

My Dear Friends and Colleagues:

After serving as your Secretary and Treasurer Now I present my services as the Board of Directors of APPNA. I have the distinct honor of serving on the most key committees of APPNA and also being a Founding Member of its chapter and societies.

My education at Dow Medical University, Johns Hopkins University and the University of Texas Medical School at Houston, my experience serving our organization for over TWO decades , being a Board Member of one of the largest Cancer Hospitals in Pakistan, serving my City of McAllen on many committees as well as volunteering in International Humanitarian Relief efforts and my successful Entrepreneurial Endeavors in Healthcare businesses, I am confident that I possess the necessary skills and insights to serve as the Director and accomplish our organization's mission objectives.

In addition to my past experience, I am committed to fostering innovation. I strongly believe in embracing an Entrepreneurial Philanthropy, which involves utilizing our organization's available financial, intellectual, and educational assets to ensure Longevity and Perpetual Growth through the acquisition of innovative revenue streams. Embracing Entrepreneurial Philosophy is the key to achieving this VISION.

Please visit my [eBook](#) and [Website](#) to learn more about me and my Vision and Platform for APPNA.

I humbly ask for your vote to represent this noble organization we have built together.

Long live APPNA as an icon of Service, Research and Excellence.

Shahid Rashid MD
For
Board of Directors
ShahidRsahidMD.com
eBook
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More than Two Decades of Dedication & Commitment to APPNA

Education:

- Dow Medical University
- Johns Hopkins University
- University of Texas Medical School at Houston
- Practicing Interventional Pain Medicine

Professional:

- President South Texas Diagnostic and Healthcare Systems
- President South Texas Clinic for Pain Management
- President Sharyland Medical Center
- President Raj Open MRI and Diagnostic Center

APPNA Executive Committee Appointments:

- APPNA Secretary
- APPNA Treasure
- President APPNA Anesthesia & Pain Society
- Board member APPNA Foundation
- Board member APPNA South Texas chapter
- Board member Cancer Care Hospital, Lahore, Pakistan

Founding Member:

- APPNA Specialty Network
- APPNA San Antonio, Texas chapter
- APPNA Anesthesia and Pain Society
- APPNA Foundation
- APPNA House in Chicago
- APPNA Institute of Public Health, Karachi, Pakistan
- APPNA Medical Corps
- APPNA Women & Children Affairs Committee

Served on Committees :

- SWDR Committee
- Advocacy Committee
- Scholarship Committee

- Ad hoc Committee for Arts
- APPNA Finance Committee
- Host Committee Fall Meeting Houston Texas

Served as:

- Chair APPNA Finance Committee
- Co-Chair APPNA Medical Corps
- Co-Chair APPNA Communication Committee
- Advisor APPNA Women & Children Affairs Committee

Achievements:

- Grad Act approval (J1 visa processing time)
- Secured \$1 million Matching Scholarship Funds
- Secured \$25,000 for APPNA Institute of Public Health
- Established APPNA Financial Policies
- Established APPNA Contingency Funds for Financial Emergencies

Assisted Young Physicians for:

- Scholarship, Residency Matching, Electives, and Loan Programs

My Vision and Initiatives for a Greater APPNA:

Entrepreneurial Philanthropy:

- For financial independence, longevity, and perpetual growth
- Generating new revenue streams, jobs, and training opportunities
- Donate and invest in projects such as Surgery Centers, Cardiac Cath Labs, Radiology Services & many other similar initiatives in US and Pakistan

Medical Practice Development and Management Initiatives:

- Contract Negotiation, EMR, Medical Billing, Compliance, Group Purchasing, Medical Malpractice Insurance

Empowering Chapters through Decentralization:

- To promote sense of ownership, cultivate leadership & foster harmony.
- Community Engagement and Development
- Develop and Reinvigorate: Social Welfare, Advocacy, Young Physicians and APPNA Clinics Network Committees.

Governance and Grievances Initiative:

- Board of Directors election by zones for uniform representation and inclusion
- Formation of a Task Force to examine constitutional framework for amendments to ensure transparent and equitable bylaws.
- Constitutional amendments for independent and non-partisan committees for Constitution and Bylaws Committee, Election and Nomination Committee, Ethics and Grievances Committee and Membership Committee
- Redefining Membership Criteria for voting members
- Conflict Resolution and Arbitration Committee

Young Physicians & Women Representation Initiatives:

- Affordable meetings
- Membership through Payment Plans, Tiered Membership, Make 2 Members Get yours free etc.
- Free membership and meetings for Physicians in Training
- APPNA House in major cities
- Assistance with visa, Residency Training, Electives, Mentorship and Housing
- APPNA Scholarships and Loan Programs that are named after donors.
- Dedicated meetings for North American Graduates for networking
- Woman Physician Association's voting rights in Executive Council.

Health and Education Initiatives:

- APPNA Medical Univ / Medical Center offering Residency Training in USA and offshore.
- Tele-Medicine and Tele-Consultants via Smartphone devices
- Expanded role of APPNA Medical Corp in Global Health Initiative
- Expanded APPNA Clinic Network including Virtual Tele Clinics/Tele Radiology etc.
- APPNA Liaison at PMDC and Medical schools to assist in devising the regulatory standards for Medical Education & Social Work

APPNA Medical Journal, Research & Clinical Council:

- A body of accomplished researchers and clinicians presenting cutting edge research papers and clinical expertise and skill workshops
- Dedicated Scientific Meetings of Specialty Societies Network inviting Fellows and Residents for networking, career advancement and practice initiatives.

Ambucycle Project in Pakistan:

- Emergency Preparedness using motorcycles equipped with emergency supplies and AEDs. Projects will be expanded to provide job opportunities through micro-financing.

APPNA Advisory Board & APPNA Think Tank:

- Consisting of APPNA and Non APPNA Executives and Entrepreneurs and intellectuals to advise on evolving and future challenges, serving as a valued think tank.

Advocacy:

- Robust Advocacy Committee consists of members with exceptional networking skills engaging with lawmakers.

Leave a Legacy Behind Project:

- Every incoming President will own a project and will complete within 3 years of their tenure on the executive committee.

Teach A Child – Change the World Project:

- Educating children at their homes using Smartphone Devices thru self-learning education modules

APPNA Television Network:

- Presenting a variety of programs that educate, inspire, and inform our community in the spirit of our common goals. Will enhance APPNA revenues through sponsorships.

APPNA Annual Sports:

- Golf Tournament, Cricket Series among chapters, Racquetball, Squash and Tennis Championships and other sports

APPNA Heroes Award:

- For exception humanitarian work and volunteerism