mental Health During Post Covid Chaos and Calamities, PAPANA, Speaker, Virtual Session, Oct 10th, 2022.

6 - Month Psychiatry Online Certification Course, Psychotic Disorders Module. APPNA MERIT Committee, Panel Member, Virtual Session, October 2nd, 2022

Residency Interviews – Let's Ask From Program Directors, APPNA YPC, Panel Member, Virtual Session, October 1st, 2022

Medical Marijuana: Potential Benefits and Future Directions, Presenter, KCU 2022 Homecoming: Changing Healthcare for Good, September 23, 2022

Drug Awareness session as part of HCF Community Participation Training Program, Hometown Community Foundation, Presenter, Virtual Session, September 10, 2022

ERAS Supplemental Application, PAPANA Training and Mentorship Committee, Panel Member, Virtual Session, August 27, 2022.

Back to School Seminar on Bullying, Islamic Society of Joplin, Moderator, Seminar, August 17, 2022.

6 - Month Psychiatry Online Certification Course, Anxiety Disorders Module. APPNA MERIT Committee, Panel Member, Virtual Session, August 7, 2022

APPNA Summer Meeting CME, Session Moderator for *Brain Stimulation Treatments in Psychiatry: Sequencing Interventions Along the Spectrum*. APPNA Annual Convention, Atlantic City, NJ. July 15, 2022

APPNA Summer Meeting CME, Session Moderator for *Medical Malpractice & Asset Protection Workshop*. APPNA Annual Convention, Atlantic City, NJ. July 16, 2022.

APPNA Summer Meeting CME, Presenter, Substance Use Disorder: *Overcoming Stigma and Future Directions* APPNA Annual Convention, Atlantic City, NJ. July 16, 2022.

APPNA Residency Seminar, YPC APPNA, Panel Member, APPNA Annual Convention, Atlantic City, NJ. July 16, 2022.

Awareness session on World Anti-Narcotics Day, “*Share Facts on Drugs*,” Hometown Community Foundation, Co-Speaker, Virtual Session, June 26, 2022

Psychiatry Residency Match: a dialogue, APPNA YPC Twitter Space, Panel Member, Virtual Session, May 19th, 2022

Substance Use Disorders – General Overview, PAPANA Academic Council, Virtual Session, May 15th, 2022.

AWARENES SESSION ON The Disease of Addiction and Healthy Coping Alternatives, Hometown Community Foundation, Co-Presenter, Virtual Session, April 23rd, 2022

Medical Cannabis: Current Evidence-Based Use in Medicine & Future Direction, MO-KAN Osteopathic Conference, Kansas City, April 10, 2022

APPNA Spring Meeting CME, Session Moderator for neurology and psychiatry, APPNA Spring Meeting, Oklahoma City, Ok, March 25, 2022

APPNA Residency Seminar, YPC APPNA, Panel Member, APPNA Spring Meeting, Oklahoma City, Ok, March 25, 2022

GME community Well-being Workgroup: Systems Based Approach to GME Well-being PLAN sub-Group, CO-presenter and small group facilitator, ACGME, Virtual Session, March 11, 2022.

Supplemental Offer & Acceptance Program (“SOAP”), Tips and Tricks, YPC APPNA, Moderator, Virtual Session, Feb 19th, 2022

Focus Group on Unity, Faith Discipline, Moderator, APPNA Strategy Cruise Meeting, Feb 5, 2022

Addiction Psychiatry, “What a busy clinician needs to know!” APPNA Strategy Meeting CME FL, Feb 4, 2022

Rank Order List Seminar, AADPRT IMG CAUCUS, Organized by APA and AADPRT, Panel Member, Virtual Session, January 30th, 2022

Opioid Use Disorder, King Edward Medical University, 41st Annual International Scientific Symposium, Lahore, Pakistan, December 24th, 2021

Physician Burnout and Wellness, King Edward Medical University, 41st Annual International Scientific Symposium, Lahore, Pakistan, December 24th, 2021

Opioid Use Disorder, Co-Presenter, Hometown Community Foundation, Virtual Session, December 24th, 2021

