

BAYLOR COLLEGE OF MEDICINE

CURRICULUM VITAE

I. GENERAL BIOGRAPHICAL INFORMATION

A. Personal

1. Asim A. Shah, M.D.
2. Citizenship: USA

B. Education

1. Undergraduate
Education Higher Secondary Certification, D.J. Sindh Govt., Karachi, Pakistan, Science College 1982-1984
2. Medical Education or Graduate Education
M.B; B.S., Dow Medical College, Karachi, Pakistan, 1985-1991
3. Postgraduate Training
Adult Psychiatric Residency, Delaware Psychiatric Center, New Castle, DE, July 1995-June 1999

C. Academic Appointments

1. Faculty Position(s) at BCM

- Barbara & Corbin Robertson Jr. Chair in Psychiatry, November 14, 2018-present
- Executive Vice Chair, Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, July 11, 2017- present
- Chief, Division of Community Psychiatry, Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, July 11, 2017- present
- Professor, Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine, (PRIMARY) February 2016-present
- Professor, Department of Community and Family Medicine, Baylor College of Medicine, (SECONDARY) February 2016-present
- Associate Professor, Menninger Department of Psychiatry, Baylor College of Medicine, May 2012- January 2016
- Associate Professor, Community and Family Medicine, Baylor College of Medicine, May 2012- January 2016
- Assistant Professor, Community and Family Medicine, Baylor College of Medicine, June 2008-April 2012
- Assistant Professor, Menninger Department of Psychiatry, Baylor College of Medicine, March 2007-April 2012

2. Previous Faculty Position(s) at Other Institutions

- Clinical Assistant Professor, Department of Psychiatry, University of Texas Medical School at Houston, September 2011-December 2014

- Assistant Clinical Professor, Department of Psychiatry, University of Arkansas, October 2002 -July 2011
- Assistant Clinical Professor, Department of Family Medicine, AHEC, University of Arkansas, July 2004 -July 2008

3. Faculty Appointments at Other Institutions While at BCM

- Clinical Professor, Department of Psychiatry, University of Texas Medical School at Houston, May 2017-present
- Clinical Professor, Department of Psychiatry and Behavioral Sciences, University of Oklahoma, Oklahoma City, OK, April 2015-present
- Visiting Professor (International), Dow University of Health Sciences, Karachi, Pakistan, July 2011-present

D. Other Advanced Training/Experience

1. Formal Sabbatical Leave - None
2. Other Specialized Training Following Academic Appointment
 - Dialectical Behavioral Therapy Skills Training by Marsha Linehan, PhD, June 6-7, 2011
 - Motivational Interviewing Training by Baylor College of Medicine, SBIRT, May 12-14, 2010

E. Other Information

1. Honors or Awards
 1. Recipient, Top Doctor, Castle Connolly Regional Top Doctor 2022
 2. Recipient of Prestigious “Ima Hogg Award 2022” from Mental Health America of Greater Houston, (Award Ceremony to be held at Treasurers of Texas Luncheon at Briar Club Houston), February 17, 2022
 3. Expert Panelist for the Texas Medical Board, August 20, 2021
 4. Recipient, Top Doctor 2021, *Houstonia Magazine*, 2021
 5. Recipient of the Hackett Family Foundation, Harris County Hospital District Capital Campaign, 100K Grant, June 14, 2021
 6. Dr. Asim Shah & Dr. Connie Almeida Recognition Ceremony, Judge KP George recognizing two champions for the mental health and wellbeing of the residents of Fort Bend County, Historic County Courthouse, Richmond, Texas, May 28, 2021
 7. Recipient, 2020 Innovation Awards for Maternal Perinatal Addiction Treatment (MPAT) Clinic, Harris Health System, January 2021
 8. Recipient, Top Doctor, Castle Connolly Regional Top Doctor 2021
 9. Psychiatric Annals, Top 10 Reviewer Award 2020
 10. Recipient of “Most Eminent Pakistani Psychiatrist 2020” from Pakistan Psychiatric Society, October 2020.
 11. Prestigious “Foreign Minister of Pakistan’s 2020 Honor List,” as a “Health and Media Expert”. August 13, 2020
 12. Recipient, Top Doctor 2020, *Houstonia Magazine*, 2020
 13. Recipient, Clark Faculty Service Award, Baylor College of Medicine, May 2020
 14. Allies of Women of Excellence Awards, Baylor College of Medicine, 2020
 15. Recipient of “Top Doctor 2020 Houston” by Castle Connolly, 2020

16. Pediatric Tele-Psychiatry Recognition, 2019 Innovation Summit, Harris Health System, April 2019
17. Recipient of "Top Doctor 2019 Houston" by Castle Connolly, February 2019
18. Association of Pakistani Physicians of North American Descent, (APPNA) RESA AWARD 2018
19. Harris Health System's Champion of the 3rd Quarter, Buffalo Soldiers Museum 3816 Caroline St, Houston, TX, November 9, 2018
20. Children's Mental Health Champion Award, Mental Health America of Greater Houston, Houston, TX, May 9, 2018
21. Presidential Award for Innovation, Harris Health System, Houston, Texas, March 20, 2018
22. Recipient of "Special Recognition" as an organizing committee member for 29th World Psychiatrist Meet, Dubai, UAE, December 7-8, 2017
23. Recipient of "Special Recognition Award" from Universal Surgical Partners & Patients Benefit Foundation, Houston TX, December 2, 2017
24. Recipient of "Top Doctors 2017" by Houstonia Magazine, July 2015. This is a peer-selected recognition, in which the magazine survey 150,000 physicians. Received this award for last three years consecutively (This award was started in 2013)
25. Appointed "Board Director" for Mental Health America, May 2017
26. Recipient of "Top Doctor 2017 Houston" by Castle Connolly Top Doctors & Houston Chronicle Newspaper, April 2017
27. Recipient of "Outstanding Volunteer Award" (in recognition of efforts in increasing public awareness for patients in need) from Patient Benefit Foundation (a 501 c Charitable organization), August 2016
28. Recipient of "Outstanding Accomplishment Physician Award" (in recognition of academic achievement, contribution to the field of medicine, and volunteer services) from Umair Sana Foundation for Thalassemia July 8, 2016.
29. Recipient of "Top Doctors 2015" by Houstonia Magazine, July 2015. This is a peer-selected recognition, in which the magazine survey 150,000 physicians. Received this award for last three years consecutively (This award was started in 2013)
30. Recipient of Geo Television Network's Safeer-E-Pakistan "Pride of Performance Award", at the 10th Annual award Night, May 31, 2015, Arlington Virginia (recognized and awarded for being an outstanding professional with great achievements in the field of mental health)
31. Received Award and Certificate of appreciation on "successful completion of teaching program" at Dow University of Health Sciences under the auspices of "President's Program for care of Highly Qualified Pakistanis, awarded by Vice Chancellor, Karachi, Pakistan, June 6, 2015
32. Recipient of "Rising Star Clinician Award", from Baylor College of Medicine, upon nomination by Department Chair and committee, April 2015.
33. Nominated for Harris Health System, Psychiatry Service "Faculty of the Year 2014" by peers, December 2014.
34. Recipient of the 2014 "Fulbright & Jaworski L. L. P. Faculty Excellence Award", in the category of "Educational Leadership", from Baylor College of Medicine, December 2014.
35. Recipient of "Top Doctors 2014" by Houstonia Magazine, fall 2014. This is a peer selected recognition

36. Received "Faculty of the Year 2014" award by the Psychology internship training program for "Outstanding Contribution to Psychology Intern Training and Development" awarded by Menninger Department of Psychiatry, Baylor College of Medicine, June 21, 2014.
37. Received "Outstanding Service Award" in the field of psychiatry from the Association of Physicians of Pakistani Descent of North America at the Jinnah Post Graduate Hospital and Sindh Medical College in Karachi, Pakistan on December 30, 2013.
38. Received the MVP (Most Valuable Physician) of Ambulatory Care Services by Harris Health System for the month of October 2013.
39. Received "Service First Hero Award" from Harris Health System, September 2013.
40. Recipient of "Top Doctors 2013" by Houstonia Magazine. Peers selected this in fall of 2013.
41. Received "Faculty of the Year 2013" award from the Menninger department of Psychiatry, Psychiatry Residency Training program, Baylor College of Medicine. June 2013
42. Received the prestigious "President's Program for the Care of Highly Qualified Professionals (PPQP) Educational Scholarship Award 2012-2014". (Each year qualified individuals are selected by government of Pakistan from all over the world that are dynamic, have educational leadership skills, and are of Pakistani descent)
43. Recipient of the "Fulbright & Jaworski L. L. P. Faculty Excellence Award", in the category of Teaching and Evaluation, from Baylor College of Medicine, 2012.
44. Recipient of the 2009 Excellence Award for Community Service by the Texas Hospital Association for the HCHD Community Behavioral Health Program (CBHP), February 2010
45. Nominated General Faculty of the Year 2008-2009 by PGY 3 and PGY 4
46. Nominated Individual Supervisor of the Year 2008-2009 by PGY 1
47. Nominated General Faculty of the Year 2007-2008 by PGY3 and PGY4
48. Recipient of the "Physician of the year Award" from National Congressional Committee, 2004
49. Recipient of the "Medical Director of the Year Award", Southeast Region USA, Association of Inpatient Psychiatric Hospitals, September 2003
50. Medical Director of the year 2003 for Psychiatric Inpatient Hospitals, by Horizon Mental Health, September 2003
51. Medical Director of the year for Psychiatric Inpatient Hospitals, by Horizon Mental Health, September 2002
52. Chief Resident of Psychiatry, Delaware Psychiatric Center, 1998-1999
53. Best Publishable Paper Award, Delaware Psychiatric Center, "Sexual Side Effects of Antidepressants", June 1999

2. Board Eligibility/Certification

- Fellow American Psychiatric Association 2005 to date
- Diplomate, American Board of Psychiatry and Neurology, Inc. 2002, recertified in 2012
- Member, Board of the American Board of Medical Specialties 2002
- Diplomate, American Board of Forensic Medicine 2002
- Certified Diplomate in Psychotherapy by American Psychotherapy Association 2002
- Member of American College of Forensic Medicine

- ECFMG Certification, 1994
- M.B., B.S., Dow Medical College, Karachi, Pakistan, 1991

3. Other Non-Academic Positions

- Network of Behavioral Health Providers, Pathways Community HUB (PCH) Community Advisory Committee, 2022
- Chair Board of Directors, Alliance for 2021-2022 (2-year term)
- Board Chair for Houston Recovery Center/Sobering Center, June 2, 2021-September 30, 2024
- Advisory Board for the Center for Co-Occurring Disorders, The Council on Recovery, January 15, 2021
- Co-Chair, Psychotrauma, Pakistan Psychiatric Society Special Interest Groups, December 24, 2020
- Co-Chair, Community Psychiatry, Pakistan Psychiatric Society Special Interest Groups, December 24, 2020
- Member, BCM, Early Career and Star Faculty Awards for Excellence in Patient Care Selection Committees, 2020-2023
- Board of Directors, Rupani Foundation, August 20, 2020 - ongoing
- Co chair, Mayor's HER Public Health Education Sub-Committee, May 15, 2020
- Member, Public Health Education Subcommittee, Health Equity Response (H.E.R.) Task Force, Houston Mayor's COVID19 Taskforce, May 5, 2020
- Member, Health Equity Response (H.E.R.) Task Force, Houston Mayor's COVID19 Taskforce, May 5, 2020
- Member, Medical Care Subcommittee, Mental Health America, Health Equity Response (H.E.R.) Task Force, Houston Mayor's COVID19 Taskforce, May 5, 2020
- Chair, COVID-19 Mental Health Task Force, Fort Bend County Judge KP George, April 2020
- Member, Subcommittee for Policy & Legal Process, Governance Advisory Council, SAMSHA system of care efforts in Houston, March 2020
- Member, Governance Advisory Council, SAMSHA system of care efforts in Houston, March 2020
- Member, Baylor College of Medicine Firearm Policy Statement, February 2020
- Chair, Mental Health America of Greater Houston, January 2020
- Member, DSRIP Transition - Best Practices Workgroup, HHSC Texas Healthcare Transformation and Quality Improvement Program, December 18, 2019
- Chair CNS P& T (Pharmacy and Therapeutics) Committee, Harris Health System, Houston, TX, November 2019
- Appointed Texana Center Board of Trustees, Fort Bend Commissioners Court, Representing No. 4, Fort Bend County, Rosenberg, TX, August 2019
- Chair, Advancement Committee, Mental Health of America of Greater Houston, 2019
- Member, Public Health, Mental Health of America of Greater Houston, Houston, TX 2019
- Executive Committee, Mental Health of America of Greater Houston, Houston, TX 2019
- Healthcare Advisory Committee, Commissioner Precinct 4, Fort Bend County, March 2019
- Chair, Healthcare Advisory Committee, Commissioner Precinct 4, Fort Bend County, April 2019
- Chair Mental Health Committee, Commissioner Precinct 4, Fort Bend County March 2019

- Vice Chair, Mental Health America Houston 2019
- Chair, Mental Health America Gala, 2018
- Member, Utilization Review Committees, Harris Health System, November 2018-present
- Member, Professionalism and Well-being (PAW), Harris Health Medical Staff Committee, September 2018-present
- Member Board, Mental Health America, May 2017-present
- Member, Advisory Committee, Center for School Behavioral Health, Mental Health America (MHA), January 2017-present
- Inaugural Vice Chair for Community Psychiatry, Menninger Department of Psychiatry, Baylor College of Medicine October 10, 2016- to date
- Member, Medical Executive Board, Harris Health System, April 2016-present
- Member, BCM Faculty Committee on Research Awards 2016-present
- Member, Credentialing Committee, Harris Health System, March 2016-present
- Member, Physician Well Being Committee, Harris Health System, March 2016-present
- Member, Ethic Committee, Harris Health System, February 2016-present
- Member, Helen Gurley Brown Bridge Up Center Advisory Committee, Menninger Clinic, November 2015 - present
- Member, National Network of Depression Centers (NNDC), August 2014-to date
- Member, BCM Faculty Committee on Awards 2013-present
- Chief of Psychiatry, Harris Health System & Ben Taub Hospital, June 2012 -present
(With a budget of approximately over 10 million, approximately 50 faculty, 20 therapists, 3 staff)
- Director, Community Behavioral Health Program, Harris Health System, June 2012-present.
- Site Director, Psychiatry Residency Education, Baylor College of Medicine, June 2012-present
- Associate Chief of Psychiatry, Harris County Hospital District & Ben Taub Hospital, January 2012 -June 2012
- Examiner, American Board of Psychiatry and Neurology 2010-2014
- Director, Mood Disorder Research Program, Harris Health System & Ben Taub Hospital, July 2010 -present
- Faculty Champion, Screening Behavioral Intervention and Relapse Prevention (SBIRT), February 2010 -September 2014
- Medical Director, Step Up Outpatient Programs, Ben Taub Hospital, March 2009 - January 2012
- Medical Director, Star Outpatient Programs, Ben Taub Hospital, March 2009 - January 2012
- Deputy Chief of Psychiatry, Harris County Hospital District & Ben Taub Hospital, October 2008 - January 2012
- Associate Director, Community Behavioral Health Program, Harris County Hospital District, July 2008 - June 2012
- Medical Director, Intensive Outpatient Program, Ben Taub Hospital, March 2007 -July 2013
- Chief of Medical Staff, Ashley County Medical Center, Crossett, AR, January 2006-January 2007
- Consulting Psychiatrist, Memory Clinic, South Arkansas Center on Aging, affiliate of Ronald W. Reynolds Aging Center and University of Arkansas for Medical Sciences 2001-2007

- Medical Director, Generations Geriatric Psychiatric Unit, Ashley County Medical Center, Crossett, AR, October 1999 - February 2008
- Medical Director, Senior Care Geriatric Psychiatric Unit, Ouachita County Medical Center, Camden, AR, October 1999 - February 2007
- Consulting Psychiatrist, Chemical Dependency Unit, Ouachita County Medical Center, Camden, AR, October 1999 - February 2007
- Consulting Psychiatrist, Medical Center of South Arkansas, El Dorado, AR, October 1999 - February 2007
- Medical Director, Senior Care Geriatric Psychiatric Unit, Bradley County Medical Center, Warren, AR, October 1999 - September 2004
- Medical Director, Partial Hospital Psychiatric Program/Intensive Outpatient Program Dallas County Medical Center, Fordyce, AR, October 1999 - August 2001
- Staff Psychiatrist, Neuropsychiatry Associates of South Arkansas, with Clinics in El Dorado, Crossett, Camden, Warren, October 1999 - March 2005
- Executive Director, Psychotherapy Services, Ben Taub Hospital, September 2009- present
- Consulting Psychiatrist, Living Hope School Based Mental Health System, October 2004 - January 2005
- Consulting Psychiatrist, Center on Aging, University of Arkansas, July 2001 -February 2005
- Honorary Co-Chairman, Physician's Advisory Board, National Republican Congressional Committee, 2001 - 2002
- Chairman, Dementia Advisory Board, Beverley Healthcare, Camden, AR, January 2000-July 2001
- Consulting Psychiatrist, South Arkansas Youth Services, Juvenile Facilities at Magnolia and Dermott, AR
- Chief Resident, Delaware Psychiatric Center, July 1998 - June 1999
- General Psychiatry Resident, Delaware State Hospital (now Delaware Psychiatric Center), July 1995 - June 1999
- Research Assistant, Department of Psychiatry, Nassau County Medical Center, New York, 1994 - 1995
- Resident Medical Officers, Orthopedic and Medical Institute, Karachi, Pakistan, September 1994 - June 1995
- Resident Medical Officer, MK Hospital, Karachi, Pakistan, 1992-1994
- Internship, Civil Hospital Karachi, Pakistan, (6 months Medicine, 6 months Surgery), 1991-1992

II. RESEARCH INFORMATION

A. Research Support

1. CORT118335-876 (GRATITUDE) – Corcept PI 7/21/2021 – 7/21/2022
A Phase 2, Randomized, Double-Blind, Placebo-Controlled Study Evaluating the Safety, Efficacy, and Pharmacokinetics of Miricorilant (CORT118335) in Obese Adult Patients with Schizophrenia or Bipolar Disorder and Recent Weight Gain While Taking Antipsychotic Medications
BCM IRB #H- 49885 \$208,558.50

