



Association of Physicians
of Pakistani Descent of North America

SPRING MEETING

March 16-19, 2023

ROSEN
SHINGLE
CREEK
RESORT
ORLANDO
FLORIDA



www.appna.org



APPNA

Association of Physicians of
Pakistani Descent of North America

6414 S Cass Ave, Westmont, IL 60559-3209, USA
Phone: +1 (630) 968-8585 Fax: (630) 981-5229
www.appna.org

Tilte page photo credit to Rosen Shingle Creek.



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

President's Message



Dear APPNA family,

It gives me great pleasure to welcome you to the 2023 Spring Meeting at Orlando. The host committee has done a wonderful job and put together a fabulous program. I am thankful to all of them. The chair of the host committee, Dr. Sharif-uz-Zaman Khan deserves particular praise for his hard work and for most ably leading his team.

I am sure that you will enjoy the spring meeting to the fullest.

APPNA has a full program lined up for the year. We will have our summer meeting at Dallas, TX in July and then the fall meeting at Houston, TX in November. The winter meeting is being scheduled for December at Rawalpindi and Peshawar. We hope to have your enthusiastic participation in these meetings.

We have had feedback from our Canadian membership that over the years, we might have been overlooking Canada while scheduling our activities. I believe there is justification to the feeling. To increase APPNA's presence in Canada, we are planning to add an annual Canadian meeting to the calendar. The first such meeting is being planned for August this year at Toronto, Ontario.

Our first 2023 international trip, to Vietnam and Cambodia, has had good participation. An African safari trip is scheduled for Tanzania in October. Yet another trip will go to Brazil in August. The trip committee is also looking into the feasibility of a tour to the Northern Areas of Pakistan during this summer.

All in all, we have an exciting and productive year ahead of us for APPNA.

Membership's feedback is critical to our improvement. We look forward to your suggestions for making APPNA's programs even better.

I am thankful to our Board of Directors, particularly the President-elect Dr. Asif Mohiuddin and Immediate Past President Dr. Haroon Durrani for their continued support.

Once again, welcome to the first APPNA meeting of the year.

Regards,

Arshad Rehan
President 2023



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Chair Host Committee Message



On behalf of the host committee, I warmly welcome you all to the APPNA annual spring meeting in Orlando, Florida. Orlando is a family destination with exciting theme parks, pleasant spring weather, outlet shopping centers and beautiful lakes. There is never a dull moment in Orlando as you enjoy the best of both Disney and Desi World.

We have been working hard to make this a memorable event for you to attend.

We have arranged a bazaar for your Eid shopping, delicious Pakistani cuisine for your gustatory pleasure, friendly cricket matches to get the adrenaline rushing and musical performances by Hassan Jehangir, Komal Rizvi, Ather Sani and Bilal Patel to enjoy and dance to.

For your professional development we are offering AMA certified CMEs on medical and medicolegal topics. Our social Forum, hosting Moeed Pirzada and Raza Rumi, will discuss the state of liberties and peace in Pakistan. Urdu Mushaira, with poets from Pakistan and the US, will entertain the audience with literary aesthetics. Guests can hang out in the hospitality suite in their leisure time.

If you have a special talent, we would love to see you perform in the talent hunt event on inauguration.

The honorable Florida Gov Ron DeSantis is a special guest at the Saturday Night banquet. Pakistani Ambassador to the US Mr. Masood Khan will interact with the members during the event.

I look forward to hosting you all. I hope you will enjoy every single moment of your stay with us.

Sharif Uz Zaman Khan, MD
Chair Host Committee, APPNA Spring Meeting 2023





APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida



Dear APPNA family

It is an absolute privilege and pleasure to welcome you all to Orlando for the APPNA spring meeting.

Our host committee has been working very hard to make this meeting memorable and comfortable for you all ever since President APPNA Arshad Rehan bestowed us this honor . From world class CME to the first woman's cricket match to absolutely amazing Pakistani artists that will be regaling you with beautiful performances on Friday and Saturday to an incredible talent show on Thursday night to an outstanding Mushaira on Friday night . We have it all. Come and enjoy the beautiful city of Orlando along side our wonderful hospitality.

I want to thank my fellow host committee members for an excellent team effort in making this meeting a success. I hope you all enjoy as much as we the host committee did in planning and execution of this historic meeting.

Best wishes

Humeraa Qamar, MD
Co-Chair Host Committee
Chair Fundraising Committee



Dear Friends

Assalamualaikum

Welcome to APPNA spring meeting 2023 in beautiful city of Orlando. It's been a pleasure and privilege to work with hard working host committee team under the leadership of Dr Arshad Rehan and Dr Sharif Khan.

I was honored to be chosen as the chair of CME committee and worked hard with my team members, Dr Danish Bhatti and Dr M. A. Kamran Moosa to bring AMA certified 8 hrs of CME credit for this meeting, making sure to cover wide variety of topics and to be delivered by some of the very best physicians.

Hope everyone attending this spring meeting will enjoy all the activities, educational as well as entertainment.

I pay my heartfelt gratitude to each and every member of the host committee for their tireless work in organizing this meeting.

Wishing all of you the best of experience.