Collaborative Care Model for treatment of Addiction, Co-Presenter, Rawalpindi Medical University 5th International Scientific Conference – Mental Health Symposium, Rawalpindi, Pakistan, December 22nd, 2021

Mental Health Awareness and Physician Burnout. APPNA Fall Convention. Dallas, Texas, October 22nd, 2021

Virtual Residency Interviews: Tips and Tricks, Nishtar Alumni of North America, Panel Member, Virtual Session, October 3rd, 2021

The role of Cannabis in the Practice of Medicine, Co-Presenter, KCU Virtual Presentation, KCU Homecoming, September 25, 2021

Influencing Behaviors in Health, APPNA MERIT Committee, Panel Member, Virtual Session, September 11th, 2021

Residency CV Workshop, APPNA YPC Committee, Panel Member, Virtual Session, August 14th, 2021

Personal Statement Workshop, APPNA YPC Committee, Panel Member, Virtual Session, August 7th, 2021

Suicide Risk Assessment and Prevention in Primary Care, APPNA Family Medicine Specialty Rotation – Psychiatry, Panel Member, Virtual Session, July 24th, 2021

A-Z of Eras CV, Pakistani American Psychiatric Association of North America, Virtual Session, July 17th, 2021

Substance Use Disorder, APPNA Family Medicine Specialty Rotation – Psychiatry, Panel Member, Virtual Session, July 10th, 2021

Counseling and Research, Pakistani American Psychiatric Association of North America, YPC Committee, Panel Member, July 2nd, 2021

Opioid Use Disorder Management, Historical Perspective and Management, APPNA CME Conference, Orlando, FL, July 1st, 2021

Addiction Psychiatry and Psychiatry Residency Application. KCU Joplin Primary Care Club Presentations. Virtual Session, May 19, 2021

Evidence-Based Wellness Curriculum, Co-Presenter, 2021 AHME Institute Virtual Conference, May 13th, 2021

Program Directors On ERAS Application (PS, LOR, CV, ROL), Pakistani American Psychiatric Association of North America, Panel Member, Virtual Session, October 11, 2020

Opioid Use Disorder, MKRC Opioid Response Network Virtual Presentation, October 9, 2020

Marijuana, CBD and Vaping: Evidence Based Knowledge on the use of Cannabis and its Role in Future Medicine and its Benefits, KCU Virtual Presentation, KCU Homecoming, September 12, 2020

COVID – 19 Emotional Burden, Hope to Cope with it, KCU Virtual Presentation, KCU Homecoming, September 12, 2020

Management of Opioid Use Disorder, AAPC (American Academy of Professional Coders), Joplin Chapter Meeting, Mercy Hospital Conference Rooms, September 12, 2020

APPNA Community Awareness Webinar - COVID19, Virtual Event, May 21, 2020

Pharmacological Management of Opioid Use Disorder, AHEC Scholars Event, Virtual Event, April 18th, 2020

Introduction to the Course: Burnout and Depression during Residency, KCU Joplin Campus. September 6, 2019

Resident Burnout. APPNA 42nd Annual Convention. Orlando, Florida, July 4, 2019

Psychiatry Residency Yoga Training Experiment. KCU RESEARCH SYMPOSIUM. Joplin, Missouri, March 19, 2019

Treatment of Opioid Use Disorder. Missouri Society of Medical Assistants Annual Meeting. Joplin, Missouri, April 20, 2018.

Resident Resilience. Co-presenter. Kansas City University-Graduate Medical Education Retreat. Kansas City, Missouri, March 19, 2018.

Opioid Crisis: Health Impact Panel Discussion. Panel member. Missouri Opioid Crisis Summit in Southwest Missouri. Missouri Southern State University, Joplin Missouri, October 17, 2017.

Psychiatric Medications & Drugs of Abuse. Presented to Joplin Police Department Officers at the Crisis Intervention Team Training. Joplin, Missouri June, 2016.

Pharmacologic Induced Neurologic Disorders. Co-Presenter. 117th Missouri Osteopathic Annual Convention. Branson, Missouri 2015.

* Mentees