2. CORT118335-877 (GRATITUDE II) – Corcept PI 6/28/2021 – 6/21/2022
A Phase 2, Randomized, Double-Blind, Placebo-Controlled Study Evaluating the Safety, Efficacy, and Pharmacokinetics of Miricorilant in Obese Adult Patients with Schizophrenia Taking Antipsychotic Medications
BCM IRB # H- 49803 \$198,646.00
3. BP40283 - F. Hoffman-LaRoche Ltd PI 6/24/2021 – 6/24/2022
Phase 2, Randomized, Double-Blind, Placebo-Controlled Study to Assess the Effects Of RO6889450 (RALMITARONT) In Patients with Schizophrenia or Schizoaffective Disorder and Negative Symptoms
BCM IRB #H- 49048 \$244,250.72
4. PH94B-CL-026 - VistaGen Therapeutics, Inc. PI 6/9/2021 – 4/28/2022
A Phase 3 Multicenter, Randomized, Double-blind, Placebo-controlled Clinical Trial of PH94B Nasal Spray for the Acute Treatment of Anxiety Induced by a Public Speaking Challenge in Adult Subjects with Social Anxiety Disorder (PaliSADe-1)
BCM IRB #H- 49953 \$119,394.00
5. ACP-103-063 – ACADIA PI 5/19/2021 – 11/19/2022
A 16-Week Open-Label Study of the Effects of Treatment with Pimavanserin on Activities of Daily Living in Subjects With Parkinson’s Disease Psychosis
BCM IRB #H- 49708 \$202,879.49
6. ALKS3831- A307 – Alkermes PI 2/10/2021 – 3/8/2022
A Study to evaluate the effect of ALKS 3831 compared to Olanzapine on body weight in young adults with the Schizophrenia, Schizophreniform, or Bipolar I Disorder I who are early in their illness.
BCM IRB Protocol # H-43721 \$ 101,502.00
7. CLE100-MDD-201 CLEXIO Biosciences, LTD PI 8/27/2020 - 7/20/2022
A Two-part Study of CLE-100 as an Adjunct Therapy in Subjects with Major Depressive Disorder
BCM IRB Protocol # H-48253 \$43,540.00
8. Qualitative Assessment of Factors Affecting Mental Health of Healthcare Workers during the COVID-19 Pandemic Co-PI 4/30/2020-4/13/2026
H-47690 Sub-I
9. DBS Study - NIHCo PI 4/13/2020- 2/9/2022
Leveraging Ethical Dissension among Capacity, Beneficence and Justice in Clinical Trials Neurotherapeutics in the Severely Disabled: Lessons from Schizophrenia BCM IRB Protocol # H-46685

10. PI 7/10/2019 – 2/18/2022
A 52-Week Open-Label Extension Study of Pimavanserin in Subjects with Major Depressive Disorder and Inadequate Response to Antidepressant Treatment
Brain IRB # H- 45584 \$357,426

11. PI 6/24/2019-2/12/2022
A Phase IIIB Multicenter, Open-Label, Mirror-Image, Trial in Adult Subjects with Schizophrenia Treated Prospectively for 6 months with Abilify Mycite®
BCM IRB #H-45628 \$88,370

12. Co-PI 3/20/2019-12/27/2025
MIND2- Dimensional, Clinical Neurophysiological, Molecular and Genetic Phenotyping of Idiopathic Mental Illness
H- 44164 Sub-II

13. ALK3831 – A308 – Alkermes PI 12/04/2018 – 4/5/2022
A Phase 3, Multicenter Study to Assess the Long-Term Safety and Tolerability of ALKS 3831 in Subjects with Schizophrenia
BCM IRB # H-44153 \$150,480

14. Harvey Study – Greater Houston Community Foundation Co-PI 06/29/2018 - 2/9/2022
Outcomes Measurement of Youth and Adults Impacted by Hurricane Harvey

15. Co-PI 8/21/2017 - 2/22/2022
Mechanisms, Prediction and Treatment of Short-Term Risk for Suicidal Behavior, Version 2 - American Foundation for Suicide Prevention
BCM IRB # H-38275

16. Houston Methodist Research Institute PI 6/5/2017 – 6/15/2022
To identify NMDA receptor antibodies in CSF for patient with acute psychosis
BCM IRB Protocol # H-41059 \$112,625.00

17. Long Term Follow Up of Affective Disorder Patients Co-PI 4/19/2010 – 11/8/2021
Screening and long-term 5-year naturalistic cohort study collecting clinical data on Subjects with primary mood disorders
BCM IRB Protocol # H-26242

COMPLETED

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| 18. SOLVD - A new smart phone and online usage-based evaluation for depression
BCM IRB Protocol # H-36157 | Co-PI | 1/26/2015-8/26/2021 |
| 19. Burnout in Residents – BCM
Can a Smartphone App Help Tracking and Identification?
BCM IRB # H-38973 | Co-PI | 8/13/2016 – 6/10/2021 |
| 20.
A Phase 3, Multicenter, Long-Term, Extension Study of the Safety and Efficacy of AVP-786 (Deuterated [D6] Dextromethorphan Hydrobromide [D6-DM]/Quinidine Sulfate [Q]) for the Treatment of Agitation in Patients with Dementia of the Alzheimer's type.
IRB #H-45882 \$102,845 | PI | 6/13/2019-5/21/2021 |
| 21. Esketamine (Open Label) - Johnson & Johnson
An Open-Label Long-Term Extension Safety Study of Intranasal Esketamine in Treatment Resistant Depression
BCM IRB Protocol # H-38977 | PI | 7/22/2016 - 4/28/2021
\$200,000.00 |
| 22. MDD2002 – Johnson & Johnson
A 6-Month, Multicenter, Double- Blind, Randomized, Flexible-Dose, Parallel-Group study to compare the efficacy, safety, and tolerability of JNJ-42847922 Versus Quetiapine Extended- Release as adjunctive therapy to antidepressant in adult subject with Major Depressive Depression Disorder who have responded inadequately to antidepressant therapy.
BCM IRB Protocol # H-42671 \$ 231,604.00 | PI | 1/10/18 – 10/23/2019 |
| 23.
A Phase 3, Multicenter, Randomized, Double-blind, Placebo-controlled study to Evaluate the Efficacy and Safety of Adjunctive Pimavanserin in Subjects with Major Depressive Disorder and Inadequate Response to Antidepressant Treatment
Brain IRB #H-45200 \$370,062 | PI | 2/18/2019 – 10/19/2020 |
| 24. ALKS3831- A304 - Alkermes
A Phase 3, Multicenter Study to Assess the Long-Term Safety and tolerability of ALKS 3831 in subjects with Schizophrenia.
BCM IRB Protocol # H-41659 \$275,568.00 | PI | 1/10/2018 -3/05/2020 |
| 25. Triad Study – Avanir
A Phase 3, Multicenter, Randomized, Double- Blind, Placebo- Controlled Study to assess the efficacy, safety, and tolerability of AVP-786 (Deuterated[D6]- Dextromethorphan Hydrobromide [D6- DM]/Quinidine Sulfate[Q]) for the treatment of Agitation in patients with Dementia of the Alzheimer's type. | PI | 4/11/2018- 10/23/2019 |

26. Elevate Study - VistaGen	PI	3/14/2018 - 12/30/2019
Double -Blind, Placebo- Controlled, Phase 2 Trial to test efficacy and safety of AV-101(L-4-Chlorokynurenine) as adjunct to the current antidepressant therapy in patients with Major Depressive Disorder (MDD) with an inadequate response to current antidepressant.		
BCM IRB Protocol # H-42979 \$188,838.00		
27. TD4002 - Neurocrine	PI	2/8/2019 – 10/9/2020
Phase 4, Double-blind, Placebo-Controlled, Randomized Withdrawal Study to Evaluate the Persistence of Effect and Safety of Valbenazine for the Treatment of Tardive Dyskinesia		
BCM IRB # H-44761 \$102,662.50		
28. RE-KINECT - Neurocrine	EVA 19350 for TD PI	5/30/2017-5/9/2019
Real World Evaluation Screening Study and Registry of Dyskinesia in patients taking Antipsychotics agents		
BCM IRB Protocol # H-41172 \$150,000.00		
29. ALKS3831- A303 - Alkermes	PI	5/11/17-3/14/19
A Phase 3 study to evaluate weight gain on ALKS 3831 compared to Olanzapine in adults with Schizophrenia		
BCM IRB Protocol # H-39750 \$ 250,000.00		
30. ACP 103-042 Acadia	PI	4/7/2017-3/29/2018
A Phase 2, multicenter, randomized, double blind, placebo-controlled study to evaluate the efficacy and safety of adjunctive primavanserin in Major Depressive Disorder		
BCM IRB Protocol # H-40247 \$225,000.00		
31. Esketamine – Johnson & Johnson	PI	1/11/16-6/21/2018
A Randomized, Double Blind, Multicenter, active-controlled study of intra nasal plus an oral antidepressant for relapse prevention in Treatment resistant depression		
BCM IRB Protocol # H-37181 \$1,440,000.00		
32. OBSERVEMDD0001- Johnson & Johnson	PI	4/1/2015-10/25/2018
A Prospective, Longitudinal, Observational Study to Evaluate Potential Predictors of Relapse in Subjects with Major Depressive Disorder Who Have Responded to Antidepressant Treatment		
BCM IRB Protocol # H-35911 \$199,890.00		
33. RAPID - Optimization of Intravenous Ketamine for Treatment Resistant Depression		
BCM IRB Protocol # 26303	Co-PI	2/17/2010- 5/17/2017
34. Pharmacogenetics of Doxazosin for cocaine dependence		
BCM IRB Protocol # H-26605	Co-PI	3/10/15-11/20/17

35. Medical Clearance Concerns and Practices amongst Psychiatric and Emergency Providers
BCM IRB Protocol # H-37391 Co-PI 8/31/15-7/28/16

36. Does countertransference in providers affect medical decision making
Screening and long- term 5-year naturalistic cohort study collecting clinical data on subjects
with primary mood disorders
BCM IRB Protocol # H-35120 Co-PI 11/24/14-8/3/16

37. CANDESARTAN Co-PI 12/3/14-9/7/16
Candesartan: An Angiotensin receptor blocker as a treatment for cocaine dependence
BCM IRB Protocol # H-32241

38. Genesight - Assure RX PI 09/10/14- 5/12/16
A 12-Week, Randomized, Double-Blind, Controlled Evaluation followed by an Open-Label
12-week follow-up Period of the Impact of GeneSight Psychotropic on Response to
Psychotropic Treatment in Outpatients suffering from a Major Depressive Disorder (MDD)
and having had – within the Current Episode - an Inadequate Response to at Least one
Psychotropic Medication included in GeneSight Psychotropic
BCM IRB Protocol # H-35091 \$134,000.00

39. SNC 102-201 - Synchronuron PI 3/12/14-2/26/15
A phase 2, randomized, double blind, placebo controlled trial evaluating the efficacy, safety
and pharmacokinetic behavior of orally administered SNC102 in subjects with drug
induced Tardive Dyskinesia (Cognitive Research Group)
BCM IRB Protocol # H-34326 \$95,296.00

40. An Examination of Asian Pacific Islander (API) patients on an acute adult psychiatric unit:
A comparison study of Vietnamese and non-Vietnamese API patients.
BCM IRB Protocol #H-31977 Co-PI 4/6/15-4/5/16

41. SBIRT Resident Teaching Grant (Faculty Champion) 02/01/10-09/30/14
To educate and train internal medicine, family practice, psychiatry and pediatrics residents
from internship to screen, evaluate and manage patients with substance use (SBIRT)
\$75,000.00 approx.

42. C-1073-14 - Corcept PI 5/2/13-7/7/14
Study to Confirm a Diagnosis of Major Depressive Disorder with Psychotic Features and
Screen Potential Patients
BCM IRB Protocol #H-32760

43. Phase 3 double blind study designed to assess the use of mifepristone and its effects on the
HPA axis thus reducing psychotic symptoms in patients with Psychotic Depression.
BCM IRB Protocol # H-32760 \$88,917.00

44. BP-25712 Hoffman La-Roche Ltd. PI 1/26/12- 8/11/14
A multicenter, randomized, double blind, placebo controlled parallel group study to
investigate the efficacy and safety of RO4005819 versus placebo, as adjunctive therapy in

patients with major depressive disorder having inadequate response to ongoing antidepressant treatment
 BCM IRB Protocol # H-29991 \$129,031.82

45. R01MH085054 Co-PI 06/07/10-04/18/2017
 Efficacy and Tolerability of Riluzole in Treatment Resistant Depression
 The goal of this 4-site NIH collaborative R01 is to study the efficacy and safety of the glutamate modulator riluzole in patients with treatment-resistant depression and to investigate biomarkers predictive of response.
 BCM IRB Protocol # H-26581 \$750,000.00*

46. CN-162-010 - Bristol-Myers Squibb Company PI 09/22/11-02/12/14
 A multicenter, randomized, double-blind 58-week rollover study to assess the safety and tolerability of BMS-820836 in patients with treatment-resistant major depression.
 BCM IRB Protocol # H-29010 \$73,737.00

47. CN-162-007 - Bristol-Myers Squibb Company PI 10/06/11-07/26/13
 Multi-center, randomized, double-blind, active-controlled, comparative, fixed-dose, dose-response study of the efficacy and safety of BMS-820836 in patients with treatment-resistant major depression
 BCM IRB Protocol # H-28942 \$207,285.72

48. EVT 101/102 - Evotec Neurosciences GmbH PI 07/01/10-03/31/11
 A 4-Week, Randomized, Double-blind, Parallel-Group Placebo-Controlled Study to Investigate the Safety and Efficacy of EVT 101 as Monotherapy in Patients with Treatment-Resistant Major Depression
 This proof-of-concept 4-week placebo-controlled multicenter trial tests the safety and efficacy of an oral NR2B antagonist in patients with treatment-resistant depression.
 BCM IRB Protocol # H-26893 \$198,872.03

49. 2648911MDD2001 - Johnson & Johnson PI 08/13/10-05/08/12
 A Randomized, Double Blind, Parallel-Group, Active-and Placebo-Controlled Study to Assess the Efficacy and Safety of JNJ-26489112 in Adult Subjects with Major Depressive Disorder
 BCM IRB Protocol # H-26841 \$71,109.49

50. NARSAD Grant Co-PI 09/15/09-09/14/12
 The Brain and Behavior Research Fund
 Adjunctive IV Ketamine in Treatment-Resistant Depression
 The goal of this randomized controlled trial is to test the safety, efficacy, and time-to-response of repeated dose intravenous Ketamine as adjunctive therapy to a SSRI for severely symptomatic patients with MDD.
 BCM IRB Protocol # H-26488

51. RO1MH081870-01A2 Co-PI 07/23/09-12/17/15
 Optimization of IV Ketamine for Treatment Resistant Major Depression, grant by NIMH

The goal of this study is to test the safety, tolerability, and acute efficacy of a single subanesthetic dose of intravenous Ketamine in patients with treatment-resistant major depressive disorder, using a randomized, triple-blind, midazolam-controlled, parallel-arm design.

BCM IRB Protocol # H-26303 \$1,064,832.00*

B. National Scientific Participation

1. Journal Editorial Boards, etc.

- Editorial Advisory Board, Psych Annals, July 2020
- Reviewer, Annals of Clinical Psychiatry, January 2020
- Guest Editor, Psychiatric Annals, Borderline Personality Disorder Issue, January 2020
- Senior Content Advisor, Directions in Psychiatry, June 2019-present
- Advisory Board, Directions in Psychiatry, 2018-present
- Guest Editor, Psychiatric Annals, Psychiatric Emergencies Issue, January 2018
- Reviewer, East Asian Archives of Psychiatry, Hong Kong, June 2017-present
- Guest Editor, Psychiatric Annals, Adult ADHD Issue, June 2017
- Faculty Author, and Advisory Board Member, Directions in Psychiatry, February 2017 to date (ABPN approved journal for self-test: A MOC Board requirement)
- Guest Editor, Psychiatric Annals, Dementia and NCD Issue, February 2016
- Guest Editor, Psychiatric Annals, TRD Issue, April 2016
- Guest Editor, Psychiatric Annals, Women's Reproductive Issue, February 2015
- Member, Editorial Board, Austin Journal of Psychiatry and Behavior Sciences, February 2014-present
- Member, Editorial Board, Journal of Pioneering Medical Sciences, January 2012 – present
- Member, Editorial Board, Journal of Sleep Disorders & Therapy, November 2011 - present

2. Review Panels, etc.

- Reviewer, Journal of Dow University of Health Sciences, 2017-present
- Reviewer, Primary Care Companion for CNS Disorders, September 2016- present
- Reviewer, Archives of Women's Mental Health, June 2016 – present
- Reviewer, Health Affairs (Journal of Health Policy Thought and Research), March 2016-present
- Reviewer, BioMed Central (BMC), January 2015-present
- Reviewer, Journal of Pioneering Medical Sciences (JPMS), January 2012 – present
- Reviewer, Journal of Sleep Disorders & Therapy, November 2011 – present
- Reviewer, Journal of Psychiatric Practice, March 2011 - present

3. Professional Societies, etc.

- Board Chair, South Texas Chapter Association of Physicians of North America, July 2021
- Board of Trustee, South Texas Chapter, Association of Physicians of North America, July 2018
- Member, Alliance Board of Directors, 2018 - present
- Member, Houston Psychiatric Society, 2017- present
- Medical Advisor, Depression & Bipolar Support Alliance Houston (DBSA) 2015-present

- Member, American College of Psychiatrist (By Invitation) 2014-present-Member, Texas Society of Psychiatric Physicians, 2007 – present
- Government Affairs Committee, 2018-present
- CME Committee, 2018-present
- Academic Psychiatry Committee, 2018-present
- Public Mental Health Services Committee, 2018-present
- Strategic Planning Task Force, 2020

Professional Practice Management Committee, 2018

- Member Executive Council, Arkansas Psychiatric Society, 2004-2005
- Representative, Local District, Arkansas Psychiatric Society, 2004-2007
- Member, American Association of Psychiatric Medicine, 2001 - present
- Member, American Psychiatric Association, 2000 - present
- Member, Practice Research Network, 2000 - present
- Member, Psychiatric Society of Arkansas, 2000 - present