Best Regards,

Khurram Moin, MD, FACC
Chair CME sessions
Co-Chair APPNA Spring Meeting 2023



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

From The Editor's Desk



Dear Members,

Welcome to Orlando, it gives me an immense pleasure to welcome you all to APPNA spring meeting 2023. I feel honored to be the Chair of APPNA Publication Committee of Spring Meeting 2023. I am thankful to APPNA president Dr Arshad Rehan and host committee chair, Dr Sharif Khan for having trust in me to carry out this responsibility.

Our host committee has worked very hard in bringing you a meeting full of educational and entertainment activities. Dr Khurram Moin and his team has arranged 8 hrs of CME sessions covering wide range of topics. Entertainment is provided by best Pakistani artist who will keep you mesmerized during their performance, Dr Aniq Shaikh and Mrs Maliha Shaikh worked tirelessly to bring you these amazing artists.

As with every APPNA meeting, I am sure this spring meeting will also provide physicians and their families a chance to catch up with their friends and the opportunity to make short and long term goals to take APPNA to the next level.

All host committee members have spent countless hours under the leadership of Chairman Dr Sharif Khan and Co-Chairs Dr Humeraa Qamar and Dr Khurram Moin to make sure this meeting provides you with the best of education, entertainment and food.

I also like to appreciate our sponsors for their support and advertisements. Special thanks to central office staff, Mr. Laiq Siddiqui and Mr. Tipu Ahmad for providing guidance and support at every step.

Long live APPNA.

Abid Rasool, MD

Chair Publication Committee, APPNA Spring Meeting 2023



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Host Committee

Dr. Sharif uz Zaman Khan - Chair Dr. Humeraa Qamar - Co-Chair Dr. Khurram Moin - Co-Chair

Advisors: Dr. Asif Mohiuddin
 Dr. Ruh Afza Afridi

Hospitality: Dr. Salim Afridi
 Mrs. Sabeen Irfan
 Mrs. Ayesha Imami
 Dr. Yousuf Bhagani
 Mrs. Farheen Mohiuddin
 Dr. Madiha Syed

Bazar : Mrs. Salma Bhagani

CME:
Dr. Khurram Moin - Chair
Dr. M. Abdullah Kamran Moosa - Moderator
Dr. Danish Bhatti - Advisor

Mushaira: Dr. Himad Khattak

Chapters Committee:
Dr. Shazia Zafar

Publication: Dr. Abid Rasool - Chair

Entertainment Dr. Aniq Shaikh
 Mrs. Maliha Shaikh

Retreat: Dr. Irfan Aslam
 Dr. Tariq bin Sagheer

Food Dr. Sajid Hafeez
 Dr. Khizzar Shaukat
 Dr. Momina Arif

Sports: Dr. Naveen Darakhshan - Chair
 Dr. Saima Ali

Sponsorship: Dr. Irfan Imami
 Dr. Ghazanfar Khadim





APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

President Elect's Message



Dear APPNA Family

Asalam Alaikum

As the President Elect of APPNA and member of the Board of Directors (BOD), I would like to extend a warm welcome from sunny Orlando to you and your family.

As APPNA embarks on another exhilarating year under President Arshad Rehan's tenure I am happy to report that the year 2023 has been a very successful year so far.

The Spring meeting host committee has arranged an excellent program in Orlando. They have ensured that the Spring meeting will be a rewarding experience for you and your family. A great CME program, top entertainers from Pakistan, best Food and a great APPNA bazar awaits you in Orlando Florida and we hope that you will have a lot of fun.

This year started with a very productive Strategy meeting in Chicago where many of APPNA members brainstormed and came up with new ideas and many strategies for the year 2023 .

Dr Arshad Rehan and his team have planned APPNA international trips to many interesting places in the world and I highly encourage you to take a trip to these places with your family.

APPNA had a successful election cycle under the new constitution and the new BOD has been working well and in harmony.

As BOD APPNA, we honor your membership, participation and the volunteerism which makes APPNA a vibrant association. We are working hard every day to deliver the best possible APPNA has to offer to you. As we age as an organization, the only way forward is to have a new generation of physicians graduates from US and Pakistan join us. We want to make this organization a 5000 member strong, and we ask you to please encourage your children who have newly become physicians to join the APPNA family.

I have helped launched APPNA into social media on all major platforms and launched APPNAtube channel that will deliver useful content to our members and keep them Informed. APPNA needs to commit more resources and energy into research and innovation technology and engage the younger generation of Physicians of Pakistani origin to join us by setting up membership of value to them and the general membership.

APPNA needs to invest in Grant writing and in research. To that end we have started laying the foundation for APPNA to be able to achieve these goals.

APPNA has achieved a lot in 2022 but it's only the beginning and we have much more to achieve under the new APPNA president Dr Arshad Rehan We need to invest our resources in the right places and stay united together under one banner with one goal to make APPNA a great organization.

I stand with Dr Arshad Rehan the APPNA President, for 2023, to work with him to make 2023 a very successful year.

Best wishes,

Asif Mohiuddin, MD

President elect APPNA 2023

Member Board of Directors APPNA



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Secretary's Message



Dear APPNA Members,

Thank you for giving me the opportunity to serve as a APPNA Secretary for 2023.

According to our new constitution, the secretary is the recording officer of all BOD, Council and General body meetings.