4. Elected Positions, etc.

5. Invited Lectures, Presentations, Seminars

a. International

1. El-Seog R, **Shah A**, Onigu-Otite E (Panelist). Pandemic Impact on Mental Health. Surviving the Global Pandemic. National ARAB American Medical Association, NAA 42nd International Medical Convention, October 24-25, 2020
2. **Shah, A** and Afridi, MI. Health for All Students' Well-Being-Memory, IQ & EQ. World Mental Health Day. Mental. Zoom. Jinnah Sindh Medical University, Karachi, Sindh, Pakistan, October 24, 2020
3. Navigating the Pandemic with a Healthy Mind, Habib University, Pakistan, October 23, 2020
4. Invited. Let's Talk COVID, Karachi, Pakistan, October 22, 2020
5. "Mental health Disparities" CHEF (Community Health Education Fellows) of HER (Health Equity Response) Task Force from Mayor Houston, July 17th, 2020, & September 3rd, 2020
6. COVID 19: Is It Normal to Be Anxious? Project ECHO (Extension for Community Healthcare Outcomes) in Pakistan in collaboration with Pakistan Psychiatric Society. Zoom international lecture. April 18, 2020
7. Workshops in the Gilgit-Baltistan region of Pakistan on "Mental Health in Early Years: Detection and Prevention" and "Rising Incidence of Suicide in Southeast Asia, Pakistan, July 2019
8. Invited Presenter, "Natural Disasters and PTSD," Sindh Institute of Urology and Transport APPNA Global Summit, Karachi, Pakistan, December 21, 2018
9. Invited Presenter, "Mentoring and Its Importance," King Edward Medical College and University, Lahore, Pakistan, December 19, 2018
10. Invited Moderator, "Disasters," APPNA Global Summit, Lahore, Pakistan, December 18, 2018
11. Invited Keynote Speaker, "Suicide: Is it an International Problem?", 29th World Psychiatrist Meet, Dubai, UAE, December 7-8, 2017

12. Invited Speaker, “New Directions in Treatment of Depression & Suicide”, Department of Psychiatry, Jinnah Post Graduate Medical Center, Karachi, Pakistan, August 2, 2017
13. Invited Speaker, “Stress & its Management on Media & Journalist”, Karachi Press Club, Karachi, Pakistan, July 31, 2017
14. Invited Speaker, “Ketamine and Depression” Department of Psychiatry, Dow University of Health Sciences, Karachi, Pakistan, January 9, 2017
15. Invited Speaker, Primary Care Workshop and Case presentation “Depression or Anxiety” Karachi, Pakistan, January 7, 2017
16. Invited Speaker “Novel Treatment for Depression, Focus on Ketamine”, Department of Psychiatry, Jinnah Post Graduate Medical Center, Karachi, Pakistan, January 6, 2017
17. Keynote Speaker, “Are Psychotropics Safe in Pregnancy in Lactation” at International Conference of Association of Psychology and Psychiatry for Adults and Children (A.P.P.A.C), Athens, Greece, May 17, 2016
18. Invited Discussant and Panelist, Institute of Clinical Psychology, University of Karachi, Moven Pick Hotel Karachi, “Well-being on Adolescent and Youth: What Young People Need, What Young People Want”, December 26, 2015
19. Chaired Anxiety and Depression Board, Pearl Continental Hotel, Karachi, Pakistan, arranged by Department of Psychiatry, Dow University of Health Sciences, December 27, 2015
20. Invited Lecturer on “Anxiety and Depression Guidelines in Adults”, Pearl Continental Hotel, Karachi, Pakistan, arranged by Department of Psychiatry, Dow University of Health Sciences, December 27, 2015
21. Presented workshop on “Psychiatric Research in Pakistan” at Dow International University, Karachi, Pakistan, June 6, 2015
22. Evaluated curriculum, presented workshop at Institute of Behavioral Sciences, Karachi, Pakistan, “Functioning of a Fully Funded Psychiatric Hospital in Pakistan, Needs and Requirements”, June 6, 2015.
23. Presented to Vice Chancellor and Board of Managers, Dow University of Health Sciences, Karachi Pakistan, “Concept of Community Behavior Health Program in Karachi: Proposed Pilot”, June 6, 2015
24. Presented to Department of Psychiatry, Jinnah Post graduate institute, Karachi, Pakistan, “Treatment Refractory Depression and use of Ketamine in Pakistan”, June 5, 2015
25. Invited Lecturer at Institute of Clinical Psychology, Karachi, Pakistan, on “Psychology and Stigma”, June 5, 2015
26. Invited Lecturer at Shifa Medical College, Karachi, Pakistan on “DSM V and Pakistan” June 4, 2015
27. Presented a workshop on “Spirituality in Psychiatry” to Dow University of Medical Sciences and Civil Hospital Karachi, Pakistan, as part of their Annual Psychiatric Update 2015, June 3, 2015
28. Presented a workshop on “Terrorism and its Impact” to Dow University of Medical Sciences, and Civil Hospital Karachi, Pakistan as part of their Annual Psychiatric Update 2015, June 3, 2015
29. Guest Speaker at National week of Women’s Health, Pakistan Institute of Medical Sciences (PIMS), Islamabad, Pakistan on “Women’s Health and Psychiatry: Are medications safe to use in Pregnancy” Department of Psychiatry, Obstetrics and

- Gynecology, Nursing and Family Physicians attended lecture and workshop, May 30, 2015
30. Invited Lecturer, Dow University of Health Sciences, Karachi, Pakistan, arranged and presented Psychiatric Lecture Series for General Physicians and Psychiatrist on “Anxiety”, “Medications in Pregnancy and Lactation”, “How to interview a Psychiatric Patient” and “Dementia”, as part of new ECME program by the Pakistan Medical and Dental Council (PMDC), May 29-June 5, 2015
 31. Presented, “What is new in the treatment of Schizophrenia” Invited international guest speaker lecture through APPNA (Association of Physicians of Pakistani descent of North America) MERIT program, lecture via webex to all Medical Colleges of Pakistan, May 24, 2015
 32. Guest Lecturer, "DSM-V and Clinical Practice," The AGA Khan University, Karachi, Pakistan, January 7, 2015.
 33. Presented “Review of Mental Health Laws in Pakistan” and Recommendations to Stakeholders. Karachi, Pakistan, January 6, 2015.
 34. Presented a Workshop on "Time Management, Assessing and Treating Psychiatric Patients with Limited Resources", Jinnah Post Graduate Medical Center, Karachi, Pakistan, January 6, 2015.
 35. Presented “Integration of Psychiatry Psychology and Social Workers", Jinnah Post Graduate Medical Center, Karachi, Pakistan, January 5, 2015.
 36. Presented workshop on, "Conflict resolution and management” 20th International Psychiatric Conference (Pakistan Psychiatric Society), Moven Pick Karachi, Pakistan, December 26-29, 2014.
 37. Presented Plenary session on "Managing Depression in Primary Care setting,” 20th International Psychiatric Conference (Pakistan Psychiatric Society), Moven Pick Karachi, Pakistan, December 26-29, 2014.
 38. International invited plenary lecture, "What is new in the treatment of schizophrenia,” 20th International Psychiatric Conference (Pakistan Psychiatric Society), Moven Pick Karachi, Pakistan, December 26-29, 2014.
 39. Poster Presentation “SNRI’s in the Prevention on recurrent depression, Outcomes from the open label acute and continuation phases”, 20th International Psychiatric Conference (Pakistan Psychiatric Society), Moven Pick Karachi, Pakistan, December 26-29, 2014.
 40. Chairperson of workshop, " Special Considerations in Women’s Psychiatric Issues,” 23rd International CardioCon 2014 (Cardiology Society of Pakistan), Pearl Continental, Karachi, Pakistan December 26, 2014 and December 27, 2014.
 41. Plenary session presentation, "Cardiovascular Diseases: Psychiatric Impact and management” 23rd International CardioCon 2014 (Cardiology Society of Pakistan), Pearl Continental, Karachi, Pakistan December 26, 2014 and December 27, 2014.
 42. Co-Presented, Asim A. Shah M.D., Anis Rashid M.D., Paul Walker M.D., Isabel Schuermeyer M.D. "Management of Anxiety and Depression in Newly Diagnosed Cancer Patients", at 16th World Congress of Psycho-Oncology and Psychosocial Academy (IPOS), Lisbon, Portugal, October 23, 2014.
 43. Presented “Should we prescribe medications in pregnancy and lactation” Invited international guest speaker lecture through APPNA (Association of Physicians of Pakistani descent of North America) MERIT program, lecture via webex to all

- Medical Colleges of Pakistan and Alamal Medical College Madinah, Saudi Arabia, June 22, 2014.
44. Presented “Mental Health Act” to the Jinnah Post Graduate Medical College, Karachi, Pakistan on January 5, 2014.
 45. Presented “First or Second Generation Antipsychotics” and “DSM or No DSM,” at Dow University of Health Sciences in Karachi, Pakistan on January 1-2, 2014.
 46. Presented “Building a Career in Medicine” at Dow Medical College Alumni Annual Lecture in Karachi Pakistan, on December 31, 2013.
 47. Presented as Keynote Speaker for the Early Career Psychiatrist on “Career Building” and received an award for outstanding service in the field of psychiatry from the Association of Physicians of Pakistani Descent of North America at the Jinnah Post Graduate Hospital and Sindh Medical College in Karachi, Pakistan on December 30, 2013.
 48. Presented a workshop on “Mental Health in Developing Countries” at the Hotel Sheraton in Karachi, Pakistan, on December 29, 2013.
 49. Presented “Is It Bipolar or Unipolar” at the Association of Physicians of Pakistani Descent of North America (APPNA) at the Jinnah Sindh Medical University in Karachi, Pakistan, on December 28, 2013.
 50. Presented “DSM 5 and ICD 10,” at the Jinnah Postgraduate Hospital and Sindh Medical School in Karachi, Pakistan on December 26, 2013.
 51. Presented “Healthcare: Comparison from Developed to Underdeveloped Countries,” at the Jinnah Postgraduate Hospital and Sindh Medical College in Karachi, Pakistan on December 24, 2013.
 52. Presented, “Psychiatry and Stigma: How Can We Change Our Minds,” on January 4, 2013, and “ICD 11 and DSM V,” on January 5, 2013, during the Visiting International Faculty Lecture Series at Dow University of Health Sciences in Karachi, Pakistan
 53. Presented, “Recent Updates on DSM V” during the Visiting International Faculty Lecture Series at Dow University of Health Sciences in Karachi, Pakistan on January 2, 2013. Dr. Shah’s lecture was video broadcasted all over the country [Pakistan] and uploaded to the Internet.
 54. Presented, “DSM V, the Good, the Bad and What Will Change” at the International Conference of Pakistan Psychiatric Society, Islamabad, Pakistan, December 29, 2012.
 55. “Psychotropic’s in Pregnancy and Lactation”, Guest Speaker, Pakistan Psychiatric Society’s 19th Annual Meeting, Lahore Pakistan, December 2011
 56. “Are Psychotropic’s safe in Pregnancy and Lactation”, Dow University of Health Sciences, Karachi Pakistan, December 2011.
 57. “To Treat or not to Treat Pregnant Females”, Agha Khan University, Karachi Pakistan, December 2011.
 58. “Update on DSM V”, Dow International University, Video Simulcast to Lahore, Islamabad, Quetta and Peshawar, December 2011.
 59. Lecture Series at Dow University and Symposiums, 2009, 2010, 2011, 2012, 2013.

b. National

1. **Shah, AA.** Bracing for a Different Kind of Surge: The Impact of a Pandemic on Mental Health of a Safety Net Population Society of Teachers of Family Medicine, New Orleans, LA, May 3-7, 2021
2. **Shah, AA.** Pandemic Impact on Mental Health. Surviving the Global Pandemic, National Arab American Medical Association, 42 International Medical Convention, Virtual, October 24-25, 2020
3. Invited Keynote. Addressing communication barriers between immigrant parents & their American Children: Culture, Drugs, Mood disorders & Suicide. American Physicians of Pakistani Descent of North America St. Louis Chapter, St. Louis, Missouri, March 6, 2020
4. **Shah AA,** Jordan A, Caban-Aleman C, Pollack DA. Real World Experiences in an Unreal World: Psychiatry and Climate Change. The 2018 IPS: The Mental Health Services Conference, Chicago, IL, October 5, 2018
5. **Shah AA.** (Chair) Disaster Psychiatry 101: Lessons Learned in Treating Victims of Hurricane Harvey, American Psychiatric Association's 171st Annual Meeting, New York, NY, May 6, 2018.
6. Moukaddam, N, Eldridge J, **Shah AA,** Sabharwal A, "Digital Health Improvement Can be Blocked by Healthcare Disparities: Lessons Learned from the Smartphone & Online Usage-Based eValuation for Depression (SOLVD) Trial", Presented at the Computing Community Consortium workshop- Sociotechnical Interventions for Health Disparity Reduction: A Research Agenda, New Orleans, LA, April 9-10, 2018
7. Moukaddam N, **Shah A,** Lomax J, Tucci V, "How Does Countertransference Fit in Modern Healthcare: Impact of Provider Feelings on Diagnosis and Medical Decision Making" at American Psychiatric Association's 169th Annual Meeting at Atlanta, May 15, 2016
8. Co Presented with Nidal Moukaddam, Larry Laufman, Anu Matorin, **Asim Shah,** and Veronica Tucci, "Medical Clearance Survey in Emergency Medicine Versus Psychiatry Providers" at the 6th Annual National Update on Behavioral Emergencies, in Las Vegas, on December 3-4, 2015
9. Invited Presenter and Panelist, "Integrated care at Harris Health System," at The 4th Annual Innovations Summit on Behavioral Health and Primary Care Integration, hosted by the Reserve Officers Association, on Capitol Hill in Washington, DC, on October 15, 2015
10. Moderated and co presented "Cultural Formulation Interview" at American Psychiatric Association's 168th Annual Meeting at Toronto, with Sophia Banu, Anh Dinh, Suni Jani, Ali Asghar Ali, May 2015
11. Presented "Medications in Pregnancy and Lactation" as a Grand Round Invitee, for Department of Psychiatry, Oklahoma University, Oklahoma City, OK, March 26, 2015
12. Co Presented with Nidal Moukaddam, MD, PhD, Phuong Nguyen, PhD, "Who's talking to me? Psychotic Symptom Evolution in Trauma" at the International Society for Psychological & Social Approaches to Psychosis, Annual Meeting, New York, March 2015
13. Cohosted a workshop with Toi B. Harris, M.D., Joan Meyer Anzia, M.D. Brigitte Bailey, M.D. Francis G. Lu, M.D. on "Mentoring Culturally Diverse Trainees: Challenges and Opportunities" at the 2013 Annual Meeting of the Association for Academic Psychiatry held in Charleston, South Carolina on October 16-19, 2013

14. Co Presented with Ostermeyer, Britta, Buck, David, Reed, Brian. "The CBHP psychiatrist: the good, the bad, and how we improved", Workshop at 165th American Psychiatric Association's Annual meeting, Toronto, Canada, May 2012.
15. Annual Psychiatric Update, Crossett, AHEC, University of Arkansas for Medical Sciences, (3 hr CME presentation on topics of mood disorder and substance abuse), February 2012
16. Annual Psychiatric Update, Crossett, AHEC, University of Arkansas for Medical Sciences, (3 hr CME presentation on topics of Psychotropic's in dementia, Suicide, Treating Insomnia), March 2011
17. Co-presented with Lluberes N, Polo N, "Bipolar Disorder and the Artistic Temperament, The Movie" at American Psychiatric Association's 163rd Annual Meeting, Honolulu, May 2010.
18. Annual Psychiatric Update, Crossett, AHEC, University of Arkansas for Medical Sciences, (3 hr CME presentation on topics of Psychosis, Chemical Restraints, Documentation). March 2010
19. Annual Psychiatric Update, Crossett, AHEC, University of Arkansas for Medical Sciences, (3 hr CME presentation on Management of Depression, Anxiety and Panic Disorder), February 2009
20. Vagal Nerve Stimulator Therapy, Cost, Benefits, Indications (University of Arkansas, Family Practice Residency Program) 3/2008
21. Interviewing the Psychiatric Patient (University of Arkansas, Family Practice Residency Program) 3/2008
22. Is it Depression or Bipolar Disorder (University of Arkansas, Family Practice Residency Program) 3/2008
23. Treating Bipolar Disorder in Pregnancy (University of Arkansas, Family Practice Residency Program) 2/2008
24. Chemical and Physical Restraints (University of Arkansas, Family Practice Residency Program) 2/2008
25. Medications in the Elderly (University of Arkansas, Family Practice Residency Program) 2/2008
26. Sexual Side Effects of Psycho Tropics (University of Arkansas, Family Practice Residency Program) 1/2008
27. Antidepressant Withdrawals (University of Arkansas, Family Practice Residency Program) 1/2008
28. Insomnia, Sleep Cycle, Management and Treatment (University of Arkansas, Family Practice Residency Program) 12/2007
29. Vascular and Lewy Body Dementia, Can We Treat Them? (University of Arkansas, Family Practice Residency Program) 12/2007
30. New Insights in the Management of Mood Disorder (University of Arkansas, Family Practice Residency Program) 11/2007
31. Behavior Disturbances in Dementia (University of Arkansas, Family Practice Residency Program) 11/2007
32. Annual Psychiatric Update, Crossett, AHEC, University of Arkansas for Medical Sciences, (3 hr CME presentation on topics of Behavior disturbances in dementia, Management of Mood Disorders, Pregnancy and Medications), November 2007
33. Psycho Tropics in Pregnancy and Lactation (University of Arkansas, Family Practice Residency Program) 10/2007

34. All About Psycho Tropics (University of Arkansas, Family Practice Residency Program) 10/2007
35. Psychosis, and Types (University of Arkansas, Family Practice Residency Program) 9/2007
36. Delirium vs. Dementia (University of Arkansas, Family Practice Residency Program) 9/2007
37. Unipolar or Bipolar Disorder (University of Arkansas, Family Practice Residency Program) 8/2007
38. Depression, What Do You Need to Know! (University of Arkansas, Family Practice Residency Program) 8/2007
39. Differences Between ADHD and Bipolar (University of Arkansas, Family Practice Residency Program) 7/2007
40. Social Anxiety or Generalized Anxiety? (University of Arkansas, Family Practice Residency Program) 6/2007
41. ADHD, Treatment and New Advances (University of Arkansas, Family Practice Residency Program) 6/2007
42. Panic Disorder, Is It An Emergency? (University of Arkansas, Family Practice Residency Program) 5/2007
43. Generalized Anxiety Disorder, What to Expect (University of Arkansas, Family Practice Residency Program) 5/2007
44. Alzheimer's Vs Dementia (University of Arkansas, Family Practice Residency Program) 4/2007
45. Mild Cognitive Impairment, Normal Memory vs. Aging (University of Arkansas, Family Practice Residency Program) 4/2007
46. Dementia, Advances and New Treatment (University of Arkansas, Family Practice Residency Program) 3/2007
47. Dementia, Types, and Diagnosis (University of Arkansas, Family Practice Residency Program) 3/2007

c. Regional

1. Mental Health in a Pandemic Lecture, Baylor College of Medicine, August 23, 2021
2. Nantucket Children's Mental Health Virtual Summit August 4-5, 2021
3. 2021 Junior Volunteer Career Exploration Speaker Series, (virtual). Harris Health Systems, June 17, 2021
4. Keynote Speaker. Katy Graduation Harmony School of Innovation. May 21, 2021
5. COVID Related Mental Issues and How to Manage as a PCP. Vallbona Health Clinic, Harris Health Systems, May 20, 2021
6. COVID Fatigue. Medical Executive Committee, Harris Health System, January 4, 2021
7. Positive Mental Health Tips for the Holidays, Reporter: Evelyn Traylor, Office of the County Judge, JB George, Fort Bend County, December 9, 2020
8. Distinguished Leader Panelist: The Good and Bad of 2020. Leadership Series 2020 Round Up Panel, December 7, 2020
9. Safely Celebrate Holiday Season 2020 Discussion. Office of the County Judge JB George, Fort Bend County, Facebook, November 12, 2020