It is the job of the secretary to help the President prepare an agenda for the meetings, while also keeping detailed records of the membership.

Our year started with a very successful Strategic planning meeting in Chicago. It was attended by more than two hundred APPNA members. Each committee chair presented his vision and plans for the future. President Dr Arshad Rehan shared his plans and was applauded for his efforts.

Since January, we have had 4 BOD meetings that were attended by all board members, with the exception of one meeting where a board member was excused for travel.

There has been one council meeting, which was attended by 28 of the 50 council members.

Our first General body meeting will be held during the spring meeting in Orlando.

All the meetings minutes are available for review online and can be accessed by logging into the secured membership portal.

Our current membership stands at 2457 members.

This includes:

-2350 lifetime members

-87 annual members.

Once again thank you so much for giving me the opportunity to serve this esteemed organization.

Stay Blessed

Dr. Aftab Khan
Secretary APPNA 2023
630-631-8683
1368khan@gmail.com



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Treasurer's Message



Dear APPNA Members and Families,

Assalamu Alaikum!

2023 is off to a wonderful fiscal start for APPNA! As the 2023 Treasurer, along with the BOD, it is our goal to ensure that APPNA's financial health continues to flourish in the years ahead. Our projections for the major meetings and international travel programs in 2023 are very positive. The Strategy meeting in Chicago was successful from an attendance and financial standpoint.

This is all good news, however, we are also pushing ahead with our exploration and feasibility studies for other revenue generating programs such as private and governmental grants.

We are also reviewing and updating our contracts with third parties to promote maximum return on dollars spent for the benefit of the organization while keeping the quality of goods and professional services high.

It's truly wonderful to have the start of what will hopefully be a very normal year after a long pandemic and as Treasurer, I look forward to playing my team role in helping propel APPNA higher InshaAllah. I sincerely thank the membership for your trust and giving me this tremendous opportunity.

Sincerely,

Tayyib Rana, MD, PCEO
Treasurer APPNA 2023

Medtronic

Further, Together

**APPNA
46TH ANNUAL
CONVENTION
JULY 5-9, 2023
Gaylord Texan Resort &
Convention Center
Dallas, TX**



For more information please visit www.appna.org



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Immediate Past President's Message



My dear APPNA family,

It is with great pride and a sense of achievement, I reflect upon the year of 2022. APPNA has made progress in a positive direction and has shown tremendous growth! We hope that the seeds of civility, team work and professionalism that were planted in the last couple of years will continue to grow and flourish in our future.

In order to succeed in our goals, my emphasis has always been team work and bringing all parties to the table. It has been an excellent experience working with Board members, APPNA council and regular interactions with our amazing members.

I have passed the torch into the able hands of Dr Arshad Rehan as President 2023. I stand shoulder to shoulder with him and to help in any way I can .

My year as President was first year under new bylaws. Transition was not easy but with the unwavering help and support of all of you, we made it.

Last year as I worked diligently on creating a positive and productive culture in APPNA, I remained equally focused on institution building.

I am very humbled and proud to share that this year APPNA has been most profitable with record breaking income and profits. This is a testament to the interest and trust APPNA gained from its membership.

Close to my heart are few projects, of which opening an APPNA office in Pakistan and registering as an NGO is the top priority. This should take place in first few months of 2023.

Two other projects, APPNA medical college and APPNA agency on the footing of JHACO to standardize the minimum requirements for private healthcare providers in Pakistan. These are very tedious and time consuming process and lots of work needs to be done. We had some preliminary discussions but It will require the joints efforts of several incoming presidents to be fruitful.

Some of the financial details and planning.

- I have earmarked 50K from this years profit to hire an expert in grant writing.
- Leaving 125K in restricted account for investment in real estate for additional income to APPNA.



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

- \$250 K for home building for flood victims in Pakistan. Total amount for home building for flood victims is over a Million dollars, rest raised by Social Welfare and Disaster Relief Committee.

- All our other committees did an excellent job! I am truly grateful for dedication of all Chairs, Co-Chairs and members of the Committees for their hard work.

At the core of our organization vision is charity work. I am extremely proud to share the achievements of SWDRRC. APPNA SWDRRC has been very busy during 2022. COVID-19 Pandemic relief work continued in 2022, provided over \$150k worth of food supplies in USA and Pakistan, total reaching \$2M since start of pandemic, including Food/ration packs to deserving families, PPE supplies to healthcare professionals, home O2 cylinder supplies to sick patients requiring supplemental Oxygen in various cities across the country.

APPNA SWDRRC immediately started relief efforts for families affected by one of the worst flooding in the history of Pakistan. Over \$250k worth of cooked hot meals, ration/food packs, medicines, mosquito nets, hygiene kits, blankets and other needed supplies were provided in flood affected areas of Sindh, Baluchistan, South Punjab and KPK. In rehabilitation phase, over \$1Million is being spent to build 500 homes for flood affected families across the country including Sindh, Baluchistan, South Punjab, KPK and Gilgit including an entire Hindu village which was wiped out by floods in Sindh, in collaboration with Custom healthcare society and HDF. Really appreciate the generous support of our donors which includes individual members, some of our chapters and Alumni associations.

APPNA success in our academic, healthcare, diplomatic and social work domains is purely due to dedication of our team.

As I step back from my role, I feel content knowing that APPNA is in really in good hands. Dr. Arshad Rehan as President of 2023 and Dr. Asif Mohiuddin as President elect of 2023, will take APPNA to new heights. I will stand shoulder to shoulder with them for any help they might need.

Wishing you all a very blessed and happy new year.

Long live USA!
Long live Pakistan!
Long live APPNA!

Haroon Durrani, MD
Immediate Past President APPNA



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

APPNA Scholarship Endowment Program



APPNA Alumni Scholarship Project was started in 2013 with a pledge of generous donation by an alumni member in the amount of ONE MILLION DOLLARS. The Scholarship Program is intended to help deserving students enrolled at respective medical colleges in Pakistan to defray some of their educational expenses. This is a way for us to Thank God Almighty for all the blessings we have had and help future students with their studies. The money is distributed from the appreciation and income of invested funds and we are hoping that this program will be continued for years to come. The Scholarship

Committee Members, in collaboration with the respective Alumni, have worked very hard to raise funds for this noble cause and have been able to raise over 1.3 million dollars.

The GOAL of the program is to help the extremely bright deserving students at various medical colleges to ease the financial burden during their studies. Most of these students belong to under privileged families and many of them have other siblings studying at other institutions concurrently making it hard for their parents to pay for their education.

These funds are being invested in the dedicated APPNA Scholarship Endowment Account with sub-accounts for each alumni, according to the APPNA Finance Committee Guidelines. These funds are RESTRICTED exclusively for undergraduate scholarship recipients of PARTICIPATING Alumni colleges. The investment is being managed by Stephens Inc., a member of New York





APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Stock Exchange, under the close supervision of Hank Bashore who has been diligently managing APPNA Accounts for over 30 years. For the past 10 years we have distributed a significant amount of funds to the participating Medical School Alumni to benefit the needy students.

Since its inception the program has made tremendous progress. We have been able to disburse close to One Million Dollars over this period of time and help hundreds of undergraduate students at various medical schools in Pakistan with their educational expenses.

Following is Current Account Value as of January 31, 2023

Medical College	Current Account Value
Nishtar Medical University:	\$1,440,382.00
King Edward Medical University:	\$ 707,811.00
Jinnah Sindh Medical University:	\$ 272,345.00
Quaid-I-Azam Medical College:	\$ 201,803.00
Rawalpindi Medical University:	\$ 177,844.00
Allama Iqbal Medical College	\$ 147,555.00
Fatima Jinnah Medical University:	\$ 123,466.00
Khyber Medical College:	\$ 45,792.00
Bolan Medical College:	\$ 28,674.00

We are pleased that in 2022 Allama Iqbal Alumni joined the Scholarship Program. We want to invite non-participating Alumni to join this worthy program.

The Scholarship Program is ongoing. All donations are TAX DEDUCTIBLE. These scholarships are distributed to the deserving medical students at various medical colleges in Pakistan. This is the best way to donate your Zakat funds. Please visit www.appna.org to donate online or to download and print the pledge form to make your payment by check or credit card.

Respectfully Submitted,

Muhammad Aslam, MD
Chair – Scholarship Committee

Ghulam Qadir, MD
Co-Chair - Scholarship Committee

Ahmad Saeed Khan, MD
Advisor - Scholarship Committee



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

APPNA Social Welfare Disaster Relief Committee



The SWDR Committee has had two meetings this year so far.

On Jan 30,2023, a bomb blast at the Peshawar Police line Masjid resulted in loss of dozens of lives and injuries to hundreds.

The SWDRC committee launched an appeal to raise funds for the families of the deceased. A total of \$47,280 was raised. These funds shall be distributed among the families of the 84 deceased in the next few weeks.

On Feb 6,2023, a massive earthquake hit southern Turkey and Northern Syria. An appeal to raise funds to help the victims of the earthquake area was immediately sent out to the APPNA membership. On Feb 19, 2023, a Zoom fundraising telethon was held. The honorable Turkish Ambassador Hasan Murat Mercan, and Pakistan Ambassador Masood Khan, participated in the zoom telethon. A total of \$365000.00 was raised.

For the month of Ramadan, planning is underway to raise funds for food and ration distribution in Pakistan, specially the flood affected area and in Northern America. Our goal is to raise \$100,00 for this purpose.

Our ongoing projects;

Cornea transplants. So far 76 corneas have been sent to Pakistan this year
APPNA /ICNA Mobile clinics These provide health screening facilities on a regular basis across the country. These are based in Texas, Florida, Illinois and New York

APPNA Water Clean Project

Kachra Kundi School scholarship Project, Karachi

APPNA/OBAT Scholarship Project, for Rohingya students

Other Future ideas:

Set up an APPNA SWDRC Endowment fund ; Goal \$5,000000.00 over 5 years

Support and increase the utility of the mobile clinics in USA

Empower student social work committees at our alma mater

Support scholarship program for medical students of Pakistani descent in North American Medical schools.