10. Getting a Residency Interview: Special Focus on IMG's. Texas Mental Health Equity Mentorship Network. Psychiatry and Psychology Internship/Residency Professional Development Event, November 7, 2020
11. Mental Health Issues in the AAPI Community (Panelist), Regional VI Virtual Asian American Pacific Islander Health Summit, Virtual, October 30, 2020
12. Almeida C, Shah AA, Johnson-Minter J and George KP. Mental Health During Pandemic Panel Discussion, virtual Facebook live "Mental Health and the Importance of Voting"? Fort Bend County, October 29, 2020
13. Mental health Disparities. CHEF (Community Health Education Fellows) of HER (Health Equity Response) Task Force from Mayor Houston, July 17, 2020 and September 3, 2020
14. Plenary Session on Community Engagement Roles for the Biomedical Workforce: Perspectives from Members of Local COVID-19 Response Task Forces, Health Equity Summer Research Summit. Baylor College of Medicine, Office of Institutional Diversity, Inclusion and Equity, June 9, 2020
15. Coping with Isolation, Physical and Financial Loss. Texas Regional Physician Awareness Seminars. COVID-19 Expert Financial and Medical Updates, April 11, 2020
16. Mental Health Issues in Harris County, Regional Asian American Pacific Islander Health Summit, April 9, 2020
17. Refugee Mental Health and Wellness Conference, February 14, 2020
18. Mental Health Needs, Challenges and Available Services. Fort Bend County Judge's Office & Behavioral Health Services, Children's Mental Health Summit: Coming Together for Children, United Way Fort Bend Center, January 31, 2020
19. Getting a residency interview special focus on IMG, Texas Mental Health Equity Network Professional Development Event, October 5, 2019
20. 2019 Inspire Nursing Symposium: Advancing translational Science to Enrich Evidence-Based Healthcare, Houston, Texas, April 26, 2019
21. Houston Area Human Trafficking Health Care Consortium, March 13, 2019
22. Shah AA, Kelly SR, Bergeron EJ. Patient Safety Lecture Series - Opioid Addiction/Overdose, March 13, 2019
23. Meadows Mental Health Policy Institute's, Houston Legislative Briefing, Houston, Texas, January 24, 2019
24. Psychiatric Patient Law Enforcement Navigation Project, Houston, Texas, January 17, 2019
25. Invited, "Council on Service Meetings, Academic Psychiatry Committee, Houston, Texas, November 9, 2018
26. Invited, "Council on Service Meetings, Public Mental Health Services Committee, Houston, Texas, November 9, 2018
27. Invited, "Psychiatrists Role in Disaster Relief: Lessons Learned, Workshop Texas Academy of Psychiatry Program, Houston, Texas, November 9, 2018
28. Invited "Council on education Meetings, Continuing Medical Education Committee, Workshop Texas Academy of Psychiatry Program, Houston, Texas, November 9, 2018
29. Children's Mental Health Spotlight. Meadows Mental Health Policy Institute's Engage & Excel Conference Houston, Texas, October 25, 2018
30. Shah, AA: American Leadership Forum Class XLVI - Healthcare, Houston/Gulf Coast Chapter, Houston, Texas, May 22, 2018

31. Tackling Depression & Anxiety in Primary Care, Pri-Med Southwest Annual Conference, Houston, Texas, May 17, 2018
32. Shah, AA. The Overscheduled Family: Managing Stress & Finding Balance in a Digital Age. The Partnership for Baylor College of Medicine Educational Series – Houston, Texas, May 15, 2018
33. Invited Presenter “Primary and Behavioral Health Integration” 2016 DSRIP HHSC Statewide Learning Collaborative Summit, Austin TX, August 30, 2016
34. Invited Presenter “Overview of Depression and Substance Use” Sanchez Oil & Gas, Houston Texas, August 23, 2016
35. Public Health Talks (TEDTALKS) “Suicide and Mental Illness” Panelist, organized by Harris County Department of Public Health, Houston Texas
<https://youtu.be/1XOQVNZwILc>, August 18, 2016
36. Tiffany Andry, Nidal Moukaddam, Asim Shah, “How Do Religious Affiliations & Countertransference Alter Assessment of Depression?” 2016 Conference on Medicine and Religion, Houston, Texas, March 4-6, 2016
37. Invited Presenter and Panelist, “Care of Pregnant Women with Mental Illness” Kaleidoscope 2016, Obstetrical, Neonatal and Women’s Health Nursing Conference, Galveston, Texas, February 23, 2016
38. Invited Presenter, “Adult Mental Health Issues & the Impact on HHS Patients” 2016 Annual Staff Meeting, Harris Health System, January 9, 2016
39. Presented “Career Journey; My Big Break” as a Panel Speaker for Texas Regional Mental Health Minority Mentorship Network (TRMHMMN) Annual Spring Meeting, Houston Texas, April 25, 2015
40. Presented “Overview of Mental Health Services in Harris County” to Lone Star Community College, Kingwood, Texas, April 22, 2015
41. Presented “Ethics of cultural competence” to Texas Medical Association’s Cultural Competence: Putting patient’s first conference, Fredericksburg, Texas, February 14-15, 2014
42. Presented “DSM V for Neurologist” at Current Neurology Update 2013, Baylor College of Medicine, Houston, Texas, November 15, 2013
43. Presented “New Treatments for Schizophrenia and its Complications” at the 2013 Advances in Clinical Psychiatry: Update in Clinical Psychopharmacology, Baylor College of Medicine, November 1, 2013
44. Presented as symposium speaker on “Mental Health Issues and Initiatives” at the Scholarship and Community Conference: Greater Houston’s Health-Urban Healthcare in the 21st Century, sponsored by the University of Houston, October 4, 2013.

C. Publications

1. Full Papers in Peer Review Journals
 - a. Published

1. Barth AM, Meinert AC, Zopatti KL, Mathai D, Leong AW, Dickinson EM, Goodman WK, **Shah AA**, Schneider SC, Storch EA. A qualitative inquiry of parents’ observations of their children’s mental health needs during the COVID-

- 19 pandemic, *Children's Health Care*, 2021 DOI: 10.1080/02739615.2021.2003196
2. Thomas Y, Sara Andrabi S, Moukaddam N, **Shah A**, Buehler G, Carnell J, Bicette R, Dark C, Bezek S. Operationalizing the emergent management of psychiatric patients during the COVID-19 pandemic at an academic public hospital. *Journal of Hospital Administration*, 2021;10(5), December 13, 2021 DOI: 10.5430/jha.v10n5p24 -URL: <https://doi.org/10.5430/jha.v10n5p24>
3. Nisar M, Abubaker ZJ, Nizam MA, Shaikh HT, Abbasi I, Rehman MOU, Sarfaraz M, **Shah A**. Behavioral and Cognitive Response to SSRIs in Frontotemporal Lobar Degeneration: A Systematic Review and Meta-Analysis. *Clin Neuropharmacol* 2021; Sep-Oct 01;44(5):175-183. doi: 10.1097/WNF.0000000000000469. PMID: 34542955
4. Iqbal SZ, Ukrani K, Saunders JJ, Masood MH, Anwar H, Medina G, **Shah AA**. Ketamine Use in Treatment-Resistant Depression. *Directions in Psychiatry* 2021; 41:(2)129-146
5. Iqbal SZ, Ukrani K, Saunders JJ, Anwar H, Siddiqui SH; Mahmood A, Iqbal SM, **Shah AA**. Major Neurocognitive Disorders: Management of Behavioral and Psychological Symptoms. *Directions in Psychiatry* 2021; 41:(2)113-128
6. Iqbal SZ, Khawaja L, Moukaddam N, Masood MH; Anwar H, **Shah AA**. COVID-19 Vaccines: How Healthcare Professionals Can Unravel Myths and Barriers. *Directions in Psychiatry* 2021; 41(2):81-100
7. Iqbal SZ, Salami T, Reissinger MC, Masood HM, Ukrani K, **Shah A**. The Mental Health Clinician's Role in Advocacy for Survivors of Human Trafficking: Treatment and Management. *Psychiatr Ann*, 2021;51(8):373-377. doi:10.3928/00485713-20210707-02
8. Banu S, Saunders J, Conner C, Blassingame J, **Shah AA**. Mental Health Consequences of Human Trafficking *Psychiatr Ann*, 2021;51(8):369-372. doi: 10.3928/00485713-20210707-01
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b. Accepted/In Press

1. Guzick AG, Leong AW, Dickinson EM, Schneider SC, Zopatti K, Manis J, Meinert AC, Barth AM, Perez M, Campo DM, Weinzimmer SA, Cepeda SL, Mathai D, **Shah A**, Goodman WK, Salloum A, Kennedy S, Ehrenreich-May J, and Storch EA. Brief, parent-led, transdiagnostic cognitive-behavioral teletherapy for youth with emotional problems related to the COVID-19 pandemic. *Journal of Affective Disorders*. (in press).

2. Full Papers Without Peer Review

a. Published

140. Moukaddam N, Khawaja, LU, Shah A, Iqbal SZ, . Vaccine Skepticism. *Psychiatric Times*, 2021

141. Moukaddam N, **Shah A**. The New Game of Microbiology Clue The Who, When, Where, & Why of the Novel Coronavirus. *Psychiatric Times*, 2020 Mar, 36(3): 1, 10-13
 142. Moukaddam N, **Shah A**. Psychiatrists Beware! The Impact of COVID-19 and Pandemics on Mental Health. *Psychiatric Times*, 2020 Mar, 36(3): 11-12
 143. **Shah A**, Iqbal S. How I Treat Adult Schizophrenia with Paliperidone. *Psychiatry Advisor*. November 18, 2019. <https://www.psychiatryadvisor.com/home/how-i-treat/how-i-treat-adult-schizophrenia-with-paliperidone/>
- b. In Preparation
N/A
3. Books
- a. Complete Books Written
 1. **Foundation in Psychiatry and Behavioral Sciences for Medical Students.** Onigu-Otite E, Idicula S, Asuzu K, Shah A (eds), Cognella, San Diego, Spring 2021
 - b. Books Edited (include names of other editors, if applicable)
 - c. Book Chapters Written (including major contributions to professional resources, such as *UpToDate*, which is an evidence-based website for physicians).
144. Sciences, *Foundation in Psychiatry and Behavioral Sciences for Medical Students*. Onigu-Otite E, Idicula S, Asuzu K, Shah A (eds), San Diego, CA Cognella, Spring 2021, Pages 549-556
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 146. Roca JR, Bejjani C, Khawaja L, **Shah A**. Delirium and Dementia, *Foundation in Psychiatry and Behavioral Sciences for Medical Students*. Onigu-Otite E, Idicula S, Asuzu K, Shah A (eds), San Diego, CA Cognella, Spring 2021, Pages 327-342
 147. Madhanagopal N, Asuzu K, Onigu-Otite E, **Shah A**. Depression in the Medically III. *Foundation in Psychiatry and Behavioral Sciences for Medical Students*. Onigu-Otite E, Idicula S, Asuzu K, Shah A (eds), San Diego, CA Cognella, Spring 2021, Pages 257-265
 148. Madhanagopal N, Asuzu K, Onigu-Otite E, **Shah A**. Depressive Disorders, *Foundation in Psychiatry and Behavioral Sciences for Medical Students*. Onigu-Otite E, Idicula S, Asuzu K, Shah A (eds), San Diego, CA Cognella, Spring 2021, Pages 233-256
 149. Onigu-Otite E, **Shah A**. Overview of Psychiatry and Behavioral Sciences, *Foundation in Psychiatry and Behavioral Sciences for Medical Students*. Onigu-Otite E, Idicula S, Asuzu K, Shah A (eds), San Diego, CA Cognella, Spring 2021, Pages 5-9
 150. Thrower N, Onigu-Otite E, Nazario M, Banu S, **Shah A**. Stimulant-Induced Sleep Disorder In Children With ADHD, *Sleep Disorders in selected Psychiatric*

Settings: A Clinical Casebook: Editors: Imran Khawaja, Thomas Hurwitz, Springer
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153. Aftab A, **Shah AA**, Special Considerations in the Geriatric Psychiatric Patient, In: Moukaddam M, Tucci VT (eds) Behavioral Emergencies: *Psychiatric Clinics of North America*, Philadelphia, PA: Elsevier, Volume 40, Issue 3, September 2017, Pages 449-462, <https://doi.org/10.1016/j.psc.2017.05.010>
154. Aftab A, **Shah AA**, Special Considerations in the Pregnant Patient, In: Moukaddam M, Tucci VT (eds) Behavioral Emergencies: *Psychiatric Clinics of North America*, Philadelphia, PA: Elsevier, Volume 40, Issue 3, September 2017, Pages 435–448, <https://doi.org/10.1016/j.psc.2017.05.017>
155. Coshall S, Saunders J, Matorin AA, **Shah AA**. Evaluation of Depression and Suicidal Patients in the Emergency Room, In: Moukaddam M, Tucci VT (eds) Behavioral Emergencies: *Psychiatric Clinics of North America*, Philadelphia, PA: Elsevier, Volume 40, Issue 3, September 2017, Pages 363-377, DOI: 10.1016/j.psc.2017.05.008
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157. Matorin A, **Shah A**, Pedro R. Clinical Manifestations of Psychiatric Disorders, In Kaplan & Sadock's *Comprehensive Textbook of Psychiatry*, Tenth Edition, Lippincott Williams & Wilkins, published June 2017
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Volume 33, Issue 4, Pages 765–778, DOI:
<http://dx.doi.org/10.1016/j.emc.2015.07.005>

161. Deal N, Hong M, Matorin A, **Shah A**. Stabilization and Management of the Acutely Agitated or Psychotic Patient. In Kuo DC, Tucci V (eds) *Psychiatric and Behavioral Emergencies: Emergency Medicine Clinics of North America*: Philadelphia, PA: Elsevier, November 2015 Volume 33, Issue 4, Pages 739–752, DOI: <http://dx.doi.org/10.1016/j.emc.2015.07.003>

4. Abstracts Given During Last Three Years (based on posters or oral presentations)

1. King MS, Hamilton J, Pigott T, Elkhatib R, **Shah A** Selek S. No Birth Seasonality of Schizophrenia and Bipolar Disorder: Review of Inpatient Records, International Society of Affective Disorders and Houston Mood Disorders Conference, McGovern Medical Center, Houston, Texas, September 20-22, 2018
2. **Shah AA**. Suicide: Is It an International Problem? Poster presented at 29th World Psychiatrist Meet, December 7-8, 2017 Dubai, UAE
3. Prieto D, Makkouk F, Banu S, Elkeek A, **Shah A**. Eye Care Day for Refugees: Helping to Remove Social Barriers to Care Through Inter-Specialty Collaboration, presented at APA Annual Meeting, San Diego, May 21, 2017
4. Truong A, Cao J, Moukaddam N, **Shah A**, Washington P, Sabharwal A. Concordance of Clinical & Electronic Data in Assessment of Depression: Findings From The Smartphone And Online Usage Based Evaluation For Depression (SOLVD) Study, presented at BROADBAND PRESCRIPTIONS FOR MENTAL HEALTH: A POLICY CONFERENCE organized by the Federal Communication Commission Connect2HealthFCC Task Force Partnering with University of Houston Law Center Houston Texas, May 18, 2016
5. Truong A, Cao J, Moukaddam N, **Shah AA**, Washington P, Sabharwal A. Concordance of Clinical & Electronic Data in Assessment of Depression: Findings From The Smartphone And Online Usage Based Evaluation For Depression (SOLVD) Study, presented at the American Psychiatric Association 169th Annual Meeting, Atlanta, Georgia May 15, 2016
6. Moukaddam N, Tucci V, **Shah AA**. How Does Countertransference Fit in Modern Healthcare: Impact of Provider Feelings on Diagnosis and Medical Decision Making, at American Psychiatric Association's 169th Annual Meeting at Atlanta, May 16, 2016
7. **Shah AA**. Women's Mental Health, overview and safety of medicines, presented at International Conference of Association of Psychology and Psychiatry for Adults and Children (A.P.P.A.C), May 2016
8. Mathai D, Gordon M, Muchmore P, Matorin A, **Shah AA**, Moukaddam N. Trends in Synthetic Cannabinoid Use in Houston Before and After Citywide Ban, presented at the 26th Annual Meeting of the American Academy of Addiction Psychiatry in Huntington Beach, California, December 4, 2015
9. Moukaddam N, Tucci V, Matorin A, Laufman L, **Shah AA**. True costs of medical clearance: How accurate are Psychiatry and Emergency Medicine Providers? presented at National Update on Behavioral Emergencies conference, Las Vegas, Nevada, December 3-4, 2015
10. Dinh A, Jani SN, Banu S, Du Y, **Shah AA**. Culturally Competent Psychiatry for Refugees: A Pilot Program of a Standardized Mode, presented at the American

Psychiatry Association's Institute of Psychiatric Services. The Mental Health Services Conference, in New York City, October 9, 2015

11. Moukaddam N, **Shah AA**. Examining Patterns of Alcohol Use in Burmese Refugees in Houston, presented at the 168th American Psychiatric Association Annual Meeting in Toronto, Canada, May 16-20, 2015
5. Other Works Communicating Research Results to Scientific Colleagues (e.g., professional newsletters, blogs, video presentations, etc.)
6. Other Works Communicating Research Results to General Public (e.g., newspaper and other print resources, web-based communications, video and television media)