Respectfully Submitted

Rashid Hanif,MD - Chair SWDRC

Abdul Majeed, MD - Co-Chair

Naeem Khan, MD, Shahid Yousuf, MD Syed Tariq Bin-Sagheer, MD

Zafar Khan, MD Nighat Mehdi, MD Ifzal Bangash, MD Waris Ali Waris, MD

Afzal Arain, MD Khalid Memon, MD Naushaba Butt, MD Danish Saeed, MD

Salman Nusrat, MD Ayaz Qureshi, MD



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

TURKIYE EARTHQUAKE

Sunday, Feb 19, 2023 at 2pm EST

APPNA ZOOM TELETHON



HASAN MURAT MERCAN
TURKISH AMBASSADOR
TO THE UNITED STATES



MASOOD KHAN
PAKISTAN AMBASSADOR
TO THE UNITED STATES

We have raised over \$365,000 during Turkiye Earthquake Telethon. Thank you to APPNA members for their generous donations.



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Event Schedule

Venue: Rosen Shingle Creek Hotel, Orlando, FL

Thursday, March 16, 2023

8:00 PM Welcome Reception and Social St. Johns 30/31

Friday, March 17, 2023

7:00 AM - 12:00 PM Registration Desk St. Johns Reg
7:30 AM CME Breakfast St. John 32/33/34
8:00 AM - 12:00 PM CME St. John 32/33/34
8:00 AM Prayer Room St. Johns 26/27
9:00 AM - 6:00 PM Bazaar Sandlake Room
9:00 AM - 6:00 PM Non-Retail Exhibitors St. John Foyers
10:00 AM Coffee Break St. John 32/33/34
12:00 PM Lunch St. John 32/33/34
1:00 PM - 2:00 PM Friday Prayer St. Johns 26/27
3:00 PM - 5:00 PM APPNA "Khudi" Talk Series St. Johns 26/27
5:00 PM - 10:00 PM Registration Desk St. Johns Reg
6:00 PM - 8:00 PM YPN Social St. Johns 29
7:00 PM Dinner, Entertainment & Mushaira Sebastian Ballroom I

Saturday, March 18, 2023

7:00 AM - 12:00 PM Registration Desk St. Johns Reg
7:30 AM CME Breakfast St. John 32/33/34
8:00 AM - 12:00 PM CME St. John 32/33/34
8:00 AM - 6:00 PM Bazaar Sandlake Room
8:00 AM - 6:00 PM Non-Retail Exhibitors St. John Foyers
8:00 AM Prayer Room St. Johns 26/27
10:00 AM Coffee Break St. John 32/33/34
12:00 PM - 12:45 PM Lunch Talk
Management of CKD and Hyperkalemia St. John 32/33/34
12:45 PM - 1:15 PM Medical malpractice: Q&A with
defense lawyer Wilbert R. Vancol
Moderated by Dr. Khizzar Shaukat St. John 32/33/34
2:00 PM - 4:00 PM Cricket Match (Men's and women's) Tennis Court
2:00 PM - 4:00 PM Social Forum St. John 32/33/34
4:00 PM - 5:00 PM Council Meeting St. John 32/33/34
4:00 PM - 6:00 PM Khyber Alumnus Retreat St. Johns 30/31
5:00 PM - 10:00 PM Registration Desk St. Johns Reg
7:00 PM Banquet & Entertainment Gatlin Ballroom D

Sunday, March 19, 2023

9:00 AM - 11:00 AM Halwa Puri Breakfast Conway Room



CareCloud (Nasdaq: CCLD) established in 1999

CareCloud operates 24/6 headquarters in New Jersey, USA and with operational offices offshore for the past 20 years producing a workforce of over 3500 employees in three shifts in Islamabad, Karachi & Bagh (AJK).

As your trusted partner with strong ties to Pakistan, we look forward to working with you to revolutionize the healthcare industry with innovative and certified solutions all with the shared commitment to improving patient outcomes.

TECHNOLOGY-ENABLED REVENUE CYCLE SOLUTIONS

- › EHR for electronic patient data management
- › Medical coding and billing software
- › Automated claim submission and tracking
- › Payment processing & patient collections tools
- › Data analytics and reporting tools
- › AI and machine learning algorithms
- › Compliance management tools
- › Platform agnosticism for integration with various systems



carecloud.com



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

CME Program (Total 8 CME Hours Credit)

CME is an APPNA accredited program with
using Amedco CME platform.

Friday, March 17, 2023

7:30 AM - CME Breakfast

8:00 AM

Updates in Endovascular Therapies for VTE: Pulmonary Embolism and DVT Management

Imran S. Farooq, MD, MSHA, FACC, FSCAI, FSVM, RPVI

Interventional Cardiology, Vascular and Endovascular Specialist

Assistant Professor of Medicine/Cardiology, University of Central Florida (UCF)

8:45 AM

Emerging Valve Therapies: TAVR, Mitraclip and beyond

Saqib Ali Gowani, MD, FACC, FSVM

Interventional Cardiology, Vascular and Structural Heart Specialist

Assistant Professor of Medicine/Cardiology, University of Central Florida (UCF)

9:30 AM

Advances in Cataract Surgery

Naazli Mohsin Shaikh, MD

Section Chief of Eye Care Services, Orlando VA Medical Center

Fellowship Trained Cornea/Refractive Surgeon

Department Head of Ophthalmology Orlando, VA

Assistant Professor, University of Central Florida (UCF)

10:15 AM - Coffee/Tea Break

10:25 AM

Advances in the Management of Pancreatic and Biliary Diseases and Interventional Endoscopy

Mustafa Arain, MD

Medical Director, Pancreas Center

Centre for Interventional Endoscopy, Advent Health, Orlando

Adjunct Professor of Medicine, University of California, San Francisco

11:10 AM

Epidemic of Obesity and Fatty Liver Disease. Update on the diagnosis and management

Adnan Muhammad, MD, FACG, FAASLD

Gastroenterologist and Transplant Hepatologist

Advent Health Medical Group, Tampa, FL

Associate Professor of Medicine, University of Florida

Adjunct Faculty at Lincoln Memorial University

12:00 PM - Lunch



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

CME Program (Total 8 CME Hours Credit)

CME is an APPNA accredited program with
using Amedco CME platform.

Saturday, March 18, 2023

7:30 AM - CME Breakfast

8:00 AM

Recent advances in the treatment of addiction and future direction

Nauman Ashraf, MD

Associate Professor of Clinical Psychiatry, University of Missouri

Adjunct Clinical Associate Professor of Psychiatry, KCU

Program Director, General Psychiatry and Addiction, Medicine Fellowship Program

8:45 AM

Updates in Nephrology

Hameed Ahmad, M.D.

Assistant Professor, UMKC School of Medicine, (University of Missouri Kansas City)

9:30 AM

Evaluation and Management of Peripheral Arterial Disease

Zaheed Tai, DO

Interventional Cardiology and Vascular Specialist

Director, Cardiac Cath Lab , Boatick Heart Center Winter Haven Hospital, FL

10:15 AM - Coffee/Tea Break

10:25 AM

Contemporary Approach to Calcified Coronary Lesions

Ghazanfar Khadim, MD FACC FSCAI

Interventional Cardiology,

Director Cardiac Catheterization Laboratory, South Florida Baptist Hospital , Plant City, FL

11:10 AM

Adult Congenital Heart Disease

Danyal Khan, MD

Chief, Adult Congenital Heart Disease Program

Chief, Pulmonary Hypertension Program, Nicklaus Children's Hospital

Associate Professor, Florida International University

12:00 PM - Lunch



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

APPNA Strategy Meeting 2023



APPNA strategic meeting for the year 2023 was held on January 27th and 28th in Chicago. Despite poor weather conditions in Chicago the meeting was very well attended.

The meeting had a morning session which started with a CME presentation on Opioid Use disorder. It was followed by the strategic planning meeting where all committees were introduced and the Chairs of each committee presented their goals for the year. There were 65 participants.

This was followed by an evening dinner and music where the total attendance was 220 .It was a sold out event .Overall the meeting was very productive and successful .

I would like to thank the office staff as well as the members of the host committee for their tireless efforts including Drs. Mansoor Alarm, Aftab Khan, Amara Rehman, Samina Hijab, Samina Khattak, Maleeha Ahsan, Naheed Qayyum, Asif Syed and Tehmina Bajwa.

It is worth mentioning that the financials of the meeting ended positive .

Dr. Hasina Javed
Chair Host Committee





APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida





APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

AIMCAANA

Allama Iqbal Medical College Alumni Association of North America



Another exciting year for AIMCAANA. Our focus has been our Alma Mater and its revitalization.

Spring meeting was a success with the biggest Iqbalians retreat ever. Summer meeting was again a successful event with 25th Anniversary celebrations and highest participation. Dr. Arshad Taqi (Chairman PMC) was the Chief Guest and Mr. Muhammad Aslam (Ex-President PAIWS) the Guest of Honor.

Achievements of 2022

- 25th Anniversary Magazine publication which highlighted Iqbalians achievements.
- Digitalization of AIMC (\$45,000)
- Rashan distribution to AIMC employees (\$20,000)
- Pharmacology Lab Renovation – sponsored by Drs Asad and Humeraa Qamar (\$20,000)
- Iqbalians loan to deserving residency candidates - (\$13,000)
- Flood Relief Fund raised (\$110,000)
- Raised funds for fellow Iqbalian's cancer treatment (\$31,000)
- Air conditioning units for hostels and hospital library (\$2,500)
- Embedding Station for Histopathology Department (\$3,500)
- Endoscopy equipment for Gastroenterology Department - Class of 1998 (\$20,000)
- 80 computers, 25 printers, ID card machine donation to AIMC (\$30,000)
- Biochemistry Lab renovation - Class 1995 (\$8,000)
- Medals and Awards to Medical Students (\$3,500)

During my visit to AIMC, I was honored by the Principal Prof Nadeem Butt to inaugurate the renovated Pharmacology lab, Great Wall of Iqbalians, "Parwaz" (a pictorial history of AIMC), Digitalization office, medals distribution and tree plantation outside auditorium.

I met with Surgeon General Nigar Johar and discussed WFME issue. I also met with Principal AMC Major General Farrukh Saeed for transferring their digitalization technology to AIMC, Governor Punjab Baleegh ur Rehman for better health structure in Punjab, US Consul General William Makaneole and Chief of Economic Division Kathleen Gibilisco for Visa facilitation of medical students.