Radio Programs

1. Voice of Islam - Drive Time Show, Nabeela Shah: Producer, The Underdog Spirit, November 17, 2021
2. Houston NPR., Anxiety, Senior Producer: Davis Land, May 7, 2020.
https://www.dropbox.com/s/onb6i78mbon3zmu/08330_REOPEN%20ANXIETY.wav?dl=0
3. KPRC 2 NBC, Mental Health Concerns Amid Pandemic, April 21, 2020
4. KPFT, Mental Health Concerns Amid Pandemic, April 20, 2020
5. KPFT 90.1. Mr. Campbell, Producer. Psychological Effects of Coronavirus and Quarantining. April 13, 2020
6. Radio 106.1 "Mental Health Issues" Code blue, February 8, 2020
7. News radio 740 KTRH (740). Nikki Courtney, Reporter. Babies are born altruistic. Why We Lost Our Instinctive Altruism, February 6, 2020
8. KTRH, Men's Health, Nikki Courtney, Anchor/Reporter, November 4, 2019
9. GQ Radio Show, General Mental Health, October 24, 2019.
10. KTRH AM (740) Bing Watching TV Shows Can Damage Your Brain, August 15, 2019, <https://ktrh.heart.com/content/2019-08-14-binge-watching-tv-shows-can-damage-your-brain/>
11. KODA-FM (99.1), posted by Audrey Morton, Binge Watching TV Shows can Damage Your Brain, August 15, 2019, <https://sunny99.heart.com/content/2019-08-14-binge-watching-tv-shows-can-damage-your-brain/>
12. Interview by Jason Vermes, Harvey and Mental Health Study, Canadian Broadcasting Corporation's radio (CBC Radio One) program Day 6, August 23, 2018
13. Interview by Sally Adams, Gaming Addiction, 740 AM KTRH radio, June 19, 2018
14. Behavioral Health Grant, Houston Public Media, News 88.7, March 30, 2018
15. "How do you go home for Holidays when your home was destroyed by Harvey", Houston Public Media Interview (NPR RADIO), December 6, 2017
16. Houston Public Media Interview (NPR RADIO) on "Holiday Blues", November 21, 2017
17. Interview by Sangeet Radio Doctors Corner, "Psychiatric issues in Pakistani Community", December 8, 2016
18. Interview by Sangeet Radio Houston, FM 95.1 "How to Handle Grief and mass terrorism" November 15, 2015

19. Interview at Houston Public Media KUHF 88.7 FM for news segment, Houston Matters on “Bipolar Disorder” September 30, 2015
20. Interviewed by 740 KTRH Radio for a news segment titled, “Loneliness,” that was broadcasted on Wednesday, March 25, 2015.
21. Interview 92.1 FM, “First Blood Test for Depression, What to Expect” September 18, 2014.
22. Interviews at Houston Public Media KUHF 88.7 FM for news segment, Houston Matters on “Mental Health Challenges,” March 24, 2014.
23. KTRH AM 740:” Age Can Be a Factor in Happiness” on July 23, 2013.
<http://www.ktrh.com/articles/houston-news-121300/age-can-be-a-factor-in-11505268/>
24. KPFT: 2-4 hrs of live radio show with Psychiatry Residents yearly. Topics include borderline personality disorder, depression, bipolar, and ADHD
25. NPR news piece, January 2012, “Depression and Ketamine” broadcasted nationally

TV Interviews

1. KRIV Fox 26, Miss Universe 2019 Suicide. Reporter: Isiah Carey, January 31, 2022
2. KRIV Fox 26, Exploring Vaccine Hesitancy as Omicron Variant Spreads Dr. Asim Shah gives medical insight into why some people are hesitant to get the COVID-19 vaccine. Reporter: Isiah Carey, December 22, 2021,
<https://www.fox26houston.com/video/1015437>
3. KRIV FOX 26, Zoom interview: Meaningful Resolutions, December 27, 2021,
[Meaningful New Year’s resolutions](#)
4. KPRC 2 News, Sibling Violence/Homicide, September 29, 2021
<https://www.click2houston.com/news/local/2021/09/29/it-doesnt-surprise-me-mental-health-decline-in-kids-potential-reason-for-increase-in-violence/?outputType=amp>
5. KPRC 2 News, 20 Years After 9/11: How the World Changed. Reporter: Mario Diaz, September 6, 2021.
<https://www.click2houston.com/news/local/2021/09/07/changes-since-911-some-say-in-many-ways-the-us-is-different/>
6. Scripps TV National, Future of Independent Living for People with Mental Disabilities. Reporter: Diane Duenez, August 2, 2021
7. FOX 26, Rejoining the World After Isolation, June 10, 2021
8. FOX 26, GENERATION Z & Mental Health/Burnout, June 2, 2021
9. Univision Pandemic’s Effects on Mental Health. May 20, 2021
10. KRIV-TV (Ch. 26) Ben Taub/BCM, talks about real ‘mask separation anxiety’ among public, May 19, 2021. <https://www.fox26houston.com/video/934358>
11. KRIV FOX 26, Mask Anxiety, May 13, 2021
12. KRIV-TV (Ch. 26), Chauvin guilty verdict brings relief for some, others still experiencing anxiety and stress (Dr. Asim Shah, Ben Taub/BCM, interviewed). Reporter: Damali Keith. <https://www.fox26houston.com/news/chauvin-guilty-verdict-brings-relief-for-some-others-still-experiencing-anxiety-and-stress>, April 23, 2021
13. Fox 26, Mental Health George Floyd Verdict. April 22, 2021
14. Fox 26, Reduce Anxiety Amid George Floyd Video, April 20, 2021

15. KTRK ABC13 News. ACTION 13: COVID-19 & Our Mental Health town hall 5 Ways You Can Support Someone Dealing with Mental Health Issues. News Anchor: Mayra Moreno, April 8, 2021 <https://abc13.com/mental-health-help-how-to-get-covid-covid19/10458886/>
16. KRIV FOX 26, Newscast: Isiah Factor: Vaccination and Faith, April 1, 2021
17. KRIV FOX 26, Newscast: Isiah Factor: Honoring Doctors on Doctor's Day. March 31, 2021. Newscast: [Isiah Factor: Honoring doctors on Doctor's Day](#)
18. CBS 11 KTVT Dallas-Fort Worth. It's Not Too Late to Set Realistic Resolutions for 2021. Reporter: Madison Sawyer, January 15, 2021
19. Fox 26 News. Protect Children from News Coverage. January 7, 2021
20. KTRK-TV (Ch. 13). Ben Taub/BCM, interviews on how parents can talk to children on the topic of violence at the U.S. Capitol siege. January 7, 2021 <https://mms.tveyes.com/MediaCenterPlayer.aspx?u=aHR0cDovL211ZGhY2VudGVyLnR2ZXllcy5jb20vZG93bmxvYWRnYXRld2F5LmFzcHg%2FVXNlckIEPTUwMjgyNSZNREIEPTE0MzU5MjY4Jk1EU2VIZD03NmMxJIR5cGU9TWVkaWE%3D>
21. KTRK ABC 13 News. Protecting Children from Coverage. January 7, 2021
22. CBS 11. New Year's Resolutions. January 6, 2021
23. FOX 26 News. One in Four Women with ADHD has Attempted Suicide. Reporter: Maggie McKethan, December 22, 2020. <https://www.fox26houston.com/video/883452>
24. Fox 26 News. Experts Fear COVID, Rising Gun Sales, Could Bring Increase in Teen Suicide. Isiah Carey's, December 9, 2020. <https://www.fox26houston.com/video/880053>
25. KHOU-TV (Ch. 11). A pandemic within a pandemic: Domestic violence magnified by pandemic and holidays (Dr. Asim Shah, Ben Taub/BCM, interviewed), November 30, 2020 <https://www.khou.com/article/news/health/coronavirus/domestic-violence-magnified-by-pandemic-and-holidays/285-16c51d84-5b95-4acc-b96d-293842f01f8d>
26. KPRC-TV (Ch. 2). COVID-19 patients experiencing psychosis months after recovery (Dr. Asim Shah, Ben Taub/BCM, interviewed), November 20, 2020 <https://www.click2houston.com/health/2020/11/20/covid-19-patients-experiencing-psychosis-months-after-recovery/>
27. KPRC-NBC 2. COVID psychosis. Reporter: Haley Hernandez, November 17, 2020
28. Fox 26 News. Holiday Depression. Reporter: Jessica Berman, November 13, 2020
29. KPRC-NBC 2. Election Stress, November 9, 2020
30. Univision 45. How to Deal with Election Day Anxiety. Reporter: Jessica Rivera. November 3, 2020
31. KXAS-TV (Dallas). Doctors Warn Pandemic Fatigue Fueling COVID-19 Case Surge. Reporter: Bianca Castro. (Dr. Asim Shah, Ben Taub/BCM, interviewed), October 15, 2020 https://www.nbcdfw.com/news/health/doctors-warn-pandemic-fatigue-fueling-covid-19-case-surge/2461340/?fbclid=IwAR1vC5H7oZpCTlC8k6WgmV5ZT09Kp6U5SJj4FJ-JTNj92lmhtzX8tz4w_WA
32. KPRC-TV (Ch 2). One Family's Journey to Prevent their Father from Feeling Alone, Isolated While Battling COVID-19.

- <https://www.click2houston.com/news/investigates/2020/07/17/one-familys-journey-to-prevent-their-father-from-feeling-alone-isolated-while-battling-covid-19/?outputType=amp>. July 17, 2020
33. KPRC- TV Channel 2. Social Distancing. Reporter: Robert Arnold, July 17, 2020
34. Fox 26 News Isiah Carey's. What is COVID psychosis?
<https://www.fox26houston.com/video/831037> July 16, 2020
35. KRIV-TV (Ch. 26) Police see increase in suicide calls during COVID-19 pandemic (Dr. Asim Shah, Ben Taub/BCM, interviewed). Reporter: Ivory Hecker
<https://www.fox26houston.com/news/police-see-increase-in-suicide-calls-during-covid-19-pandemic>, June 18, 2020
36. Fox 26 News. Teen Mental Health. Reporter: Ivory Hecker, June 17, 2020
37. NBC News. Easing Back to Work Anxiety. May 14, 2020.
<https://www.wdtn.com/community/health/coronavirus/easing-back-to-work-anxiety/>
38. KSNW-TV (Kansas) Easing back to work anxiety (Dr. Asim Shah, Ben Taub/BCM, interviewed). May 14, 2020.
<https://www.ksn.com/news/health/coronavirus/easing-back-to-work-anxiety/>
39. WDTN-TV (Ohio) Easing back to work anxiety (Dr. Asim Shah, Ben Taub/BCM, interviewed). May 14, 2020.
<https://www.wdtn.com/community/health/coronavirus/easing-back-to-work-anxiety/>
40. NBC News, Anxiety Surrounding the Return to Normalcy, Reporter: Sarah Dallof, May 6, 2020. <https://www.wdtn.com/community/health/coronavirus/easing-back-to-work-anxiety/>
41. KPRC-TV (Ch. 2). Interview. Mental Health Expert Shares Tips on How to Cope with Coronavirus Pandemic, Quarantine. April 29, 2020
42. Fox 26 News, Managing Mental and Anxiety During the Pandemic, May 4, 2020
43. BOL TV. Panic and Corona. March 16, 2020
44. KTRK ABC 13 Online: Answering your Coronavirus Questions. Facebook Live. March 16, 2020
45. KTRK ABC13 Interview: Facebook Live. Psychology around Coronavirus. March 13, 2020
46. Fox 26 News, Coronavirus and How the Panic Affects Mental Health, Especially for those who have Existing Mental Health Issues. March 13, 2020
47. Fox 26 News, Bullying, Reporter: Maggie McKethan, February 21, 2020
48. Fox 26 News, Maintaining Your Child's Relationship with Food, February 20, 2020
49. Fox 26 News, Shopaholic, November 26, 2019
50. NBC News digital, How Medicare For All Might Affect Hospitals and Providers, Reporter: Benjamin Sarlin, October 25, 2019
51. KHOU 11 News, What is Social Anxiety, the Mental Health Issue Astros Pitcher Zack Greinke Battles, Reporter: David Gonzalez, October 18, 2019,
<https://www.khou.com/article/news/what-is-social-anxiety-its-more-common-than-you-think/285-185ff450-49b2-4aa6-b2f6-8c4f144a7c7e>
52. Fox 26 News, Storm Anxiety and How Storms Make us Feel. September 24, 2019
53. Fox 26 News, Sandy Hook Promise SA, September 19, 2019
<https://www.youtube.com/watch?v=b5ykNZl9mTQ&t=2s>
54. Fox 26 News, "Former Smokers being Prone to Depression", September 5, 2019

55. NTV Houston, "Opioid Epidemic" Stafford, Texas, August 30, 2019
56. WKBW-TV (Buffalo) by Elizabeth Ruiz, "Psychiatrist says there's no relationship between video games and gun violence", August 15, 2019, <https://www.wkbw.com/news/national/psychiatrist-says-no-relationship-between-video-games-and-gun-violence>
57. Fox 26 News, Mass Shootings and the Chaos caused by the Incident in Memorial City Mall, August 12, 2019
58. Scripps Networks Interactive, Inc. (SNI), Video Games, August 15, 2019
59. Fox 26 News, Mass Shooting, August 5, 2019
60. Fox 26 News, Isiah Factor: U.S. Death Rates from Suicide, June 12, 2019
61. Fox 26 News, Eating Disorders Before Childbirth, May 21, 2019
62. NTV News, Alabama Abortion Law, May 21, 2019
63. Fox 26 News, Women with Eating Disorders, May 21, 2019
64. KHOU. Exercise and Depression, April 29, 2019
65. Fox 26 News, Handling Panic Attacks /Stress Awareness Month, April 22, 2019, <http://www.fox26houston.com/health/how-to-recognize-anxiety-panic>
66. Fox 26 News, Isiah Factor, Stockholm's Syndrome, April 19, 2019
67. KRIV-TV (Ch. 26), The High Suicide Rate Among White Males, April 17, 2019
68. KPRC-TV (Ch 2) Why are Some Obsessed with Game of Thrones? Binge Watchers, April 15, 2019, <https://www.click2houston.com/health/why-are-some-obsessed-with-game-of-thrones->
69. Fox 26 News, Isiah Factor, The Dark Side of the American Dream is Killing White Men, April 15, 2019
70. Fox 26 News, Isiah Factor, Trump's Cognitive Deficits, April 10, 2019, KRIV-TV (Ch. 26) <http://www.fox26houston.com/web/kriv/news/isiah-factor-uncensored/usa-today-editorial-questions-president-trump-s-cognitive-health>
71. KPRC - Binge Watching TV Shows and Why it Satisfies People, April 5, 2019
72. Fox 26 News, Isiah Factor Uncensored to discuss the recent suicides by survivors/family members of school shooting victims. March 25, 2019
73. Fox 26 News, Ketamine, March 14, 2019.
74. Fox 26 News, Tidying Up and Mental Health, March 4, 2019. <https://bit.ly/2Temguq>
75. KPRC, "How to Deal with In-Laws during the Holidays and Why People Can't Keep Secrets" (<https://www.bcm.edu/news/psychiatry-and-behavior/the-reason-you-cant-keep-a-secret>), Reporter/Outlet: Haley Hernandez, November 20, 2018
76. Fox 26, Ketamine Treatment for Depression, August 28, 2018
77. The Weather Channel on Harvey. Rich Porter, *National Assignment Editor*, August 26, 2018
78. Fox 26 News, "Depression. Michelle Williams from Destiny's Child", July 19, 2018
79. Fox 26 News, "Link Between Anti-Depressants/Anti-Anxiety Medication and Violence (Sutherland Springs shooter had this in his system), June 29, 2018
80. NTV Houston Studio – "Mental Diseases and their Cure," Reporter: Tanvir Khan, June 25, 2018
81. NTV Houston Studio, "Mental Health of Separated Migrant Children in Detention Centers," Reporter: Tanvir Khan, June 25, 2018
82. NTV Houston Studio, "Importance of 4th of July," Reporter: Tanvir Khan June 25, 2018

83. Fox 26 News, "Suicide (Anthony Bourdain and CDC statistics)", June 8, 2018
84. Fox 26 News, "Suicide Rate", June 7, 2018
85. Fox 26 News, "Suicide and Impact of Celebrities", June 5, 2018
86. KHOU 11 News, "Post Harvey Tips" May 15, 2018
87. Fox 26 News, "Bi-Polar Disorder", April 11, 2018
88. Fox 26 News, Deleting Your Facebook Can Help You De-Stress, April 10, 2018
89. Fox 26 News, "School Shooting," February 25, 2018
90. Fox 26 News, "Preventing Family Burnout During Holidays", December 23, 2017
91. Fox 26 News, "Ways to Make sure Step-Kins Feel Included this Holiday Season" Isiah Factor Uncensored. December 20, 2017
92. TV ONE, "What Makes a Player, and a Sports Team Mentally Strong" Cricket World, December 18, 2017
93. Fox 26 News, After Hurricane Harvey: How to Cope during Holiday, December 1, 2017
94. Fox 26 News, How to Deal with Holiday Blues" Isiah Factor Uncensored, November 21, 2017
95. NBC News, Interview, "Tips to Keep Calm after Postseason Storm", November 2, 2017
96. Fox 26 News, Interview, "Enjoying the ASTRO's Buzz: How Does Success of Sports Play in our Mind", October 30, 2017
97. NBC News, Interview "Emotional Impact of Word Series: winning or Losing", October 27, 2017
98. TV ONE Interview "BizTalk with Asim Shah", October 19, 2017
99. Fox 26 News Interview "Fear of Friday the 13th (Paraskevidekatriaphobia), October 13, 2017
100. ARY NEWS, "Role of Media in Community Empowerment" October 5, 2017
101. "Mental Health after Harvey" a piece of mind foundation video, October 1, 2017
102. NBC News Interview, "Feeling Stressed? Could it be Storm PTSD?" September 11, 2017
103. Fox 26 News, interview "Psychological Effects of Hurricane Harvey and Coping with Its Aftermath", September 2, 2017
104. 92 News Pakistan, "Hurricane Harvey and Houston Relief Efforts" August 29, 2017
105. GEO World News, "Hurricane Harvey and its Psychological Impact", August 26, 2017
106. DesiTV, "Executive Edition with Tariq Khan" August 11, 2017
107. GEO World News, "Suicide and its impact" July 18, 2017
108. "Summer Brain Drain" Fox News, Channel 26, July 10, 2017
109. PBC TV Network Interview on "Mental Health Issues" June 21, 2017
110. "Impact of Health Care Changes on Population" Crossfire, DesiTVUSA, March 24, 2017
111. "Affordable Care Act or American Health Care Act" News line, TV One, March 22, 2017
112. "Impact of Health care changes on mental health" News line, TV One, March 15, 2017
113. "Insanity Defense and Competency to Stand Trial" ABC News, March 7, 2017
114. "Effect of Separation on Kids" Community Debate, Geo TV, February 25, 2017

115. "Astronomy and Psychiatry" Astronomy with Farah Iqbal, TV One, February 24, 2017
116. Super bowl Stress" NBC News, KPRC Channel 2, January 23, 2017
117. What Kidnapping Victims Experience" NBC News, KPRC Channel 2, January 18, 2017
118. Managing anxiety among holiday shopping crowds" Fox News, December 13, 2016
119. Keeping peace during thanksgiving" NBC News, November 23, 2016
120. Election Stress" series of CBS Interviews nationwide, November 5,6,7, 2016
121. Election Stress" NBC news, November 3, 2016
122. Fox 26. Fear or Phobia? Why clowns are creepy for some. October 21, 2016
123. Fox 26. Road Rage, August 29, 2016
124. Fox 26. Mental health issues, challenges and HIPAA, July 1, 2016
125. Fox 26. Seasonal Affective Disorders, June 3, 2016
126. NBC Channel 2 Morning News, Airport Stress, November 25, 2015
127. Fox 26, Why middle-aged white Americans are dying earlier, Houston, Morning News Extra, November 16, 2015
128. "Lying, white Lies or Pathological Lies" NBC KPRC Channel 2, June 11, 2015
129. Depression and Dementia in south Asians, TV ONE, September 20, 2014
130. KPRC NBC Channel 2, ADHD and Myths, Reporter: Rachel Mcneill, April 9, 2014
131. Interview GeoTV Pakistan "Safeer Paksitan", Psychiatry and stigma. December 2013
132. Interviewed at KRIV-TV FOX Channel 26 for a news segment on "Post- Partum Depression," which aired live during the 5 PM and 9 PM News on October 4, 2013.
133. Interviewed live on KHOU Channel 11 on April 9, 2013, during the 6:00 AM morning show and again on the 4:00 PM News broadcast. Dr. Shah discussed, "PTSD after Mass-Traumas like Lone Star College Stabbings." <http://www.khou.com/video/featured-videos/Live-interview-PTSD-after-mass-traumas-like-Lone-Star-College-stabbings--202194411.html> and <http://www.youtube.com/watch?v=nF74VoBvGwc>.
134. NBC Detailed piece PTSD, mental health and clues, April 10,2013
135. NBC Live evening new PSTD victims, April 10, 2013
136. CBS Live morning news, mental status of a killer/shooter. April 10, 2013
137. CBS interview Live at channel 11, PTSD in the wake of lone star shooting, April 9, 2013
138. KHOU 11 News, Interviewed and quoted in a news article, "Workplace Violence Kills Hundreds Each Year," posted on-line at KHOU 11 News on November 30, 2012.
139. ABC News January 2012 "Depression and Ketamine
140. Fox News September 2011, "Does Recession Cause Depression"

Other Media

1. Committed Relationships When it Comes to Romantic or Nonromantic Relationships, Reporter: Mandy Gardner. *Reader's Digest*, January 4, 2022
2. Thousands of US Youths Cope with the Trauma of Losing Parents to COVID-19. Reporter: Anita Slomski (News & Perspective section), *JAMA*. Published online November 17, 2021. doi:10.1001/jama.2021.20846
3. Breaking the Silence on Youth Suicide: One Family's Hopeful Story By StoryStudio, *Houston Chronicle* (Dr. Asim Shah, Ben Taub Hospital/BCM, and Harris Health patient Nicholas Azarm, interviewed) [Breaking the Silence on Youth Suicide: One Family's Hopeful Story - StoryStudio – ReNew Houston – Houston Chronicle](#). September 28, 2021
4. Ongoing Touch Starvation and its Impact and What Reconnection Looks Like Post Pandemic Senior Writer: Joanne Richard, *Post Media* (Canada), September 20, 2021
5. Social Butterfly, Reporter: Korin Miller. *Well + Good*, August 12, 2021
6. How to talk to your loved ones about getting the COVID-19 vaccine. *Houston Chronicle*, August 3, 2021, <https://www.houstonchronicle.com/news/houston-texas/health/article/how-to-talk-to-family-about-covid-vaccine-16360071.php>
7. City of Houston/ Dynamo and Dash Press Event, Mayor's Office of Education, BBVA Stadium, August 3, 2021
8. Background chat about underdogs in sports for podcast about Tom Brady, Reporter: Buffy Gorrilla July 16, 2021
9. Lone Star on the Medical Frontier: Psychiatrist Asim Shah sees struggles in the return to normal life. Reporter: Mary Ann Roser, *Lone Star Health News*, June 17, 2021 <https://lonestarhealthnews.com/en/releases/release-83e256607985539f619e75dabb09b5a4-lone-star-on-the-medical-frontier-psychiatrist-asim-shah-sees-struggles-in-the-return-to-normal-life>
10. Mental Health of Children and Adults as we Move from Pandemic Distancing Back to some Semblance of Normalcy. Reporter: Mary Ann Roser, *Lone Stars on the Medical Frontier*, June 7, 2021
11. River Oaks Clinic Field Trip Health Brings Ketamine-Based Therapy to Depression Treatment. Reporter: Ryan Nickerson, *Houston Chronicle*, May 8, 2021. [River Oaks clinic Field Trip Health brings ketamine-based therapy to depression treatment](#)
12. How to be Around People Again: A Guide for Back-to-Office Anxiety and Awkwardness. Reporter: Julie Garcia, *Houston Chronicle*, May 7, 2021. [How to be around people again: A guide for back-to-office anxiety and awkwardness](#)
13. How to practice socialization after thriving in isolation. Reporter: Julie Garcia, *Houston Chronicle*, April 28, 2021
14. How to practice socialization after thriving in isolation. *Blog Baylor College of Medicine*, Homa Shalchi, Communications Specialist, April 26, 2021
15. How to Find a Culturally Competent Health Care Provider. *Health Magazine*, April 13, 2021
16. Anxiety returning to normal. *Blog Baylor College of Medicine*, Homa Shalchi, Communications Specialist, April 12, 2021
17. News Clip. Americans have turned to melatonin to soothe pandemic-induced stress (Dr. Asim Shah, Ben Taub/BCM, interviewed), *Business Insider*, January 19, 2021 <https://www.businessinsider.com/melatonin-sales-spiked-coronavirus-pandemic-2021-1>
18. Live Webinar. EMGAG. COVID19 and Vaccine Information. January 19, 2021

19. Panelists: Harris Health System COVID-19 Town Hall Harris Health's behavioral health experts, Dr. Asim Shah, Baylor College of Medicine, and Dr. Luis Fernandez, McGovern Medical School at UTHealth. January 13, 2021
20. Mental Health Weekly Wiley. Publishing Editor: Valerie A. Canady, January 12, 2021
21. Americans Melatonin this Year, and to Understand How Sleep and Mental health are Connected, *Business Insider*, January 7, 2021
<https://www.businessinsider.com/melatonin-sales-spiked-coronavirus-pandemic-2021-1>
22. Health Day interview: Protect Children from News Coverage, January 7, 2021
23. What Is the Link Between COVID-19 and Sleep? Can Sleep Apnea be a Risk Factor for Severe COVID-19? Reporter: Christina Ayodele, *VuMedi*, January 6, 2021
24. Why depression may lead to higher risk of cardiovascular disease (Dr. Asim Shah, Ben Taub/BCM, interviewed). *Yahoo Life*, December 28, 2020
<https://www.yahoo.com/lifestyle/why-depression-may-lead-to-higher-risk-of-cardiovascular-disease-164003028.html>
25. Pandemic Fatigue. Reporter: Keri Heath, *The Galveston County Daily News*. December 23, 2020
26. Why People are Traveling Despite Knowing They're Positive for COVID-19. Reporter: Rachel Grumman Bender. *Yahoo Life*, December 22, 2020.
<https://www.yahoo.com/lifestyle/flying-positive-covid-014956771.html>
27. COVID-19 fatigue: two counties, are so divided because of masks. Reporter: Brandi Addison. *Dallas Morning News*, December 17, 2020
28. Depression During the Holidays Especially with COVID Lingering. Reporter: Erin Mayer, Director of Communications. Current Affairs Times (Podcast), December 17, 2020
29. Why Depression May Lead to Higher Risk of Cardiovascular Disease. Reporter: Rachel Grumman Bender. *Yahoo Life*. December 16, 2020
30. New Year's Resolutions Amid Pandemic. Baylor College of Medicine, December 16, 2020
31. Lifestyle, Weight-Anxiety Study Coronavirus. Reporter: Rachel Grumman Bender. *Yahoo News*, December 4, 2020. <https://www.yahoo.com/lifestyle/weight-anxiety-study-coronavirus-004031324.html>
32. Coping with Lockdown Loneliness During the Holidays. (Health Day News) U.S. News, November 22, 2020, <https://www.usnews.com/news/health-news/articles/2020-11-22/coping-with-lockdown-loneliness-during-the-holidays?fbclid=IwAR1tbWxzNX4X8EuqTgXRmhYzVMCyafYMw102Jeyv5I146esWnMOgrLRsuMY>
33. Documentary: "How to Save Our Children's Lives" (suicide prevention). Non-profit Advocates of Healthy Minds, November 19, 2020
34. Dr. Shah honored by the Pakistan Psychiatric Society as Eminent Pakistani Psychiatrist 2020. The society cited his "25 years of meritorious achievements in teaching and training, remarkable expertise in community and disaster psychiatry and outstanding services in public and media engagement for promotion of mental health globally.", BCM Faculty News, Nov. 12, 2020
35. RE/NEW: Physically distant but socially connected: The key to navigating holidays during COVID-19 (Dr. Asim Shah, Ben Taub/BCM, interviewed), Houston Chronicle, November 12, 2020

- <https://storystudio.hearstnp.com/renew-houston/2020/11/12/physically-distant-but-socially-connected-the-key-to-navigating-holidays-during-covid-19/>
36. Mental health and stress from COVID-19. Reporter: Ben Heywood, *Houston Chronicle*, November 2, 2020
 37. Loneliness and Holiday Depression. Press Release, Baylor College of Medicine Website, October 27, 2020
 38. Latest Houston-area COVID-19 numbers show turn for the worse (Harris Health System). Reporter: Todd Ackerman, *Houston Chronicle*, October 14, 2020
<https://www.houstonchronicle.com/local/prognosis/article/Latest-Houston-area-COVID-19-numbers-show-turn-15648415.php>
 39. You're Being Judged for Your Parenting Choices Right Now, and It's OK—Here's How to React to Judgment. Reporter: Korin Miller *Parade*,
<https://parade.com/1083614/korinmiller/parents-being-judged-during-coronavirus-how-to-deal/#addthis> September 2, 2020
 40. Mir Ja'far Zatali: The 'nonsense' poet and Urdu's first satirist. Reporter: Dr. Syed Mubin Zehra. *The Week Magazine*,
<https://www.theweek.in/leisure/society/2020/07/26/mir-jafar-zatali-the-nonsense-poet-and-urdus-first-satirist.html>, July 26, 2020
 41. Disaster Mental Health. Reporter: Dean Russell, Columbia Journalism Investigations, July 20, 2020
 42. Medical Professional Round Table with Congresswoman Sheila Jackson Lee, July 10, 2020
 43. Managing Social Deprivation During COVID-19. Fort Bend County,
<https://www.facebook.com/FortBendCountyJudge>, July 10, 2020
 44. Young People in Texas Under Fire for Spread of Coronavirus. Reporter: Keri Heath, *Galveston County Daily News*, June 22, 2020
 45. Psychology of Racism, BCM Website, June 12, 2020
 46. Intranet story: PTSD Awareness. Harris Health System, Kristyn Renfro, June 3, 2020
 47. Are you over-relying on sleep or anxiety meds? (Dr. Asim Shah, Ben Taub/BCM, interviewed) *Lifehacker*, June 1, 2020.
 48. Use of Anxiety/Sleep Drugs. Reporter: Rachel Fairbank: *Lifehacker*, May 28, 2020
 49. How to Handle Election Stress for Good Housekeeping. Staff Writer: Lizz Schumer Staff, Hearst Lifestyle Group June 1, 2020
 50. COVID Mental Health Report. Reporter: Todd Ackerman, *Houston Chronicle*, May 27, 2020
 51. Why People Feel So Antsy to get Back to Normal. *Galveston County Daily News*, May 14, 2020
 52. Mental Health Effects of Social/Physical Distancing. Staff Righter: Shanley Pierce. *TMC News*, May 4, 2020
 53. Live Webinar, EMGAGE, COVID-19: What is the New Normal? April 29, 2020.
 54. Fort Bend County. Mental Health Task Force: Dealing with Children @ Home During COVID-19 Live Q&A, Hosted by Taral Patel, Friday, Apr 24, 2020
 55. Fort Bend County launches coronavirus mental health task force (Dr. Asim Shah, Ben Taub/BCM, featured), *Community Impact Newspaper*
<https://communityimpact.com/houston/katy/coronavirus/2020/04/16/fort-bend-county-launches-coronavirus-mental-health-task-force/>, April 17, 2020

56. Fort Bend County COVID19 Mental Health Update. Facebook / Instagram Posts, April 14, 2020
57. Live Webinar on Stress Management, Harris Health System, April 9, 2020
58. In the Shadow of the Pandemic, a Mental Health Crisis. *Proto Magazine*, Massachusetts General Hospital, April 2, 2020.
<http://protomag.com/articles/shadow-pandemic-mental-health-crisis>
59. Fear and Anxiety During this Uncertain Time. Baylor College of Medicine. *DocTalk*. April 1, 2020
60. Expert advice for mayors and governors to help their towns, cities, and states weather the coronavirus pandemic. Reporter: Starre Vartan. *Business Insider*, March 31, 2020. <https://www.businessinsider.com/coronavirus-expert-advice-local-leaders-weather-pandemic-2020-3>
61. Mental Health Video, Harris Health staff maintaining good mental health. March 30, 2020
62. APPNA Community Awareness Webinar - COVID19, March 29, 2020
63. Medical Experts Share Guide to Best Practices for Reducing Panic and Anxiety During Coronavirus (Dr. Asim Shah, Ben Taub/BCM, and Leslye Davis-Smith, Nursing, Harris Health). *Houston Chronicle*, March 27, 2020
64. Medical Experts Share Guide to Best Practices for Reducing Panic and Anxiety During Coronavirus (Dr. Asim Shah, Ben Taub/BCM, and Leslye Davis-Smith, Nursing, Harris Health). *San Antonio Express-News*. March 27, 2020
65. <https://www.houstonchronicle.com/lifestyle/renew-houston/sponsored/article/Medical-Experts-Share-Guide-to-Best-Practices-for-15158615.php>
66. Mental health impact for healthcare providers. *Houston Chronicle*, March 20, 2020
67. Social Distancing and Mental Health. *The Healthy*. March 16, 2020
68. Single-payer healthcare., Producer: Madison Crognale, *ReachMD*, March 4, 2020
69. Med students learn little about spotting, helping sex-trafficking victims. Reporter: Vishwadha Chandler, *Reuters*, January 28, 2020
70. Heidi Broussard case: Experts explain the 'maternal desire' psychology behind baby kidnapping, Reporter: Hannah Dellinger, *Houston Chronicle*, January 13, 2020, <https://www.houstonchronicle.com/news/houston-texas/houston/article/FBI-says-Magen-Fieramusca-charged-with-14970795.php>
71. Anti-Human trafficking, *Baylor College of Medicine Blog*, January 9, 2020
72. Gym and Health. Correlating the Availability of Gyms and Fast-Foods Restaurants to Health and Fitness. Reporter: Matthew Harab, *Houston Public Media*, December 13, 2019, <https://www.fitrated.com/resources/gym-by-state/>
73. Holiday Depression, Press Release, Baylor College of Medicine Website, December 12, 2019
74. How We Can Ethically Share Secrets in a Low-Stakes Way. Reporter: Allie Volpe, Freelance journalist; *Vice*, November 18, 2019
75. Shah AA, Moukaddam N. A one-size-fits-all health care plan is the wrong approach [Opinion], *Houston Chronicle*, October 16, 2019
76. Biomarker screening tool for PTSD, TMC Pulse, September 26, 2019
77. Repeat flooding has residents asking: Is Houston worth it? Reporter: Maggie Gordon, *Houston Chronicle*, September 20, 2019.
<https://www.houstonchronicle.com/news/houston-texas/houston/amp/Repeat-flooding-has-residents-asking-Is-Houston-14456965.php>

78. Trauma Following Tropical Storm or Hurricane, Reporter: Pat Beall, *The Palm Beach Post* - West Palm Beach, FL, September 4, 2019.
79. Cause of crime and prevention? (Dr. Asim Shah, Ben Taub/BCM, interviewed). *Psychology Today*, <https://www.psychologytoday.com/us/blog/the-main-ingredient/201908/cause-crime-or-prevention>
80. Psychological impact on children when parents do not have a healthy relationship with food/weight, public release, Baylor College of Medicine, May 23, 2019
81. How Stuff Works, Survivor guilt: Living through major trauma (Dr. Asim Shah, Ben Taub/BCM, interviewed), April 5, 2019, <https://health.howstuffworks.com/mental-health/human-nature/survivor-guilt.htm>
82. Survivor's Guilt, HowStuffWorks, Reporter: John Donovan March 26, 2019
83. Mental effects of lying, Harris Health System, March 25, 2019
84. Use of Ketamine to Treat Depression, UK Press, Angus Harrison, Reporter, March 13, 2019
85. Ketamine Spray for Depression. *New York Magazine's The Cut*. Reporter: Amanda Arnold. March 7, 2019
86. The stress of a natural disaster can take a toll on babies in utero, The Atlantic, Reporter: Amal Ahmed, March 6, 2019 <https://www.theatlantic.com/family/archive/2019/03/how-natural-disasters-impact-pregnant-mothers/584173/>
87. Can the tidying trend lead to a less-cluttered mind? Marie Kondo's organizing philosophy and its connection to mental health. *TMC News*, Reporter, Alexandra Becker, February 20, 2019, <https://www.tmc.edu/news/2019/02/marie-kondo-and-mental-health/>
88. SAD, *TMC Pulse*, October 26, 2018
89. Probiotics, Reporter: Shawn Radcliffe, October 17, 2018
90. You Better Believe It: How to Overcome Imposter Syndrome – Baylor blog post, October 3, 2018.
91. The Reason You Can't Keep a Secret. Neuroscience News, September 28, 2018. <https://neurosciencenews.com/secret-telling-9929/>
92. Addiction Harris Health System (Employee Intranet), September 2018
93. Imposter syndrome - Baylor blog post, September 4, 2018
94. Mental Health Issues Around the Anniversary of Harvey, Houston Chronicle, Reporter, Olivia Tallet, August 15, 2018
95. Suicide Among People Over Age 50 (Anthony Bourdain and Kate Spade), Reporter Britni Riley from *TMC Pulse*, June 28, 2018
96. Hurricane Harvey: One Year Later, Harris Health System (Employee Intranet), August 2018
97. Ketamine Therapy for Treatment-Resistant Depression, June 13, 2018
98. It's not Just Spade and Bourdain: Suicide Rates Increasing in America, *Houston Chronicle*, Todd Ackerman, June 11, 2018
99. Men's Health / Don't Like Doctor Visits, Harris Health, June 8, 2018
100. Visualization Software for Mental Health, CNET Interview, April 24, 2018
101. Hurricane Harvey Recovery Funder Briefing, A Webinar Presented by the Center for Disaster Philanthropy with support from The Simmons Foundation, April 23, 2018
102. PTSD Among Hurricane Survivors, HuffPost, March 1, 2018