Special thanks to all the donors without whom all of this would only remain a dream, AIMCAANA EC members Asif Mehmood, Naghma Malik, Umer Khan, Saqib Sheikh, Ghulam Abbas for their support and teamwork. And last but not the least, Principal AIMC Prof Nadeem Hafeez Butt and Prof. Khalid Mehmood Khan for their ever-continued efforts and support in Pakistan.

Nusrum Iqbal, MD, FACP, DABOM, DipABLM, DipABIM
Immediate Past President AIMCAANA 2023



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida





APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

APPNA Maryland Chapter



Although our Maryland APPNA chapter (founded in 2021) is still in its infancy, we have accomplished many goals.

As one of the founding members we have collectively registered the Maryland chapter with the state of Maryland, as a tax-exempt non-profit 501c3 organization and continue to steadily increase our membership. We have done several social welfare projects. We have collaborated with ICNA and held extremely successful health fairs at several locations. We have administered hundreds of flu vaccines as well as free lipid panels and screening tests for the community, distributed face masks, and provided diabetic education.

We have started our telemedicine project for mental health and will soon be starting tele neurology for our non-affording community members. We provide highly personalized care by board certified physicians from the comfort of their home by telehealth.

Our physicians and executive committee members were also involved in different social welfare projects for Pakistan- especially empowering women and women education. In the US some of our social welfare projects include helping the local Afghan refugees, collaborating with the Maryland Women's shelter and continuing active participation in community health fairs, in collaboration with ICNA.

We strive to promote membership engagement and have held several successful events including two annual summer picnics and annual dinners in the winter. Specifically, we arranged a picnic for APPNA Maryland families in July 2021 and 2022 and have planned the 2023 summer picnic for Sunday June 4th. We had our 2nd Annual Maryland APPNA chapter dinner and CME which was attended by 120 people and was a great success, complete with live entertainment. We arranged 3 AMA category 1 CME credits along with the dinner. The upcoming annual dinner will be in winter 2023.

Our aim is to maximally grow and engage the Maryland physician community and provide a platform as chapter members for physicians to volunteer, network and give back to their communities. Please donate to <https://mdappna.org> and collaborate with us on our many social welfare projects.

Let us all work together to grow our APPNA Maryland chapter community!

Samina Qureshi, MD
President, APPNA- Maryland Chapter
email: squreshi15@hotmail.com



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida



Working with nephrologists to fulfill unmet ESRD needs in their local communities through de novo opportunities.

We partner with more than 400 nephrologists across the country to provide comprehensive kidney care services, including dialysis. We share that goal to deliver the best possible patient care and exceptional clinical outcomes.

When you partner with us, you are partnering with a company that is dedicated to supporting your needs and growing with you. At AmericanRenal Associates, a member of the Innovative Renal Care family of companies, we work with all of our physician partners to ensure each clinic delivers exceptional care to patients.



Contact us to learn more:

Syed Kamal

President

syed.kamal@americanrenal.com

813-551-2353

Innovativerenal.com



**American Renal
Associates**

An Innovative Renal Care Company

Your career is on track.

Are your investments?

The **Amana Funds** and **Saturna Capital** offer a variety of account types and investment strategies to fit your investing needs.

It's easier than you think. We can help.

- Halal investment options
- Multiple fund strategies help you diversify
- IRA, ESA, HSA, 401(k), Rollovers
- America's longest-running, Islamically acceptable mutual fund with more than 30 years of investing success

To learn more about how the **Amana Funds** and **Saturna Capital** can help you invest according to Islamic principles, visit www.amanafunds.com



Amana Mutual Funds Trust

www.amanafunds.com

1-800-728-8762



INCOME • GROWTH • DEVELOPING WORLD • PARTICIPATION

Please consider an investment's objectives, risks, charges, and expenses carefully before investing. To obtain this and other important information about Amana Mutual Funds in a current prospectus or summary prospectus, please visit www.amanafunds.com or call toll free 1-800-728-8762. Please read the prospectus or summary prospectus carefully before investing.

Investing involves risk, including possible loss of principal. The Amana Funds limit the securities they purchase to those consistent with Islamic principles. This limits opportunities and may affect performance. Distributed by Saturna Brokerage Services, Inc., member FINRA / SIPC and a wholly-owned subsidiary of Saturna Capital, investment adviser to the Amana Funds.





APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Black History Month 2023

Every year when February comes,
It serves as a reminder for many.
It is black history celebration month.

It is good to see pictures of Black heroes
Hanging on walls, everywhere,
In schools, offices and workplaces.

It is heartwarming to know,
People recognize some Black heroes
And what they stood for.

It is about time, we start realizing,
Knowing a few heroes is not enough.
We should recognize all of them.

Let us hope a day comes soon,
When there is no social injustice
And everyone is treated equally.



Saleem A. Khan, MD
02/23/2023



Empowering the next Generation of MDs has *never been easier.*



Visit us at **Booth 11** or online at **WAUSM.education**



Contact us at 908.377.7288 or investorrelations@wausm.education



APPNA Spring Meeting 2023

March 16-19, 2023 Orlando, Florida

Welcome Spring

In a few days when spring starts,
We will be happy and feel hopeful
And it will be a new beginning for many.

It is certainly time to celebrate so much.
Many are enjoying March Madness
And a few already have spring fever.