103. "How do you go home for Holidays when your home was destroyed by Harvey", Houston Public Media Interview (NPR), December 6, 2017
104. "Holiday Blues", Houston Public Media Interview (NPR), November 21, 2017
105. "Can an Astros world series win actually heal a storm damaged Houston", RARE: America's newsfeed interview November 3, 2017
106. "Astros' World series game got you stressed", NBC NEWS interview November 2, 2017
107. "Helping to Heal" Houston Chronicle front page interview October 2, 2017
108. "Amazon criticized for sweatshirt mocking anorexia", Houston Chronicle interview on Anorexia, October 5, 2017
109. "Weeks after Hurricane, a critical window for PTSD" CBSNEWS.COM, September 22, 2017
110. "Trauma of Harvey: How to Cope" Houston Chronicle Interview, September 4, 2017
111. "Texas Doles out fewer opioids than most states but crisis remains, Houston Chronicle article on Opioid Crisis, July 7, 2017
112. "Man's obsession ends in death of deputy constable" Houston Chronicle Front Page piece on delusions and obsessions, May 29, 2017
113. "Cultural Diversity: Why we should respect other cultures" The Dallas Morning news, Op Ed, February 1, 2017
114. "Feeling anxious about elections? Here is how you can cope" LA Times, November 4, 2016
115. Houston Chronicle article "Rise of clown speak to our deep dark fears" October 5, 2016
116. Quoted in Refinery 29 "Coping with Grief" June 2016
117. Houston Chronicle article "Need to reduce holiday stress? These tips may help", November 27, 2015, blog quoted by newspaper
118. Interviewed and quoted by Baylor Momentum Magazine "Avoid ripple effect of airport stress by planning ahead this holiday season" November 19, 2015, subsequently quoted on corporate website November 20, 2015
119. Interviewed and quoted by Houston Defender, "Coping with Mental Illness" November 19, 2015, <http://defendernetwork.com/news/2015/nov/19/coping-mental-illness-identifying-symptoms/>
120. Interviewed and quoted by Baylor Momentum Magazine "Avoid ripple effect of airport stress by planning ahead this holiday season" November 19, 2015, subsequently quoted on corporate website November 20, 2015
121. Interviewed for TMC Pulse, Texas Medical Center Newsletter, May Issue "Left Behind", on pediatric psychiatric services in Houston. 2015
122. Interviewed for the article "Parental Preparation for Empty Nest Syndrome," Cypress Creek Mirror, May 7, 2014. http://www.yourhoustonnews.com/cypresscreek/living/parents-preparing-for-empty-nest-syndrome/article_d593f318-d615-11e3-a139-001a4bcf887a.html
123. Interviewed for the article "Parental Preparation for Empty Nest Syndrome," Eastex Advocate, May 7, 2014. http://www.yourhoustonnews.com/eastex/news/parents-preparing-for-empty-nest-syndrome/article_411e6de9-4e76-56f4-967a-f80d66cd4dfa.html
124. Interviewed for the article "Parental Preparation for Empty Nest Syndrome," Dayton News May 7, 2014. <http://www.yourhoustonnews.com/dayton/news/parents->

- preparing-for-empty-nest-syndrome/article_89dbeba5-af55-5aa8-ae18-98e473e723de.html
125. Interviewed for the article "Parental Preparation for Empty Nest Syndrome," Cleveland Advocate, May 7, 2014.
http://www.yourhoustonnews.com/cleveland/news/parents-preparing-for-empty-nest-syndrome/article_cdfb2c84-de84-5eaa-a864-40819829be4c.html
 126. Interviewed for the article, "Opening the Door to Understanding: Finding Cultural Common Ground," in the University of Florida HELPS Newsletter, October 2013.
http://hsc.usf.edu/NR/rdonlyres/3F7FE3FA-94F8-447E-9D211394AB86DF93/0/HELPSNewsletterOctober20139_28_13.pdf
 127. Quoted in an article on the front page of the Houston Chronicle, "Why the Texans Really Need to Win this Sunday," October 1, 2013.
 128. Interviewed by Harris Health Media office, July 25, 2013 "Digital Distress: Tethered to Technology".
 129. Interviewed by USF Tampa newsletter freelancer for "Family Pressures and Responsibilities: When Tradition Collides with Your Education" July 8, 2013.
 130. Interviewed on the topic, "Mental Health a Concern for Patients Battling Multiple Ailments," to the Harris Health Media Office and Press Release, March 2013.
 131. Interviewed by the Office of Communication for the articles, "Stress Coping with It and Leading a More Balanced Life," and "When It's ADHD, When It's not." The articles can be found on the new Baylor Momentum Blog February 2013 at <http://momentumblog.bcm.edu/2013/02/27/stress-coping-with-it-and-leading-a-more-balanced-life/> and <http://momentumblog.bcm.edu/2013/03/11/when-its-adhd-when-its-not/>,
 132. Interviewed on FM 92 Houston during a live broadcast for a segment titled, "Why People Make New Year's Resolutions," December 31, 2012.
 133. Interviewed and quoted in the article, "Prescription: A Healthy Dose of No News for Election Blues," in Harris Health News, that was posted on Election Day, November 6, 2012.

Online published interviews on the web

1. "Is Club Drug Special K A Quick Fix for Depression", interview by Natalie Wolchover, Life's Little Mysteries, January 2012

Online articles where quoted

1. Psychiatrists go beyond call of duty to respond to Harvey's Victims" Psychiatric News. September 28, 2017
2. "Weeks after Hurricane, a critical window for PTSD" CBSNEWS.COM, September 22, 2017
3. Interviewed for an article in the Houston Chronicle, "We Have a Name for What Ails You - Election Season Stress Disorder," which was published on November 5, 2012
4. Contributed to University of South Florida's October Newsletter "Opening the door to understanding: Finding Cultural Common Ground"
http://hsc.usf.edu/NR/rdonlyres/3F7FE3FA-94F8-447E-9D21-1394AB86DF93/0/HELPSNewsletterOctober20139_28_13.pdf

5. “Unfavorable Changes to Medicare Pay Loom for Psychiatrist”, Psychiatric Times January 2012, interview by Stephen Barlas.
6. “Club Drug Ketamine Could Offer Almost Instant Remedy for Severe Depression”, Mail online, January 2012
7. “Ketamine to Treat Depression” MD India, January 2012
8. “Ketamine: Quick Fix for Severe Depression” ABC News, January 2012
9. “Health Headlines: Ketamine and Depression”, Channel 13 News, January 2012
10. “A Vial of Ketamine”, published in CBS news, January 2012
11. “Researchers Study Special K Drug as Potential Tonic for Depression”, published in Fierce Biotech, January 2012

Media Releases

1. Reduce air-rage this holiday season, News release interview by Baylor College of Medicine, , November 15, 2021 [Reduce air-rage this holiday season](#)
2. The Atlantic: Expert interview on hurricanes/natural disaster and post-traumatic stress, February 13, 2019
3. “Eating Disorders” News release interview by Baylor College of Medicine media department, November 7, 2017
4. “Seasonal Affective Disorder” News release interview by Baylor College of Medicine media department, October 13, 2016
5. “Navigating Negative News for the Sake of Children” Harris Health media department, October 2016
6. “How Does Media Affect us” Harris Health media department, October 2016
7. “Dire Effects of Head Injuries, Concussions have Athletes, Parents, Physicians Concerned” Harris Health media department, September 2016
8. “What You Need to Know About Concussions in Children” Harris Health media department, September 2016
9. “Road Rage” Baylor College of Medicine media department, August 2016
10. “Coping with grief on Mother’s Day” Harris Health media department, March 2016
11. “Avoid ripple effect of airport stress by planning ahead”, News release interview by Baylor College of Medicine media department, November 19, 2015, <https://www.bcm.edu/news/psychiatry-and-behavior/avoid-ripple-effect-of-airport-stress-by-plan>
12. “Don’t Let Family Drama Rob You of Holiday Memories”, News release interview by Baylor College of Medicine media department, December 2011
13. “Fighting the Stigma Associated with Bipolar Disorder” News release interview by HCHD media department, April 2011

D. Innovation and Commercialization

1. Patents (list applications, patents awards, business development resulting from patents)
2. Device, Software or Other Development
3. Evidence of Impacting Health/Scientific Policy or Clinical Practice Guidelines (e.g., note policy or guidelines where publications were cited)
4. Participation in Business Development and Commercialization
5. Other Activities

III. TEACHING INFORMATION

A. Educational Leadership Roles (title, dates, responsibilities)

B. Didactic Coursework

1. Courses Taught at BCM Within the Primary Department

- a. BCM Psychology Internship Training Program
Course Director, 2007- to date. Approximately 8-10 lecture series for last 8 years, all lectures given personally. This series started in 8/2007 with just 2 lectures, and due to high popularity and great feedback has changed to 8-10 hrs lecture series for last 3 years. Topics include all primary psychiatry, psychopharmacology, and disease management issues.
- b. Behavior Health Specialist Educational Seminar Series,
Course Director, 2011-2012,
2012 to date Co-Course Director
Monthly lecture series (approximately 4 hours) One Lecture a month of 1-1.5 hrs till 2012 and now planning and course direction. Lectures personally given or planned include, but not limited to:
 1. Depression and treatment
 2. Bipolar and treatment
 3. ADHD and treatment
 4. Psychosis and treatment
 5. Dementia and treatment
 6. Medications in pregnancy and lactation
 7. DSM V
- c. BCM Psychiatry Residency Training Program
 1. PGY 2, Psychopharmacology Lecture series Co-Course Director, with Sanjay Mathew MD as Course Director, for PGY 2, 2007 to date (4-5 one hr lectures given yearly with topics of psychopharmacology of antipsychotics, mood stabilizers etc.)
 2. PGY 3, Psychopharmacology lecture series, 2009, 2010, 2011, (2-4 one-hour lectures given each year, on topics of antidepressants, antipsychotics, personality disorders)
 3. PGY 1, Psychopharmacology lecture series, 2009, 2010, 2011, (2-4 one-hour lectures given on ECT, Psychopharmacology of pregnancy, CYP 450, depression and management of bipolar)
 4. PGY IV, 2 one-hour lectures on Personality Disorders 2008-2009, Long-Acting injections in 2014-15

2. Courses Taught at BCM External to the Primary Department

- a. BCM Department of General Surgery, Stress During COVID, (1 hour) May 5, 2020
- b. BCM Department of Family and Community Medicine Residents
Vulnerable populations and suicide (1 hour), 3/19/2020

- c. BCM Emergency Medicine Residency Training Program
 - Suicide and management (1 hour), 8/2016
 - Suicide (1 hour), 5/2013
 - Bipolar disorder and psychotropic's in pregnancy (2, 1 hour), 10/2011
- d. BCM Healthcare for Homeless
 - 1. Psychosis, March 10, 2015
 - 2. Treatment of Depression, February 11, 2014
- e. BCM Neurology Residency Program
 - Course Director, approximately six 1-hour lectures given annually by self, 04/2009 to 6/2012 (total 8-10 lecture series) and now an informal course presenter/organizer.
 - 1. Lectures personally given every year include
 - 2. How to examine a psychiatry patient
 - 3. Schizophrenia
 - 4. Mood disorders
 - 5. Antipsychotic use
 - 6. Antidepressant use and mood stabilizer
 - 7. Dementia and psychiatry
 - 8. Competency and capacity determination
 - 9. Personality disorders
 - 10. Insomnia.
- f. BCM Internal Medicine Residency Training Program (PGY1-3), 12/2007, 12/2009 and 12/2010
 - Co Course Director, 12/2007. Lectures personally given:
 - 1. Mood stabilizers and Bipolar (three 2 hrs lectures at Ben Taub, St Luke's and VA)
 - 2. Depression and treatment (three 2 hrs lectures at Ben Taub, St Luke's and VA)
- g. BCM Family Practice Residency Program (Kelsey Seybold Campus)
 - Course Director, Approximately Six to Eight 1-hour lectures given annually 11/2007 to 6/2011 when the program closed down
 - Lectures personally given every year include
 - 1. Anxiety disorders and treatment
 - 2. Depression and treatment
 - 3. Psychosis and treatment
 - 4. Bipolar and treatment
 - 5. Personality disorders and treatment options
 - 6. ADHD and treatment
 - 7. Suicide
 - 8. Insomnia
 - 9. Dementia and treatment
- h. BCM Medical School
 - Psychosis and Antipsychotics, (approximately two 2 hrs lectures total), 08/2007-06/2008

- i. BCM Family Practice Residency Program (Northwest Campus till 6/30, later expanded to NW and Kirby Tracks)
Course Director, 7/2007 to 5/2012
Approximately Eight to Ten 1-hour lectures given annually - Now a lecturer and informal course organizer
Lectures personally given every year include
 1. Anxiety disorders and treatment
 2. Depression and treatment
 3. Psychosis and treatment
 4. Bipolar and treatment
 5. Personality disorders and treatment options
 6. ADHD and treatment
 7. Suicide
 8. Insomnia
 9. Dementia and treatment
 10. How to interview Psychiatric Patients

3. Courses Taught at Other Institutions While at BCM

C. Curriculum Development Work (include institution where work was done)

1. Course(s)/Curricula to Which Contributions Have Been Made
2. Role in Course/Curriculum Development
3. Audience(s) for Course(s)/Curricula Developed

D. Non-didactic Teaching While at BCM

1. Resident Training (include estimate of time spent, numbers of learners)
 - a. BTGH Adult Psychiatry Emergency Center, (approximately 500 hrs yearly) Direct on site supervision of Psychiatry PGY-1/2/3 and or neurology Residents, September 2011 - present (weekends)
 - b. Supervision of research resident PGY-3, Mood Disorder Program at BTGH, July 2011- January 2012
 - c. Supervision and Administrative care of PGY-3 in Psychotherapy rotation at BTGH, July 2010 – 2013
 - d. Supervision on 16-18 Behavioral Health Specialist, Case Based, Emergency Support and Clinical Needs, July 2008 - present
 - e. BTGH Intensive Outpatient Program, (approximately 200 hours annually), Real-time and patient based direct supervision of 1-2 Psychiatry PGY 3-4 residents, one Psychology Intern, one Psychology Fellow, March /2007 - July 2013
 - b. Individual Supervision, approximately 4 hours monthly supervision per resident
 - Hazem Shahin MD, PGY-1 07/2016-12/2016
 - Diana Prieto, MD, PGY-1 02/2014-/05/2014
 - Valeria Contreras MD, PGY-3, 07/2011 - 6/2012
 - Melissa Macklin MD, PGY-2, 07/2010 - 6/2011
 - Lindsey French MD, PGY-2, 7/2009 - 6/2010

- Stephanie Kwok MD, PGY-1, 1/2009 - 6/2009
- Sade Udoetuk, MD, PGY-1, 7/2008 - 12/2008
- Alfredo Bellon MD, PGY-4, 3/2007 - 6/2007

- c. Vallbona (People's) Health Center, a CBHP clinic, 48-96 hr annual supervision for one 1 Psychiatry PGY-3 resident from 1/2008 – 12/2014
 - d. BTGH Outpatient Psychiatry clinic, 48-96 hr annual supervision for 3-4 Psychiatry PGY-3 residents from 3/2008 - 3/2011
 - e. CASA Health Center, a CBHP clinic, 48-96 hr annual supervision of 1 Family Practice PGY-1-2 resident from 1/2008 – 6/2012
 - f. BTGH Adult Psychiatry Emergency Center, (approximately 48 hours annually), Real-time and case based direct supervision of on call psychiatry PGY-2/3, 03/2007 - present
 - h. Mock Boards Examination, (4.5 hrs yearly) PGY-1/2/3/4, 2007 - present
 - j. Prepare 4th year residents for Oral Board examinations, 3/2007 – present
2. Clinical Fellow Training (include names of fellows, dates, current location or position)
 3. Research Fellow Training (as above)
 4. Graduate Student Training (describe your role, such as major advisor or committee member; provide information about each fellow as above)
 - a. Member, International Activities Committee, Baylor College of Medicine, August 2008 - 2015
 - b. Member, Student Affairs Committee, Baylor College of Medicine, August 2008 - 2015
 - c. Member, Students Promotion and Academic Achievement Committee, Baylor College of Medicine, August 2008 - 2015
 - d. Member, Graduate Medical Education Committee, Baylor College of Medicine, July 2008 - 2015
 - e. Quad Associate, Medical Students Mentorship Program, Baylor College of Medicine, July 2008 – June 2011
 - f. LACE, Mental Health Preceptor, Baylor College of Medicine, August 2008 – June 2012
 5. Medical Student Mentoring (provide information as above)

E. Faculty Development or Continuing Medical Education (list contributions as a course developer, presenter, etc.)

Grand Rounds one hour each CME presentations

1. Presenter: Shah AA; “Mental Health in the Age of COVID”, Grand Rounds, Department of Surgery, Texas Children's Hospital, November 13, 2020
2. Presenter: Shah AA: Impact of COVID 19 on Mental Health, ACS Grand Rounds, October 30, 2020

3. Presenter: Shah AA: "Suicide & Vulnerable Population", Department of Family and Community Medicine, Baylor College of Medicine, Grand Rounds, September 25, 2020
4. Presenter: Shah AA: "Tracking Depression and Anxiety in Primary Care", Department of Family and Community Medicine, Baylor College of Medicine, Grand Rounds, March 3, 2020
5. Presenter: Saunders J, Banu S, Matin A, Shah AA. "Preparing for the Next Storm, collaborating with the City of Houston to Evaluate Aspects of Emergency Mental Health Utilization Following Hurricane Harvey," Grand Rounds at Baylor College of Medicine, CME 1 hr, September 11, 2019
6. Presenter: "Suicide: A National Problem, what every physician needs to know" Department of Family Practice, Grand Rounds at Baylor College of Medicine, CME 1 hr, September 19, 2017
7. Presenter: "Bringing Countertransference to Modern Healthcare: Practical Applications" Co-presented with Moukaddam N, Tucci V, Grand Rounds at Baylor College of Medicine, CME 1 hr, March 16, 2016
8. Presenter: "Psychopharmacology of Mood disorders" presented to Med-Peds Department, Grand Rounds at Baylor College of Medicine, CME 1 hr, February 21, 2014
9. Presenter: "AIMS: An Intensive Outpatient Program for Adolescents", Co-presented with Clionsky L, Banu S, Valles N-L, Conner C, Bailey D, Fontana M, Menninger Department of Psychiatry, Grand Rounds at Baylor College of Medicine, CME 1 hr, February 17, 2016
10. Presenter: "Integrative Care and Psychiatry" Panelist at Department of Family Practice, Grand Rounds at Baylor College of Medicine, CME 1 hr, December 2013.
11. Presenter: "Difficult Patient", Co-presented with Bailey D, Nguyen P, Banfield, Menninger Department of Psychiatry, Grand Rounds at Baylor College of Medicine, CME 1 hr, September 2013.
12. Presenter: QTc Prolongation with Antipsychotics: Is Routine EKG Monitoring Recommended? Menninger Department of Psychiatry, Grand Rounds at Baylor College of Medicine, CME 1 hr, June 12, 2013
13. Presenter: Should Physicians Prescribe Antipsychotics to Patients with Dementia, Department of Geriatrics, Grand Rounds at Baylor College of Medicine, CME 1 hr, April 5, 2012.
14. Presenter: Evaluation and Management of Bipolar Disorder, Department of Family and Community Medicine, Grand Rounds at Baylor College of Medicine, CME 1 hr, February 21, 2012.
15. Presenter: Are Psychotropic's Safe in Pregnancy and Lactation." Department of Neurology, January 23, 2012.
16. Presenter: Are Psychotropic's Safe in Pregnancy and Lactation. Menninger Department of Psychiatry, Grand Rounds at Baylor College of Medicine, CME 1 hr, January 2012.
17. Presenter: Spirituality and Mental Health, Menninger Department of Psychiatry, (with Toi Harris MD, Vikas Gupta, MPH), Grand Rounds at Baylor College of Medicine, CME 1 hr, April 2011.
18. Presenter: Should Psychiatrist Treat Patients with Dementia, Menninger Department of Psychiatry, Grand Rounds at Baylor College of Medicine, CME 1 hr, January 2010.

F. Lectures and Presentations (provide complete citation for each item; list invited lectures in II.B.5 and lectures, posters, or presentations with published abstracts in section II.C.3)

1. International

2. National
3. Regional

Texas Society of Psychiatric Physicians, 62nd Annual Convention & Scientific Program, "Psychiatry and Public Health and Its' Implications for Clinical Practice", Fort Worth, TX November 9-11, 2018

Research & Education Scientific Award (RESA), Association of Physicians of Pakistani Descent of North America, Dallas, TX, July 2018.

4. Local

a. Baylor College of Medicine

1. Department of Neurology Grand Rounds. Coping with Stress During Times of Coronavirus, October 11, 2021
2. Consultant Chat Invitation with Emergency Medicine Residents, March 17, 2021
3. Psych Medications Relevant to our Acute Care Setting, November 6, 2020
4. Suicide, Medical Students 3, March 19, 2020
5. Preparing for the Next Storm, collaborating with the City of Houston to Evaluate Aspects of Emergency Mental Health Utilization Following Hurricane Harvey, September 11, 2019.
6. Immediate Psychiatric Response Post Harvey: Challenges and Lessons Learned. Hurricane Harvey Symposium, BCM Hurricane Harvey: 2 Years After, August 22, 2019.
7. Compassion and the Art of Medicine Elective Awareness: Overcoming the Stigma of Mental Illness, August 17, 2018
8. Presented Grand Rounds on "Mental Health and Suicide" to Harris Health ACS team on September 20, 2016

b. MD Anderson Cancer Center, University of Texas

1. Psychosocial Oncology Grand Rounds: "Management of Depression and Anxiety in a newly diagnosed cancer patient", October 11, 2016

c. University of Texas, Psychiatry Residency Training Program

1. Suicide, ACS Grand Rounds, ACS Health Centers, November 19, 2019
2. Grand Rounds, UTHealth Psychiatry, Disasters and Trauma: Psychological Impact and Solutions, November 14, 2018
3. Grand Rounds "Should Psychiatrist Prescribe Antipsychotics to Patients with Dementia", March 2010.
4. Presented, "Is It Safe to Prescribe Psychotropic Medications in Pregnancy and Lactation? Are There Any Ethical Considerations?" at an Ethics Grand Rounds for the UT Psychiatry Department, in Houston, on September 26, 2012.
5. Disasters & Trauma: Psychological Impact & Solutions, UTHealth Psychiatry Grand Rounds, Houston, Texas, November 14, 2018

6. PGY4, Annual lecture series, 2 hour lecture each on “Business of Psychiatry” 8/2010, 8/2011.
 7. PGY3, Psychopharmacology lectures series
 8. **Co-Course Director**, presented 4 two hour lectures on Psychopharmacology Medicines, 2011-2012.
- d. University of Arkansas for Medical Sciences (AHEC)
 1. Annual Psychiatric Update, Crossett, November 2007 (3 hr CME presentation on topics of Behavior disturbances in dementia, Management of Mood Disorders, Pregnancy and Medications)
 2. Annual Psychiatric Update, Crossett, February 2009 (3 hr CME presentation on Management of Depression, Anxiety and Panic Disorder)
 3. Annual Psychiatric Update, Crossett, March 2010 (3 hr CME presentation on topics of Psychosis, Chemical Restraints, Documentation)
 4. Annual Psychiatric Update, Crossett, March 2011 (3 hr CME presentation on topics of Psychotropic’s in Dementia, Suicide, Treating Insomnia)
 5. Annual Psychiatric Update, Crossett, February 2012 (3 hr CME presentation on Mood Disorder and Substance Abuse).
 - e. Texas Women’s University, (TWU), Occupational Therapy Department, annual psychiatric Lecture series, 2 hrs lecture yearly on psychosis and schizophrenia, 11/2010, 9/2011, 9/2012, 7/2013
 - f. Harris County Hospital, Annual Nursing Symposium, 2010, 2011, 2015 one hour lecture given on “Advances in Depression” yearly
 1. Cognitive Enhancers
 2. Dementia
 3. Are Psychotropic Drugs Safe to Use During Pregnancy
 4. Are Psychotropic Drugs Safe to Use During Lactation
 - g. Annual meeting of Nurse Practitioner’s Association, Houston, September 2010, one-hour lecture on “Psychopharmacology Update”
 - h. Dow University of Health Sciences, (DUHS) Karachi, Pakistan, December 2009-2010, 2 hrs lectures on below topics
 1. Are Psychotropic’s Safe in Pregnancy and Lactation
 2. Update on DSM V”, Dow International University, Video Simulcast to Lahore, Islamabad, Quetta and Peshawar.
 3. Organized mental health Symposium, 2009, 2010, 2011, 2012, 2013.
 - i. Agha Khan University, (AKU) Karachi, Pakistan, December 2011, 90 min lecture on below topic
 1. To Treat or Not to Treat Pregnant Females
 - j. Presentation to all independent school districts on “Early recognition of Post Harvey Trauma Symptoms.” October 21, 2017, Baylor College of Medicine
 - k. **University of Oklahoma**

1. Grand Rounds, Mental Health During the Pandemic: Covid and Anxiety, January 14, 2021
 2. Grand Rounds, “QTc Prolongation: Is Routine EKG required?”, November 9, 2017
1. Overview of Mental Health in Harris County: Focus on Depression and Substance abuse, NAMI Greater Houston Annual Membership Meeting, Houston, Texas, October 13, 2018

G. Visiting Professorships (include location, dates)

1. Oklahoma University, Oklahoma City, OK, 2015 and ongoing
2. Dow University of Health Sciences, 2007 and ongoing

IV. PATIENT CARE AND CLINICAL CONTRIBUTIONS

A. Patient Care Responsibilities

1. Department-wide
 - a. Chief of Psychiatry, Harris Health System & Ben Taub Hospital, January 2012 – present
 - b. Director, Mood Disorder Research Program at Harris Health System & Ben Taub Hospital, July 2010 – present
 - c. Executive Director, Psychotherapy Services, Ben Taub Hospital, September 2009 – present
 - d. Director, Community Behavioral Program, Harris Health System, July 2008 – present
 - e. Section or Specialty
 - f. Clinical Service (hours/clinic half days, RVU metrics, etc.)

B. Clinical Leadership or Business Development (describe roles and documented outcomes)

C. Voluntary Health Organization Participation

D. Contributions, Initiatives or Recognition Related to Patient Safety and Healthcare Quality (include information about implementation, outcomes or dissemination, where applicable)

E. Contributions to Health and Science Policy (institutional, regional, state, or federal level)

V. SERVICE CONTRIBUTIONS

A. Administrative Assignments and Committees

1. Department or Center Administration, Committees, etc.
 1. Member, Search Committee for the Chair of Diversity, Equity and Inclusion (DEI) in the Department of Psychiatry, June 2021

2. Member, Residency Director's Group (RDG), Psychiatry Residency Training, Baylor College of Medicine, March 2011 – present
3. Member, Executive Committee, Menninger Department of Psychiatry and Behavioral Sciences, June 2010 – present
4. Member, Education and Promotions Committee (EPC), Now called Program Evaluation Committee (PEC), Menninger Department of Psychiatry and Behavioral Sciences, August 2010 – present
5. Member, Resident Academic and Promotions Committee (A&P), Now called CCC Menninger Department of Psychiatry and Behavioral Sciences, August 2010 – present
6. Member, Research Committee, Menninger Department of Psychiatry and Behavioral Sciences, June 2010 – present
7. Member, Resident Academic and Promotions Committee (A&P), Menninger Department of Psychiatry and Behavioral Sciences, August 2010 – present
8. Assistant Director, Psychotherapy Education Committee, July 2009 – 2013
9. Member, Students Promotion and Academic Achievement Committee, Baylor College of Medicine, August 2008 – 2013
10. Individual Supervisor, Menninger Department of Psychiatry Residency Training Department, Baylor College of Medicine, August 2008 – 2015

2. Institution-wide or School Administration, Committees, etc.

-Norton Rose Fulbright Selection Committee, Baylor College of Medicine, 2018-2019

-Representative Faculty Senate (Psychiatry), Baylor College of Medicine, September 2015-2018

B. National, Regional or Local Participation in Professional or Voluntary Organizations

C. Other Pertinent Information (not given above, including community service)

Community Programs

1. Unlicensed Assistive Personnel (UAP) Workshop: Depression and Coping with Workplace Stress, Nursing, Harris Health System. November 1, 2019
2. Presented "Overview of Mental Health in Harris County: Focus on Depression and Substance Abuse" 2018 NAMI Greater Houston Membership Meeting & Breakfast, Houston, TX, October 13, 2018
3. The Hackett Center for Mental Health Breakfast Briefing, Houston, October 23, 2018.
4. NAMI Greater Houston Clear Lake – Presented "Overview of Depression" at NAMI Greater Houston Clear Lake, April 17, 2018.
5. Panelist "Non-Profits and Disaster Response" at University of Houston, Graduate School of Social Work, November 10, 2017
6. Presented "Mental Health Issues at Workplace" at Mckesson, October 12, 2017
7. Presented "Depression in workplace" at Texas Business Group on Health, August 16, 2017

8. Presented “Dealing with Suicidal Patients” ASK MY NURSE, Harris Health January 26, 2017
9. Presented “Road Rage” at Sugar Land Exchange Club on November 16, 2016
10. Presented “Mental Health Issues and Challenges for Harris County” at Houston Hope and Healing Center in collaboration with Depression and Bipolar Support Alliance on October 4, 2016
11. Presented “Mental Health Challenges for Harris County” at Rotary Club Houston on September 29, 2016
12. Panelist at the Healthcare Financial Management Association (HFMA) Behavioral Health Challenges and Opportunities: Panel Discussion with Sheriff Garcia at the Houstonian Hotel on May 17, 2013.
13. PROPS Program, “Building Bridges, Spiritual and Mental Health Care in Times of Crisis” May 2010, Expert Panelist

Mentorship Activities

1. Started International Psychiatry Mentorship/Observership Program in collaboration with Baylor office of Global Medicine (Bobby Kapur, MD, Director of Globalization), and Office of Education, Menninger Department of Psychiatry (James Lomax, MD, Chair of Education) 2011
2. Participant TRPPMMN fall retreat 2013 and spring retreat 2014, overview of program and membership activities
3. TRPPMMN (Texas Regional Psychiatry/Psychology Minority Mentorship Network), BCM, membership director since august 2008
4. Participant TRPPMMN fall retreat 2008 and 2009, overview of program and membership activities
5. Participant TRPPMMN fall retreat 2010, CV preparation, preparation of educational portfolio
6. Faculty mentor member, CET (clinician educator track), BCM, July 2008 - present
7. Quad associate, Medical students mentorship program, BCM, 2008-2009
8. LACE mental health preceptor, BCM, August 2008 to date
9. Individual supervisor and Mentor to Psychiatry Residents, BCM
10. Helped BCM student to develop questionnaire to survey religiosity vs. religious beliefs of physicians, resident and medical students
11. Mentorship at different levels:
 - A. Graduate Level
 - Vikas Gupta MPH, 2010 - present
 - Harvinder Singh MD, 2009 - present
 - Roopma Wadhwa MBBS, 2011 - present
 - Ali Razvi, MD, 2010 - present
 - Zafar Iqbal, MDF, 2011 - present
 - Nubia Lluberas, MD, 2010 -present

- Andres Avellaneda, MBBS, October 2010-present
- Yasmin Owasu, 2012-2013
- Chandra Nerumalla, MBBS, May 2012- 2017
- Cozy Bains MBBS, June 2013 -2015
- Awais Aftab, MBBS 2013-present
- Kailash Kumar, MBBS 2013-present
- Aisha Rafiq, MBBS 2013-present
- Manu Sharma MPH 2013-present
- Ovais Shamim MBBS 2014-present
- Hazim Shahin MBBS 2015-present
- Qammar Jabbar MBBS 2016-present
- Syed Murtaza MBBS 2016-present
- Angela Jackson, 2016-present
- Samia Siddiqi MBBS 2017-present
- Hina Sarfaraz MBBS 2017-present
- Hunain Aslam MBBS 2017-present
- Maryam Amal, 2017- present
- Mishal Nathani, 2017-present
- Michael Suresh, 2017-present
- Iqra Ansari, 2017-present
- Sherill Sorenson, 2017-present
- Hina Sarfaraz MBBS 2017-present
- Hunain Aslam MBBS 2017-present
- Mishaal Gardezi, 2018-present
- Brian Stevens, 2018- present
- Maryam Anis, 2018- present
- Qudsia Taqvi, 2018-present
- Burhan Khan, 2018-present
- Mariam Rizvi, 2019-present
- Hannah Abbas, 2019-present
- Saad Sadiq, 2020-present
- Shaikh Nazir, 2020-present
- Mohammad Naqvi, 2020- present
- Qazi Waleed Haider, 2020-present
- Hassan Waqar Chaudhry, 2020-present

B. Residency/Fellowship/Post-Doctoral level

- Harvinder Singh MD, 2009 - present
- Roopma Wadhwa MBBS, 2011 - present
- Ali Razvi, MD, 2010 - present
- Zafar Iqbal, MDF, 2011 - present
- Nubia Lluberas, MD, 2010 – present
- Andres Avellaneda, MBBS, October 2010-present
- Awais Aftab, MBBS 2013-present
- Kailash Kumar, MBBS 2013-present
- Aisha Rafiq, MBBS 2013-present
- Manu Sharma MPH 2013-present
- Melissa Macklin, 2013-2015

- Aya Aoshima, 2013-present
- Valeria Contreras, 2013-present
- Ovais Shamim MBBS 2014-present
- Hazim Shahin MBBS 2015-present
- Suni Jani, 2016-2017
- Syed Murtaza 2019-2021
- Kelash Kumar 2019-2021
- Kanta Kumari 2020-2021
- Burhan Khan 2018-2021
- Tabarak Altai 2020-2021
- Komal Nathani 2019-2021

C. Junior Faculty Level

- Vikas Gupta MPH, 2010 - present
- Harvinder Singh MD, 2009 - present
- Roopma Wadhwa MBBS, 2011 - present
- Zafar Iqbal, MDF, 2011 - present
- Nubia Lluberas, MD, 2010 – present
- Andres Avellaneda, MBBS, October 2010-present
- Awais Aftab, MBBS 2013-present
- Elizabeth David, 2013-present
- Anu Matorin, 2013-2018
- Nidal Moukaddam, 2013-present
- Sophia Banu, 2013-present
- Ali Hashmi, 2013-present
- Benjamin Li, 2013-present
- Kailash Kumar, MBBS 2013-present
- Aisha Rafiq, MBBS 2013-present
- Manu Sharma MPH 2013-present
- Hai Le, 2014-present
- Robin Livingston, 2014-present
- Phoung Nguyen, 2014-present
- Mollie Gordon, 2014-present
- Shara Anandan, 2014-present
- Jin Han MD 2015-present
- Lindsay French MD 2015- present
- Malvika Juneja MD 2015-present
- Carla Bejjani, 2015-present
- Sade Udoetuck, 2015-present
- Ayesha Mian, 2016-2108
- Asna Matin 2017-present
- Stephanie Hernandez, 2017-present
- Afroz Shamim, 2017-present
- Stephanie Hernandez, 2017-present
- Hina Sarfaraz MBBS 2017-present
- Fareed Khan, 2017-present
- Kristin Jones, 2017-present

- Nizette Valles, 2017-present
- John Saunders, 2017-present
- Kim Lan Czelsuta, 2017-present
- Andres Ojeda, 2017-present
- Edore Onigu Otite, 2017-present
- Eloy Cavazos, 2019
- Bella Schanzer, 2019
- Lubna Khawaja, 2019-present
- Anis Rashid, 2020-present
- Jon Steven, 2020-present
- Hai Le, 2018- present
- Nidal Moukaddam-2015-present

12. TRPPMMN Psychiatry Residency Information Session, 8/28/12, organizer/presenter

Personal Professional Development

1. Attended 2 days leadership course by American Hospital Association (AHA) 2005, 2006, 2009, 2011
2. Psychiatry weekly Grand Round (approximately 12-24 hours annually) major source of continuing medical education (CME) credits, BCM, 3/2008 - present
3. BCM Faculty development workshops
 - a. Leadership and Mentorship supervision, (approximately 12 plus hours annually), John Oldham MD, BCM, 6/2012 – 2016
 - b. Portfolio presentation for F&J award (2 hrs total), Webinar, 1/26/12
 - c. Leadership and Mentorship supervision, (approximately 12 plus hours annually), James Lomax MD, BCM, 3/2009 –2015
 - d. Evaluation and feedback in the clinic setting, (2 hrs) initiatives for educator development, BCM, 7/2008

Language Capability

1. Read, write, speak and conduct psychotherapy, psychiatric evaluation and medication management in Urdu, (5% patient population at CBHP).