Ask Seasonal Affective Disorder patients,
How they were depressed in the winter
And have been waiting for spring.

Soon there will be lush green grass,
The plants and trees will have new leaves
And we will love seeing beautiful flowers.

Let us pray this spring brings real hope,
We see light at the end of the tunnel
And COVID leaves us alone forever.



Saleem A. Khan, MD
03/15/2023



SOLAR SOLUTIONSRUS

To sign up zero from your pocket
25years warranty plus 30% federal tax credit plus one year no bill.
Just need two months electric bills and 4 months commercial bills.

We serve in 33 states. Residential & Commercial.

Please call @8328756363 - Rasheed Qureshi

www.solarsolutionsrus.com



The Solution for Hospital Medicine

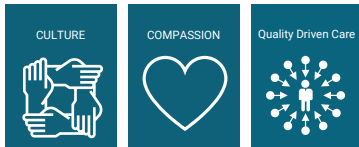
Multispecialty Hospital Medical Group

200+ Medical Staff | 11 Hospitals | 21 Post Acute | 2 Transitional Care Clinics

THE PIONEER WAY

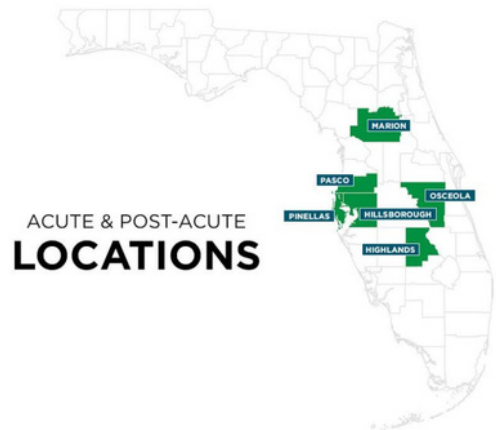
Pioneer Medical Group brings state of the art evidence-based medicine to Hospitals and Post-Acute facilities. Our success is our unwavering commitment to deliver quality medical care, innovative processes and unparalleled commitment to the patient's experience.

Pioneer is Founded on Three Pillars



Pioneer Medical Group supports J1 and H1B visas

A new waiver called the HHS, guarantees placement in with AdventHeath Sebring and/or Ocala without having to rely on the CONRAD-30 lottery.



ACUTE & POST-ACUTE
LOCATIONS

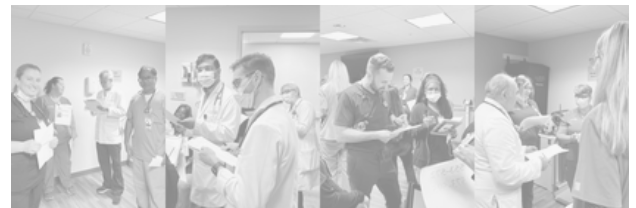


Creators of Positive Change

Pioneer Medical Foundation serves our underserved community with uncommon compassion in an effort to leave the world a better place.



- Established December 2015
- Donation Funded
- Mobile Medical Unit and Telemedicine
- Serving the Homeless, Uninsured and Refugees
- Free Health Care and Hygiene Products



Scan for more information about our foundation

Scan for more information about Pioneer

SAVE THE DATES

APPNA

International Meeting 2023

Brazil Aug 4-13, 2023



African Safari

Tanzania &

Zanzibar

Oct 19-29, 2023





APPNA

Association of Physicians of
Pakistani Descent of North America

6414 S Cass Ave, Westmont, IL 60559-3209, USA
Phone: +1 (630) 968-8585 Fax: (630) 981-5229
www.appna.org



ZT CORPORATE

AUTOMOTIVE
**INVESTMENT
OPPORTUNITY**
AVAILABLE

12%

RETURN A YEAR

UP TO 2 YEARS

ZT MOTORS HOLDING, LP:

- 12% return annually (paid monthly)
- 2 Year term
- 4 dealerships in Florida (BMW, Mercedes-Benz, Toyota, Mazda)
- 1 dealership in Georgia (Chevrolet)
- 3 dealerships in the Greater Houston area (Chevy, Ford, Jeep, Dodge, Ram, GMC, Buick, Chrysler)



JAVED IQBAL

Senior Vice President, Private Equity

Javed@ztcorporate.com

310.384.9818

FOR ACCREDITED INVESTORS ONLY. The information provided herein is for informational purposes only and should not be construed as investment advice or an offer or solicitation to buy or sell securities. All forward-looking statements attributable to ZT Corporate or persons acting on its behalf apply only as of the date of this brochure and are expressly qualified in their entirety by the cautionary statements included in the Confidential Term Sheet. The financial projections are preliminary and subject to change. ZT Corporate undertakes no obligation to update or revise these forward-looking statements to reflect events or circumstances that arise after the date made or reflect the occurrence of unanticipated events. Inevitably, some assumptions will not materialize, and unanticipated events and circumstances may affect the ultimate financial results. Projections are inherently subject to substantial and numerous uncertainties and to a wide variety of significant business, economic and competitive risks, and the assumptions underlying the projections may be inaccurate in any material respect. Therefore, the actual results achieved may vary significantly from the forecasts, and the variations may be material.